Students work to stop coal exports

By MIKE KNAPE

Coal is a hot topic on campus once again thanks to Jacob Gellman, ’13, and Students for a Sustainable Campus (SSC). After interning with the Sierra Club this summer, Gellman is spearheading a campus effort to prevent coal exports from passing through the Pacific Northwest.

The campaign had over 300 signatures on a petition as of Oct. 6 and ASUPS is considering passing a resolution in support of the student efforts. Student environmental advocacy groups throughout the Pacific Northwest are working together on the issue.

“Our goal would be to deliver our resolutions to the state capitals and have a joint demonstration, but that is yet to be determined,” Gellman said. “We are also petitioning to a couple of elected officials. Washington State Commissioner of Public Lands Peter Goldmark has authority to revoke permit proposals for coal export sites, so he is a main target. Governor Gregoire is a target as well.”

The campaign’s focus is on two proposed coal export terminals in Washington State, one in Bellingham and one in Longview. The terminals would load coal from mines in Wyoming and Montana onto ships bound predominately for China. According to Gellman, this export industry presents an array of dangers.

“Coal dust has a lot of toxic heavy metals in it. It is transported in uncovered railcars and the coal dust blows out. It gets into the soil and thus food supplies, it gets into the water and thus fisheries, it gets into the air and causes black lung disease,” Gellman said. “They would also be sending 20 more trains per day per export terminal, which means more diesel exhaust.”

ASUPS passed a similar resolution last spring supporting the closure of the TransAlta coal plant in Centralia and it was during that campaign that Gellman first became interested in environmental advocacy. He worked as a community organizing and research intern in the Sierra Club Beyond Coal campaign this summer. Mary Anne Hitt, the Director of the Beyond Coal campaign for new aquatic center

By JOANNA LAMSTEIN

The university plans to build a new campus aquatic center within the next three to five years. The new pool will be located on the west side of the Fieldhouse, replacing the parking lot between it and the baseball field.

Building a new aquatic center would allow the school to tear down Wallace Pool, which is far below the National Collegiate Athletic Association’s (NCAA) national standards.

Wallace Pool was constructed over 50 years ago, which is the root of the problem.

“To bring the pool to today’s standards, it would have to be totally reconstructed,” Bob Kief, Associate Vice President for Facilities Services, said.

Due to the pool’s shortcomings, Puget Sound currently can’t host national meets or competitions.

Construction plans also include expanding the Fitness Center. The boiler room next to the Fitness Center, which was originally intended to send heat throughout buildings on campus, has been decommissioned and serves no current function.

The university plans to convert the space into a second fitness center to decrease the amount of congestion in the current gym.

Kief emphasized that Warner Gym, which houses Wallace Pool, will not be torn down if the plans get approved. There are vague plans to replace Wallace Pool with a different facility, but there are no concrete ideas yet.

Facilities Services is still in the schematic design and fundraising process. If they raise enough money to support the project, they will submit the plans for approval.

By KRISTIE DUTRA

On Saturday, Oct. 1, a crowd of about 200 gathered in Westlake Plaza for Occupy Seattle, one of the latest in a series of protests formed in solidarity with the Occupy Wall Street movement. Occupy Wall Street, which began in the summer of 2011, is a demonstration inspired in part by the Arab Spring and fueled by dissatisfaction with the economy. Currently active in every state and in several other countries, these demonstrations are leaderless and loosely organized.

Participants range in age from teens to seniors, and they are all condemning the behavior of the top one percent of income earners in America. The occupiers call themselves the 99 Percent.

Devin, who declined to state his last name, was the elected facilitator of Seattle’s Oct. 1 protest. She said the group was still deciding how best to establish Occupy Seattle.

“About 90 people came to the General Assembly last night, and that’s where we formed and voted on the basic agenda for today,” she said. “The goal is to start a permanent occupation in Seattle, so we’re trying to figure that out.”

The crowd broke into groups to strategize and plan for a long-term occupation. The main groups included Food and Sanitation, Medical, Legal, Community Outreach, Tactical and Fundraising.

Charlie Semple, the elected contact person for the Medical group, said, “We also want to be good citizens. We’ll provide travelers with basic first aid, help protect homeless people from the cold.”

The group also plans to expand its outreach efforts beyond Seattle, beginning with a joint demonstration in the next few days. The main groups will meet again on Sunday and prepare for the occupation.”

Behind the scenes

By ANNE HITT

The university plans to build a new campus aquatic center within the next three to five years. The new pool will be located on the west side of the Fieldhouse, replacing the parking lot between it and the baseball field.

Building a new aquatic center would allow the school to tear down Wallace Pool, which is far below the National Collegiate Athletic Association’s (NCAA) national standards.

Wallace Pool was constructed over 50 years ago, which is the root of the problem.

“To bring the pool to today’s standards, it would have to be totally reconstructed,” Bob Kief, Associate Vice President for Facilities Services, said.

Due to the pool’s shortcomings, Puget Sound currently can’t host national meets or competitions.

Construction plans also include expanding the Fitness Center. The boiler room next to the Fitness Center, which was originally intended to send heat throughout buildings on campus, has been decommissioned and serves no current function.

The university plans to convert the space into a second fitness center to decrease the amount of congestion in the current gym.

Kief emphasized that Warner Gym, which houses Wallace Pool, will not be torn down if the plans get approved. There are vague plans to replace Wallace Pool with a different facility, but there are no concrete ideas yet.

Facilities Services is still in the schematic design and fundraising process. If they raise enough money to support the project, they will submit the plans for approval.

By KRISTIE DUTRA

On Saturday, Oct. 1, a crowd of about 200 gathered in Westlake Plaza for Occupy Seattle, one of the latest in a series of protests formed in solidarity with the Occupy Wall Street movement. Occupy Wall Street, which began in the summer of 2011, is a demonstration inspired in part by the Arab Spring and fueled by dissatisfaction with the economy. Currently active in every state and in several other countries, these demonstrations are leaderless and loosely organized.

Participants range in age from teens to seniors, and they are all condemning the behavior of the top one percent of income earners in America. The occupiers call themselves the 99 Percent.

Devin, who declined to state his last name, was the elected facilitator of Seattle’s Oct. 1 protest. She said the group was still deciding how best to establish Occupy Seattle.

“About 90 people came to the General Assembly last night, and that’s where we formed and voted on the basic agenda for today,” she said. “The goal is to start a permanent occupation in Seattle, so we’re trying to figure that out.”

The crowd broke into groups to strategize and plan for a long-term occupation. The main groups included Food and Sanitation, Medical, Legal, Community Outreach, Tactical and Fundraising.

Charlie Semple, the elected contact person for the Medical group, said, “We also want to be good citizens. We’ll provide travelers with basic first aid, help protect homeless people from the cold.”

The group also plans to expand its outreach efforts beyond Seattle, beginning with a joint demonstration in the next few days. The main groups will meet again on Sunday and prepare for the occupation.”

Behind the scenes

By ANNE HITT

The university plans to build a new campus aquatic center within the next three to five years. The new pool will be located on the west side of the Fieldhouse, replacing the parking lot between it and the baseball field.

Building a new aquatic center would allow the school to tear down Wallace Pool, which is far below the National Collegiate Athletic Association’s (NCAA) national standards.

Wallace Pool was constructed over 50 years ago, which is the root of the problem.

“To bring the pool to today’s standards, it would have to be totally reconstructed,” Bob Kief, Associate Vice President for Facilities Services, said.

Due to the pool’s shortcomings, Puget Sound currently can’t host national meets or competitions.

Construction plans also include expanding the Fitness Center. The boiler room next to the Fitness Center, which was originally intended to send heat throughout buildings on campus, has been decommissioned and serves no current function.

The university plans to convert the space into a second fitness center to decrease the amount of congestion in the current gym.

Kief emphasized that Warner Gym, which houses Wallace Pool, will not be torn down if the plans get approved. There are vague plans to replace Wallace Pool with a different facility, but there are no concrete ideas yet.

Facilities Services is still in the schematic design and fundraising process. If they raise enough money to support the project, they will submit the plans for approval.

By KRISTIE DUTRA

On Saturday, Oct. 1, a crowd of about 200 gathered in Westlake Plaza for Occupy Seattle, one of the latest in a series of protests formed in solidarity with the Occupy Wall Street movement. Occupy Wall Street, which began in the summer of 2011, is a demonstration inspired in part by the Arab Spring and fueled by dissatisfaction with the economy. Currently active in every state and in several other countries, these demonstrations are leaderless and loosely organized.

Participants range in age from teens to seniors, and they are all condemning the behavior of the top one percent of income earners in America. The occupiers call themselves the 99 Percent.

Devin, who declined to state his last name, was the elected facilitator of Seattle’s Oct. 1 protest. She said the group was still deciding how best to establish Occupy Seattle.

“About 90 people came to the General Assembly last night, and that’s where we formed and voted on the basic agenda for today,” she said. “The goal is to start a permanent occupation in Seattle, so we’re trying to figure that out.”

The crowd broke into groups to strategize and plan for a long-term occupation. The main groups included Food and Sanitation, Medical, Legal, Community Outreach, Tactical and Fundraising.

Charlie Semple, the elected contact person for the Medical group, said, “We also want to be good citizens. We’ll provide travelers with basic first aid, help protect homeless people from the cold.”

The group also plans to expand its outreach efforts beyond Seattle, beginning with a joint demonstration in the next few days. The main groups will meet again on Sunday and prepare for the occupation.”

Behind the scenes

By ANNE HITT

The university plans to build a new campus aquatic center within the next three to five years. The new pool will be located on the west side of the Fieldhouse, replacing the parking lot between it and the baseball field.

Building a new aquatic center would allow the school to tear down Wallace Pool, which is far below the National Collegiate Athletic Association’s (NCAA) national standards.

Wallace Pool was constructed over 50 years ago, which is the root of the problem.

“To bring the pool to today’s standards, it would have to be totally reconstructed,” Bob Kief, Associate Vice President for Facilities Services, said.

Due to the pool’s shortcomings, Puget Sound currently can’t host national meets or competitions.

Construction plans also include expanding the Fitness Center. The boiler room next to the Fitness Center, which was originally intended to send heat throughout buildings on campus, has been decommissioned and serves no current function.

The university plans to convert the space into a second fitness center to decrease the amount of congestion in the current gym.

Kief emphasized that Warner Gym, which houses Wallace Pool, will not be torn down if the plans get approved. There are vague plans to replace Wallace Pool with a different facility, but there are no concrete ideas yet.

Facilities Services is still in the schematic design and fundraising process. If they raise enough money to support the project, they will submit the plans for approval.
said the volunteers are busy collecting and organizing supplies that may be necessary for a long-term demonstration, especially if the police intervene.

“A few of our volunteers with first-hand experience dealing with combative police tactics offered in-sight into the types of injuries and treatments that have been helpful in past confrontations,” he said.

Seattle Police Department (SPD) Officer George Hissung, Jr., who was posted at the Plaza, said he isn’t shocked by political demonstrations.

“I don’t really have a personal stance when it comes to this one. I just found out about it at briefing this morning. They don’t always like us being here, but we’re here to protect the protesters as much as everybody else,” Hissung, who has worked at SPD for 19 years, said.

So far, SPD has only intervened to address violations of city code. On Oct. 5, 25 protestors were arrested when they refused to remove their tents from Westlake Park, where camping is illegal. Parks Department Communications Manager Dewey Potter and Detective Mark Jansen stressed that city government actually encourages groups like Occupy Seattle to use the public parks for protesting as long as they keep it legal.

“This is still smaller and calmer than most Seattle protests,” Potter said.

But if it continues to grow to Wall Street proportions, there is the possibility of violence. Videos posted online show footage from Occupy Wall Street in which a police officer appears to attack protestors without provocation. He swings his baton like a baseball bat as people duck and scream.

Dozens of cameras and smartphones pop out of the crowd to capture his face on film, and the protestors begin to chant, “The whole world is watching.” The officer hides his face and backs away.

President Obama addressed the Occupy Wall Street demonstration in an Oct. 6 press conference. He chided it up to mounting frustration with financial institutions that compete on “the basis of hidden fees, deceptively practices or derivative cock- tails that no one understands.”

Financial institutions like Bank of America have recently taken notice of the occupation.

“Protestors have expressed sen- timent about banks, but America needs strong banks for a strong econ- omy,” Bank of America Media Relations Manager Brittany Sheehan said.

She indicated that Bank of America is always willing to meet with groups like Occupy Seattle and listen to their complaints. However, there’s not much evidence that Bank of America is listening to the sentiments of average people. Many have accused the bank of being more interested in profits than the opinion of the average customer, pointing to their choices to add debit card fees and financially back Governor Rick Perry’s presidential cam- paign.

Protestors tend to agree that strong banks are necessary, what they are demanding is that financial institu- tions be held accountable for cor- rupt business practices, and this issue has caught the attention of the world.

COAL
CONTINUED FROM PAGE 1
Coal campaign, spoke on campus on Sept. 7 regarding their recent $50 mil- lion grant from Michael Bloomberg.

Gillman hopes for more student activism regarding an issue directly contributing to global warming. The burning of coal in power plants releases greenhouse gases and toxic air like mercury into the atmosphere.

The two export facilities would be the largest with only 24 million tons of coal per year. Norfolk, Va. is currently the largest with only 24 million tons exported per year.

“I think during the Vietnam era students were a really important voice against war, and I think climate issues is the issue for our time. Young people need to stand up,” Gill- man said.
Energy drink ban represents poor policy
By CAROLEA CASAS

The Puget Sound Trail

By JOHNSTON HILL

Last year colleges across the nation caused a stir over the con-
sumption of Four Loko—an alco-
holic energy drink infamous for its tendency to intoxicate consumers. The 23-ounce cans of 12 percent al-
cohol infused with caffeine, taurine, guarana, and rhodiola, active ingredients, wormwood (all packing a punch six times bigger than that of your average beer) were banned on campuses nationwide due to signi-
cificant health concerns. Now, by asso-
ciation, administrations have begun to extend the prohibition to other energy drinks, forking in the con-
sumption of drinks not significantly worse for your health than the aver-
age can of soda.

Four Loko made alcohol con-
sumption convenient; it was cheap, flashy, and masked the flavor of liquor. It was like a mixed drink, but without the effort and price. A Law Enforcement chaplain in Delaware County, Pennsylvania described the drink as “legalized liquid cocaine.”

After seeing a number of his stu-
dents hospitalized, the president of Ramapo College in New Jersey en-
couraged other universities to sup-
port the Four Loko ban, as well as that of other “similar drinks. “ An-
swering the call to action, Colleges across the country have turned their attention to other sources of health concern; this trend is evidenced by pro-
hibition more run-of-the-mill, non-al-
coholic energy drinks such as Red Bull and Monster. Most recently, the University of New Hampshire (UNH) was overwhelmed by a mas-
ive outcry, involving protests of the ban.

The original article calculates that shifting the public stage.

Wired: Students rely on late-night boosts to finish assignments.

The substantive failings of political debate
By JOHNSTON HILL

UNFH's decision was a result of the administration's goal of “making stu-
dents aware of the health risks associ-
ted with energy drinks.” According to an article in the “Huffington Post” by banning energy drinks, the administration hoped to curb the growing preva-
ience of energy drink-based cock-
tails. Their colorful names like the “Vegas Bomb” or “Brass Monkey” and “Seven and Seven” confused cam-
pus officials who assumed nothing good could come from such wild and unruly beverages.

It’s not a secret that energy drinks are unhealthy. But I find a serious "..."
SlutWalks movement pushes for change with unintended consequences

By CHELSEA NOACK

“Slut”

The word has mixed connotations, but most of them are ugly. SlutWalks, a global protest movement represented by marches during which scantly clad women and men protest the myth that rape is due to out-of-control choice, was founded Sonya Burnett and Heather Leiri to redefine the term. Their message is that instead of being ashamed of the word slut, women around the world should embrace it. But does the message of SlutWalks apply to all women? Embraced by the media, SlutWalks has made the world ignore the other protests that black feminist activists in America have been doing for decades, more notably their fight against the word “slut.”

SlutWalks originated in Toronto, Canada on Jan. 24, 2011, when a Toronto police representative stated that the police force’s view of sexual assault was that “women should avoid dressing like sluts in order not to be victimized.” Police later apologized, but regardless, this notion is still common across the world.

The myth is simple but dangerous: if a woman dresses in a provocative manner and gets raped, then she is partially to blame for the incident. Many argue that women’s slight seductive attire is a cause of their own rape and that in most cases they are responsible for their own assault. Therefore, retribution is often dealt by the media and the public to women who are raped.

After the overwhelming publicity surrounding the rape of Conservative Senator Mike Duffy and the Conservative comment, SlutWalks grew in popularity. Women marched down the streets of most major cities and small towns in dress to nothing, carrying signs bearing slogans such as, “I am an invitation,” as well as signs offering support for the women who were watching the women from windows above.

The power of the walks has grown, since their birth this past winter, SlutWalks have now incorporated thousands of women and men who have now participated in SlutWalks, making it one of the more publicized feminist protests in recent years. The idea behind the protest is, “Let them eat cake.”

Without the media frenzy surrounding the term “slut,” the walks would hardly be as effective. If walked were called “We Can Dress How We Want” or “74 Call For Female Safety,” they may be acknowledged but not nearly as well known as they are today. An anti-rape protest should not be recognized just because of the controversial word.

Some opponents of SlutWalks suggest that risqué clothing is playing into the “pornification” of women. This hardly is the issue at hand and history has taught us that female protesters have successfully used clothing to successfully get a point across. Take, for example, when women protested their restrictions to dresses by wearing only Bloomers, a term deduced to activist Amelia Bloomer. Although the specific garb worn by protesters of this movement have been vital to the message of the protest, women should not have to go so far as to walk around University of Puget Sound campus’s town to display the power of women.

However, some have shifted their concern from the type of dress to the movement itself. The Black Women’s Blueprint (BWB), a civil and human rights organization, has taken all victims of rape and sexual assault into their language and may come back from a march to an unsafe community in which the rule of law does not settle for a slice of cake.

Outcry: Protesters challenge the myth that a woman’s dress can serve as a justification for rape.

Protests to redefine American dream

By ANDREW LUTFALA

Above the placards protruding from the shoulders of the marchers perched upon their balconies and topped fine champagne, taking command were the following words that carried on above the gathered proletariat: “Let them eat cake.”

By ANDREW LUTFALA

Above the gathered protestor masses, an appeals court decision that posterity and intellect can lead to prosperity for the future and that those who have been educated are the only ones who can get a job, those who have not been educated are the only ones who cannot get a job, those who have not been educated are the only ones who have to work hard to make ends meet, and those who have been educated are the only ones who can live in luxury. The Black Women’s Blueprint (BWB), a civil and human rights organization, has taken all victims of rape and sexual assault into their language and may come back from a march to an unsafe environment in which the rule of law does not.

Outcry: Protesters challenge the myth that a woman’s dress can serve as a justification for rape.

Protests to redefine American dream

By ANDREW LUTFALA

Above the placards protruding from the shoulders of the marchers perched upon their balconies and topped fine champagne, taking command were the following words that carried on above the gathered proletariat: “Let them eat cake.”

By ANDREW LUTFALA

Above the gathered protestor masses, an appeals court decision that posterity and intellect can lead to prosperity for the future and that those who have been educated are the only ones who can get a job, those who have not been educated are the only ones who cannot get a job, those who have not been educated are the only ones who have to work hard to make ends meet, and those who have been educated are the only ones who can live in luxury. The Black Women’s Blueprint (BWB), a civil and human rights organization, has taken all victims of rape and sexual assault into their language and may come back from a march to an unsafe environment in which the rule of law does not.

Outcry: Protesters challenge the myth that a woman’s dress can serve as a justification for rape.

Protests to redefine American dream

By ANDREW LUTFALA

Above the placards protruding from the shoulders of the marchers perched upon their balconies and topped fine champagne, taking command were the following words that carried on above the gathered proletariat: “Let them eat cake.”

By ANDREW LUTFALA

Above the gathered protestor masses, an appeals court decision that posterity and intellect can lead to prosperity for the future and that those who have been educated are the only ones who can get a job, those who have not been educated are the only ones who cannot get a job, those who have not been educated are the only ones who have to work hard to make ends meet, and those who have been educated are the only ones who can live in luxury. The Black Women’s Blueprint (BWB), a civil and human rights organization, has taken all victims of rape and sexual assault into their language and may come back from a march to an unsafe environment in which the rule of law does not.
Walt’s street occupied

By STUMPY JOE

As the poet Goethe once said, “Short of being forced to eat a Greek salad with a spoon, no fate is worse than facing alone the wrathful masses.”

Since last Saturday, junior Walt Mickel has been facing that second-worst of fates: 64 Puget Sound students camping out on his lawn, picketing and demanding personal reform. It’s all part of the recent “Occupy Walt’s Street” movement, a leadership organism without a clear or consistent set of goals. What’s clear, however, is that these protestors are pissed off at Walt, and their numbers are growing.

“Looking at recent history, it’s pretty obvious why we’re occupying Walt’s Street,” said senior Vicki Jara, a bright-eyed and charismatic young woman who is most likely the leader of the leaderless group. “Since 2009, when Walt entered college, he has been accruing food-stamps, even though his parents are paying his tuition and give him money every month. He uses this government funding to buy fancy beer at the Met. Fancy beer he has never shared with his friends.”

But that’s just the tip of the iceberg,” she added. “Walt generally douche bag.”

Indeed, the grievances against Walt are many: cheating on tests, making inappropriate autistic-holocaust jokes, claiming to be going on a beer run and then disappearing from the party with everyone’s money, and the way he says “Wow, you’re wearing that?” that just makes you feel like an ugly horse,” continued Jara, who used to be Walt’s good friend.

While interviewing Jara, a group of Dreadlocked students were hula hooping around us. Jara explained the hula hooping was in symbolic protest against Walt’s vicious cycle of using an insecure sophomore he knows for drunken bootycalls and then lying about wearing a condom.

The occupation began just last Saturday when Jara and her housemates tried to get back a Bob Dylan vinyl that Walt had borrowed.

Yesterday, VAVA, Walt’s rug-by teammates and his three housemates joined the protestors.

“At first we were like, ‘Walt’s an okay guy,’ senior Chad Milkwynks, one of Walt’s housemates, said. “He has his faults like everybody, but he’s a good guy. But then we realized, Walt is actually a huge prick—he never lets anyone help him with his New York Times crossword, even on a Friday…he has a passive-aggressive way of guilting you into doing the dishes, even though they’re all his dishes…[and] he always says he’s gonna bone my sister as soon as she’s legal, like every day. And that’s just the tip of the iceberg.”

When asked about these accusations Walt gave only a written press release from under his door, stating: “They [the protestors] don’t know what they’re talking about. I do none of this.”

Vicki explained that Walt’s pipe was actually a present from Vicki in the first place.

The 99 percent who are not douche bags will no longer put up with the one percent that are douche bags. WE ARE THE 99 PERCENT!” she said.

Walt’s street is likely to be occupied another week. If Walt does not announce reforms by then, the protestors will forcibly remove Walt and defecrate him from the fourth floor of the library.

Rage: Walt’s housemates express their anger over the economic conditions Walt creates.

Walt’s housemates express their anger over the economic conditions Walt creates.

University officials curtail student binge drinking, instead promote sustainable drinking practices

By GILES FERGUSON

The campus was abuzz with celebration last weekend. President Thomas was on hand to shotgun the ceremonial diet soda in recognition of a mile- stone in the university’s history.

“We have eliminated binge drinking,” Thomas said.

“None of us have any idea what a hangover is. We are the 99 percent!” she said. “We are the 99 percent!”

There were many who doubt ed the university’s capacity to stamp out the student popula tion’s thirst for shots and the shenanigans that follow. The board of trustees, angered by the student behavior at the Fall 2010 Midnight Breakfast, pitched the idea of promoting moderation last year during an ASUPS senate session in Octo ber of 2010. The response was strong.

But the key to this victory has proven to be the new uni verse policy on binge drinking. “Alcohol features heavily in college life, and it’s some thing that can easily be abused without proper education. The key is moderation,” Amanda Schlitz, M.D. and consulting physician with CHWS, said. Recognizing the intransigence of student imbibers, the uni versity now advocates moderate drinking over a long peri od of time.

“Instead of having 10 drinks on Friday and 10 more on Sat urday, why not have 20 drinks over the course of the week?” Schlitz said. “Instead of be coming dangerously intoxicated, why not maintain a pleas ant buzz? It’s a better way to approach alcohol. Trust me. In a real discussion, not to men tion a real person.”

Many students have report ed a slew of positive chang es resulting from this new approach to imbibing. Even Diversions has seen a new op portunity: offering to “Irish up” one’s coffee for just 12 extra points.

“Thanks to sustainable drinking, I’ve transformed whiskey into breakfast!” Daniel Lewis, a sophomore, said.

“It is incredible how versatile liquor can be if you don’t restrict it to evenings and week ends! Now, I never go any where without my class fl ask.”

Across campus, students and teachers alike are enjoying a more relaxed environment. On occasion, strangers greet each other loudly instead of pretending to read texts. In the library, many find papers easier to write, albeit harder to edit. In class, students and professors engage in spirited, open discussion. And most re lious and English professors can now be honest and unafraid about being a little tip from their classes. Rumors of occasional fisticuffs are as yet unsubstantiated.

But this has been a new part of con trolled, sustained drinking is the elimination of the darker side of alcohol. “If you never stop drinking, you never get a hangover!” Whitney Bell, a junior, said. “Hair of the dog! The concept isn’t new. Based off the recent success of the Martini Morning program, the administration is considering a move to cut down on heavy drug consumption by burning large amounts of marijuana in the air ducts of the academic buildings.

FOR THE LADIES...

By FORD DENT, MAN

How little do you know about your man’s body? Not a lot, huh? The average college male’s body is an enigmatic labyrinth of erogenous zones and pleasure complexes that only the most experienced adventurers should ever attempt to pleasure alone. Fortunately, after years of research and experimentation on my own body, I have discovered the ten best ways to please a man. Be warned, the road ahead is difficult and treacherous, but once you warn of, the road ahead is difficult and treacherous, but once you

1) Touch his junk.
2) See above.
3) Get some ice cubes. Throw them away and touch his junk.
4) Call up that other girl you know he thinks is hot. Or not. Either way, touch his junk.
5) Role Play! You be Witch Doctor who has to exorcise the demons from a young tenderfoot through a vigorous junk touching.
6) Wait until finals week. Find him in the library and touch his junk.
7) Tell him you want to touch his junk. Then touch his junk.
8) Give him one coupon for a free junk touching.
9) Play a friendly game of Whoever Has The Least Body Hair Has to Touch The Other’s Junk.
10) Set up an elaborate plan involving his entire family and all of his old acquaintances and friends. Send them all to a restaurant for a big surprise party for your man. Stay home and touch his junk.
Get involved with Access Programs

By CONRAD WHARTON

Abigail Taitano doesn’t sit still. She walks quickly from room to room in the basement of the Student Diversity Center, where she chats with tutors, engaging older students and making sure the younger ones don’t get too ram-t infectious.

The atmosphere is hectic and informal, but the business is serious: preparing Tacoma youth for higher education. Although the programs center on studying or starring in a production like Town Crier as his first experience acting in this year’s festival, said. Kelly Engle, a junior and Director for this year’s festival, said.

There may have been tentative about venturing into the intimidating world of theatre, find comfort in the welcoming community of their peers. Peter Wallerich-Neils, a junior acting in this year’s festival, cited Town Crier as his first experience acting at Puget Sound as a freshman.

Wallerich-Neils added that what makes the festival terrific for the community is that “the performances are short and sweet, providing a bite-size taste of theatre at the university.” Because the production is entirely student-driven, a tremendous level of commitment can be seen throughout the company.

In talking with students involved, one thing becomes clear very quickly: as stressful and terrifying as writing, directing, producing or starring in a production like Town Crier can be, there is an unparalleled sense of pride because of association with the project. Nothing shows the strength and talent of our student body like Town Crier, which welcomes everyone and allows students the opportunity to excel in all areas of production.

Town Crier and Student Theatre Productions serve to showcase the truly impressive passion, talent and drive that can be seen in the members of our community.

In college, stress is often put on what we learn in the classroom and other traditional academic forums. However, the beauty of Town Crier embodies what students gain and learn from one another and how impressive the end result of such collaboration can be.

A chat with Trimble resident Prof. Wesley

By MARINA BALLENG

First, I must confess. Due to scheduling problems, this entire interview happened in cyber-space through good University of Puget Sound Webmail. I have never met Trimble residence Professor John Wesley, an Associate Professor of the English Department, who is currently teaching his first semester at Puget Sound. Lucky for me, Professor Wesley’s training makes the written word his home. “It’s also a move up the coolness ranking,” the associate Professor concludes.

“Wallerich-Neils also has the distinction of being the resident professor at Trimble Hall. This means his family, which includes three small children that you may have noticed around campus, live in the dorm, sharing the laundry room with his students. Please read below for more details of Professor Wesley’s escapades in the laundry room, his academic influences and aspirations of blockbuster fame.”

So, You’re Canadian. How do you like America? What do you miss about Canada?

Canada and the U.S. have a really special relationship. They’re the couple who were hanging out for years as friends only to realize they were in love with each other. They have their differences, but mostly they’re engaged and in free trade. But we like America for other reasons, too. We have family and friends in Washington, and we’re west-coasters (our immediate families live just across the border in B.C.), so, after spending the last eight years in Japan, Scotland and Toronto, this has been a welcome and much-desired move home.” It’s also a move up the coolness ranking: A Canadian politician once characterized the difference between America and Canada in this way: “Paris, Texas stands as a metaphor for lost dreams; Paris, Saskatchewan just sounds ridiculous.”

“I don’t mind being ridiculous, but it’s a nice change to be somewhere where dreams can in fact exist, even if you get lost.”

How have you settled in at Puget Sound? What has surprised you?

Very well, I think. Surprises? I guess I’ve been pleasantly surprised by how much I can learn from students here, not only in the classroom and with the assigned material, but also in social initiatives and other extracurricular activities, not to mention part-time jobs. This is a lively community of really great students, and I’m proud to contribute to it.

A look behind the scenes of “Town Crier Speaks”

By EMILY JOHNSON

At just over a month into school, it seems as if campus is finally settling down. New students have found their place in the community, the rigor of academia is starting to truly take hold and the air has that crisp bite that signals the true arrival of autumn. All the while, a dedicated contingent of Puget Sound students has been working with passion and drive to put on one of the semester’s most exciting productions: the Town Crier Speaks Festival.

Around 40 students, some of whom have been preparing for this semester’s production since last spring, have taken on the responsibility of writing, directing, acting, producing and technically designing the festival that showcases six student-written plays.

This year’s production theatre community, and some even cite Town Crier as their first foray into theatre altogether. All of this work occurs before the fall semester even begins.

At the start of term, auditions are held, and students are given just over a month to rehearse and prepare their 10-minute plays.

Blake Erickson, a sophomore performing in one of this year’s plays, noted that the festival provides a fantastic opportunity to allow students to ‘test the waters of acting in front of an audience.”

Due in part to the campus-wide invitation, the production is “a unique way of finding hidden gems from up over the community,” as Kelly Engle, a junior and Director for this year’s festival, said.

Students, who previously may have been tentative about venturing into the intimidating world of theatre, find comfort in the welcoming community of their peers. Peter Wallerich-Neils, a junior acting in this year’s festival, cited Town Crier as his first experience acting at Puget Sound as a freshman.

Many students devote to it. In the fall, The Puget Sound productions—the organizing group for student-run productions on campus—hold auditions to find new actors and producers from a pool of applicants. These students spend part of their summer working with aspiring writers to refine student submissions for the fall.

Later on in the summer, an invitation goes out to the whole campus community, looking for students to direct the fall productions. Students who are involved with Town Crier show up. This high ratio is another aspect of the Access Programs that has always been a challenge for us. The Access Programs aren’t well known on campus, and Taitano was always looking for more volunteers. Although she cautions, “it’s not for everybody,” getting involved can be a great way to connect with the local community.

If you are interested in affording your summer working with aspiring writers to refine student submissions for the fall.

Later on in the summer, an invitation goes out to the whole campus community, looking for students to direct the fall productions. Students who are involved with Town Crier show up. This high ratio is another aspect of the Access Programs that has always been a challenge for us.

The Access Programs aren’t well known on campus, and Taitano was always looking for more volunteers. Although she cautions, “it’s not for everybody,” getting involved can be a great way to connect with the local community. In college, stress is often put on what we learn in the classroom and other traditional academic forums. However, the beauty of Town Crier embodies what students gain and learn from one another and how impressive the end result of such collaboration can be.
Toy Boat Theatre Co. off to a running start

By LAURA HOLLISTER

Are there any major differences between the campus community here and at other institutions you have worked at or attended?

Puget Sound reminds me a little of the University of St. Andrews, where I studied for the Ph.D. and first started teaching. But I've never before experienced so many opportunities for interdisciplinary learning and teaching as I have at Puget Sound. Obviously, this is also a relatively small community, which is markedly different from those I experienced at UBC and the University of Toronto. Don't get me wrong; there are pockets of individuals with shared interests at those big research universities, and I was part of a relatively great honors program as an undergrad, but generally there's also a high degree of anonymity in those places that you just don't get at a residential liberal arts college. It's all about accountability in mentorship; students generally perform better when the prof knows who they are.

Tell me a little about your academic specialty.

I'm sometimes asked how it is that Shakespeare could have written the plays he did without a university education, or, among other things, my research shows exactly how he could have. I wrote my doctoral thesis on the influence of a grammar school education (roughly, from the ages of 6-16) on Renaissance literature, focusing particularly on the relationship between performance and composition in daily classroom exercises. Children in Shakespeare's primary schools performed plays such as "Dickens Bell, Wellington," and "The Gertrude Stein Project," among others, boating a markedly high attendance rate for the theatre. A small and intimate venue, the current home of the Toy Boat theatre seats about 40 people per show. With estimated numbers of about 800 patrons from the July to December run, Toy Boat Theatre has become a force to be reckoned with. But what makes Toy Boat different from any other small theatre company? As the motto of the company, the Toy Boat promeens "Good acting in a humble house." The focus is on the actor and the work being performed and not spending a lot on trappings such as the costumes and staging.

Why would you like to be doing if you weren't a professor?

Writing trashy espionage thrillers. You'd buy them at airport kiosks, and I'd be rich, rich, rich. You'd buy them at airport kiosks, and I'd be rich, rich, rich. I'd buy them at airport kiosks, and I'd be rich, rich, rich. I'd buy them at airport kiosks, and I'd be rich, rich, rich.

What is something about you that would shock your students?

I don't know. Probably lots of things, mostly because I'm a bit of an air travel buff. I'm afraid of flying, which some- times manifests itself as an obsession with aircraft design and specs. The Boeing 747, for me, is the most beautiful of all the passenger aircrafts. I'm often mesmerized by the booms of jet engines and by the sound of air travel. I love, love it. LOVE. IT. They have a bigger plane than my poor shoeless Dickensian children. If you take their wheels, they'll love it. LOVE. IT. They have a bigger plane than my poor shoeless Dickensian children. If you take their wheels, they'll love it. LOVE. IT. They have a bigger plane than my poor shoeless Dickensian children. If you take their wheels, they'll love it. LOVE. IT. They have a bigger plane than my poor shoeless Dickensian children. If you take their wheels, they'll love it. LOVE. IT. They have a bigger plane than my poor shoeless Dickensian children. If you take their wheels, they'll love it.

Toy Boat Theatre also offers the chance to see quality theatre pre- formed by your Puget Sound peers at an affordable price. "As a viewer, Toy Boat offers a chance for students to have a way to feed a part of something outside of what linked to the Puget Sound campus," Bennett said. "The project creates a place for Puget Sound students to get involved in theatre out in the real world and see their work enter into the Ta- coma community.

The company's intimate theatre space, unique cast and coordination with Puget Sound faculty and students give Tacoma the ability to experience a new type of production. From cast members and production crew to board members and personnel, current Puget Sound stu- dents and graduates help to make the dreams and missions that is the Toy Boat Theatre a success.

The space has become our own. We painted it and fixed it up, giving it a once abandoned space a wonderful sense of ownership and new exciting possibilities. We find ourselves in a different kind of relationship with the theatre, " Bennett said.

In this small but beautiful space the audience and cast can interact in new ways to give new life and breadth to the theatrical experience. "In the production of "Dickens Bell, Wellington" this summer the audience of the latter had to literally pull their feet in as the play progressed and the action became more involved and intense," Bennett said.

The Toy Boat Theatre Company expands the theatrical horizons of not only the Puget Sound campus community but also Tacoma. In addition to the vast array of on-campus thea- tre productions, students and facul- ty alike have successfully steered into and overcome the challenges of creat- ing theatre in the real world beyond the campus.

With a goal of over 12 productions at the Toy Boat venue between July and December, the Tacoma commu- nity can look forward to continued productions from the theatre group throughout the semester, including a possible winter solstice extravaganza coming this December.

Bennett said.
**Crew season kicks off with powerful ‘synergy’**

By MAYA HECK

The fall training season for men and women’s crew has been full of energy and enthusiasm.

“The season has been off to a wonderful start with team chemistry, positive energy and hard work, all attributed to great synergy,” said Mandy Warner (Silverdale, Wash.) about the training thus far. She has said that it has shown great promise for the rest of the season.

“I have some good feelings for this year in terms of our success. I can’t exactly describe it but I know it’s there. There is this ‘so think, just do it’ mentality we have, which I have confidence, in the end, we can pay off. It’s coming and will continue later in the spring racing season,” Warner said.

There are three teams within each of the men’s and women’s crew programs: novice and varsity. The men and women’s novice teams have separate coaches, but this year both have a novice team with no previous experience.

The majority of people who join the crew team with no previous experience are anxiously waiting to get into the boat.

Warner said, “The majority, but that makes for a lot of excellent opportunities to set high standards and improve quickly under the wing of the upperclassmen and women. In addition, with so many experienced and talented novices there is a lot of motivation to perform well and start them off on a competitive note,”

Both the men’s and women’s novice teams were able to do a lot of training with the varsity women.

The team started off with little resiliency as they rallied, eventually making a comeback and taking the lead on the final point of the set to win 26-24 in a dramatic fashion.

*Photos courtesy of Erica Kircher*
Loggers fall to Pacific Lutheran University in rivalry match
Men’s soccer struggles to defend home turf, but will get second chance

By ANGEL JOHNSON
The Puget Sound men's soccer team suffered their first loss of the season against cross-town rival Pacific Lutheran University on Saturday. It was a tough loss for the Loggers, considering they have been on a winning streak, and have yet to lose a game this season. The Loggers had the same ranking as PLU and were tied for first until this game. The reason for this loss was the Loggers' inability to hold the lead, which resulted in a 1-0 loss for the Loggers.

The game was held at 2:30 p.m. The Whitman game will also be Senior Day.

---

Loggers fall to Pacific Lutheran University in rivalry match
Men’s soccer struggles to defend home turf, but will get second chance

Logger football unsuccessful
full AGAIN versus Linfield Wildcats
Dedication, determination and spirit in volleyball

By ANTHEA AASEN
Volleyball is a fast-paced sport filled with high intensity and lots of noise. The team as a whole is spec- tacular. However, one of the teams' brightest stars is not heard about in reference to numbers of digs or kills.

Julliette Witous

Julliette Witous, who credits her parents as her biggest supporters, would not even be playing volleyball if it wasn't for her dedication.

"I've been playing volleyball since I was 12. I was actually cut from the first team I tried out for in seventh grade, so I decided to be the team manager, because my mom told me not to give up. Eventually two girls had another tryout, so I was able to practice with the team. By the end of the year I was starting and two years later I made varsity as a freshman," Witous said.

"Volleyball has really been an outlet for me. It's already been a natural part of my life. So I already have a lot of energy (I can't even drink coffee). My friends can attest to that. But on the court I can scream, yell, get sweaty, roll around, basically all you can. You can't do that in your everyday life! I decided to play in college because I love it, obviously it is stressful at times, but it's worth it. It's a blessing to get to work with an athlete who does it every day. She also sincerely invests in the success of her teammates, and the team as a whole, and helps our team bond and grow as a team. She is 'Jet' to us on the team — and into the next stage of her life, but we have another opportunity to play with her this year," Coach Massey said.

"I always pause when I see or hear the name 'Juliette,' because she is 'Jet' to us on the team — and it is an accurate description of how she plays at the Libero position. One of the players was added to volleyball in recent years, it total- ly changed how the game is played. Libero players have a huge impact on the game with their ball control, defense, serving, and coverage on the court. Jet was an out- side hitter in high school, but I was so impressed by her athleticism and for her energy and attitude that I recruited her and converted her to a libero specifically because I believed she could help us con- tinue to be a national-caliber team. She has," Coach Massey said.

After graduation, Witous plans on working as a Halliburton charter in Alaska and saving mon- ey to travel. Once she is done trav- eling she hopes to attend an entre- preneurship program at Cal Poly and start her own business.

---

Tough Season: Although the Loggers have yet to win a game, players remain positive this year.

---

Loggers fall to Pacific Lutheran University in rivalry match
Men’s soccer struggles to defend home turf, but will get second chance

By ANTHEA AASEN
The Loggers lost to Linfield 7-7 this past weekend on Sat- urday, Oct. 8 adding insult to in- jury as the Loggers were com- ing off a loss to rival PLU. The Wildcats are ranked fifth na- tionally and have been putting up impressive numbers against the other teams in the North- west Conference series. The loss to the Wildcats was particularly hard for the Loggers.

Several Logger athletes, how- ever, did stand out in the game. Junior Thiesen Chang (Van- couver, Wash.) tallied 81 yards with a touchdown and freshman Braden Foley (Bothell, Wash.) had his first start as the Loggers' quarterback. Foley completed five of seven passes including one for a touchdown.

For Chang, this was the game in which he could show off what he could do at each of his posi- tions. "I had to play a couple dif- ferent positions because we had some key losses at receiver so I was told I was going to have to play a bigger role," Chang said. Despite Logger injuries, the players on the field have the support and confidence of their coaches and teammates. "I don't think injuries cause changes because the new guys would not be put into that situation if coach Thomas didn't think they could be in that position and not suc- ceed. Everyone has the trust that whoever is on the field is on the field for a reason because they give us the best opportunity to win with the given circumstances," junior Rick Day (Puget Sound, Wash.) said.

The Loggers have yet to win a game this season, and despite putting up great numbers, they have not been able to hold the lead. However, the season is far from being over and there are great chances that they can turn their season around, starting with their next game against Willamette.

"We stay positive by knowing that the scoreboard does not represent how we can play. We know we're better than what the scorecard said and the fact that we have another opportunity to prove it this week motivates us to come out and get the first win. It almost makes us even more hungry to get the first win and prove that the score does not reflect how good our team really is," Day said.

Next week the Loggers come home after being away for the last few weekend games to face Willa- mette at Baker Stadium, and they know they are in for a tough bat- tle.

"We know Willamette is a good team because they were able to keep up with Linfield till late in the game. Willamette is not going to be expecting much of a fight so hopefully that can work to our advantage. All we need is one game to prove ourselves. Willamette is just another team in our way," Chang said.

The game will be on Saturday, Oct. 15. If you are going to be around the Puget Sound campus for fall break head over to Baker stadium and support Logger foot- ball. Kickoff is at 1 p.m.
Humor in the bedroom creates fuller relationships

By SUZY SPONGEWORTHY

I don't know about you but I love a good first-step, boring or peeing joke—though the comedic category of peeing might just be me...and my friends. As a culture we seem to have a really great and prolific sense of humor in our daily lives. I'm all for giving exposure to something that can be taboo. But despite the buttload of jokes about sex in a neutral environment, it is so incredibly important to maintain one's sense of humor inside the bedroom as well.

This advice to joke and be light-hearted helps connect, enlivens and lighten up something that is supposed to be fun. Why do we think we call it "fooling around"?

A friend related to me her experience of being in a long, distant, long-term relationship, excitedly talking about how much a sense of humor plays into the closeness, comfort and confidence in her relationship.

For example, recently it was her boyfriend's birthday, so she got some friends together to make him a gift. They took nude pictures of her, while she was dressed in a happy birthday banner and posing in front of a tee-pee. In the end, she and her friends not only had a blast taking them, but it was a funny and sexy way for the two to mutually appreciate and enjoy sex, in spite of a geographic barrier.

Her advice is to start simple when starting to be playful and adventurous in the bedroom. Use a holiday a birthday to give you an excuse to do something special and out of your ordinary. Plus, if you're at a point in a relationship where you celebrate someone's birthday or spend holidays together, that's a good sign your relationship is in a good place for it.

A good first step is longer or silly role-playing. Costumes can add some goofiness. Or try some (consensual!) hair-pulling, ass-slapping or biting. You don't need a special, sexy and very well-brushed BDM that can be intimidating and you can predict that just dressing—and feeling—sexy will go over well.

Trying something new can be daunting, anything, even if it's just putting one more toy (or will, or should!) and appreciate it. She noted that this type of activity helps to add the element of friendship to a partnership on the usual paradigm of lovers. Also, it immensely helps to make a relationship fuller. Having inside jokes from the bedroom bonds you and creates something special between just the two of you. People thought into a joke or funny activity shows that you understand the other person and are willing go the extra distance to make them laugh.

Many would agree that a sense of humor is a huge turn-on in a partner in terms of overall attractiveness. A lot of my own identity and personality lie in my sense of humor, so I think that if I were to be dead serious in the bedroom at all times, it would be disingenuous. The sooner you let your freak flag fly with a partner, your connection will be that much stronger.

Plus, laughing and being happy is just sexier. It is pretty well established with empirical data that smiling makes you feel happier, and no one likes a grumpy in the bedroom.

Bonuses points: smile or laugh when you're enjoying yourself during a sexual act. Are you really loving that real sex you're performing? I mean and smile up with your partner. Work toward feeling comfortable because if you make yourself feel more confident and confidence is sexy.

In the same vein, it's crucial to express yourself in intimacy. Make some noise, emote and convey how sexy you feel! Sex is ecstasy! Serious! Intimate! Let your partner know what's going on with you, before, during and after it feels right.

If you're picking up what they are throwing down, show it on your face. Another friend of mine saw a piece on Tumblr that revolved around asking the question “How do you know it's too soon to have sex?”

One of the answers was “When you aren't comfortable farting around each other.” This is a great point. And it definitely extends to other bedroom blunders. Like, freaking. It happens, and many vagina-owners are extremely self-conscious about it. If one’s response is to be grossed out about it, can it be such a boner chiller (figurative girl boners especially)?

Making a light-hearted joke about it makes everyone more comfortable and things can return to hot and heavy in a jiffy. I have even heard of a “queefing quartet, “ which is a great example of embracing such a taboo topic in a hilarious way.

Now, when we talk about joking in the bedroom, I don't mean pointing at your partner's flaccid penis or third nipple and laughing. I mean, geez, everyone has their own set of insecurities. We're all just trying to love each other.

The beauty of sex and intimacy is to accept these things and engage in the way your partner treated you earlier that day...whether you've had sex with this person before or not, whether you like this person or not—"unwanted" is when you just don't want to. Yes sometimes, when you're feeling for the person are complicated, it's tough to say no. I know that things start getting "friendly," I too am guilty of not always voicing my true desires.

A few years ago, I was getting over an ex when I ran into an old flame at a party. He invited me over and I agreed, because he asked and I didn't know what I wanted. This was the problem. I didn't know what I wanted. I had sex with him, even though I didn't know what I wanted. Long story short, I ended up crying to myself in the dark after this... while this man blissfully scored away next to me. Point being: if you're not emotionally ready... "unwanted" does it. If you don't hear an enthusiastic; "yes," don't go for it.

There are many ways to say "I don't want to" if you aren't able to say exactly that (these are, of course, all dependent on the situation).

One way to go about it is a good "friendsy. It's for example, "let's not jeopardize our friendship" or "let's not complicate things since we're friends only."

Another is "i love you... but this particular article is about..." I love you... but this particular article is about..." I love you... but this particular article is about..."

One way to go about it is a good "friendsy. It's for example, "let's not jeopardize our friendship" or "let's not complicate things since we're friends only."

Another is "i love you... but this particular article is about..." I love you... but this particular article is about..." I love you... but this particular article is about..."

One way to go about it is a good "friendsy. It's for example, "let's not jeopardize our friendship" or "let's not complicate things since we're friends only."

Another is "i love you... but this particular article is about..." I love you... but this particular article is about..." I love you... but this particular article is about..."

One way to go about it is a good "friendsy. It's for example, "let's not jeopardize our friendship" or "let's not complicate things since we're friends only."

Another is "i love you... but this particular article is about..." I love you... but this particular article is about..." I love you... but this particular article is about..."

One way to go about it is a good "friendsy. It's for example, "let's not jeopardize our friendship" or "let's not complicate things since we're friends only."

Another is "i love you... but this particular article is about..." I love you... but this particular article is about..." I love you... but this particular article is about..."
AmeRAWcan Bistro a tasty local option for raw cuisine

By MICHELLE CURRY

AmeRAWcan Bistro is not your typical American dining establishment. Steak or chicken won’t be found on their menu.

Initially I felt as though I was walking into a green house; the windows were full of live plants with lights and heaters strategically placed. The entire view of the kitchen can be seen from the side walk and it is clear not a single stove is present—everything is either blended or dehydrated to perfection.

If you are unsure of what raw dining is, it is, in a nutshell, the art of eating raw fruits, vegetables, nuts and seeds.

A raw foodist is someone who consumes 75 percent to 100 percent of their diet as raw. Nutritional, enzyme-dense foods are the norm. Foods are never cooked over 116 degrees because it is believed that all nutrition and enzymes are killed once they are heated above that temperature. The heat also changes the molecular structure of the food, supposedly rendering it toxic.

“Does what a raw foodist eat?” may be your next question. The answer, according to the Harmon family, is that this dinner is not a boring one and there are endless amounts of creative combinations that carnivores and raw foodists alike can enjoy.

An initial glance at the menu and it would seem to be the same as a regular eating establishment, with taco salads, tomato soup and burgers, but when the diner reads the entrée descriptions they’ll discover they are in a whole new world of food.

Cashews, walnuts and avocados are frequently the main ingredients in the dishes.

The restaurant serves breakfast, lunch and dinner and also juice/smoothie/expresso bar. Prices are reasonable; entrées can be ordered a la carte or from one of the four dinner entree specials.

The restaurant offers four very modern vibe, with a few blue and orange walls complementing the white ones. Numerous mirrors are hung on the walls along with very large plasma screens adorning the far wall, displaying the musical selections. A television screen is built into this wall to this wall is another television featuring the Ducks game that evening.

The ultimate shock was an iPad that accompanied the same as a stack of paper menus, customers click the photo app and view the menu. The iPad was on one table throughout the evening, and customers have full access to the internet. We took full advantage of this feature.

But both this vegetable quinoa dish and this mushroom pasta pie were made entirely from raw ingred- dients, and there are many such as cashews and avocados that engineers are creating as a raw type of meat or processed flour that can act as the base of the recipe.

Raw:

**two friends ordered the Mediterranean Falafel ($19.95) and enjoyed it as well. It was a vegan sesame seed falafel that could be served as a wrap or as a salad. A variety of vegetables accompany the falafel to the mix of hummus and a rich sauce to the flavor of the meat being overbearing.

Our other companion ordered the Zucchini Fettuccini Alfredo ($14.95). The entrée is as reminiscent of pasta as it can be without actually being pasta. The sauce is made of cashews and adds a rich flavor to the meal without being overbearing.

As the performance wore on I noticed the majority of them were unconsciously tapping their feet in time. As the piece ended, the string or- chestra was greeted with their first applause. Re-ordered the Cream of Tomato and Sweet Red Pepper ($10.95) was also enjoyed. It’s a thick, creamy soup, with onion, garlic and basil. Pre- pared by a new spicy kick.

The piece is heavily influenced by the work of Django Reinhardt and the Gypsy jazz sound of Pearl Django.

Joined on stage by several soloists, the final ensemble included Chag- ard as both conductor and guitar- ist, Anderson and Seattle guitarist Andreas Turre. The performance was a team effort, with Professor Bob Hutchinson on bass, back all by the string orchestra.

Chagard wrote the piece, “Romance, a boisterous dance. It was composed 90 years ago… it has since become a staple if our Jazz Quintet repertoire and seems to have the ability to inspire listeners to move in some unexpected- ed dances, revealing the ‘Gypsy’ in each of us.”

The audience certainly seemed to agree because as the performance came to an end, the majority of them were unconsciously tapping their feet in time.

There were no intermissions. There were no intermissions.

Despite its flaws, “American Horror Story” is a smartly written and well-acted series that packs a punch. It’s not for everyone, but it is definitely worth a watch. The actors and actresses deliver strong performances, and the show’s writing is both clever and thought-provoking.

While the horror aspects of the pilot were certainly those that stood out the most to me, the viewers who try to fall asleep after watching the episode will find themselves thinking about the events that took place. It’s a smart, well-crafted show that is sure to keep viewers coming back for more. The first season of “American Horror Story” is a must-watch for anyone who loves a good scare.
By SAMI ROSS

You have not seen the full range of Zozzy Deschanel's comedic talent until you have seen an episode of "New Girl." Fox's new television series premiered Sept. 20 and will air every Tuesday 9 p.m.

The show revolves around the character of Jess and her new situation after she discovers her boyfriend is cheating on her, and she moves in with three bachelors. Deschanel's humorous antics blend beautifully with the great ensemble of actors she is paired with. Jake Johnson, Max Greenfield and Lamorne Morris play the three bachelors with whom Jess begins living.

Along with the male ensemble, actress Hannah Simone plays Cece, Jess's model friend who was the decl-facilitating factor in Jess's ability to be the bachelor's roommate.

The eccentricities of Deschanel's character Jess seem to be infinite. She creates theme songs for herself, watches "Thirty Dancing" numerous times after break ups, and has fake, fullness teeth that she likes to don at weddings.

"New Girl" would not be nearly as funny if Deschanel were carrying the show alone. The ensemble is essential and allows Deschanel's hilarious characterization to shine. Each character has an intricate set of quirks just like Jess.

Johnson's character, Nick, is a very low key, cool role. Nick is quite reasonable until he is discussing, around, or thinking about his recent ex, Caro- line. When Caroline comes into the picture, Nick seems to unhinge, putting himself in tragically humorous situations, which include drunk phone calls to Caroline in a British accent. Greenfield, who plays the role of Schmidt, reveals that there is a "Douche bag jar" instituted in the character's apartment.

That being said, Schmidt creates some of the funniest and tender moments in his interactions with Jess. The latest character to be intro- duced is Winston, who is played by Morris. Winston, introduced in the second episode, is depicted as the "top singles" and the coolest of the bunch. Most of Winston's story is untold, the majority that is known is that he recently returned from playing basketball in Latvia.

Finally, Cece, played by Simone, is the one character that sees Jess as one of the best people she knows, and protects her because of that.

Amidst the chaotic comedy, the character of Cece is a touchstone of reason, and in spite of her cool demeanor, threatens Jess's roommate that she will "crazy murder" them if they do not take proper care of Jess.

"New Girl" encompasses many sorts of comedy. Facets of romantic slapstick and ridiculous humor are presented in every episode.

Endearing and unusual, the first several episodes of "New Girl" show great promise for the rest of the sea- son to come.

Zola Jesus’ indie-electronica brightens gray autumn days

By SAMI ROSS

If there was a musical response to facemask summer weather, it would be gothic-pop princess Zola Je-

sus' latest EP, "Conatus". Zola Jesus, also known as Nika Roza Danilova, was originally trained as an opera singer; however, these days her voice sounds like a fiercer version of an aura of solemnity throughout the tracks and that provides a sense of co-

herence. Expressing her emotions through the range of her vocals. However, at times her lyrics sound slurred, which could be intentional. Because her songs are not mindless club tracks, there is a higher expecta-

tion for Danilova to express herself in a more articulate way.

Outside of music, the character is effective at setting the mood, but lyrical clarity would only bring more depth to this album.

Danilova is far too strong an artist to settle for ambiguity and in the future it will be a treat for listeners if she continues to challenge herself with more complex compositions.

Some of the album’s standout tracks are "Avalanche," "Lick the Palm of the Burning Handsake," and "Hilko- mour.

Danilova reaches a nice balance between the barely-exotic electronic arrangements and storytelling. "Lick" is probably the most listener-friendly track, but be sure to give the other songs a listen.

Indie-electronics can be daunting, but this album is worth a full spin or two, even if some of the songs are more difficult to connect with at first.

On the final track, "Night," Danilo-

va sings, "Cause in the end of the night when you're alone, in the end of the night when I can be with you," again reminding the listener that the album has been moving towards. Like the title "Conatus" implies, Zola Jesus continues to strive forward for, well, nothing.

Sombreness, darkness, heartbreak, these are all themes that reign on the record, but do not be dissuaded from listening. When the weather turns gray and cold, listening to heartfelt synthesized beats may be the best way to warm up.

New all-inclusive art zine in works to supplement ‘Crosscurrents’

By WALT MITCHELL

Amber Catford, editor of Puget Sound literary showcase "Cross-

currents" is nervous—not because she inherited control of the maga-

zine this fall, but because she and her editors have put time and effort into an experiment that will only take shape if it piques the campus interest: Puget Sound's new art zine, "Waves."

"This semester will shape what it becomes," Catford said.

"It’s a new place to show creativity, but it’s also just for fun." -Amber Catford

Produced all but officially by "Crosscurrents," "Waves" is a fresh, informal push to encourage all forms of student expression.

"Waves" is decidedly open-ended, producing artists and is an invitation to share in the creation of public art. "Waves" is decededly open-end-
ed, but Catford was hesitant to call "Waves" a literal analog of the lurid "Hey Yous." Grant, the applica-
tion process will be drastically less uncertain, but that is part of its in-
trigue: it is student contributions and interest that will dictate the frequency of publication, the focus and feel of each release.

As Catford admitted, "Waves" is "a great forum for student creativity." Catford said, but comes with its own stigma of competence. "Waves" will be "more fun, more playful, more open."

"Crosscurrents" gets hundreds of submissions every semester, but because only 30 pieces are selected for publication, the admission pro-
cess can discourage some would-be contributors.

"Waves," on the other hand, is a less formal publication for aspiring artists and is an invitation to share in the creation of public art. "Waves" is decededly open-end-
ed, but Catford was hesitant to call "Waves" a literal analog of the lurid "Hey Yous." Grant, the applica-
tion process will be drastically less uncertain, but that is part of its in-
trigue: it is student contributions and interest that will dictate the frequency of publication, the focus and feel of each release.

As Catford admitted, "Waves" is "a great forum for student creativity." Catford said, but comes with its own stigma of competence. "Waves" will be "more fun, more playful, more open."

"Crosscurrents" gets hundreds of submissions every semester, but because only 30 pieces are selected for publication, the admission pro-
cess can discourage some would-be contributors.

"Waves," on the other hand, is a less formal publication for aspiring artists and is an invitation to share in the creation of public art. "Waves" is decededly open-end-
ed, but Catford was hesitant to call "Waves" a literal analog of the lurid "Hey Yous." Grant, the applica-
tion process will be drastically less uncertain, but that is part of its in-
trigue: it is student contributions and interest that will dictate the frequency of publication, the focus and feel of each release.

As Catford admitted, "Waves" is "a great forum for student creativity." Catford said, but comes with its own stigma of competence. "Waves" will be "more fun, more playful, more open."

"Crosscurrents" gets hundreds of submissions every semester, but because only 30 pieces are selected for publication, the admission pro-
cess can discourage some would-be contributors.

"Waves," on the other hand, is a less formal publication for aspiring artists and is an invitation to share in the creation of public art. "Waves" is decededly open-end-
ed, but Catford was hesitant to call "Waves" a literal analog of the lurid "Hey Yous." Grant, the applica-
tion process will be drastically less uncertain, but that is part of its in-
trigue: it is student contributions and interest that will dictate the frequency of publication, the focus and feel of each release.

As Catford admitted, "Waves" is "a great forum for student creativity." Catford said, but comes with its own stigma of competence. "Waves" will be "more fun, more playful, more open."

"Crosscurrents" gets hundreds of submissions every semester, but because only 30 pieces are selected for publication, the admission pro-
cess can discourage some would-be contributors.