University strives toward more adequate ADA accessibility

In 1990, the Americans with Disabilities Act (ADA) was passed, prohibiting discrimination based on physical or mental handicap. Among other important considerations, it requires that public buildings be wheelchair accessible. Today, the University campus is still having problems complying with these standards.

Jacki Pearce-Droge, the director of the Community Involvement and Action Center on campus, has been in a wheelchair for five years. She has seen a significant change in the accessibility of campus facilities in that time.

"The University has bent over backward meeting requirements," she said. She said although the University follows regulations, they do not see things from the viewpoint of aabled person. She proposed that school officials ride around in wheelchairs for a day, to see things from a different perspective.

"Things would get done then," she said.

Although in the past there have been problems with doors being difficult to open and not having enough ramp, these concerns have mostly been addressed. The biggest issue now, Pearce-Droge said, is the elevators.

Howard Hall and Kittredge Art Gallery have no elevators. Thompson Hall has a freight elevator, which is controlled by nrce-Droge said, is the elevators.

The problem is that none of the 100-year-old buildings were designed with wheelchair accessibility in mind. According to Edgar Montesdeoca, supervisor of Electrical and Mechanical Services, retrofitting a building with a new, ADA compliant elevator is a $30,000 to $50,000 project.

While many elevators have already been updated, Montesdeoca believes this presents other problems. He worries that giving disabled people access to upper floors of buildings could endanger them in an emergency.

"You spend lots of money to get someone in a wheelchair to the 9th floor and then some idiot flies a plane into the building," he said. "You just created a whole lot of victims."

In case of a fire, the same thing could occur, because if the building loses power, disabled people can be trapped on the top floor with no way to exit the building.

Both Pearce-Droge and Montesdeoca warn of possible danger to individuals as well as to the University.

"People not connected with the University will not think twice about skiing," Pearce-Droge said. She wants to see disabilities "brought under the wing of diversity" so that faster progress will be made. It is the one form of diversity that anyone can experience in his or her lifetime.

"Your skin won't change color, but you could end up in wheelchair," Pearce-Droge said.

As part of the University's continuing effort to achieve ADA compliance, there are current plans to remodel an elevator in the Collins Library. The remodeled elevator will make the upper floors more easily accessible to persons with disabilities.
CRIMES ON CAMPUS

Sept. 25 @ 6:31 a.m.
A staff member from Facilities Services reported a suspicious man pulling on the outside doors of Seward and Phibbs Halls. Security responded, but the man had already left the area.

Sept. 27 @ 11:46 a.m.
Security Services and Tacoma Police responded to a bomb threat for Jones Hall made over the telephone. The building was evacuated and checked. Classes affected were diverted to available classroom space in other buildings. A recording of the phone call is available at Security Services. The University is taking the matter seriously and is offering a monetary reward to the person who helps identify the suspect.

Sept. 27 @ 2:45 p.m.
A student reported the spotlight on her car was slashed while it was parked near Seward Hall. Nothing was taken from the vehicle and it is unknown if it was even entered.

Sept. 28 @ 8:42 p.m.
A faculty member reported receiving an on-campus phone call used Oct. 1. Security Services and the Tacoma Police Department were used to investigate these calls.

Oct. 1 @ 5:59 a.m.
A faculty member reported receiving an e-mail message stating that "there is a bomb set to go off today in one of the buildings on Unicyon." Security Services and Tacoma Police responded. All University buildings on Union Avenue were evacuated and checked. Classes were temporarily displaced, but did meet in other locations on campus. Several departments on campus are investigating this incident, which is a felony.

Web attempts to replace paper time sheets

> BY NOAH BLINDER

Students have a new way of punching in their time for on-campus jobs this year: OTE, the online time entry system. The system was tested in July and August and was implemented at the start of this school year. The new web-based system eliminates the need for paper time sheets according to Kim McDowell, the head of the Student Employment Office.

"The new system also simplifies the pay-ment process by eliminating the need for campus mailing and decreasing the involvement of supervisor time sheet reviews," she said. "Now, supervisors need only approve the online time sheets at the end of each month."

"They only have to deal with the time sheets that have errors or discrepancies," McDowell said.

The online program and web pages were built and programmed in house by the Office of Information Systems and are accessible from any web-enabled computer.

"More standard University operations will become web-based...such as online registration," said Nancy Nierste, the primary project coordinator. "We’re very excited to be on the front end of that process," McDowell said. "It is one of the first systems that allows students to access it on web."

"Online, you can see things in a more timely fashion, and you get a sense of what your next paycheck will be," Nierste said. "Not everyone is as excited about the new system.

"There’s something wrong with the system you can’t put in a shift past midnight," Ethan Cheung said. Cheung has an on-campus job and McDowell said that she is "not aware of any ‘calculation’ errors currently, but ‘cause it’s live, we can immediately see if there are some discrepancies. We rely on students and supervisors for feedback."

This coming payroll is really the first major change using the new system. We want to make sure students are aware they are encouraged to talk to their supervisors about using web time entry. Supervisors are a good first resource for them," McDowell said.

Questions about passwords and getting into the system can be addressed to the Office of Information Systems help desk.

THREAT: Classrooms, houses forced to evacuate

BOMB THREATS — Wyatt Hall was one of the buildings evacuated Monday morning following an e-mail threat.

BADHAM — A student reported the soft top on her car was slashed while it was parked near Seward Hall. Nothing was taken from the vehicle and it is unknown if it was even entered.

Badham said Security Services staff and members of the Facilities Services staff were used to search and secure the buildings. On Thursday, Badham and two officers searched Jones Hall and the maintenance workers helped by checking the mechanical rooms for anything suspicious, while Facilities services set up a camera marked by pink tape around Jones Hall to keep people from entering the building.

Again on Monday, Security Services re-ceived a quick response from Facilities Ser-vices. After making a single phone call, Badham found that workers from all over cam-pus were coming to the Thompson parking lot to aid with the search in the seven buildings on Union Avenue.

"The University’s Security and Facilities staff got to work immediately and did the in-vestigation quickly," Vice President of Finan-cial and Administration Karen Goldstein said. "They handled the situation well on both days and were very professional." On both days, the buildings were evacu-ated by alerting students, faculty and staff of the events taking place one floor at a time and by advising everyone to congregate at a safe distance from the buildings.

"People reacted calmly and orderly, and every-thing went smoothly," Badham said.

"Student who were not in the buildings at the time of the evacuation were notified about what was happening," Badham said. "They handled the situation well on both days and were very professional."

"We are doing everything we can to pre-vent it from happening again in the future, but we need the students and others to help by bringing any information that they may have," Goldstein said.

There were similar bomb threats in the spring of 2000, but Security Services and the administration was unable to find any suspects.

It was found that after the administration had run a mushroom classed quickly the bomb threats stopped.

"We speculated that they were created because a mushroom had to be taken at a certain time," Goldstein said. "However, we couldn’t prove this."

From these speculations, the administration has been investigating which classes had mushroom tests scheduled in Thompson, Wyatt and Jones Halls.

"I just think its kind of ridiculous. It’s a huge sign of immaturity," Janice Kara Gusta said.

KUPS, your friend, will be giving away tickets to the Oct. 12th show @ the Temple Theater in Tacoma. To win, you must listen to:

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** the molly peaches **

** the puget sound trail **

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**Discussion forums spread understanding**

* BY KATE LEVIN

Following the events of Sept. 11, Stu- dents and ASUPS have sponsored series of discussions intended to give de- gree, faculty and staff members an op- portunity to understand the viewpoints of those who felt the attacks were an act of terrorism.

The majority of people interviewed on the sessions that were held after the memorial ceremony... There have been previous brown bag discussions that were very successful on campus.

Also in attendance was Director of Interna- tional Programs Jannie Meisberger. Meisberger feels that these discussions are a way of "expanding the dialogue and getting people to think about different aspects of what happened."

"It's thought-provoking and gives you an opportunity to look at things from different angles."

— Jannie Meisberger, Direc- tor of Interna- tional Programs

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**Students to reclaim streets from crime and violence**

Society's "dirty laundry" will be symboli- cally hung out during Cloesline Week, a ges- ture designed to raise awareness of sexual as- sault.

Highlighting the week will be the annual Take Back the Night walk and candlelight vigil. The event, part of a continuing effort to reclaim the streets from violence and terror, will be Oct. 11 at 8:30 p.m. on the steps of Jones Hall.

"The event is an important way to support survivors of sexual assault," said senior Alicia Armentrout, SIRGE (Sexuality Issues, Rela- tionships and Gender Education) coordinator. "It gives survivors a context for what hap- pened."

Students and members of the community will march around the campus chanting affirmations of their desire to "clean up" the streets. Following the march, an advocate from the Pierce County Sexual Assault Crisis Cen- ter will speak on the steps of Jones Hall. Vic- tim of sexual assault will also be given an op- portunity to share their stories during a candle- light vigil.

"The speaker will be talking about the con- tinue.

News in Brief

**Petition calls on President Bush to request tolerance**

Last week, students and faculty signed a peti- tion that will be sent to President Bush requesting that he make a public statement asking Americans to respect each other.

The petition was written by President Susan Resneck Pierce, Vice President for Student Affairs Kristine Bartanen, Faculty Senate Chair Hans Ostrom, Staff Senate Chair Linda Critchlow- Tostevien and ASUPS President David Bahar and was available in the Wheelock Student center for anyone to sign.

"Those of us who worked on the petition were pleased that President Bush had called for toler- ance but hoped that he might build on the ear- lier statements and issue a more formal decla- ration of tolerance," Pierce said.

"What prompted our action in part was our hope of providing reassurance to some members of our own campus community who were wor- ried about leaving the campus because of fears that they would be targeted because of their Middle Eastern heritage. In other words, we hoped that a campus petition would have some symbolic mean- ing.

The petition was written in light of the recent surge of hate crimes directed toward American citizens of Middle Eastern heritage that came in the aftermath of the events in New York City and Washington, D.C.

There have been many reports of vandalism to mosques in the United States, as well as Arab and Muslim citizens being harassed and threat- ened.

"We have drafted a petition to President Bush urging him to make a public statement calling for Americans to respect all of our citizens, regard- less of their religion or national origin and par- ticularly for those of the Islam faith or of Middle Eastern heritage."

"We have wrote to the White House as 'a powerful portrait' that "untangles the soul of a man."

The lecturer is sponsored by the ASUPS Le- cture Committee. The cost is free to students and $5 to the public.

— Nick Edwards

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Be sure to attend the afternoon video showing too!

Peace Corps recruiters will have an information booth at the 2001-2002 Employer Expo. Stop by and find out about the many opportunities for overseas service available through Peace Corps.

Be sure to attend the afternoon video showing too!
Domestic policy must be scrutinized

To the editor:
Thanks to Catherine Cambra for her article on the Arab American Backlash (Sept. 28, 2001). She is right to note that the deliberate mistreatment of Arab Americans would signify our defeat to hate and violence.

We must not allow our leaders to use this event, however horrific, to justify the suspension, explicit or otherwise, of our civil liberties as Americans. It amazes me how much people take our Constitution for granted. Americans must not treat the Bill of Rights as technicalities. The protection from search and seizure without a warrant is not a technicality. Unfortunately, present legislation introduced to Congress suggests that Attorney General John Ashcroft feels otherwise. His proposed legislation would allow the secret seizure of assets, even in cases unrelated to terrorism, as well as the judicially unauthorized detention of non-citizens indefinitely.

On one hand, Bush states that the events took place because the (assumedly) Arab terrorists were jealous of our democracy and freedom. On the other hand, his cabinet is looking to chip away at what makes that freedom so tangible, so worthy of admiration.

Cambra is quite right in her concern for the fair treatment of Arab Americans. As Dr. Martin Luther King famously pointed out, "Injustice anywhere is a threat to justice everywhere."

Americans. As Dr. Martin Luther King famously pointed out, "Injustice anywhere is a threat to justice everywhere."

All Americans, Arab and otherwise, should stay keenly tuned to our government's domestic policy during these times. When we are all so concerned about the White House being appropriately cautious in its responses abroad, we cannot let it exercise a lack of caution here at home. If we let our government destroy the foundation of our democracy, then what are we defending?

Joshua D. Epstein

Stem cell research deserves further ethical consideration

> BY CHAI BLAIR-STAHN

Recently, UPS hosted Ted Peters, a speaker on the issue of stem cell research and cloning. Though I only saw the last 15 to 20 minutes of his presentation, it made me consider the perils and significance of stem cell research and other areas of molecular biology.

Scientists have implanted genes of one animal in another, have cloned Dolly the sheep and are currently trying to use stem cells — undifferentiated cells found in embryos — to learn about cell development in the hopes of curing illnesses that affect humans. So the big question is: is it right or wrong?

I believe we should leave the wonders of life alone and not mess with life's natural course.

The objective reason genetic engineering in general and stem cell research in particular should be left alone is because it is too controversial an issue. There are various disputes on the issues: whether or not we are killing a new life when scientists use a fetus to obtain stem cells and if humans could be said to be playing God, that is, if one believes in God.

My fear is that genetic engineering, when available for use to enhance human performance, will be affordable only to the rich, and it will create a social gap between those enhanced by science and those in the hands of fate. And is it ethical to play with a gift as precious as life, as if it were a trinket?

Peters brought up questions about stem cell research I never considered: If one believes in the soul, does life created in a biologically artificial manner (such as Dolly or another life form made using science) have a soul?

The fact is, none of these questions can ever be completely answered or answered with a universal truth. This type of experimentation in molecular biology generates a lot of uncertainty, disappointment and continually-rising questions. Especially with regards to stem cell research, I think we should at least leave it for a time when humans are enlightened enough to deal with such questions. We can still continue to progress in the science of genetics on a molecular level without getting into stem cells or other controversial areas.

This could mean, however, we will never be able to eliminate Alzheimer's or cure asthma. Though this may seem unfortunate and unfair to those ill, isn't it also a good thing? Human flaws have always been a part of our existence.

Overcoming obstacles is what makes us stronger and achieve great things in our personal lives, in art and for our community. If we were all perfect, life would be dull. It would become a petty, unimportant commodity, wouldn't be revered and it would cease to be special and sacred.

I may look differently at this issue when I lie on my deathbed, but I hope I am able see the situation with dignity, grace, insight and acceptance, as we all should.

I believe we should leave the wonders of life alone and not mess with life's natural course.

Have an opinion?

Write a letter to the editor!

For example:

To the editor:
I was recently walking to class and overheard some people commenting about how awesome The Trail looks this year. I agree with those people, however, I feel that there is a lack of stories about (insert your favorite topic here). I think this is important because (I have valid reasons). I have done some research as well, and found (insert some well-researched arguments here).

Now look at the Editorial Policy for information on submitting, and thank you for reading The Trail.

THE TRAIL'S EDITORIAL POLICY

The Trail encourages all readers to respond to articles or important issues by writing a letter to the editor. Articles and letters in the Opinions section are printed at the discretion of the editorial staff. The Trail reserves the right to edit or refuse any letters that are submitted for publication. All letters must have a signature, full name and phone number and are due no later than 6 p.m. Mondays. Letters may be dropped off in the envelope on the door to the Media House, 1302 N. Alder St., e-mailed to trail@ups.edu or delivered through the mail to Campus Mailbox 1095.
Bear market rally possible despite current conditions

Bush encouraged to practice prudence with monetary policy

BY AUREA ASTRO

And you thought the stock market had kicked the bucket last month. Holy Toledo, we’ve got a business confidence level digging its way to China, blue-chips taking a 寇 and basically the entire economy sucking in the D.C. wash. Earnings were falling, capital spending was plunging, trading and investment were feeble and weak. And all this bleak-objective. Earnings were falling, capital spending was plunging, basically the entire economy sucking its way to China, blue-chips taking a 寇 despite current conditions.

Bear market rally possible

Now we’ve got Congress throwing out a $15 billion lifeline to the Dow Jones Industrial Average free falling 700 points Monday after the attacks and continuing down for the gloomy.

Earnings were falling, capital spending was plunging, basically the entire economy sucking its way to China, blue-chips taking a 寇 despite current conditions.

Bear market rally possible

4et week of loss since the Great Depression, and Nasdaq trading at 寇 Monday after the attacks and continuing down for the gloomi-

Earnings were falling, capital spending was plunging, basically the entire economy sucking its way to China, blue-chips taking a 寇 despite current conditions.

Bear market rally possible

nimble tax rebates, and that yet another one of Federal Reserve

Earnings were falling, capital spending was plunging, basically the entire economy sucking its way to China, blue-chips taking a 寇 despite current conditions.

Bear market rally possible

ke’ve got a business confidence level dig-

Earnings were falling, capital spending was plunging, basically the entire economy sucking its way to China, blue-chips taking a 寇 despite current conditions.

Bear market rally possible

Fall Holiday Bazaar

In fact, could this actually be some twisted new-age paradise?

The Bureau of Labor Statistics reluctantly discloses yet another
twist in the manufacturing sector, inventories are building up. Unemployment
Earnings were falling, capital spending was plunging, basically the entire economy sucking its way to China, blue-chips taking a 寇 despite current conditions.

Bear market rally possible

steady rising, from 3.9 percent in September of 2000 to 4.9
Earnings were falling, capital spending was plunging, basically the entire economy sucking its way to China, blue-chips taking a 寇 despite current conditions.

Bear market rally possible

recent in August. The strong dollar is hurting exports and dis-
Earnings were falling, capital spending was plunging, basically the entire economy sucking its way to China, blue-chips taking a 寇 despite current conditions.

Bear market rally possible

rpercussions of the attack and basic lethargy of life, and then sky-
Earnings were falling, capital spending was plunging, basically the entire economy sucking its way to China, blue-chips taking a 寇 despite current conditions.

Bear market rally possible

shortest span of time since 1982. Poor Greenspan, we’re really
Earnings were falling, capital spending was plunging, basically the entire economy sucking its way to China, blue-chips taking a 寇 despite current conditions.

Bear market rally possible

“High risk” bull market rally with the Dow In-
Earnings were falling, capital spending was plunging, basically the entire economy sucking its way to China, blue-chips taking a 寇 despite current conditions.

Bear market rally possible

vested $2 trillion cumulative aid for the fiscal year.
Earnings were falling, capital spending was plunging, basically the entire economy sucking its way to China, blue-chips taking a 寇 despite current conditions.

Bear market rally possible

Emi Takashiba, sophomore

“I feel more safe, but there should be more lighting around campus.”

Earnings were falling, capital spending was plunging, basically the entire economy sucking its way to China, blue-chips taking a 寇 despite current conditions.

Bear market rally possible

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Student Development

“Yes we feel safe but security and staff should be proactive and always see the buddy system.”

Survey Results:

Yes: 98%

No: 2%

200 students surveyed the week of Sept. 24
University education stifles student creativity.

> BY JOHN MOORE

Our education should never be good enough for us. By questioning and challenging the methods and values of our education system, we strengthen it. Students that care about learning must be considered part of their learning institutions, no matter how established they may be.

Having said this, I accuse UPS and similar institutions of funneling, if not strangling, certain students’ thought. UPS is a static learning environment. Because better grades are given to students who conform to the strict writing requirements of professors, conformity — not creativity — is encouraged. Thought that crosses these lines is discouraged, if even permitted.

This is no small charge. If a university disallows thought in any way, it fails. UPS censors thought without even realizing it. UPS has thought that crosses these lines. Writing requirements that professors have long adhered to end up censoring those who cannot meet them. The students receive poor grades, and their thoughts are discounted. Our system does not censor beliefs. It censors people with differing abilities.

Some people are better at writing essays. Some people are better at talking to you about a subject. Some could paint you a picture that speaks volumes. They all relate information in different ways. Yet our university relies almost completely on essays, with few oral exams or creative projects.

There are obvious advantages to a writing-based system like ours. Having rules and standards about how something should be written gives us a common platform upon which to communicate. It’s an academic language that all members can speak. But it has requirements about how it is spoken.

You must stick to a specific thought when you converse in written academic language. In other words, you cannot make more than one point. Essays are the preferred dialect, not poems or anything else diverging too much from the norm.

It was old white men who founded our education and instilled its language. They thought clear and simple written expression was the best way to communicate, and it made it the centerpiece of education.

They wrote the language of students. We speak today. We are graded by how well we speak yesterday’s language. Do we stick to one point, or do we dare to make two? Today, your argument is “handicapped” if you attempt two theses, and professors agree that such strategies are definitively incorrect.

Do we write 1000 words, or 10 lines of magnificent verse? Think about how many of your professors require the former for their papers, and how many have the imagination to require the latter.

No more should our education be defined only by the previous generations of old white men. Our national diversity is too great, so too have our ways of thinking. But our principle of education has remained rooted in the less diverse, less democratic yesteryears.

This is what strangles students. We are strangling the new generation of students. I challenge students. I make this challenge to help bring us into today and push us into tomorrow.

I don’t know what form our education should take as we incorporate what we have previously learned here.

And I emphasize, it must change. Our quality of education depends on it.

My ideas may seem radical to educators and may even shock them. I am questioning that which goes unquestioned, but it is time for this questioning that brings progress to education. I question it because I value it.

Contraceptive coverage for women a step forward.

> BY CATHERINE CAMBRA

It’s simply a matter of gender equity: if Viagra is covered by insurance, it’s only fair that birth control is, too.

Until recently, privately owned insurance companies offered coverage of the male impotence pill, yet consistently denied coverage of prescription contraception devices for women. Such companies contend that doing so is a cost-effective maneuver, but Jennifer Erickson, a 27-year-old pharmacist in Seattle, rightly didn’t buy into their sexist policies.

On July 26, 2000, Erickson filed suit against her employer, Bartell Drug Co., charging that the company engaged gender discrimination by excluding prescription contraception services from their health insurance plan, which covered other prescription products. In doing so, Erickson exposed the sexist agenda underpinning insurance policies of other companies.

The Erickson v. Bartell Drug Co. case was the first lawsuit to charge a private employer with sex discrimination. “As a pharmacist, I see firsthand that contraceptives are critical to women’s health care,” Erickson publicly stated.

Nearly a year later, the judge ruled in her favor. The ruling could benefit over 60 million women of childbearing age, curbing the uphill battle women have had to face for decades with their insurance companies.

Just two months ago, State Insurance Commissioner Mike Kreider made Washington the first state to require insurance companies to cover contraception, as long as they adhere to the 13 states listed. Twelve states allow the denial of contraception coverage, and as it stands, nine of the 13 states allow denials.

Washington state’s birth control coverage victory works in favor of insured, sexually active females at the University of Puget Sound that are residents of Washington state. Counseling, Health and Wellness Services will refer those not covered by medical insurance to Planned Parenthood, where they can purchase a month’s supply of birth control pills for $15 instead of the pharmaceutical rate of $30.

While I’m thrilled that contraception is finally being recognized as a fundamental part of health care, I’m outraged that 35 states still believe birth control is so “unclear”.

Progress to force insurance companies to pay for birth control is slow.

Only 13 states require insurance companies to cover contraception, and as it stands, nine of the 13 states allow denials of contraception coverage. As insurance companies are the first to object to it on “religious grounds.”

It is estimated that women of childbearing age pay approximately 68 percent more out of their own pockets for medical expenses than men, and a bulk of that extra money comes from women who are forgoing sex to pay for contraception.

By excluding prescription contraception coverage, insurance companies are sending the message that women’s medical needs are less important than men’s.

It baffles me that insurance companies deny women adequate coverage despite a recent nationwide survey of privately insured adults, which revealed that a majority of people believe it’s unfair and discriminatory for women to be denied contraception coverage. The Kaiser Family Foundation found that 95 out of 100 percent of those polled support full prescription contraception coverage in health insurance plans, even if it would increase their individual insurance costs by 4 percent per month. That leaves me wondering why insurance companies are reluctant to cover prescription contraception despite overwhelming public support for it.

Experts are hopeful that the Congressional plan to require insurance companies to cover prescription contraception nationwide will strengthen those to the Erickson v. Bartell Drug Co. lawsuit.

But women who are paying for their own birth control should write to Congress to support legislation that will provide backing for their right to prescription contraception coverage. And employed women should voice their concerns to their benefits managers in the workplace by saying, “I want a part in my prescription coverage there’s an exclusion for contraception.”

It may seem like a small step, but Erickson proved that pursuing a course of action can impact the lives of countless women.

I’m outraged that 35 states still believe birth control is not a medical necessity.

FACTS ABOUT THE PILL

THE PILL...

- your clinician will prescribe the right pill for you.
- Take one pill once a day.
- Complete one pill-pack every month.
- Combination pills contain estrogen and progestosterone.
- Others are progesterone-only. Pills contain hormones that work in different ways.
- Combination pills prevent release of egg.
- Both types contain cervical mucus to keep sperm from joining egg.
- Both types also may prevent fertilized egg from implanting in uterus.

Effectiveness: 95-99%

Advantages:
- Nothing to put in place before intercourse.
- Periods become more regular.
- Less menstrual cramping, acne, iron deficiency anemia, premenstrual tension, menorrhagia.
- Protects against ovarian and endometrial cancers, pelvic inflammatory disease, non-cancerous growths of the breast, ovarian cysts, and may protect against osteoporosis.
- Fewer tubal pregnancies.
- Possible Problems: Must be taken daily.

Rare but serious health risks, including:
- Blood clots, heart attack, or stroke.
- Women who are over 35 and smoke at a greater risk.
- Side effects include: temporary irregular bleeding, loss of monthly period, weight gain or loss, depression, nausea, breast tenderness and edema.

Cost: $15 - $25 per month plus pill-pack at drugstores — often less at clinics.

$35 - $125 for exam. Some family planning clinics charge according to income.

R"
At the beginning of the school year, many freshmen watch their high school relationships end and new ones begin, but there are some in the class who continue to date their high school sweetheart.

Freshman Heather Sarver is one of those freshmen trying to keep up her almost three year relationship with Jon Mclrvin, a sophomore at the University of Washington.

"It's hard," said Sarver. "I only get to see him once a week, usually on the weekends."

Sarver pointed out that once the school year began, she has had less time to spend with Mclrvin. "(We) lots busy," she said. "It's harder to find time to talk. It's hard not to be with each other."

To help ease some of the hardship that comes along with a long-distance relationship, Counseling, Health and Wellness Services, (CHWS) has psychologists on staff to help with any relationship issues that may arise.

"We help the person clarify their values," psychologist Dana Falk said. "We help people figure out what to do."

As part of the CHWS effort to give emotional support to students in long distance relationships, the clinic has in-take sessions, where students can have a 50-minute one-on-one conversation with a psychologist.

"It's free," said Falk. "And there's no session limit."

The center also has walk-in counselling sessions for two hours every weekday with no appointment needed, although there is no guarantee on the length of the meeting.

"We promise to see everyone without an appointment," said Falk. "If someone walks in in the middle of your appointment, then your appointment will be shorter."

Freshman Mike Read and his girlfriend of 15 months, Meg Demment, have even more distance between them than Sarver and Mclrvin. Demment, a freshman at Williams College in Massachusetts, is only able to see Read twice a semester.

"It's expensive," she said. "Demment's father travels all around the world, so she uses the frequent flyer miles accrued by the common trips. Visiting since last Thursday, this is Demment's first trip to Puget Sound.

Even with the six hour flight and three hour time zone differences, Demment and Read feel that their relationship has grown stronger.

"Everything's not rushed," Read said. "(We) look at what's coming up."

One of the benefits of the distance, according to Read and Demment, is the lack of daily commitment as well as the opportunities for each to have their own lives and friends.

"I still get my own college experience," Read said. "(We) don't try to latch on to the other person," Demment said of her relationship with Read.

To keep in contact with each other, Demment and Read use e-mail and phone cards most often.

"We e-mail through the day," said Demment. "We call each other once a day at night." Read said that they had "easily gone through 2000 phone card minutes" since the beginning of the year, using a 480-minute card in three days.

Freshman Charlie Crebs and his two-month girlfriend Lizzie Cocks, who attends the University of California at Berkeley, face many of the same difficulties that Read and Demment encountered.

"There's no physical interaction," Crebs said.

"Typing gets old."

Many who have gone through the experience of a long distance relationship suggest trying to spice the monotony of phone calls with unexpected packages, letters and cards.

Crebs agreed with Read and Demment that the distance has caused their respective relationships to become much stronger than before.

"It's made it better," Crebs said. "There's more time to talk."

Crebs uses instant messenger, e-mail and phones to keep in contact with Cocks.

"I haven't even looked at my phone bill," he said.

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Low numbers strengthen UPS black community

By KEITH FERGUSON

Blacks have accounted for 1 percent of the University of Puget Sound's population consistently for the past five years, leaving black students very much in the minority. This year's freshman class has seen an increase in black enrollment, yet the fact remains that the black community at UPS is undeniably a small percentage of our student body.

One may wonder what the experiences have been for those black freshmen who recently entered the University, and what role their ethnicity played in the naturally challenging adjustment to college life.

"I feel pretty outnumbered," freshman Erica Johnson said. She also feels the interests of black people are not brought into consideration on campus, citing the lack of rap formats on KUPS as well as in the University's programming.

"There is nothing that caters to us," she said.

Johnson did, however, mention the Black Student Union, which she said has offered a valuable social outlet for her since being at UPS.

Freshman Bobbie Roundtree is also a member of BSU. She sees the small number of black students at UPS as a strength in making the black community on campus stronger.

"Members of the BSU are brought together by our small number of black students," Roundtree said.

Roundtree said she has not experienced much discrimination, but there is the occasional cold shoulder.

"Most of the people are all right. Sometimes I get looks like, 'What are you doing here?'" Roundtree added in a considerably gentle way, "I thought everyone would be nice. I'm a student like everyone else. I realize there are not a lot of people like me. I just don't want to feel like I'm still in the south."

"So far I have had nothing but good experiences," freshman Jason Shaw said. Regarding the black members of his class, he adds, "It's a really good group of smart, capable people." Shaw also believes that unbalanced racial proportions on campus are "only a problem if we make it a problem."

"There is strength in the cultural differences we bring, and the campus can benefit from what we bring," Johnson said. She is also sensitive to the fact that blacks are not the only minority on campus.

"We shouldn't try to cater or pacify the African American population because there are minorities that feel like they don't belong," Johnson said. "If we pacify one, than we have to pacify all, and it creates more controversy than its worth."

Shaw and Johnson both see the consolidation of other races toward one another as unnecessary and instead hope to dwell in the opportunities offered by the mixture of races and backgrounds on campus.

"What we need to do is educate those who aren't familiar with the African American race," Johnson said.

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The Trail is currently looking for experienced and dedicated individuals to fill the following positions:

- Closer/Lead Writer
- Features Writer
- Distribution Manager

If interested, please contact us by e-mail at trail@ups.edu. Include your name, phone extension, e-mail and preferred position.
For those needing to escape the drudges of Tacoma, trips into the wilderness of the Northwest can prove both relaxing and challenging. Visit the Outhaus, pickup the essentials and take a course in hiking to get started.

Outhaus links adventurous UPS students

Students interested in taking advantage of the Northwest’s abundance of outdoor opportunities can look to the Outhaus Theme House for trip planning assistance and a way to connect with other students interested in outdoor experiences.

The Outhaus, located at 1118 N. Lawrence (the red house with the yellow moon), works as a division of Outdoor Programs to connect students who are interested in camping, climbing and other related activities with each other.

In addition to connecting people, the Outhaus also has books, maps, guides and other information potential adventurers might need when tackling the wilderness.

Five sophomores live in the Outhaus this year. All but one lived in Schiff Hall last year.

Liz Oakes, from Aspen, Colo., always participated in outdoor activities and saw Outdoor Programs at UPS as a way to continue her passions. She likes living in the Outhaus because “the outdoor connections and having people come by all the time make this a really social house.”

Andy Davis agrees: “This is a great bunch of people to hang out with.”

For Peter Bell, who grew up in Minnesota and enjoyed visiting the Boundary Waters Canoe Area in northern Minnesota, also values the friendships he has made through the Outhaus and Outdoor Programs.

“You can meet people at parties, but you might not remember their name the next day,” Bell said. “When you go camping, you really get to know the person well.”

The Outhaus has been a long-standing campus tradition for over 30 years, according to the current residents. In addition to assisting Outdoor Programs with trips and events, the Outhaus also puts on four programs open for the campus community each semester. This fall program topics such as outdoor gourmet cooking have been addressed.

“Goo balls were a real hit,” Davis said. They consist of peanut butter, honey, oats, raisins and whatever else the cook wants to add.

As far as upcoming events, Oakes is excited about “anything having to do with snow,” while Davis is looking forward to “climbing with all of the new people — climbing is my thing.”

For more information on the Outhaus and help for programming a trip, call x4038 or e-mail outhaus@ups.edu.
Alumnus continues outdoor tradition through teaching

> BY ASIA WRIGHT

Reaching the destination, the hiker stops to take in a breath as well as the scenery. Looking out, the five miles of just-hiked wooded trail can be seen below. The trip up the trail took more than a couple of hours and several breaks, but the journey was worth the pain and sweat. It was even completed just in time to watch the setting sun dip into a sky-streaked palette of pinks and purples.

This is the scene that hikers and backpackers look forward to when planning an outdoors trip. The hard work put into executing and planning for the hike seems like a small price to pay when enjoying the surrounding nature and having the satisfying feeling that another goal has been accomplished. These are some of the reasons why people become involved in backpacking and other outdoor activities.

There are many outdoor organizations on campus that students can join and become involved in. When not teaching at Sumner High School, Loren Willson teaches the beginning and advanced alpine hiking courses offered at the University. His interest in outdoors started when he was growing up in Colorado.

Willson believes that "fundamental truths reside in nature." This is one of the many reasons why he has remained involved in hiking.

A 1991 UPS graduate, Willson first became involved in the Outdoor Programs at the University by taking the classes he now teaches and living in the Outhaus for two years.

He said has always been interested in places with good views and room to roam.

"(I'm involved) for the ongoing pursuit of the good, the true and the beautiful," Willson said.

Mother Nature, however, is not always kind. When on a trip, there is the possibility for injury or other dangerous situations to occur. Willson said he has been lucky and has not had any major incidents. He has only needed to replace someone's dislocated shoulder once.

One of the main parts of hiking and outdoors activities is identifying hazards and developing behaviors to avoid dangerous situations. The only two things Willson has had to deal with have been rattlesnakes on the east side of the mountains and dangerous river crossings. Safety is a priority at all times and all class trips are kept within the boundaries of the safe zone.

"I'm a pretty conservative outdoorsman," Willson said.

There are many benefits to hiking besides the obvious reasons of pleasure and physical fitness, Willson said.

"It benefits people to be involved to learn more about wild places and how to protect them," he said.

"It has positive influences on human relationships, especially leadership and teamwork."

Even though someone may live in the city, it is still possible to cultivate a sense of respect or try to "walk lightly" on the earth, Willson explains.

The hiking courses are popular among UPS students. The beginning class focus on being safe, planning trips, using equipment and watching weather conditions. The basic class is offered in the fall for eight weeks whereas the advanced course is offered in the spring for the full semester.

Each year Willson tries to go someplace new during two annual trips. Throughout his eight years of teaching the courses, organized hikes have included trips to the Olympic National Park, Glacier Peak and to the Pacific Ocean coast.

"Hiking promotes a healthy, active lifestyle," Willson said.

Sleeping Bag — Choose your sleeping bag according to anticipated evening temperatures for your campsite. Most three-season bags will keep you comfortable down to 15 degrees Fahrenheit.

Backpack — Packs come in a wide variety of sizes and styles. A good fit can prevent sore spots, and an experienced backpacker can help you adjust the straps for a better fit.
Security services provides assistance

> BY SARAH RAMSY

What would you do if your car battery died or you locked yourself out of your room? Call AAA or hunt down your roommates? Get stressed out and snap at your friends? 

Why do call 311?

Located at 3206 N. 15th Street, just across from Student Development, Security Services oversees escort services, theft reports, locked buildings, alarms, bomb threats, suspicious persons, and unusual reports and suicide attempts. The office also provides residential and academic advisorships, local transportation information and lost and found services.

It’s a service, not a right,” full time security officer Mark Macfarlame told the Underground. “This office provides the aforementioned services as just that, services. Macfarlame cited repetitive room lock-outs as a common example of when students expect Security to be constantly available to them.

This is not exactly the case. Macfarlame said that although Security is always happy to help, they often have more immediate concerns that need to be taken care of first.

“Worry to tell students if we think they’re going to have to wait 10 or 15 minutes before we can get there,” Macfarlame said. “We can get here faster because of attempted auto theft or reports of unknown persons loitering on campus.”

Both Macfarlame and Kendra Goepfert, a student security dispatcher, said Security Services is seen as a police force, while that is only a part of what they do.

“Our intention is not to walk around busting students,” Goepfert said. “Our priority is the safety of individuals on this campus.”

Macfarlame added that he is concerned about student and University policies.

“If it all comes down to sensibility,” Macfarlame said. “The University expects that students are responsible.”

UPS has a very low crime rate. Last year there were 68 reported alcohol violations, six motor vehicle thefts and no possession of dangerous weapons. For more statistics go to the UPS website at www.ups.edu/security and look for the Security Services Annual Report.

Macfarlame added that crime on campus could be reduced even if students took the necessary precautions. Theft, for instance, could be greatly decreased if students on the basement level left their doors unlocked.

It would also be helpful for Security if students called to report suspicious looking individuals or when they received a prank call.

If anything serious occurs, students can always call 911 directly for immediate assistance from both the Tacoma Police and Security Services.

For security information regarding the surrounding area the Tacoma Police can be contacted at 798-4721.
Kittredge Gallery hosts 2 new artists

BY DAVID HOUGH

October 5, 2001

ALLEGANCE TO CONSEQUENCE
— painting by Julie Comnick

To glance into the world of Julie Comnick's weird and preternatural stills of time, one does not have to grasp vague concepts of artistic form or intellectual implications. Neither must one acquire a background of Italian proletarian history to marvel at snapshots of simplistic beauty taken by Janet Neuhauser. Fortunately for UPS students and the community alike, it is easy enough just to visit the Kittredge Gallery this October and appreciate some modern art.

Exhibits featuring both artists opened Sept. 28 and will be displayed until Oct. 28 in Kittredge Gallery. In the subsequent weeks, both artists will be on campus to discuss their work. Neuhauser will play until Oct. 28 in Kittredge Gallery. In the subsequent weeks, pictures were printed with silver gelatin and then toned in gold chloride, a new alternative way of printing that stabilizes the silver nitrate this October and appreciates some modern art.

Indeed, Neuhauser shoots daily and continues to take her camera along wherever she goes. The photographs in Kittredge are the editing remains of over one hundred rolls of film taken during a seven-week stay in a small village in North Tuscany, Italy. The pictures were printed with silver gelatin and then toned in gold chloride, a new alternative way of printing that stabilizes the silver nitrate and gives the photographs a warm, rosy tone.

Neuhauser's photography captures the quiet places in a tourist attraction country. The village where the photographs were shot had a scant population of 250 people. Neuhauser felt that this would enable her to capture the history and culture of Italy without the distractions of the regularly frequented tourist attractions. "I wanted to catch the Italian flavor without the tourists. Everything was living a very slow-paced life. Most of the shots were taken within walking distance of the house," Neuhauser said.

Most of the photographs are landscape and old city images taken out of village quiet life, except one. In the photograph titled "Pisa," a mirror reflects the image of the Leaning Tower of Pisa in the distance, perhaps thematically placed to remind us of the ever-looming presence of the nearby hustle of the city.

"Curiously enough, Comnick's work also invokes affection for the simpler, and more importantly, mundane objects of daily life. Recently graduated from Montana State University in Bozeman, Comnick now lives in Chicago, where she paints and works at the Field Museum of Natural History. In her paintings, Comnick explores the nature of precariousness, posing a "what if" to the customary and routine. She questions the commonplace and stirs an almost phantasmal feeling with unexpected change. "When I look at things ordinary, things catch my eye. Painting is like a language: you use it to visualize something. Each image is stemmed from something that relates to something, and is evoked on experiences from what I see," Comnick said.

Each painting is a fragment of a story, with nothing happening and everything suspended in time. Each canvas has a pastel backdrop, like the walls of a surreal nursery, yet each tone serves a purpose. In "Preamble to Aftermath" an eerie, lightning purple glow washes from the backdrop of a scene depicting a sinister-looking dog prowling the links of a barbedwires fence. "I wanted to create a weird Midwest stormy, concrete feeling," Comnick said. Although the scene was not biographical, Comnick first thought of the painting on route from the Southwest to Montana, where she attended Montana State University for graduate school. In a hotel room one night during the trip, a storm raged and a young girl was killed on a playground when a branch fell on top of her. Comnick painted this a few months before a ten year high school reunion. It concerns the ideas of people coming together after long periods of time and the related stress.

"Allegiance to Consequence" portrays a young adolescent, maybe flying, maybe falling, either landing him in what seems to be a pit of nothingness. To Comnick, this painting asks "what your purpose. In "Preamble to Aftermath" an eerie, lightning purple glow washes from the backdrop of a scene depicting a sinister-looking dog prowling the links of a barbedwires fence. "I wanted to create a weird Midwest stormy, concrete feeling," Comnick said. Although the scene was not biographical, Comnick first thought of the painting on route from the Southwest to Montana, where she attended Montana State University for graduate school. In a hotel room one night during the trip, a storm raged and a young girl was killed on a playground when a branch fell on top of her. Comnick painted this a few months before a ten year high school reunion. It concerns the ideas of people coming together after long periods of time and the related stress.

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"Misadventures" teems with delightful paradoxes

> BY KATHLEEN SULLIVAN

Sylvia Smith's life is both ordinary and strange. The 56-year-old British author has no credentials beyond a driver's license, yet she has managed to write a book that has UK buzz. She has received no higher education, but has managed to score big in her first novel, a part collection of random stories titled "Misadventures."

Smith is unmarried and childless, but as described in her book, she has had over 100 boyfriends and 30 different living arrangements. "Misadventures," in essence, is the story of her life told through her arbitrary occurrences and tales of her countless acquaintances.

Paradoxes flow from Smith's fertile imagination. Although the novel is told chronologically, Smith assumes that the reader remembers nothing from a previous story. The characters in each of Smith's stories overlap, but Smith writes as if the reader has never met him or her before.

Interestingly, single characters appear more than once in the story, and Smith herself appears as the center of a giant celestial system where chance friends revolve around her.

Her stories take place in or around London, but they have a wide range of backdrops including disco, grime, pub stories, raffish theater companies, and rush hour traffic. Smith provides a boundless and stimulating number of settings within London.

As far as plot goes, there is no traceable story line except for the interesting link every person has to the author. These associations are a magnetic pull felt throughout the reading, causing the reader to laugh at the bizarre connections Smith has made through-out her life.

Her acquaintances extend to a recalcitrant Irish housemate named Shaunagh, to "The Black Man in Tesco," a man Smith broke with at the grocery store. The lack of plot is a bit regrettable as it allows for wandering of the curious mind, but the lack of including structure also presents a challenge to the reader. One must pay close attention as the minor nuances Smith subtly hides in her chapters needed to form connections between the stories.

Smith's sequential style peculiarly gives all of her episodes equal weight. Her linear method adds a coil of irony, making a story of her drunken neighbor forgetting his key door key parallel Smith's inadvertent witnessing of a three-apartment burglary. Smith doesn't reflect or effortlessly push over her life. She simply and honestly tells it how it is, as if she were writing a purely objective account of her life. Her candor and dry wit perfectly grasp the strangeness and normality of everyday life, proving that every day is true to her title—a misadventure.

"Another American" asks and tells

> BY BETTE MUIRHEAD

The audience listens in shocked silence, the laugh from a previous story forgotten now.

They listen as a mother relates the story of her son's death at the hands of his own shipmates, and her shock and pain at opening his coffin to find that she doesn't recognize her own son.

It's the second act of the Seattle Repertory Theater's poignant new show, "Another American: Asking and Telling," and the whole theater is absorbed by performing sexual practices in the midst of this controversy: the officer recounts her euphoria after receiving proper boots.

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Lady Loggers anticipate tough NWC weekend

Five down, two to go.

The women's soccer team knocked off two more teams in the Northwest Conference to remain undefeated last weekend, conquering Whitworth 2-1 and Whitman 2-0 in home field action. The Lady Loggers will host two more games this weekend and with two more wins they will have made a clean sweep of the NWC.

"We feel good," head coach Randy Hanson said. "We've lost the last two games, and we've come out of the weekend with great goals. The team performed well, despite suffering from some injuries that left starters on the sidelines.

"We're a little bit banged up," Hanson said. "If I let us set some other people in the game."

The 8-1 Lady Loggers, who are currently ranked 11th in the nation, have already had a stellar season.

"Our goal has always been to be a perennial top-ten program. ... That's more of a coach's goal," Hanson said. "We don't talk about it. ... We try not to focus on anything we can't control."

The Lady Loggers have had a lot of focusing to do early on, with four freshman starters on the 201 team.

The youth of this year's team has put more pressure on returning players, according to junior Mendoza Mendosa.

"This year the transition from being a sophomore to being a junior is huge," Mendoza said. "I really feel that our freshmen have stepped in." The true test for this year's team will come this weekend when the Lady Loggers host Willamette and Linfield, two top-five teams in the Conference.

"We're looking forward to this weekend," Hanson said. "After this weekend we will have played everyone in the Conference once. We want to get a team for the second time there are no surprises."

As a third-year player, Mendosa understands the importance of each weekend.

"This weekend is going to be the big weekend," she said. "This will be the separating weekend."

While the weekend ahead is an important one, Mendosa said that the Lady Loggers are not only ready, they're excited.

"We're harder on ourselves in practice than in games," Mendosa said. "We want to play well." While the team's youth might be considered a downfall by some, Mendosa believes their inexperience may actually be an asset.

"That's probably one of our biggest assets," she said. "For them (the freshmen) every game is a new game. They don't have to worry about the other guys." This weekend will be an important preparation time for the Lady Loggers.

"It's tough because we are trying to prepare for two teams at the same time," Hanson said. "We're going to try and do everything this week. We need to get healthy, get prepared — we're going to try and do it all."
Boyle grabs gold, leads women's team to 7th place finish

If there was any doubt that senior Dana Boyle was at the front of the race for a national cross country title this season, it was erased this weekend when the standout grabbed the gold medal.

Boyle, who finished the course with a time of 17:23, beat a strong field of competitors to take the top spot. "I think the kids did a good job," Orechia said. "Both the men's and women's teams did well.

Boyle's performance was more than just a nice surprise for UPS fans that have watched her float in and out of the national spotlight since her arrival three years ago. Boyle finished second in the nation her freshman year at UPS and managed a first place finish at the national track and field championships in the 3000-meter run.

"It gave us a pretty good indication of things to come," Orechia said. "It was a great meet. ... A couple kids admitted being a little nervous. That's why we took them there. There was a really high quality of runners."

The Loggers proved they could compete, with eight runners finishing in the top 100. Over 800 runners competed in the meet. In addition to Boyle, men's runners Dan McLean and J.R. Flowore performed well, finishing third and fourth respectively.

"The whole idea was to go and learn the course and travel and compete," Orechia said. "A main goal was learning how to deal with adversity ... I think we met our objectives."

With Augustana not far behind them, the Loggers are looking ahead. A limited number of runners will travel to Whitworth on Oct. 5 and Whitman on Oct. 6, and the team returns to full force for a meet at Pacific Lutheran University Oct. 13.

"That will give us a better indication of where we sit in the conference," Orechia said.

After PLU, the Loggers will head to the conference tournament Oct. 27. "We already know who our main competitors are," Orechia said. "We're not worried about what they do ... we're just going to do what we can. We're just going to be competitive as we can."

Know Your Numbers

Most Puget Sound students have 0-4 drinks* when they party

Based on the 2001 CORE survey, most Puget Sound students make healthy choices when they party:

5.1 is the average number of drinks consumed per week
81% drink 2 or fewer times per week
72% did not drive under the influence
86% did not perform poorly on a test or important project due to drinking

Questions?
Want to get involved?
Call Counseling, Health & Wellness Services
(879)-1567

0
1
2
3
4

*excludes juicing and zero alcohol drinks

The Academy of Steve Curran Karate and Fitness

Based on CORE survey data collected in 2001 from 552 students in a random mailing

"The puget sound trail" October 5, 2001

Women's volleyball looking strong

Freshman leads way for team currently undefeated in NWC

> BY DOUG SPRAGUE

The Loggers added two more wins to their total over the weekend, thanks in part to the play of a freshman.

The UPS women's volleyball team is an experienced team, but it received some solid play from Tara Anderson. Anderson played her best games of the season, contributing solid serving (six aces against Willamette), offense (16 kills against Linfield), and defense (21 digs against Linfield) as the Loggers won both games this past weekend at Memorial Fieldhouse.

UPS was plagued by sloppy plays against the Willamette Bearcats on Sept. 28 and especially against the Linfield Wildcats on Sept. 29, but managed to come out on top in both games. The Loggers beat Willamette 30-25, 30-20 and 30-15 and Linfield 30-16, 25-30, 30-26, 30-30 and 15-8.

"We just needed to get in a groove on Friday night and play as one unit," Anderson said. "On Saturday we weren't focused enough, and that's why we lost to Linfield to five games."

UPS started hot against Willamette, taking a 9-2 lead before the Bearcats could fight back. The Loggers then withstood a push by Willamette early in the second game before taking control at the end.

The third game turned into an exhibition for Anderson, Adriane Ougendal and the rest of the Loggers. Anderson served for 13 of the Loggers' 30 points, including stretches of five and six consecutive points. Ougendal contributed five kills in game three and 14 kills overall.

On Saturday night the Loggers' lack of focus cost them. Linfield was able to take the Loggers to five games, winning the second and fourth games. The Wildcats were a statistically better team in every category but kills, yet UPS was able to win by making key plays when they needed to and by dominating the fifth game.

"We rebounded from bad plays quickly, and that allowed us to keep the momentum on our side," Anderson said.

The Loggers' two wins moved them to 6-0 in Northwest Conference play, giving them possession of first place standing. The Loggers are 9-2 overall. UPS will look to continue their winning ways this weekend in Eastern Washington against Whitworth on Oct. 5 and Whitman on Oct. 6.
I Love Puget Sound

The first in a year-long series as The Combat Zone follows freshman Abby Glass

by Abby Glass
Freshman

I love Puget Sound! I’m so glad that I decided to choose this school over Pennsylvania State Technical College-Millburn campus. I mean, the financial aid may not be as good, but the rewarding experiences I’ve had already make up for it.

Like the first day I was here — I was so freaking out about meeting my roommate, and I was totally busy trying to set up my pictures and stuffed animals just the way I wanted them. It was so stressful! I kept telling my mom that she needed to go get me a pink wastebasket because the dorm one was too ugly, but she totally wasn’t listening and I was starting to think maybe this whole thing wasn’t a good idea and I should have gotten married to Mike, when the nicest guy ran by my room and handed me a slip of paper!

It was, like, an address, but I totally had no idea why he gave it to me. Thank goodness my friendly RA, Kristen, came by and told me — all of us freshmen were invited to a real-live Greek party! Just then, my roommate showed up, and she is so totally cute and normal. I can’t believe I was so worried! Except, I know this one girl in my Intro to Business class who has, like, this really nasty roommate who smells and is all messy, so I guess there sort of was a reason to worry.

But anyway, my roommate was so psyched for the Greek party! We got totally dressed up, after we had decided whose rug we were going to use, and walked over there with like, the whole rest of our dorm. Oops! I mean, residence hall. Sorry, Kristen!

But anyway, it was so nice bonding with all my fellow freshmen on the walk to 16th and Alder. I really felt like I was starting to fit in.

The party was so great, too. This really cute fraternity guy was, like, so nice to me. He kept bringing me drinks, and he even offered to walk me home. Unfortunately, I had to stick around for a while to help my roommate get back. She’s not really used to alcohol and she got a little sick — that’s why I’m not using her name!

But anyway, I guess my point is that I’m having awesome time here at UPS. Until next issue!
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