Dining Services to undergo major changes to meet dietary needs

By PAUL GOUDARZI-FRY

Dining Services will be altering the layout of stations catering to students with dietary restrictions throughout the rest of this year. The first change, according to Senior Dining Services Manager Chelsea Bairey, is to create a station specifically for students with food-borne allergies. “All menu items from this station will be free of the top eight allergens (nuts, tree nuts, soy, dairy, wheat, eggs, shellfish, fish) as well as gluten,” Bairey said.

The goal of this station is to prevent cross-contamination in the food served for all students, which is more difficult with the current dining structure. “The Diner is very excited for this station as it is another tool to prevent cross-contamination of allergens. There are very few universities in the country that offer similar stations,” Bairey said.

Cross-contamination and cross-contact are common factors that can trigger a person’s allergic reaction. Although Dining Services has labels for food and a variety of options for students, this station will reduce the presence of risk by isolating foods which are far less likely to be exposed to foods which may contaminate them.

“Along with the introduction of the allergen free station in the Diner there will no longer be a physical vegan/vegetarian station. The Diner chefs will ensure that daily vegan/vegetarian options are available throughout the Diner and the Diner has every intention of meeting the needs of vegans and vegetarians on campus,” Bairey said.

“The Dining team will advertise and promote vegan/vegetarian options as well as be available for questions, feedback and comments in the fall.”

Of course, some stations do have course options which may meet the requirements of vegan and vegetarian students on occasion. However, this initiative will increase that availability by spreading these options over all stations, without isolating it to one area in the diner.

“This seems like a potentially nice change. I rarely have trouble finding food options in the S.U.B. because I rarely change what I eat—gluten free sandwiches, scrambled eggs, corn tortilla tacos—but it would be nice to have an option that doesn’t have the risk of cross contamination,” student Robin Helwig said.

To assist with the planning of students’ dietary needs, Dining Services has made available the program My Nutrition. This program can help students look for certain nutritional parts of a diet, as well as screen for allergens (nuts, tree nuts, soy, dairy, wheat, eggs, shellfish, fish) as well as gluten, “Bairey said.

“Within this program you can see the daily menus as well as allergen and nutritional information,” Bairey said. “This program is also linked to the QR codes you now see on our display menus. If you scan a QR code on our menus it will pull the nutritional information from this website.”

Grizz Groundz makes a step towards a sustainable campus

By ASHLEY MALIN

Diversions Café is starting a new sustainability program called Grizz Groundz. The program will include packaging used coffee grounds and giving them back to the campus community, neighbors, students, faculty and staff to take home the used grounds.

Community members can use these coffee grounds to start gardens, as coffee can be reused for many types of soil enhancement, this serves the dual purpose of reducing the campus’ carbon footprint as well. The community can pick up Grizz Grounds outside the Diversions Café/Wheelock Student Center entrance.

“Instead of just throwing away a ton of coffee beans, it's taking what's left and giving it to the community to actually use to help grow plants and to help the environment,” freshman Hanneen Rasool said.

“I think that’s a great idea and a great use for that. I really like that they’re working with sustainability instead of just wasting a ton of products, they’re putting them to good use.”

“It's good, it's a nice step forward to actually help crops which reduces trash and landfills,” sophomore Taylor Peterson said.

“They could make the cups recyclable, that would be nice, but that costs a lot of money to make recyclable cups. If both Diversions and Oppenheimer do it, that would be an even bigger step. Considering the mass consumption of coffee on campus, it's actually a pretty good step towards sustainability.”

Diversions’ program Grizz Groundz is an important step toward improving sustainability on campus.

Diversions already has recycling programs in place, including giving back the coffee cup warmers to the café. Their new program can open up new ideas for more sustainability options on campus that benefit the community and the environment.

“I think within students there’s surprisingly not as much push for sustainability,” sophomore Lilly Oh said. “People are like, oh yeah, it’s great, but a lot of people don’t know how to recycle properly, or like energy consumption they don’t care as much. I think if they made sustainability much more prominent on campus it would improve.”

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Civil Rights Icon Angela Davis to be Kickoff Speaker for 2014 Race & Pedagogy National Conference

By NAKISHA RENEE JONES & ROSS DOHRMANN

This September, the Race and Pedagogy Initiative will be hosting its third National Conference. First appearing in 2006, and again in 2010, the conferences are collaborative efforts with the University of Puget Sound and members of the South Sound community, intended to encourage students, educators and other community members to think critically about racism and issues pertaining to racial equality. The conference will host a number of different speakers from around the country, each one a distinguished academic in their respective fields. The university is especially lucky to host the event's kickoff speaker, Civil Rights activist Professor Angela Davis.

Since the 1960s, Professor Davis has been active in combating issues surrounding social justice, prison abolition and education. A reputable scholar in the fields of history of consciousness and feminist studies, Professor Davis has taught in six countries around the world, and a number of American universities including: San Francisco State University, UC Berkeley, UCLA, Vassar College, Stanford University, and most recently, UC Santa Cruz. She is the author of nine books, the most recent being The Meaning of Freedom and Other Difficult Dialogues (2012), which addresses the issue of freedom, the perpetuating race, gender and sexuality, and how we should encourage discussion to promote change in our conception of freedom.

In addition to her involvement in counterculture in the 60’s and 70’s, her brief stint on the FBI’s “Ten Most Wanted List,” and her long academic career, Professor Davis is also a founding member of Critical Resistance, an organization which attempts to deconstruct the naziists “prison-industrial complex.” This year’s theme for the conference is “Now What is the Work of Education and Justice? Mapping a New Critical Consciousness.” The goal of this theme is to link concepts pertaining to race and social justice in a way that challenges and encourages activists to promote change within these systems as they currently stand. Professor Dexter Gordon, Director of African American Studies, believes that one of the primary concerns of engaging in the conference is to build upon the idea of “transfusing the institution.”

He encourages students, faculty and community members to attempt the conference and contribute to the workshops taking place so that there is as much involvement with the conference ideas as possible, and so that no one misses out on this quasidremporal opportunity.

“We are now acknowledging that it is counterproductive to have institutions that exclude people just on the basis of skin color, on the basis of tribal origins, on the basis of gender,” Gordon said at a meet-and-greet for potential student speakers. “When we talk about institutional transformation, we are talking about changing those policies, changing not only the principles which govern the institutions, but the spirit of the institution.”

Topics which address this concern will include: teaching at the intersection of math, science and race, understanding and reshaping the country’s mass incarceration problem within the criminal justice system, the importance of recruiting educators of color and the art of student activism.

Ryan Del Rosario, a junior, is one of many students who will be applying for a spot to present their opinions and insights, in addition to the keynote speakers. “I think the most important aspect of the conference is the opportunity to see how some of the worlds most important educators come at issues of race and ethnicity.” Del Rosario said. “The way these speakers present an argument, provide facts to back it up, and come to conclusions while still acknowledging opposing viewpoints is something that I believe many Puget Sound students can gain from attending the conference.”

Other students looking to present a poster, on any subject relating to the conference themes, may still participate by May 26. Information on how to submit a poster may be found at the Race and Pedagogy page on the Puget Sound website.

The website also has more information on the various events available at the conference. Along with Professor Davis, keynote speakers will include:

Winona LaDuke: esteemed environmental and indigenous peoples’ rights advocate, and former Green Party vice-presidential candidate.


The 2014 Race & Pedagogy National Conference will be held at the University of Puget Sound from Thursday, September 25 through Saturday, September 27. Registration is free for Puget Sound students, faculty and staff. For students who do not attend the conference during 2014, the next one will not be held for another four years, so now is the time to seize this great opportunity.
Rising sophomores should engage more next year

By GRACE WITHERELL

Freshman year of college is all about getting acclimated to the new environment. You make new friends, have awesome experiences, participate in extra-curricular activities and learn how to manage a heavy workload.

While freshman year is all about learning how to handle change, the next three years’ focus is finding a major, taking on leadership roles and performing well academically.

Being able to adequately prepare for those academic and social demands can require extra effort, but the payoff can be highly rewarding.

According to a popular college website, Unigo, after students have adjusted to life at college, they should challenge themselves in other areas of development.

“Sophomore year is a time when you will have to make decisions that could shape the rest of your college experience. By participating in an array of clubs and programs that you may have been reluctant to join freshman year, you are developing a social network that could stick with you for the rest of your life.”

Students should focus on making the connections that will help them in their future.

Continuing to build new relationships with other students next year will be our biggest challenge as a class.

Sophomore KC Dolson thinks it is important to discover your passion as soon as you can.

“Find the things that you enjoy. Taking chances and going for whatever it is you’re interested in will be rewarding later on. My dad told me to have fun. Whatever ‘fun’ means, it’s up to you to make it work for yourself. But my sophomore year greatly improved my academic performance,” Dolson said.

“As a freshman I bit off a larger bite than I could chew. So my transition sophomore year was a lot smoother. I picked classes that I was interested in as opposed to classes that I could get done easily. I was also getting better grades in comparison to my first semester freshman year.”

By sophomore year, students realize what they are interested in studying and what kind of a student they are.

In terms of academics, sophomore year is much different from freshman year.

While higher level coursework will provide a bigger challenge to our ability to spend time socially networking and developing our leadership roles on campus, we should not solely focus on academics.

“The professors cut the umbilical cord and expect you to have adapted to the college workload. No more mandatory meetings with your academic advisor, and no more easy breaks from professors on papers you write,” Unigo.com said.

Therefore, we are entirely responsible for how well we perform.

Next year we will have more freedom to participate in what we choose and study what we want, and hopefully that won’t deter any of us from pursuing our passions.

“Sophomore year may not be the most glorious of the four years, it could in many ways be the most important, both academically and socially. Don’t fall into a sophomore slump: Live it up, because after sophomore year you are already halfway done with school—and those last two years will seem to go even faster than the first two.”

We need to engage more in our sophomore year because it will set us up for our futures by providing stronger relationships and more leadership development skills.

Leadership: As the rising sophomores enter next year, they should be prepared to take on new roles in clubs and other organizations to build new relationships.

By ANGELICA SPEAR-WOMAN

Bookstore buyback should incentivize students to sell books

By GRACE WITHERELL

Book buyback is just around the corner.

After a long semester it is easy to forget how much money we spent on books at the beginning of classes, but it isn’t hard to tell that when we sell our books back we are not getting back what we gave.

In fact, it is nearly impossible to break even: a book that costs $150 to buy, students would have an incentive to sell them for $30 (which is better than the $13 the wholesale- er would offer) seems slightly arbitrary and should be explained better to students at the time of buyback.

In the worst-case scenario, the books that you so desperately want to get rid of are on the mysterious list of books they just won’t buy back.

The alternative is to go to either eBay or Amazon to sell your books, both of which require the seller to factor in the costs of shipping the book.

The mentality that it is better to get some money for a book than no money at all is what keeps the book buyback business going, which hurts students’ finances.

Having to decide between getting rid of your books and mak- ing $100 or burning them in a rag- ing inferno (which could be worth the money if you had a particularly bad semester) is a problem most college students have to face.

There are students who chose not to sell their books back for this reason, which unsaturates the textbook market.

As less used books get sold back, more new books have to be bought at wholesale, making stu- dents pay ridiculous amounts of money.

Therefore, it is important for students to feel like it is worth it to sell their books back.

The University Bookstore has to make a profit and if they bought back our books for full price, they would lose a lot of revenue.

Eric Peckham, the University’s Textbook Buyer, discussed his de- sire to save Puget Sound students as much money as possible, and how hard it is to keep prices low.

“Prices definitely depend on which books the professors want to keep in the curriculum. If a book is let go, we can’t buy that back because we wouldn’t be able to sell it,” Peckham said.

“If I can buy 60 books back then sell those books at a lower price the next semester, we can save the students money.”

This is why the used book market at Puget Sound is so strong.

The price of the books is not fixed, but determined by demand. The bookstore should give the students an incentive to sell them their books by negotiating a fairer price.

If students were repaid based off of a set percentage of the price they spent at the beginning of the semester and not based off of the interests of the University, more students would have an incentive to sell back their books.

If the University knows it is buying a book back, there should be a set percentage the student would receive back, a percentage that can be advertised and calcu- lated by the students themselves.

The decision to sell a book pur- chased for $60 or $30 (which is better than the $13 the wholesale- er would offer) seems slightly arbitrary and should be explained better to students at the time of buyback.

It is understood that the Uni- versity has to make a profit, and if the students were more understand- ing about the book buyback process they might be more will- ing to participate.
Smart financial decisions will help graduates

By BECCA DUNCAN

As the rains of April give way to sunshine, May day brings us into the air and a break from the long school year is on the horizon. For the graduating seniors, Commencement on May 18 marks not only a break from school, but also a beginning: a new start away from the bubble of college. For those of us who are not graduating, the end of the semester gives us the opportunity to think on our own futures. How will you support yourself in the future? A job straight out of graduation is not always assured in today's economy, and what if you decide to attend graduate school? What about a year off to see the world? Maybe volunteer in an exotic place?

The fiscally responsible graduate must save their money to give themselves the time they need before they take the next steps. A good first step is opening an Individual Retirement Account (IRA), which is "basically a savings account with big tax breaks, making it an ideal way to sock away cash for your retirement," according to CNN Money. Opening an IRA means you can invest some of your savings with you having to lift a finger. Of course, it is a good decision to open a regular savings account as well. However, interest rates on savings accounts these days are so bad that keeping all of your money in a savings account nets no profit—and will cause you to overall lose the value of your money due to inflation. Starting accounts like these as soon as possible is one of the best things a student can do to prepare for their future. "Realistically financially," senior Claire Grubb said. "I really wanted to travel a lot after graduation, volunteer abroad, and there's plenty of time to be realistic, but you have to have a certain level of financial stability to do stuff like that." According to the United States Securities and Exchange Commission, the best way to save money is to first create a budget, and split the rest equally into savings (such as an IRA) and a fund to pay off any debt you may have. By following these suggestions, students can be well on their way to financial security in the future. The key to responsible money managing is simple: live within your means. Spend money on doing the things you love, but make sure that spending money will not mean you have nothing in the future. "Don't spend money you don't have, and don't let the fear of missing out make you make poor financial decisions—if you can't afford to go out on Thursday, don't do it, because it will cause financial hardship," Grubb said. "I have four pieces of advice for younger students: one, do as many things to branch out in the campus community as possible. Two, take classes outside of your major for more than just satisfying core requirements. Three, don't compare yourself to other people when you're graduating because people have varying levels of set plans for after graduation." Grubb said. "And four, save money for later."

Savings: Graduating seniors should plan on making smart financial decisions, like setting up an individual retirement account to prepare themselves for their futures.

By LUC SOKOLSKY

Puget Sound students are critics. We take issue with problems that develop in the administration, student body and various organizations on campus. Students also have strong opinions about diversity, sexual assault and gender identity, which can tend to limit the effectiveness of our dialogues which are sometimes one-sided.

Our involvement in these debates is important as it exposes things that genuinely need to be changed. But it’s only the first step in the long process. Voicing your opinion, however, is not the same as doing something about it.

Pointing out a problem is not enough. It is too easy to say, ‘I’ve done my part, I wrote a good article about why the University needs to change.’

It’s too easy for The Trail’s readers to read this article and agree that, yes, that should be changed. All University publications that call attention to problems on campus need to propose concrete ways to make those changes happen.

These critical articles should have three components including the problem, the solution to that problem and how that solution could be effected.

We focus too much on the first part. By proposing a solution and very clear ways to achieve this solution, a good idea will do more than plant the seed for change. It will also nourish it. I know this problem well, because I’m part of the problem. The articles I have written all semester are representative of the tendency of Puget Sound students to like to call out what we don’t like, without proposing concrete actions to bring about serious change.

There are numerous things I’d like to see changed about this school, but they won’t happen as I want them because I never took action.

And when you do take action, it makes a difference. I finally got around to starting the club I wanted to be in rather than commiserating over it not existing, and it was awesome.

Look at the success of Peer Al-lies. Not only did they recognize something lacking in the University, they started a group that supports students on a both personal and institutional basis.

The transformation of their critique into action made them a valuable asset on campus. One of my professors made an intriguing remark about diversity during a class last week. As much as students may want to involve themselves in addressing changes regarding diversity, it is not our responsibility as students to make the changes that need to happen.

At the same time, there are so many institutional blocks to the changes that we want to see happen. It is not entirely the students fault if our efforts to effect change do not yield a solution that we can control.

How can our voices be heard if it is so difficult for us to take meaningful action?

Every student has something that they want changed with the school, such as sustainability, diversity and library hours, etc.

It is our responsibility to learn how to do more than complain about the problems. We need to act on what we believe in.

Mereely starting the conversa-tion is not enough. I wish I had realized this earlier in my time, and done more to see the changes I wanted in my beloved school. But for everyone else, it is not too late.
Use your sex resources

By HARRY NAPLES

Sex in college is crazy. It can raise a lot of confusion, and cause a lot of unnecessary stress. Different people are arriving on campus with varying levels of experience and comfort. One simple way to alleviate this tension is to do what you come here to do. Learn.

Three years on several campus groups and student leadership positions that work to create events to expand on sexual dialogue and promote a culture of consent here on campus.

One example of such an event was the BSDM workshop held on Tuesday, May 6. Led by CWHS intern Khalil Fordham and senior Sadie Boyers, the event was aimed at providing an open platform for students to raise questions about Bondage and Discipline, Domination and Submission, and Sadism and Masochism (BSDM).

When asked why she thought the event was important to have, Boyers replied, “It’s something that students are interested in and engage in. Therefore, Khalil and I are excited to be able to talk about maneuvering safely through exploration and to break down some stigmas that have been attached to BSDM.”

One way to combat the confusion and anxiety around sex is to inform yourself about healthy sexual practices. It is important to attend these sexual health workshops for your own benefit. However, the benefit is much greater to learn about a practice or lifestyle that you may not be familiar with. When you go to a workshop, you are suspending your beliefs or knowledge about sex. This enables you to learn about and hopefully respect different sexual practices.

If you gain nothing from this talk, at least you will get used to talking about sex, and that is a crucial first step in any sexual partnership. You might find that you are not into whips and chains. But talking about attraction—whatever it is, in the world of sexual endeavors. By talking about sex you gain a greater understanding of what goes on in the sexual world and what different types of sex people are into. It normalizes whatever you do. You will have the talking about sex that you have been meaning to try or run out really is that crazy. In fact, your partner isn’t going to think you are weird for suggesting it. And if do think you are weird, then it might be time to find yourself a new partner.

Another thing to consider is that this type of event is really beneficial for you after college. You are not going to have people coordinating free presentations on sex and sexual practices as in the real world. After graduation, these things cost money. People won’t show up unless you show them with food or positive reinforcement. You might want to take advantage of these positive spaces while you are in school. Inevitably, the knowledge you gain can help you create a better understanding of what is largely considered taboo subjects.

Fordham and Boyers hope to decrease discrimination on campus because you will know about various sexual practices and what a large variety of people are into them. You can talk to them, and some time sooner or later you will be embraced too.

Technology and online dating services help with this as well by allowing you to meet people that you may not have met before. When you go to a workshop, you are suspending your beliefs or knowledge about sex. This enables you to learn about and hopefully respect different sexual practices. If you gain nothing from this talk, at least you will get used to talking about sex, and that is a crucial first step in any sexual partnership. You might find that you are not into whips and chains. But talking about attraction—whatever it is, in the world of sexual endeavors. By talking about sex you gain a greater understanding of what goes on in the sexual world and what different types of sex people are into. It normalizes whatever you do. You will have the talking about sex that you have been meaning to try or run out really is that crazy. In fact, your partner isn’t going to think you are weird for suggesting it. And if do think you are weird, then it might be time to find yourself a new partner.

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THE HAPPY TRAIL: A Weekly Sex Column

Making the bedroom a “happier” place...

By GINNY TEASLEY

Did you know that certain birds may have evolved to help with another? Just like the human species, birds have covert mating opportunities while the ground turtles are laying their eggs.

This is the story of how being a bisexual at Puget Sound let me get laid... whenever you want.

I met you, I thought you were weird, I was probably wrong... like three and half years... you might have evolved to help with another. You might find that thing that you have been meaning to try or run out really is that crazy. In fact, your partner isn’t going to think you are weird for suggesting it. And if do think you are weird, then it might be time to find yourself a new partner.

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The Happy Trail published an article of mine concerning how a persons individual needs determine their attractiveness to others by communicating a unique bond with them. The idea is that if someone has a different basic immune system to your own, you’re going to be very susceptible to someone sexy to another, fuse your comple- mentary DNA in a host of a million and make sure they will survive through various plagues and make more babies (and so on). If someone has a similar immune sys- tem to your own, they tend to smell less attractive or mental, perhaps isocinating, as opposed to inisist- ing. This is a real thing why.

Now when I can figure out the mechanism.

By GINNY TEASLEY

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Another thing to consider is that this type of event is really beneficial for you after college. You are not going to have people coordinating free presentations on sex and sexual practices as in the real world. After graduation, these things cost money. People won’t show up unless you show them with food or positive reinforcement. You might want to take advantage of these positive spaces while you are in school. Inevitably, the knowledge you gain can help you create a better understanding of what is largely considered taboo subjects.

Fordham and Boyers hope to decrease discrimination on campus because you will know about various sexual practices and what a large variety of people are into them. You can talk to them, and some time sooner or later you will be embraced too.
By ADA SMITH

On May 4, Ira Glass graced the Pacific Northwest stage at the Broadway Center. Glass hosts “This American Life,” a radio show and podcast that he created. Though his show did center around his radio show, the purpose continued throughout the performance and made it feel as if one was witnessing a radio show being created, out of thin air and with no editing. With the energy of a show host, he wanted to do whatever he could to challenge and engage his audience.

The chapter is led by Chairman Scott and Secretary glass said. Too often the media bogs down problems, so instead of seeing them as a problem, he portrays them through other media outlets. Despite these conflicts, both the ocean and the individual human are, he said, out of thin air and with no editing. As Glass took the stage, the audience was ready to be engaged and learn more about the issues surrounding the ocean.

Glass took the stage to talk about the importance of storytelling in our society. He emphasized the need for people to listen to stories, not just read them, as stories are often more powerful and impactful than text alone. “This American Life” is a radio show that engages listeners by sharing stories from real people, which helps to create a sense of intimacy and connection.

Several stories were shared with the audience, including one about a woman who was able to turn her life around after a difficult time. Another story was about a city that was able to come together to solve a problem. These stories demonstrate the power of storytelling and how it can be used to inspire others to take action.

Glass ended his talk with a call to action, encouraging the audience to listen to stories and to share their own stories. He emphasized the need for people to listen to stories, not just read them, as stories are often more powerful and impactful than text alone. “This American Life” is a radio show that engages listeners by sharing stories from real people, which helps to create a sense of intimacy and connection.

Saving the Sound: finding ways to enjoy, protect the beach

By NICOLLE HINE

C ommencement will be on May 18. The seniors have a few weeks left, and this is their last chance to visit places in Tacoma that they may never get to see during their four years here. It is also a chance for their families coming into town to see some of what “Tacoma has to offer.”

Tacoma has a few places to eat that are delicious. The Tacoma waterfront has many fantastic restaurants that usually guarantee a good time with great seafood.

These places all get a four-star rating or better on Yelp. For a quick bite out to eat with a lower price tag, places like Donut’s Chowder House, Rock the Dock Pub and Grill and Ram Restaurant and Brewery are great. If one is looking for a fancier meal, some restaurants like C.J. Shennanigans, Pacific Grill and the Lobster Shop are great for that. El Gaucho is pretty pricey, but it is lauded as one of the best restaurants in Tacoma.

There are also many activities to do in Tacoma in the nature and outdoor category as well. Of course everyone has heard of Point Defiance, a few miles south, and we have not visited their Zoo or Owen Beach, which are two fun activities to do at the park besides hiking and biking.

Tacoma not only has that park, it also has a playground, as well as a forest with a hiking trail that leads down to a creek. Swan Creek Park is also a great place to hang out if you are looking to enjoy the outdoors that encompass all those emotions.

Tacoma Nature Center is also a great place to go to view wildlife. The Nature Center also has an information center where you can learn more about the wildlife that inhabits it. Along with wildlife, the park has a few trails that you can walk on. Bower Point Light house is also a great place to go to see some great views of Commencement Bay.

If Commencement weekend is rainy, which it may be, there are plenty of other activities in Tacoma that you can see cars that are old, rare and new.

For people that are fans of the movie Ten Things I Hate about You, you can go and see the house on 21st and Junett where the Stratford sisters lived. You can also go to the Stadium District of Tacoma and see Stadium High School, where the movie was partially filmed.

If you are interested in doing some shopping, there are a few great stores in Tacoma you must check out. King’s Books feels somewhat like Powell’s Books in Portland, but much smaller. It has a wide selection of great books new and used. Compass Rose is a good example of the independent stores that the Proctor district has to offer; it has a wide selection of unique and creative gifts that are definitely worth checking out.

Tacoma is also known for its art. If you like antiques, downtown has a great selection of antiques stores filled with unique items.

For a quick escape from the city, venture onto one of the nearby islands, whether by car or ferry, such as Vashon, Fox, Anderson, or Day. There are plenty of activities to do in Tacoma, and of course, if all else fails, Seattle is just 45 minutes away.

Ira Glass talks storytelling and “This American Life”

By NICHOLLE HINE

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Novoa: Monica Novoa and her family moved to the United States from El Salvador when she was three years old. She now works to stop the use of the term "illegal" to describe undocumented immigrants. By AUDREY KAUFMAN

"I'm here for Spanish extra cred-it," freshman Sam Hansen said. "But I'm an English major," senior Monica Novoa added. Novoa was just one of the approximately one thousand Central Americans who leave their homes to seek bet-ter lives farther north, each and every day. She was three years old. Novoa has since grown up and gone on to be an increasingly active figure in the civil rights movement. She went to California State University at Northridge, did communications consulting in Washington D.C. and, today, she "Drop the I-Word" has convinced news outlets..." to use terms which are less dehumanizing and more accurate than the term "illegal" to de-scribe undocumented immigrants.

"The racially charged slur and related terms confuse the im-age of who I was going to be more than person and don't reflect my values. I will join communities nationwide in protesting that we rarely refer to im-migrants as "illegal" relegates undocumented..."

"Our biggest impact is provid-ing our young people with eve-rything they need—nor can we as a community provide the opportunity for young people to become creative lead-ers—and we're looking at doing..."
Baseball ends a strong season against Pacific
Multitude of players were awarded conference honors

By THOMAS OVERTON

The 2014 Logger baseball team has made a mark in the history books this year after finishing their sea-son on May 5 against Pacific University.
As with every year, it has come time to say goodbye to the senior class of players that will graduate soon after the final game of the season. This year the Loggers will say a fond farewell to six of their teammates as they venture out into the world, and the article is a farewell for a recap of their careers at Puget Sound.
All six seniors factored into the impressive form that the Loggers ended the season in, with at least one of them scoring or playing a run during their 10 game winning streak.

Tacoma Barone (Boise, Idaho) who has been injured all season, got to take his first and final at-bat as a Logger on his home field in the final home series of the season against the Willamette University Bearcats.

During this streak, Logger base- ball coach Brian Billings also re- corded 200 wins as head coach, when they swept the series they played against Willamette.

Along with singles and hitting 10 wins in a row, there were some impressive performances in the stretch that saw the Loggers score a total of 87 runs at a rate of 9.67 runs per nine innings. The first stunning display came from the Logger bullpen when they faced off against cross-rivals Pacific Lutheran Uni- versity.

As a whole, the Logger pitchers shut out the batters for a total of 15 innings in a row. The pitchers involved included junior Steven Wagar (Yakima, Wash.), freshman Kian Kurokawa (Hilo, Hawaii), freshman Troy Kakugawa (Mil- lenia, Hawaii) and senior Jarred Beiser (Centralia, Calif.). Wagar recorded the longest time on the mound with 8.1 innings, a total time that no pitcher had lasted for the Loggers since April 14, 2013.
The pair of freshmen both con- tributed, with Kurokawa pitching 4.2 innings and Kakugawa earn- ing his first save of the season to close out the game. Finally, Beiser sent half the batters he faced back to the dugout with nothing to show for his efforts as he struck out two of four batters that took the plate against him.

Wagar impressed again when he recorded the first full game, shutting out in eight years when he held the Pacific University Boxers scoreless in their game on April 18. Wagar, who led all pitcher- ers in strikeouts with a total of 56, is one of many players returning to the lineup next season. A few of the players joining Wagar next season include Kurokawa, who led the Logger bullpen in num- ber of games played with 21, and sophomore Nick Furryak (Billings, Mont.) also returns for the Loggers next season.

Logger baseball coach Brian Billings recorded 200 wins as a head coach when they swept the series they played against Willamette.

Furryak almost had a perfect weekend at the plate against the Bearcats as he connected on eight of nine pitches, earned eight RBIs and brought home two runners in each game of the three-game se-

Baseball: Left: Jeff Walton crushes a ball. Middle: Addison Melzer gets ready for his at bat. Right: Troy Kakugawa holds a one of.

Softball will miss three key senior players

By MIA KELLHER

The game on Sunday, April 13 was a momentous one for the soft-ball team for many reasons: it was the last one of the season. It was seniors’ last game of their respec-tive college careers and the team came out with a win.

The season was a non-stop se- ries of games from February to April. While the overall record was not the strongest or best, the team created lots of memories throughout road trips, practic-es and games. After this year, the team loses three key players who have all helped guide the domi-nantly underclassmen team.

Jessica Holt (Pleasanton, Calif.), Taylor Jones (Keizer, Ore.) and Chelsea Lindroth (Everett, Wash.) have all grown up playing softball and have been very dedicated to the sport and to the team. As they graduate and leave Puget Sound, they pass on all that they have learned in hopes of continuously improving the softball program.

Holt, who has been playing soft-ball since third grade and is now an outﬁelder, is not only a dedicat-ed student athlete but she also en-gages in Greek Life as a member of Pi Beta Phi, participates in numer-

Loggers Track & Field Schedule

May 10, 2014 at Ken Shannon Invitational—Husky Outdoor Track

May 22, 2014 at NCAA Championship

May 23, 2014 at NCAA Championship

May 24, 2014 at NCAA Championship
The senior players of the baseball team have led their teammates to many victories this season, and they have dedicated four years of themselves and their lives to Puget Sound’s team and their teammates.

Christian Carter: first base and catcher

The senior players of the baseball team have led their teammates to many victories this season, and they have dedicated four years of themselves and their lives to Puget Sound’s team and their teammates.

Christian Carter (San Diego, Calif.) deserves recognition for their commitment to the men’s baseball team. Through the seniors’ and their teammates’ efforts, this year’s baseball season has been the most successful that it has in the past decade, in games that of April 17 against Williamette. The Loggers swept the Williamette Bearcats in a double header. This series was the third consecutive series sweep, extending the team’s winning streak to nine total games. This period of success is the best since the 2000 spring season. The Loggers “red-hot bats” continued, with senior Melzer on a hit streak (Loggersathletics.com). The game against the Bearcats rounded out the triumphant season with the Puget Sound seniors’ last collegiate game played. 6’4” senior Lucas Stone (Ashland, Ore.) earned his spot after placing a strong fourth at other tournaments during the championship, along with play in the NWC championships. He finished the tournament tied for third with a score of 148 (+4). Stone’s best game was when the Loggers played Lewis and Clark (Portland, Ore.) and went 7-0 innings, allowing only three runs and one earned. The senior starter dominated against the Pioneers, helping to keep the Loggers’ lead for the great part of the game. Stone has been a fundamental part of the Logger baseball team. His junior year was his best year, when he powered his offense onto the NWC All Conference team. 6’9” Addison Melzer plays first base and has earned a two-time All-League selection. As a senior in high school, Melzer received an academic degree and sunny."

Puget Sound 11 @ Pacific 6

"Love my team, I’ve had wonderful teammates all four years," Merrigan said. "Some that graduated, we can be sure that they too will leave behind an impact that will shape future Loggers for many years to come, both on and off the greens."

Jeff Walton: outfielder and pitcher

"I love my team, I’ve had wonderful teammates all four years," Merrigan said. "Some that graduated, we can be sure that they too will leave behind an impact that will shape future Loggers for many years to come, both on and off the greens."
by BYLLE THE PUPENBUST

S tressed-out junior Wilf Wriggle discovered something amazing for working on his final project for his 14-page English paper. He hadn’t uncovered a single shred of new information he had learned from the previous month into his final essay. It was all there. Every discussion, every homework assignment, every short writing assignment was reflected in his final paper.

As he left Ballis Library at four in the morning, steep, dehydrated, and eye dry of all original thought, mentally and physically exhausted, he knew that he had accomplished exactly what the professor had wanted and more.

“This is why I love final papers”

But with finals week approaching, it can be tough some times, so it is important to keep our heads clear.

Tonal Rhombus gets second pick in housing lottery

by YoLo Ono

Poget Sound’s greatest housing dispute has finally been solved as the administration announced that Tonal Rhombus has been selected to have the available space on campus.

Normally, the administration wouldn’t be this bad for Rhombus, as faculty and students are concerned parties or the University of Puget Sound. Please submit compliments or complaints in the form of letters to the editor.

The Flail

This issue was settled with the understanding that at graduation, spectators aren’t going to be able to hear the Puget Sound departments.

The music department has decided to send off its graduating seniors a little differently than the rest of the Puget Sound Seniors. Instead of traditional graduation chords when students cross the stage, the department will play musical graduation chords when students walk across.

Ton Rhom has given special permission to several professors in the music department to create a housing contract and obey all quiet hours. While justice has been served over the student, there is still no room to discuss the situation. Rhombus will no longer be allowed to hold his class in the Flail. He has been served eviction notices for other social events we all love as the theme for the next meeting.

Ton Rhom has been forced to pick a smaller apartment in housing lottery for the second year in a row, ok? I took BIO67 (Human Anatomy) freshman year.

Worse than food stress, school stress

by Billy the Pupenbust

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The Flail caught up with alumnus Carl Fedworm who decided to share his thoughts on his experience at Puget Sound beyond. “The best part of my education in college was that it prepared me so well for what I’m doing now,” he said. He pulled the plug on his espresso machine. “Here at this café I’m constantly coming across students where college education is invaluable.”

As he passed off a latte to a waiting, visibly disgruntled customer, his manager called from the back room.

“Hey Feldwoman, get in here, I need a 3000 word report on the latest movement on my desk by Tuesday!”

Tonal Rhombus was unable to finish our interview, as he began running to the library, espresso cup in hand.

So whether you are in Ballis Library or in your room, just remember to stay safe, take comfort in the fact that what you are doing is exactly the right thing to be doing. Every other college does it, so it has to be the best way!
Summer 2014 brings new stories and sequels to the screen

By KATHRYN STUTZ

The movie options for the sum-
mer of 2014 are remarkably numer-
ous, if not diverse, given the rush of
sci-fi action films, this summer’s com-
edy fodder is a bit fewer and further
between the options include Seth
MacFarlane’s A Million Ways to Die in the West, arriving May 30, a
raucous satire of western films sup-
ported by a fantastic cast including
Amanda Seyfried, Liam Neeson and
Neil Patrick Harris.

In the later summer months, 22
Jump Street, the sequel to last year’s
21 Jump Street reboot with Jonah Hill and Channing Tatum comes on June 13, followed by Let’s Be
Cops, on Aug. 13.

So head to the theater this sum-
mer and check out some of these
promising new films!

THE MARVEL MOVIE MADNESS

A truly stunning number of mov-
ies based off Marvel Comics will
come out this summer. Partially
thanks to the odd distribution of
Marvel rights between Disney, Sony
and Fox, the next three months in-
clude a quadrupling-up of Marvel-
based superhero movies.

Two of these films are already in theaters. Captain America: The Win-
ter Soldier, and The Amazing Spider-
Man 2.

The Winter Soldier, the next film in Disney’s Marvel Studios post-
Avengers Phase 2, depicts Chris
Evans’ Steve Rogers/Captain Amer-
ica as he combats espionage and
government corruption and develops
new relationships in the 21st cen-
tury.

Sony’s The Amazing Spider-Man 2 is also already in theaters, star-
ing Andrew Garfield as the titular
archaeal superhero and Jamie Fox
as his fan-turned-enemy, Electro.

Next on the roster, X-Men: Days of Future Past comes out May 23. The use of time-travel in Days of Future Past allows a return of not
only Hugh Jackman’s Wolverine, but also both the cast of the older X-Men movies, notably Ian McKel-
lan as Magneto and Patrick Stewart as Professor X. Also included are
 counterparts from the 2011 movie;
played by Michael Fassbender and
James McAvoy.

The capstone of the Marvel sum-
mer series is the goofy space epic
Guardians of the Galaxy, arriving
on Aug. 1. Starring Chris Pratt, Zoe
Saldana, John C. Reilly, Karen Gillan
and Lee Pace, with the voice talents
of Bradley Cooper and Patricia Arquette.

With Guardians of the Galaxy promises to be a bizarre and fascinating episode in the Marvel Studios’ MCU (Mar-
vel Cinematic Universe) canon.

THE SCIENCE FICTION

The number of comic-book su-
perhero movies is only surpassed by the plethora of other science fiction
films set to be released this sum-
mer.

Starting with a bang comes the
Guardians of the Galaxy, arriving on May 9, with the additional treat of “Break-
ning Bad” Bryan Cranston.

Two of the main sci-fi films of the summer are parts of larger franchis-
es: Transformers: Age of Extinction,
arriving June 27, and Dawn of the
Planet of the Apes, arriving July 11.

Standalone movies like Edge of Tomorrow, starring Tom Cruise (June 6), Jupiter Ascending (July 18), and Lucy starring Scarlet Johansson and Morgan Freeman (Aug. 8) round out the summer sci-fi off-
ergions with plots driven by Groundbreaking-Disque-toy travel, space civili-
sations and fictional super-heroes.

For something a little more un-
usual, renowned South Korean film-
maker Jeon-ho Bong’s Snowpiercer,
in theaters June 27, depicts the journey of a train full of apocalyptic survivors (played by a cast includ-
ing Chris Evans, Tilda Swinton and
John Hurt), and their international interactions as their train continues to
travel around a devastated planet

FOR THE YOUNG GER GENERATIONS

Definitely the most promising family-friendly movie of the sum-
er is the sequel to the 2010 film
How to Train Your Dragon, arriving
on June 13. With Cate Blanchett as
even an excellent addition to the talented
cast of the first movie, How To Train
Your Dragon 2 promises more of the
same well-animated CGI Viking-
and-dragon fantasy as the original.

In addition to this and several other animated family movies, the summer of 2014 will include two major YA (young adult) book-ad-
aption movies: The Fault in Our
Stars, arriving on June 6, and
The Giver, on Aug. 15.

The Fault in Our Stars based
upon the book of the same name by
Time 100 author John Green, tells
the heartbreaking, if also tear-jerk-
ing, tale of Hazel Grace Lancaster (Shailene Woodley), a teenage girl
coping with cancer, and Augustus
Waters (Ansel Elgort), a boy she
meets in a cancer support group.
The Giver comes from another end of the spectrum, Lois Lowry’s
sci-fi novel of the same name fol-

ows a boy named Jonas (Brenton
Thwaites) through his discovery of
his community’s darkest secrets.
The film has a star-studded cast includ-
ing Meryl Streep, Alexander Skars-
gård, Katie Holmes, Jeff Bridges and
Taylor Swift.

COMEDY: THIS SUMMER’S FOR-
GOTTEN GENRE

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fiction films, this summer’s comic-
edy fodder is a bit fewer and further
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promising new films!

Eddie Daniels wooed audience with beautiful jazz

April 30th the Grammy award winner shared his talents with campus

BY SABINE GLOCKER

The University played host to the multi-Grammy nominated and Grammy winning clarinetist Eddie Daniels on Wednesday, April 30. He played to a rather full audience of community members and students at Schneebeck Concert Hall.

The concert started with two songs from the Puget Sound jazz band. Both songs had minimal conducting, as is typical of jazz concerts. The songs were high energy and every solo was met with incredible applause.

The second of the two songs fea-
tured the only solo in the band:
Michael Hall, on trumpet. The song was slower than the first and acted as a sort of good-bye for Hall, as this was his last concert as a member of the jazz band.

It was then time to introduce the main event. The man introducing him told us that he had asked Dan-
nels if there was anything he wanted him to tell the audience before he
came on stage. “Tell em I play okay,”
Danes said.

Danes then walked on stage to
crassulous applause. He introduced the
t first piece as “Three and One” by Thad Jones. Daniels, on his clarin-
et, bounced along to the energetic jazz music and his fingers flew up and down his instrument with ease, leaving the audience in impressed silence.

After the first song featuring Dan-
els ended, he said: “This is so much
fun for me.” He went on to tell a
story about his part in Thad Jones’
death of Frank Sinatra: Patrick Wil-
liams said. The album ended, Daniels
told the audience about how he was
played as “beautiful and poetic,” as
well as “simple.” When the song ended, Daniels told the audience another story, a sad story about the
death of Frank Sinatra: Patrick Wil-
liams, who was one of Sinatra’s ar-
rangers, wanted to make an album
called Sinatroland when Sinatra was
rick and in the hospital, not sure
anymore. The album “just needed a singer,” Williams said. The al-
bum ended up as a compilation of a
group of musicians, who wrote a
song dedicated to Sinatra.

While Daniels had never actually
met Sinatra, he had a song on the al-
bum. At the end of the song, Daniels
tells Sinatra how he was one of his
favorite singers. Sinatra then got
to listen to the album while he was in
the hospital. Daniels then said that
making the album was such a good
time that he and Williams decided to
write Daniels a concerto.

Daniels then played each of the
three parts of his “Concerto in Swing.” It started off softly and
beautifully, then became richer and
sped up, becoming more like a jazz
song. The second movement of the
concerto is a bass clarinet and two
additional clarinets, as well as two
flutes. The saxophones left the
stage. This portion of the concerto
was slower, a gentle swing. It ended
up with Daniels zooming up and
down scales.

“Appraise at a jazz concert is al-
ways…appreciated,” he said before
starting the third movement. This
portion of the concerto brought the
jazz music and his fingers flew up
and down his instrument with ease,
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songs by the Puget Sound jazz band.
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THE DAWN OF THE PLANET OF

HILL TATUM

JAZZ: Students joined Daniels in a concert that could convert even the least jazz-enthusiastic.
Students celebrate talent with Senior Recitals

By MADELEINE GATH-MAN

The last few weeks of the semester present an opportunity for Puget Sound’s dedicated music majors to showcase their talents in a series of recitals. Since April, students have trained in vocal performance, piano, violin, clarinet, trumpet and a host of other instruments to delight audiences in individual and joint expositions. For seniors, these performances represent the pinnacle of their investment in their instrument and involvement in the music department and give them a chance to say goodbye to their peers and faculty in a manner befitting their involvement at Puget Sound.

While all of the performers have invested months of diligent rehearsal into these recitals, senior sopranos Hannah Wynn, along with junior soprano vocalist Akela Franklin-Baker impressed their audience in Schneebeck Concert Hall on May 7.

Franklin-Baker began the concert on a high note with her joyful rendition of “The House on a Hill” composed by Ernesto Charles, followed by a parody of “The White Swan” and a break from the classical, entitled “When I Have Sung My Songs,” both composed by Charles. Wynn matched her partner’s exuberance and personality with her own. Her first performance featured two brief German pieces entitled “Heimweh” and “Fussreise,” composed by Hugo Woll. These two songs managed to capture a range of expression, starting with a haunting melody and ending with a joyful and exuberant ballad.

A highlight of the evening came with Wynn’s performance of “Art Is Calling for Me,” composed by Victor Herbert. She was accompanied on stage by Kyle Long, Christopher Ellis, Alex Adams, Gabriel Lehrman and Keenan Gery Brudgen, who owned over Wynn’s portrayal of a princess as she skillfully sang the piece. Throughout the recital, Wynn and Franklin-Baker featured selected pieces from various international compositions. Wynn performed pieces in German and English while her partner drew from German, er and Latino-speaking composers. In fact, the final song of the evening was a piece by Italian composer Giovanni Rossini entitled “Duet to Buffalo di Due Gatti” which was the only lyric was “Miau!” The two singers performed together in a playful exchange of the onomatopoeia, accompanied periodicaliy by the occasional hiss, ending the recital on a lighthearted note.

Franklin-Baker performed artfully and with conviction. Her voice was able to carry her back next year as a senior. Wynn, however, will be saying goodbye to the University this month.

Wynn reflected on the progress she has made since stepping foot at Puget Sound. “I feel so incredibly happy, nervous and blessed to have reached this point in my college career, and honestly proud of myself,” Wynn said. “My voice has grown so much since I came to Puget Sound, and I credit Christina Kowalski-Holein and Dr. Dawn Padula for that.”

Wynn also wanted to express appreciation for her partner Franklin-Baker for her contributions to her performance as well as for Denes van Parys, their companion.

“I had a few guest performers for one of my numbers, and I’d like to give a huge thank you to Kyle Long, Chris Ellis, Alex Adams, Gabriel Lehrman and Keenan Gery Brudgen! Rehearsing has been a blast, and I’m so grateful to them for their time, energy, and humor.”

As the season for student recitals comes to a close, it is important to reflect on the musical journey that Puget Sound students continue to reproduce, as exemplified by Wynn and Franklin-Baker. As our seniors move on to greater heights, they have made sure to take advantage of the unique opportunities they have to witness these talented musicians in this university setting.

Senior Recitals: Kyle Long was one of the seniors who shared their talents with campus during this last month of recitals. Long enjoyed working with vocal and instrumental talents.

Spoken word takes the stage for ASUPS Cultural Events

By CASEY DEY

spoken word artist Anis Moghian presented the Puget Sound community with some of his favorite and most famous poems on Thursday, May 1. His second visit to campus since 2009, Moghian delighted his listeners with his unique, exciting and meaningful poems.

ASUPS hosted its penultimate event for the 2013/14 school year with Moghian, two-time National Poetry Slam Competition winner and winner of the International World Cup Poetry Slam.

The evening began with an introduction from ASUPS Cultural Events Programmer, senior Riley Tor, who was very excited to have one of his favorite artists performing just before he graduated.

Four members of SWAP (Spoken Word and Poetry Club) opened the show with their most recent works, a delightful way to set the mood for the main show. First was SWAP President and senior Sean Tyrre with his work “The Wolf.” Tyrre helped start the club last year, and has enjoyed seeing the evolution of the other members as well as his own.

It’s a great group of people that want to talk about personal stories, social issues, tragedy, humor, triumphant, and everything in between, and finding that conversation only helps you grow as a writer and as a person, so I’d encourage everyone to come out and sit in a meeting and chat for a while!”

He said poetry for him is a chance to express and find truth, and he hopes to continue searching, and the other poets, after he graduates.

“I don’t think anyone is ever done discovering truth, whether it be regarding academics, or the meaning of life, or simply one’s self, and so poetry for me is a neverending process.”

Next was freshman Aedim Wright with “Not My Favorite Poem,” about finding love in the wells of our hearts, and sophomore Anna Dunlap with “You Are Not My Daughter,” a piece inspired by an orphanage in Thailand.

Sophomore Naksha Renee Jones gave a very moving piece, “Rock out like you got an empty appointment book, and a full tank of gas. Rock out like Jimi has returned carrying brand new guitar string. Rock out like the mangos are in season. Rock out like the record player won’t skip. Rock out like this was the last weekend, like these were the last words, like you don’t ever want to forget how.”

Anis Moghian

In the flesh: Anis Moghian delighted the audience with his humor and honesty. Several students preceded Moghian and shared their own spoken word poetry.