By ANNA GOEBEL

For the first time in 15 years, the University of Puget Sound welcomed a new Director of Residence Life, Debbie Chee. Chee replaced long-time director Shane Datwiler about six months ago.

Chee, who is originally from Nebraska, received her undergraduate degree from Creighton University in Nebraska. At Creighton, she began her work in Residence Life as a Resident Assistant, which taught her the importance of communication in a residence community.

“When I was an RA in undergrad, any time I had to confront a situation my knees started to shake. I hated it more than anything. But reflecting back, those experiences…were so important for learning how to communicate what your needs are,” Chee said.

From there, Chee obtained her Masters in Student Affairs from Seattle University.

She then worked briefly in Residence Life at the University of Dayton in Ohio.

In the fall of 1998, Chee came to the University of Puget Sound. She was an Area Coordinator for three years before working in a conduct role on campus. For the last seven years, Chee has been the Assistant Dean of Students.

This experience at Puget Sound has given Chee a good background in order to be the Director of Residence Life, according to Resident Director Starre Helm.

“She has a really good knowledge of Puget Sound, what it has been and what it hopes to become,” Helm said.

In her new role, Chee works closely with the Residence Life staff, which includes two assistant directors, three resident directors and a large staff of student resident assistants.

“We’ve got a solid program with committed RDs and committed RAs…the people working in Residence Life are committed to helping and you can’t help but be happy to be working with those people, but some of the things we have to deal with are tough,” Chee said.

Seward Resident Assistant, Quinelle Bethelmie, believes that Chee is doing an effective job of working through some of the tough situations that Residence Life has to deal with.

“Debbie’s an absolutely wonderful individual. We are so lucky to have her as a part of our staff here at the University of Puget Sound,” Bethelmie said. “She’s always willing to help and every interaction with her improves the Puget Sound experience.”

Chee has a passion for students and hopes that she can help her staff to foster a living environment that will improve this student experience.

“The students here are phenomenal. For many of them, this is the first time that other people are in their space and as uncomfortable as that is, it’s a great learning experience. I’m really excited to figure out how to help people own their living environment…What do they want from their living environment and how can we help create that?” Chee said.

To answer this question, Chee is attempting to assess where Residence Life is at and how to improve the residence community.

“We’ve been looking at things and asking why are we doing things this way. Sometimes we learn and now we know why we’re doing it this way. Having a new director gives fresh eyes…being new in a position allows you to rethink processes,” Chee said.
By ZEINAH KARA

After Winter Break, ASUPS will be implementing a new price change of van rentals on campus. These new prices will affect students, faculty, and clubs that want to rent vans for general use and specific events.

Vans previously cost $20 per day to rent, and now the price has changed to $40 for a day and $20 for a half day. For all students, the prices have gone from $40 per day to $50.

"We were spending twice as much as we were making. So, basically the increase was really needed to make this campus a more inclusive and able to have more benefits," Taylor Smith, ASUPS Director of Business Services said.

Prices have been the same for van rentals on campus for over seven years. ASUPS recognizes that the current budget does not support the lower price, so they are raising the cost of renting out these vans at such a low cost that has been the same for years.

"These prices haven’t been reviewed since 2003," Smith said. "Costs have only gone up for us the past eleven years, and it's kind of a mad rush on time to put this out to be able to rent a van from a .

ASUPS remains under the price of competing car rental agencies, which is about $55 per day. The goal is to revise this, and make us basical-

"Before we even think about getting another van, it needs to be fiscally viable," Smith said. "And we need to make sure that we break even on the vans. And then next year, or the year after, if Administration sees this, they can go forward and buy another van."

With the increased price affects students and professors financially, it could benefit Puget Sound in the long run.

"More so it is as a benefit to the students because if the demand is still super high, even with the increased prices, then there’s that much more reason to get a third van," Smith said. "Which would then benefit stu-

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Residence Life Director

reslife@pugetsound.edu | reslife@pugetsound.edu

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BLUEBEARD COFFEE
CAFE BRUSSEUX
METRONOME COFFEE
SHAKABRAH JAVA
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CHWS needs to expand services
Office is too small to accommodate

Imagine that you’re sick with cold symptoms, and you’ve waited a few days to be seen by health professionals in Counseling, Health and Wellness Services (CHWS). You sit in the cramped waiting area of the Rotunda, wondering if the other people coughing and sneezing have also had to wait for an appointment. You think about how expensive it is to renovate Wheelock, upgrading the body. Time in the day to meet with every professional in Counseling, Health and Wellness Services (CHWS), and they do their best to prioritize their renovations toward healthy students than to show off a healthy students rather than our outward appearance. There are no masculine appearance. There are no gendered individual, I am privileged to participate in the reaffirmation of their oppression.

I would like the University to prioritize its renovations toward the benefit of the queer individual that was silenced in their class, I can tell you there is a silencing of a queer individual and the “silencing” (if such a word is not too strong in this context) of individuals like myself. I have been told to stop speaking and have been reprimanded by my peers in similar courses (and by the same professors) that I may not even consider giving my opinion in a way that others are not, due to the passing nature of my outwardly masculine appearance. There are no doubts in my mind that I have every possibility to comment on something in class and assert my opinions. Queer individuals often do not have the same “silencing” is not something that queer individuals experience. I am too unfamiliar with hearing, that is, if of course, if they are even allowed to speak at all.

What is required here is for both students and professors alike to recognize that the classroom is not free from the influence of a long history of the exclusion of queer individuals, non-individuals, queer and transgender individuals, non-heterosexuals, and a range of other identities that have long been and are actively being erased. As a colleague once told me, if a professor says “silence” to an individual, it makes room for others, perhaps they should address why some students feel as though they have to say what is not worth saying in the first place.

It is not just the Philosophy depart ment has made what could be considered a non-problem. More classes than ever before are being offered to explore issues in gender and sexuality. Non-binary students can choose from over 30 classes from 16 departments that deal with the inter- actions of gender and sexuality in their courses like Gender and Philosophy; American, Colonial America, and the Antecedent experience of gender, sexuality, race, and religion, economics, literature, philosophy, psychology, politics, science, and media, as well as the education of gender. Ancient Greece and Rome, Colonial America, and the Antecedent experience of gender, sexuality, race, and religion, economics, literature, philosophy, psychology, politics, science, and media, as well as the education of gender.

In response to the recent article on counseling and the demand clearly exceeds the capacity of the office. In a timely manner?

The objection goes a little something like, “No, I wasn’t being discriminatory. I was being fair, non-cis, non-straight student! It was simple the case that the non-identified students I talked with didn’t want to give others the opportunity to talk.” But, as far as the benefits to the common good, there aren’t many. The additional upstairs space is nearly empty during meal times, and people seem to prefer the immediate, more intimate seating area downstairs in Marshall Hall.

There are several other large event spaces on campus—Trimble Forum, the Tahoma Room in Commence ment Hall, the Rotunda in Wheelock—yet the University decided we didn’t need another venue. Sure once a space is built, people or organizations will find use for it, but was it really necessary? Was the money we spent on Upper Marshall Hall maximized for student benefit? Instead of building Upper Marshall Hall, we should have spent the money upgrading or renovating CHWS. Over the course of the academic year, CHWS will see about 70 percent of the student body for medical appointments. Of that, about 15-17 percent has a counseling appointment. The daily walk-in hours from 1 to 3 p.m. are almost always full, and students with urgent needs are often forced to go elsewhere because they cannot wait almost three weeks to talk to somebody.

Marshall researched the average wait time for an appointment at five different private practices in the Tacoma area, and the results ranged from 3-17 days. CHWS is at the extreme long end of the spectrum, and the problem must be addressed. Marshall sees “no way to hide the facts of the problem” because as CHWS provides more services, students will take advantage of them. This is not necessarily a bad thing, as Marshall argues, because in the past ten years, “the stigma about seeking counseling has declined” and people are educated at a younger age about the importance of being mentally and emotionally healthy.

As an alternative to expanding CHWS on campus, I propose to increase its fluidity with off-campus care. What if CHWS provided an option for those out of their services? Off of the list of urgent care to avoid emergency, students with mental health issues could be referred to local practitioners. However, there is no reason that CHWS is not capable of providing services to students off campus as well.

The objection to those questions was yes. The center is currently seeking solutions, but there are limited options, as they are unable to hire any more staff members due to lack of space.

Between three full-time Physician Assistants, a Registered Nurse, a Medical Assistant, three P.H.D. Psychologists, staff, three doctoral interns completing their P.H.D., CHWS simply does not have any more office space for additional staff members. Each professional that has been interviewed this past fall.

But, as far as the benefits to the common good, there aren’t many. The additional upstairs space is nearly empty during meal times, and people seem to prefer the immediate, more intimate seating area downstairs in Marshall Hall. A representative from each department presents to the Budget Task Force committee every fall to either suggest, of course, if they are even allowed to speak at all.

What is required here is for both students and professors alike to recognize that the classroom is not free from the influence of a long history of the exclusion of queer individuals, non-individuals, queer and transgender individuals, non-heterosexuals, and a range of other identities that have long been and are actively being erased. As a colleague once told me, if a professor says “silence” to an individual, it makes room for others, perhaps they should address why some students feel as though they have to say what is not worth saying in the first place.

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It’s time to put an end to street harassment
While some may think it is harmless, really the opposite is true

By JORDYN ATKINSON

For almost all of women across the world, each day spent simply walking around can be a battle. Being constantly stared at, hollered to or even followed by men on the street is a real and frightening form of harassment, known today as “catcalling.”

Such a harmless-sounding name may not be an appropriate way of describing how many people feel exposed, isolated, and pestered. But in many cases it is not even the intention of the harasser to do anything from leering and fluttering to the physical pursuit of reciprocated attention from people on the street.

“I feel like it’s just this creepy and malodorous move that gets men in and it’s gross,” said Emma, a first year at the University. “People can be disgusting.”

This issue seems to be more severe in bigger cities versus small towns and suburbs, most likely due to the crowded nature of metropolises and the relative ease of public transportation rather than the ability to be in the safety and isolation of a car. Recently, a video titled “10 Hours of Walking in NYC as a Woman” on Oct. 28, garnered over 36 million views in just three weeks, sparking additional dialogue about this issue.

The compilation was created as an eye-opening documentary by the organization Hollaback!. According to their website, the movement was created by people who have experienced street harassment powered by a network of local Hollaback! chapters.

The video depicts a woman silently walking around N.Y. for 10 hours wearing a solid black crew-neck and jeans receiving over 100 comments and pursuing from men, not including “countless winks, whistles, etc.” The harassments ranged from simply wishing her a nice day to following the woman for more than five minutes to telling her she is sexy and needs to simper more.

Women are not the only ones affected by unwanted attention on the streets. A study conducted in June by the organization Stop Street Harassment (SSH) revealed that 70 percent of LGBTQ people have experienced street harassment of the age of 17.

One argument that has been at the forefront of the opposition of ending street harassment is that those shouting the more mild comments such as “a hello, gorgeous” or “dame!” are simply trying to compliment the woman or just be a polite member of society and greet her. However, although these may seem more harmless than other extreme examples of harassments, their statements are still objectifying and an assertion of dominance.

In response to catcalling and especially the recent viral video, a CNN segment was held on Nov. 2 between author Sivan Sorin and comedian Amanda Seales. Sorin claimed that “there is nothing more that a woman loves to hear than how pretty she is,” and he could not have been more wrong.

“It is extremely offensive and inappropriate and cannot be tolerated in our so-called progressive era.”

The problem of street harassment can even be seen in our own community. It is not prevalent in Tacoma, but at the same time is not completely lacking.

“When I go for a jog around the area, especially near Puget Sound, I get hounded from cars or remarks from groups of people walking, almost without fail,” said a sophomore at Puget Sound.

Continuing our society’s trend of just brushing off catcalls, whistles and hollers only diminishes the issue. In America street harassment is almost seen as a joke, many see it as a nuisance of city life, a repercussion of wearing a certain outfit or a part of being seen as attractive. Yet, this is not the case in all societies.

A model in New Zealand repeated Hollaback!’s experiment and received a totally different response: politeness. Out of the two people who approached her, one European man made sure to compliment her, asking if she was Italian, stating she looked nice and apologized for stopping her on the street. The other asked for directions.

It is our society’s shortcoming that we allow women and the LGTBQ community to be made uncomfortable and singled out with virtually no repercussions for their harassers. Clearly, other cultures are far more advanced when it comes to an inclusive and safe environment and America should follow.

But this second experiment should give us hope, street harassment can be stopped. By documenting the instances of harassment, individuals can take a stand. By organizing the instances of harassment and America should follow.

“10 Hours of Walking in NYC as a Woman” draws attention to everyday harassments.

Catcating: “10 Hours of Walking in NYC as a Woman” draws attention to everyday harassments.

By SOPHIE CARR

Many students won’t have the chance to travel home for Thanksgiving, or indeed any other traditional holiday observed during the school session.

These holidays are usually seen as an opportunity to spend time with family or friends, as a day of celebration. Yet, for the holidays that students can’t be bothered purchasing a ticket home for, there are college replacement holidays.

The college replacement holiday is a commonly a face of the actual holiday listed on the calendar, students commemorate these holidays by creating their own traditions.

Just as Groundhog Day might be for Groundhog Day (a day in which a group of students try to find and purchase earring by scavenging local grocery stores two months after Christmas. If able to find a carton, getting will come early that year).

In this case, Friendsgiving is the college replacement holiday for that of Thanksgiving.

For students who are left to walk the gauntlet of staying home for Thanksgiving break, or even for those who’ve managed to make it home, here are a few activities we can look forward to our college Thanksgiving traditions.

1. The Thanksgiving Anti-Parade

Before the traditional Thanksgiving Parade for something better. The Thanksgiving Blanket-Pillow Fort. Any televised event in New York will become tedious after the first several minutes.

“I generally try to tune out the television when I’m with my family any way,” sophomore Rachael Garrison said. “I would really enjoy a comfort palace (provided that your fort is structurally sound).”

2. Festive Arts & Crafts

For cheap yet tasteful decor, make paper hand-turkeys to hang around the dorm room or house. This activity never gets old, the way the pencil pentsly tickles your fingers as you trace your hand, the felt of Elmer’s Glue, and of course all the colored paper clippings strewn across the floor like carpeting. To make things interesting, try to come up with six fingered hand-turkey and see if any of your guests notice.

3. Preparing the Meal: Risk Pillsbury Crescent Rolls

Cooking isn’t everyone’s craft, especially for the lackluster University spectors who haunt school grounds during Thanksgiving break. Pillsbury crescent rolls are a feast to any busy academic. Invite your friends over, bake some Pillsbury crescent rolls. Fill any of the holes drosses with your favorite filling, such as tomato or jam, while leaving a few crescent rolls remaining to be the risk.

Convince your loved ones to sample the remaining to be the risk. The path to a new tradition, with Wednesday day playing Pocahontas, is a heart-wrenching scene—truly an American classic.

Some argue that any part of the Addams Family franchise should be reserved for Halloween only. In response to that argument, sophomore Laura Nasied also known that it is not okay, or supporting organizations such as Hollaback! and SSH, we can finally provide the obvious: equal access in public places for all.

Staying on campus for Thanksgiving? Make new traditions

By SOPHIE CARR

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Intimacy tainted by fear

By PAT N. DIAZ

During a sexual encounter, at least one person is expected to have an orgasm. However, a study published by Stanford and Indiana University in the book Families as They Really Are revealed that male-bodied people are twice as likely to have an orgasm during sex than female-bodied folks. Particularly during college when hook-up culture permeates the air, this inequality, otherwise known as the “orgasm gap,” is at its peak.

Although hook-up culture plays a role in preventing people from having the “Big O” in front of a partner, one-night stands are not completely to blame; couples have this problem too. It can be difficult, particularly in the beginning of a relationship to get comfortable with someone sexually.

“You definitely have to have comfort with your partner,” senior Lay-Z. (name changed) said. “And I think with comfort comes open communication, so you can tell each other what you want or need.”

Controlling one in the about sex is not always easy, and some people found that it’s better to not discuss their lack of orgasms in the bedroom.

“I used to always fake orgasms,” Beyoncé said. “I think people are self-conscious, that you are not going to perform well.”

But faking orgasms reinforces bad behavior; your partner won’t know what you really like, want and desire if you don’t tell them.

“I have never had an orgasm in front of my partner,” Beyoncé said. “During sex I get too intimidated, especially if they are watching me and telling me to come.”

Beyoncé hits the nail on the head; so to speak; the more pressure someone feels to have an orgasm, the less likely it is they will have one.

“My parents cared if I had an orgasm, and that was one of the problems,” Beyoncé said. “The distinction between ‘caring’ and ‘pressuring’ can make all the difference when it comes to having “true petites mortes.” Performing an expected role during sex can also inhibit an orgasm in a sexual encounter.

“I think about performance a lot,” senior Kay-Sy said. “Sometimes I worry so much about performance that it takes me longer to have an orgasm, but I’m always able to eventually come.”

It can take a while for people, particularly female-bodied individuals, to get comfortable with each other. Sexologist Dr. Betty Dodson notes that it takes about 45 minutes for female-bodied people to be at their peak of arousal and it can take approximately 20 minutes for them to have an orgasm. Anxiety only makes matters worse, for both partners.

Pressure can prevent you from going the distance, but another important part of coming with a partner is being able to make yourself come when you are alone. It is impossible to have an orgasm in front of a partner if you cannot have an orgasm by yourself, you have to know what you like.

Dodson recommends on her website that when it comes to coming during partner sex, masturbate first to access the key to success. Dodson recommends to masturbate in front of a mirror and spending time being naked in order to get comfortable with your body.

Being comfortable with your body includes being able to make yourself come to a partner, and it also means that you are comfortable with the unknowable that might happen during sex.

“I think people are self-conscious,” Lay-Z said, “and I think they are worried that they will do something embarrassing, like fart.”

These embarrassing moments might stop you from wanting to enjoy yourself, but embarrassing things happen all the time during sex—just open an issue of Cosmo.

At the end of the day, you are in charge of your orgasms, don’t rely on your partner to give you pleasure.

THE HAPPY TRAIL • A Weekly Sex Column

Making the bedroom a “happier” place...

By MIA HORNÉ

People love sex for various reasons. What you may not know is that there are numerous benefits, besides pleasure, associated with slamming the ham. Euphemisms aside, sex is more than just blind erotic pleasure. In fact, a ridiculous amount of studies have been dedicated to the analysis of some of our most intimate moments.

The focus of this article will be on the external benefit of sex. It never hurts to burn a few extra calories, so why not do so while having sex? In research done published by the Archive of Internal Medicine, it was found that sex was characterized by moderate to slight expenditure, with slight jumps for periods of orgasm.

The best part of the study in terms of exercise was the strong correlation between foreplay and increased heart and metabolic rates. If you need to convince your partner to participate in foreplay, simply explain to them it is good for their health.

There was also quite a bit of variance in energy expenditure between different subjects. In other words, if you want to burn more calories, have wild sex. Average caloric burn is about 100 calories per hour. At that rate it would only take about 30 hours to burn a pound of fat. It is also evocative of daily exercise, but it is a great way to burn a few extra calories.

Many studies have also been focused on health and life longevity. A study in the British Journal of Urology International reported that men who had an average of four or five sexual acts per week had a third the risk of prostate cancer than those who ejaculated less than three times per week.

Another study in the National Center for Biotechnology found that men who ejaculated at a high frequency had a 50 percent lower mortality rate. Women are not excluded from these health benefits, also in the National Center for Biotechnology is a study finding that women with multiple sexual partners had a reduced risk of breast cancer. It is always important to use protection and practice safer sex, but a little extra zest can benefit long-term health in extraordinary ways.

Beyond physical health, sex can improve other aspects of mental and emotional well being in relationships. A Puget Sound student who wishes to remain anonymous commented on the emotional relationship changes that occur when things get intimate.

“Even if you lose someone you care about it, it definitely brings you closer and provides something so much different than a random hook-up,” Joanna Humphal said.

Studies from the Sex and Marital Therapy Journal have illuminated this point, but it seems obvious to begin with. Scientific studies have greatly agreed with Humphal, concluding that while sex usually improves relationships, it is especially important to communicate with your partner. Sexual disclosure to each other. Sexual disclosure translates to couples being open with each other about what works and does not work for them in bed—like in most relationships, communication is key. Women have also been found to show a strong correlation between sexual satisfaction and emotional well being.

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Meet Your Docents

Mimi Andrews is a sophomore and biology major who is a docent for the first time this semester.

Galen Dolkas is a junior and majoring in biology, and has been a docent at Slater for a year and a half.

Tiare Gill, a first year, is currently undeclared but pursuing her interest in biology during her first semester as a docent.

Katy Papoulias, a recent Puget Sound graduate, is the Education and Outreach Specialist for Slater museum.

Not Pictured: Sam Hain is a junior and a Biology major who had signed up to be a docent every year, but finally found the motivation to follow through this year.

The docent lifestyle provides a valuable learning opportunity.

By ROSA BRANDT

The opportunity to work in a natural history museum among fellow students is a rare one, but we here at Puget Sound are lucky enough to have that unique opportunity. Many students have attended a Night at the Museum event, or strolled past the museum displays on the second floor of Thompson, but what is it like to actually work as a docent for Slater? This will be an insider perspective of what it’s like to be a docent.

Any student, regardless of major, is allowed to become a docent for Slater Museum. A docent’s main role is to be a tour guide (for groups of schoolchildren or classes, etc.), to volunteer at least an hour of your time weekly to help out with tasks in the museum during open hours and to help spread the word about and represent the museum.

“It’s been so fun to see the docent program grow,” Katy Papoulias, the museum’s Education and Outreach Specialist, said. “Compared to when I was a sophomore and there were only a few of us helping out with tours, the docent program has exploded.”

I spoke with a few docents about their experience so far working in the museum.

Q: What has been your favorite part of being a docent this semester?

Sam Hain: Learning about and natural history, and meeting new people. It has been super fun and useful to go into either education or being a docent at Slater for the fields.

Andrews: My favorite part events. I love to teach people interesting. The events are makes it even more exciting.

Gill: I really love the community. Everyone is very friendly and it makes learning Nights at the Museum the fun. Peter, Mary and Katy tell the weirdest stories and have the weirdest animal knowledge at their disposal.

Q: What are some things you have learned from working in Slater?

Andrews: I have learned how to become a better public speaker from having to give tours to multiple people at a time.

Dolkas: I’ve learned quite a lot about owls.

Gill: During my many trail features, I love biology, so being able to participate in the scientific community and contribute to the public in a fun way like this was right up my alley.

Galen Dolkas: I wanted to become a docent when I learned that I could become one, because I wanted the opportunity to learn more about biology.

Q: What made you want to become a docent?

Mimi Andrews: I wanted to become a docent because of my love for biology and natural history. I wanted to be able to share that passion with other people.

Tiare Gill: The fact that we have a museum on campus is incredible, but it’s even more astonishing that the Slater hires college students to work as the caregivers of the museum. It was such a unique experience that I couldn’t pass up on the opportunity. Additionally, I really love biology, so being able to participate in the scientific community and contribute to the public in a fun way like this was right up my alley.

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From the Archives

Did you know that before becoming a civil rights activist and United States Federal Judge, Jack Tanner ’51 played baseball at Puget Sound?
provides a valuable learning opportunity
The docent lifestyle: Slater Museum
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Gilling Dolkas: Slater has a huge collection of spread wings, which are great for sketching when I have nothing else to do.
Gill: We have bird wings from as small as a hummingbird wings to as big as eagle wings. Also, we have two passenger pigeon specimens.
Papoulas: We have the largest collection of picked feathers from the Dominican Republic in the world. Cause honestly, who else is picking feathers from the Dominican Republic.
The Slater Museum also has the second largest collection of spread wings in the world. The museum's current Director Emeritus, Dr. Dennis Paulson, came up with the spread wing technique and our Collections Manager, Gary Shugart, came up with a technique to make the bird skins symmetrical when prepared and stuffed. Previously, when one wing was taken off to be part of the spread wing collection, the bird skin looked asymmetrical due to the stuffing technique.
"If being a docent at Slater sounds even more interesting, try it out," Gill said. "I'm extremely glad that I decided to pursue the opportunity."
If you have a fascination for birds and animals (whether or not you are a biology major), consider becoming a docent at the Slater Museum.

Four Horsemens charges ahead
Student investment club expands outreach

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Student investment club expands outreach

Forum encourages students to Speak Up!

By ADA SMITH

While sexual assault, misconduct and harassment issues have always been a part of the conversations on campus, for many years, this year there has been a visible explosion of coverage around the nation on this topic. Not to be left out of the conversation, Puget Sound students have taken up the call. I spoke with several students about these issues and what the campus has been doing and not doing to address the rising concerns of students on this issue.

One of the culminating moments of these conversations was the Speak Up! forums. These talks took place on Nov. 6 and 13 and were an effort made by ASUPS and the administration to give students a chance to familiarize themselves with the policies and procedures that our school has in place concerning sexual misconduct.

Both of the forums had the same basic structure; however, there were many things different with the event that took place Nov. 13 from its twin on Nov. 6. To start, the introductions made by the faculty and students in charge of event made it clear that they had taken what was said in the previous meeting into consideration and were altering the current flow and style of the events to better reflect what students had noted as problems such immediate change was gratifying, but whether it will translate into policy change and administration adoption remains to be seen.

The introductions again stressed the importance and seriousness of discussions such as these and created a similar atmosphere of somberness, safety and productivity.
The most notable changes were the people in the room. As promised, University President Ronald Harimoto was present at the forum showing further support for the students and faculty as they continued to discuss and attempt to improve on those pressing issues. Peer allies and CHWS workers were still present at the meeting, encouraging the safe space atmosphere and showing those that needed help could seek it.

What the first meeting had about 12 students in all, this forum had over double that, clocking in around 25 students. This meant that more conversation was able to occur and a more holistic view of what students took issue with concern.

Who was the organization and what policy and procedure came to light.

Students at the second Speak Up! event wanted the focus to be more on what went on behind the scenes of the cases. How much of a time commitment was involved when they file a case? Who gets notified when a case is filed? The students were more concerned with the structure and wording of the document; were its priorities correct as far as the order in which it is written. Different sections, such as consent, appear? Could a table of contents or an index be added to help give a reader the different avenues of action available to them? These are just some of the questions and topics that came up at the second of the conversations when the group came together, and even all of the ones that were asked in the discussion wrap will not be all that was discussed in the individual groups.

During both forums, there was a non-participatory scribe assigned to each of the individual meetings that took place under the Quarters program and the students who have signed up to the contestants, " President Daniel Thurston said.

The goals of the fundraiser are completely in line with their mission of experience, research and outreach. Participants real world experience in investing in a fun and safe environment to research and prepare. Lastly, they were able to promote financial literacy.

Additionally, the event allowed participants to become more involved and learn more about what 4HI actually does.

Other than putting on a fantasy investment game, members of 4HI are involved in weekly community service at the Tacoma Comput.

By ANA SOMARRIBA

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Football team comes up big versus Willamette

By ZAL ROBLES

The University of Puget Sound football team won a dramatic last-second goal to clinch a 27-14 win over Willamette University on Saturday, Nov. 1.

The Loggers finished with a 4-5 overall record and a 4-3 record in the Northwest Conference. The Loggers finished for fifth with Willamette in the Northwest Conference standings.

Senior Quarterback Braden Foley (Bothell, Wash.) washed the charge in his last game for the Logger offense as he threw for 249 yards and two touchdowns.

Senior Kevin Miller (Seattle, Wash.) had 10 catches for 114 yards and one touchdown. Miller scored on a 55 yard reception thrown by Foley.

First year Noah Fraizer (Bakersfield, Calif.) carried the ball 12 time for 62 yards. Fraizer averaged 5.2 yards a carry and had a long of 17 yards.

The Loggers took a demanding 21-1 lead into half time against Willamette. Willamette scored their first points in the third quarter off a 22 yard touchdown run from their quarterback. Junior Sawyer Petre (Denver, Colo.) kicked two 33-yard field goals to increase the Loggers lead.

Willamette scored one more time on a two yard run. After the touch down, the Willamette offense did not score the remainder of the game.

Senior cornerback Conner Savage (Bothell, Wash.) had three interceptions for the Logger defense. Junior linebacker Chris Beauchaine (Spokane, Wash.) had a season-high of 14 tackles and one sack.

Sophomore linebacker William Grady (San Diego, Calif.), junior safety Matt Gilbert (Klamath Falls, Ore.) and sophomore safety Jacyk Wielchof (Newbury Park, Calif.) had 13, 11 and 10 tackles, respective ly. This is the first time in the season the Loggers defenders have finished a game with double digit tackles.

The Loggers graduate 12 seniors, including Foley, senior linebacker Max Miranda (Klamath Falls, Ore.), offensive and senior cornerback Nassen Abdellah (Salmon, Ore.).

Miller has been part of the football team for four years, but used a red-shirt his first year. He is eligible to play next year. Senior Peter Bell (Klamath Falls, Ore.) used a medical red-shirt his first year. Bell is also eligible to play next season.

The win against Willamette is head coach Jeff Thomas’ first win against a team with a record over .500. Willamette finished 4-5.

The season had many moments that demonstrated the huge improvement the Loggers have made in the last couple of years. A moment that showed the po tential greatness the Loggers have in the game against Pacific. The University of Puget Sound was leading 14-0 with two minutes into the half.

The Loggers and Colonels matched each other shot for shot until the fourth round of penalties. Thomas guessed correctly and dove away to save the shot, putting the Loggers up 4-3 in penalties. Blonden looked to end the game then and there but was only able to put her attempt around the left post. The next two rounds saw the deadlock continue until the seventh round of penalties.

Freshman Abigail Buchenberger (Pas co, Wash.) looked to keep the Log ger dream alive as she stepped up in the seventh round of penalties. She put her shot hard to the Cen tre goalkeeper’s right but unfortunately the keeper guessed right and saved the shot. All the pressure was on the next Centre keeper to fin ish the game, and she did, ending the Logger Women’s soccer season in the second round of the NCAA DIII playoffs.

This season saw the Loggers go to the playoffs for the thirteenth consecutive season by way of their thirteenth NWC title in a row.

Regular season awards saw six Loggers honored among their conference. Senior Jace Bell was named the Northwest Conference Offensive Player of the Year. Acord A-Fey placed second in goals scored with five and tied for second in overall points with 11. Join ing Acorda-Fey on the All-NWC team were senior Abby Bell (Seattle, Wash.), Emma Donckels (Los Altos, Calif.), and Viera. NWC Coach of the Year for the Loggers was Jonsson. Thom as, who led the defense to 12 clean sheets this season, was named All NWC. Honorable Mention. She tied Acorda Fey with 11 goals and held a 0.38 goals-against aver age. Joining her in the back of the back were Abigail Buchenberger and Donckels. The anchor that only allowed 11 goals during the regular season, was also named first team honors for the third time in as many years. She tied Acorda Fey for second place in total points and her goal total of eight brought her to third in the conference during the regular sea son. Jonsson lead the Loggers in the assist category, with her total of six earning her the second most assists in the NWC.

The Loggers will look to return next season and improve on an al ready solid season. The squad only loses four of its current members to graduation and most notable return players like Acorda Fey to the lineup next season.

“Have to thank my supporting cast for those. I was put into the po sition of a starter my freshman year and have had some amazing talent around me to help me break the records I did. While the records are nice and all, My favorite game is getting out 4-5 my senior year.”

—Braden Foley

Loggers advance on game-winning goal, but lose in the second round

By THOMAS OVERTON

The Logger women soccer squad played a dramatic pair of games before exiting the NCAA DIII tournament on Sunday in St. Louis, Mo.

The Loggers sought revenge against their first-round opponents, the Washington University Bears, the team that knocked the Loggers out of the NCAA tourna ment in the third round last year. The Loggers came in as an under dog according to the National Soccer Coaches Association of America, ranked at 25 compared to Washington University’s rank of 13.

The Bears appeared to have a game-plan: test Logger goal keeper Lauren Thomas (Woodinville, Wash.), but of the five shots they took in the first half only one required a save from Thomas to keep a clean sheet in the opening 45 minutes.

The Loggers came out of the gate second half with a bang for a goal. Amalia Acorda-Fey (Seattle, Wash.) had a promising effort turned away by the Bears goalkeeper in the 47 minute.

Less than a minute later, defender Jordyn McLaurin (Bothell, Wash.) saw her chance skew just wide of Washington University’s goal. The Bears looked to counter scoring a second goal with some of their own, taking four shots in a span of 11 minutes.

Again, Thomas was called into action only once from the four shots. From that point on, the game ground into a stalemate with both teams taking shots between the two teams in the remaining half hour of the game. Neither team looked like extra time for the two remaining half hour of the game. It took in the first half only one required save from Thomas to keep a clean sheet in the opening 45 minutes.

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By ROXANNE KRIETZMANN

The women’s and men’s Logger basketball teams both began their pre-season games this past week.

The women were defeated by the Seattle Pacific Falcons 69-50 in an exhibition game on Nov. 9. During the first half, the Falcons shot ahead scoring 19 points more than the Loggers.

Then, during the second half, the Loggers remained even with the Falcons, both teams scoring 27 points. Still, their consistency throughout the second half wasn’t enough to put them over the top.

Senior Amanda Forshey (Morgan, Calif.) led the team in points, scoring 14, and 10 rebounds. Senior Hannah Lekson (Gig Harbor, Wash.) came in second, putting nine points on the scoreboard. Senior Ashley Agcaoli (Kaneohe, Hawaii) and senior Kate Atains (Redmond, Wash.) tied for third with seven points each.

The team overall had a free-throw percentage of 73.4.

Although it is still early in the season, the team is already looking ahead to competition. “I’m looking forward to compete this fall,” senior John Workman said. “I want to continue building our team and to win,” first-year Claire Fitzgerald (Sier, Taude, Calif.) said. “We are looking to beat Pacific Lutheran and also to sweep the WSU Whitman, Whit- worth and Williamette.”

Before practice started, the team participated in various pre-season activities.

“Pre-season consisted of weightlifting and open gym, which was helpful to get to know the team and to get into the swing of things,” Fitzgerald said. “Once practice started, we began focusing in the second half ultimately lose 89-85.”

“No doubt a formidable opponent. No schools in our conference have the size that they did.”

Barber believes that this mindset will be important come time for conference play. “This is one of the toughest years for our team. The fact that last year they both made the Super Bowl, crushing the Broncos in the process, mind you, the 49ers still remain extremely relevant because it pushes both players to their maximum capability.”

“Not only did we get to play in a Division one atmosphere but that doesn’t mean the two teams is so important because it establishes [The rivalry] at its best: Loggers get ready for epic battle over break.

Ribvaly at its best: Loggers get ready for epic battle over break.

As a unit we really need to work on defense and rebounding,” Barber said. “Our offense is still up and gave up close to 90 points. That’s unacceptable, and we know that those teams are going to come at you, and we’re not going to watch and be a part of.”

“Every single person involved, their mindset that makes it that much fun for a player to play and a fan to watch. The rivalry makes it much more to watch and be a part of. It’s a player to player and fans because both the 49ers and the Seahawks have such incredible fan bases, both fiercely loyal, as well as two incredible teams. The competition between the two teams is so important because it pushes both players to their breaking point and helps everyone that participates improve tremendously,” Liebman said.

“Regardless of our opponent, that is the way we approach each and every game. Eastern Washington was no doubt a formidable opponent. No schools in our conference have the size that they did.”

Barber believes that this mindset will be important come time for conference play. “As far as skill goes, our team and the teams in our conference can easily compete with Eastern,” Barber said.

“The lack of size is the only real difference, in my opinion.”

Even though Barber keeps his expectations reasonable, he does have many goals set to keep the team on track. “Our team goal is to win a conference championship and then to win a national championship.”

“Have a lot of experience on this team and I, myself, have never been on a team that is this close. While we do have long term goals, we focus on today and the matter at hand. Taking one at a time and not looking forward is the recipe for success for our team.”

The men will host the Mount Saint Mary Knights Nov. 21 at 8 p.m., following the women who will host the Saint Benedict Blazers at 6 p.m.

By LUKIE CROWLEY

Competition can be intense and competition can be fun, but most importantly it can bring people together. That is what is seen with the Seahawks and 49ers rivalry, especially on campus.

The Seahawks and 49ers rivalry goes way back, but has certainly heated up the past three years when both teams have become more relevant.

Their model is the same, the ball, play physical and limit turns over. They don’t have the best relationship but that doesn’t mean the fans have to have the same disdain.

“My favorite part about our rivalry is the fact that while intense, it helps create friendships, as well as a chance for fans whose team can ‘really do,’ Liebman said.

Throughout campus, there will be a variety of football fans. Some Broncos or Patriots and a few fans are thrown in, but the fan base that dominates the most is the 49ers and Seahawks, as many of the students at the University reside in another area.

Another football fan on campus, and personally a Seahawks fan, Merle Rowan-Kennedy (Seattle, Wash.) has an opinion on how the games go.

“The fact that last year they both held legitimate claims to bring the best team in the league made the games thrilling to watch and the arguments between fans more fun because each side had merit to their arguments,” Rowan-Kennedy said.

The games between the two are sure to be marked on the schedule. As a Seahawks fan, Merle is excited for this season and the start and the fact that the two play twice throughout the season makes it that much more exciting.

The series is rarely finished early in the season, and the idea that the teams play late in the season makes the suspense that much better.

The teams will meet this Thanksgiving Day for the first time this season at San Francisco, and there are different opinions on how the game will go, according to Li- thium and first-year student David Follet (Billings, Mont.).

“I expect the 49ers to be led to the victory due to several key factors, primarily being the return of key 49ers defensive players as well as the fact that I believe San Francis- co is simply a better team. I’ll be watching the Niners hellbent on their way to victory from the sidelines that day, and it sure will be beauti- ful,” Liebman said.

According to Follet, it’s a whole different story.

“For Thanksgiving I expect a good game, but the Seahawks will win of course…24-14 Hawks,” Fol- lot said.

Two strong opinions there, and both, so because each team means so much to the fans. Con- sidering how each have done the teams have made the playoffs, and even last year meeting head to head in the NFC championship, shows how much confidence is deserved.

Even though the Seahawks may have won the Super Bowl, crushing the Broncos in the process, mind you, the 49ers still remain extremely relevant. It doesn’t matter if the two teams are having seasons be- side par compared to the recent years, the games will still be excit- ing to watch, and they will both still follow the game plan that they have sustained in past games. Of course, they will still have the heated rival- ry that makes it that much fun for a player to play and a fan to watch.

“For me, the 9ers are the team that we want to win. Regardless of our opponent, that is the way we approach each and every game. Eastern Washington was no doubt a formidable opponent. No schools in our conference have the size that they did.”

Barber believes that this mindset will be important come time for conference play. “As far as skill goes, our team and the teams in our conference can easily compete with Eastern,” Barber said.

“As a team with little distraction. That way to victory from the sidelines watching the Niners bulldoze their opponents and the fact that I believe San Francis- co is simply a better team,” Liebman said.

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Women’s Basketball Schedule Through January

PHOTO COURTESY/ LOGGERATHLETICS

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<th>Date</th>
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A campus divided, or a campus joined together?

With so many students from the Bay Area, Puget Sound is becoming a microcosm of the new rivalry
Student hates Thanksgiving; ruins it for others

By COWMAN BLACKMAILER

While most students await Thanksgiving with great anticipa-
tion, Puget Sound student Harry Jensen announces that he dreads the "fascist" holiday.

"Missed him very much and couldn't who wanted to remind him that she reversed?"

"only Harry could ruin the conceptions of the holiday also be opposed to reality. So shouldn't our all learned later that this was the Natives got along? All of us. But we growing up that the pilgrims and ly that's just what we've been told consumption: Puget Sound student Harry Jensen discusses his plans for the upcoming five day break, which he appeared to go deeper than his his disillusionment with the holiday the student caused from his grandmother, who wanted to remind him that she missed him very much and couldn't wait to see him for Christmas. Two hours later, Jensen posted about the commercialization of Christmas.

In our interview with the disliked transfer student, we discovered that his disillusionment with the holiday appeared to go deeper than his sympathy for Native Americans. Jensen discussed his plans for the upcoming five day break, which he seemed irritated about because he had to spend time with his family. "My damn parents will fly me out to Manhattan just to eat a damn meal with them that they think is the best and most articulate way of this guy money?" Brief correction: there are actually, apparently. Plenty of idiots who would pay him money to write articles. What people don't understand is that their biological obsession is a both a blogger and professional who in the world would pay this guy money?" Brief correction: there are actually, apparently. Plenty of idiots who would pay him money to write articles. What people don't understand is that their biological obsession is a both a blogger and professional who in the world would pay this guy money?" 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Tacoma Art Museum grows with Haub Family Collection

By JAMES KANER

At times the connection between what we study in college and its real-world application can be hard to reconcile. This has certainly been the case for me as I enter my third year of studies at the University of Puget Sound. It’s important to point out that this isn’t the case for everyone and everyone’s college experience is undeniably unique. As a History major the real-world use for what I learn is different from someone who, for example, is studying business management. This past Saturday marked an event that helped me see how I can use what I learn in the real world as the Tacoma Art Museum opened its doors and welcomed visitors to experience their newest exhibit: The Haub Family Collection of Western American Art.

The exhibit was generously donated by Liliane and Christian Haub and features over 250 unique pieces of artwork ranging from figure portraits, to bronze sculptures to landscape paintings and each piece tells both significant and unique stories.

Along with artwork, the Haub family also helped fund a $16,000 square-foot addition to the museum that was built by architect Olson Kundig and is where their collection is displayed.

This new addition to the museum, which already exists as a staple within Tacoma’s artistic community, only means good things for anyone fascinated by great works of cultural and historic art. The exhibit features numerous pieces of bronze sculpture work, landscape paintings, and portraits and through this collection we see a great focus placed both the West and man’s interaction with it.

In order to help provide context to the many unique pieces within the collection, the exhibit features a number of timelines that display the different states that each piece was created in, who the artist was, and the time of creation. It further helps put things into perspective by providing written explanations on plaques throughout the exhibit about what those newcomers could expect to find in each section.

It’s safe to say that nearly every piece within the collection helps us understand the culture of the American frontier and by examining some of these pieces we see a number of interesting themes develop.

For example the exhibit featured a number of contrasting landscape paintings of different parts of the West by artists such as Georgia O’Keeffe. In some paintings there would be beautiful array of colors depicting the West as a lush new world. However, in direct contrast to this, the exhibit also features a number of pieces depicting the West as an arid, unforgiving wasteland that lacked the vivid colors that artists like O’Keeffe displayed.

This sort of artistic dichotomy can be understood using the interactive timelines, which allow viewers to consider that these pieces were created in different states, and by artists who had differing experiences and opinions about the frontier.

In addition to the landscape paintings the exhibit features a great number of portraits by artists like John Clymer. The exhibit makes it a point to explain the significance that arises from these early depictions of frontier men and women.

Through the power of painting, artists like Clymer essentially were able to transform everyday men and women into symbols of a bygone American era.

Connected to this, the collection also demonstrates man’s relationship with nature within the Frontier through the many bronze sculptures on display throughout the show.

In almost every piece featured we see man interacting with animals with a personal favorite being "The Last Drop" by artist Charles Schreyvogel which exists as both a painting and a sculpture within the exhibit and helps demonstrates this connection.

Having access to resources like the Tacoma Art Museum ultimately helped me feel more comfortable about my education and what I’ve learned already. It helped me notice a difference with myself that is undeniable due to my time at Puget Sound.

American West: An image of “Departure of an Indian War Party” (1865) by Albert Bierstadt, on display at the Tacoma Art Museum. The painting is part of the 250-piece Haub Family Collection.

PHOTO COURTESY/TACOMA ART MUSEUM

Fall A Capella performances showcases singers

Puget Sound’s A Capella groups Underground Sound, What She Said, Timbermen and Garden Level performed Wednesday, Nov. 12 to an eclectic audience in Schneebeck Concert Hall. The concert provided music for the soul, pleasure for the ears and a great evening of fun for everyone.

By CASEY DEY

Those who have heard A Capella performances before know the magic and uniqueness such performances can hold. There are few things cooler than a group of people harmonizing perfectly, and grooving to nothing but their own voices.

“I think A Capella has an appeal because it is very accessible…[it’s] a singing style where you can have a group of people harmonizing perfectly, and performances can hold. There are plenty of good things that can come from A Capella,” Co-Director of Underground Sound Sound Lisa Hawkins said, “I think harmonizing is what makes it so special.”

Sophomore Michael Stahl, Director of Garden Level, spoke on the possibilities of the human voice.

“A Capella is such a great phenomenon. It allows the voice to take over and really show off what a wide range we can do without additional instruments. We can imitate instruments in this style, or compose a new sound that would only sound good with voices. The possibilities are endless,” Stahl said.

The groups gave a special performance for RDG dancers, in addition to their performance on Wednesday, Nov. 12. Every number was arranged by members of the groups, and most featured one or two soloists.


“Killing Me Softly” and “Samson” were two of the more popular numbers, but “Samson” was one of What She Said co-music director Helen Burns’ favorite numbers. “I loved performing Samson because it’s one of my favorite songs of all time, and also because I love doing group numbers without any solos. It turns the audience’s attention to what’s really important in the group,” Burns said. She also enjoyed singing “Pretty Hurts,” the number that closed their part of the show. “Pretty Hurts is such a good song for a girl group to do. The message of the song portrays women feeling like we have to change who we are to meet someone else’s standards, and it’s something that I think is very prevalent in our society. I guess singing that song just reminds me how proud I am to sing with such a strong group of women and how proud I am to be a woman,” Burns said.

The Timbermen, the newest A Capella group and an all-man quartet, took the stage next, with “Come Fly With Me,” “My Wild Irish Rose,” “Something Tells Me I’m Into Something Good / Happy Together,” “The Sound Of Silence,” “Stum on the Dock of the Bay,” and “Sh’Boom.”

“She Tells Me…” and “Sittin’ on the Dock of the Bay” were two of the more popular numbers, but most performances were well done. “Something Tells Me…” particularly appreciates the commitment of the new members this year. The group is very dedicated and have they’ve brought a lot of fun energy to the group.”

Hawkins said “something Dani and I said at the beginning of the year was ‘We need to have fun to sound good, and sound good to have fun’ and I feel like we’ve achieved that. Hawkins said. “Our group this semester has been very dedicated. We especially appreciate the commitment and enthusiasm of our new members this year. They are great additions and have they’ve brought sustaining energy to the group.”

Their other numbers included “I’m Just a Girl Who Needs Love,” “When You Wish Upon a Star,” and “I Want You Back.” Hawkins said “When You Wish…” was another of their favorites because they’d made it their own with a jazzy twist. This was arranged by Co-Director Daniel Wolfert.

Garden Level, the all-man group, finished the performance with “Everyday / Bye Bye Bye,” “Stay With Me,” “Lalalay,” “I Found A Way,” “I’ll Follow You Into The Dark,” and “Skyfall,” which was probably the most popular number of the evening.

Junior Hawkins and Wolfert lead Underground Sound, and both are involved extensively in the Music Department. This is their second year co-directing, and both love the amount of progress the group has made this year.

“Something Daniel and I said at the beginning of the year was ‘We need to have fun to sound good, and sound good to have fun’ and I feel like we’ve achieved that,” Hawkins said. “Our group this semester has been very dedicated. We especially appreciate the commitment and enthusiasm of our new members this year. They are great additions and have they’ve brought a lot of fun energy to the group.”

 missed the performance? Catch the next one at MistleToast on Dec. 10!
My Brightest Diamond blends styles in new album

My Brightest Diamond's forthcoming album, *This Is My Hand*, is a visceral exploration of musical style and human emotion. She stashes unflinchingly into the musical void, enchanting audiences with her unique 'opera-pop' style.

By TYLER SHERMAN

If there really is a genuinely original way to get people to take notice of your forthcoming album, incorporating a full marching band into the headline single might just be it. Shara Worden, under the alias of My Brightest Diamond, did just that. September saw the release of My Brightest Diamond's newest album, *This Is My Hand*, a clatteringly powerful and sweeping tour de force.

The lead single "Pressure," begins with a catalyzing drumline against which Worden's spiraling vocals are nestled. "Pressure" is a percussively crushing, cutting story of pressure and time that, in a pinch, might well be able to fill Shirley Bassey's mold and serve as the theme song to the next James Bond flick. It's uniquely tantalizing, a little haunting and inexplicably beautiful.

The single never gets carried away, never gets ahead of itself, and, like its music video, is perfectly performed. As with Worden's former projects, it seemingly blends small elements of opera, pop, cabaret, chamber music and rock.

Operatically trained at the University of North Texas, Shara Worden, a dead ringer for Tilda Swinton, has a history of blending the musical genres, leaving her music at times alluring and, at other times, unbearably maddening. The division is hardly surprising, for Worden's particular multi-generic amalgamation is certainly not for everyone.

It is something that, upon closer research, has seemed to either enchant audiences or drive them away in angry hordes. Nonetheless, Worden has endured and continues to stare unflinchingly into the musical void, using her operatically-honed voice to construct her personal, idiosyncratic, trans-mundane universe.

Following her time at the University of North Texas, Worden spent a year in Moscow, Russia, learning Russian and writing music, culminating in her self-released and limited edition EP, *Session I*. In the years following, she has embarked on an impressive musical journey that has seen her perform with indie-folk singer Sufjan Stevens, release five albums under her own name, and seen her carve for herself her own musical niche.

Though *This Is My Hand* is a quite successful amalgamation of tracks and push the album as a whole to new heights, it is in no way a complete success. Amidst its several successful tracks, however, *This Is My Hand* contains a few less successful eccentricities. Tracks like "So Easy" are carefully chosen and sound meticulously crafted, but there is something in the reverberating rhythms, incongruous pulses and the jagged bass lines which seems eminently spontaneous.

It's serious, and covers serious issues, without taking itself too seriously. A certain power comes from that kind of maneuverability. *This Is My Hand* comes off as the sum of its multi-generic parts, exploring themes of community, sensuality and notions of music both within society and within one's self.

Worden herself has stated that the album was, in part, inspired by Dan Levitin's bestselling novel about how music has shaped humanity, *The World In Six Songs*. Additionally, she has stated that the album was, in part, inspired by *The World In Six Songs*. Dr. Daniel Levitin's celebrity novel about the power of music has shaped humanity. Worden has stated that the album is her way of reevaluating what music means to her. It asks the question "what is the value of music?" And whether it's through the drumline of standstill track "Pressure," the meditation on love and violence in "Lover Killers," the moody swagger of "I Am Not the Bad Guy," or "This Is My Hand," it is the album's distinct nature that is evident.

More introspective than extra-vertied, the album, in no small part due to Worden's enveloping vocals, is simultaneously vulnerable, visceral, demure, playful and infinite.

Amidst its several successful tracks, however, *This Is My Hand* contains a few less successful eccentricities. Tracks like "So Easy" diminish the maelstrom of chaotic, yet somehow controlled, emotions of standouts like "Pressure" and "Lover Killer."

While not a complete success in the most literal of connotations, *This Is My Hand* is a visceral exploration of musical style and human emotion. Worden's vocals are a high point in even the weakest of tracks and push the album as a whole to new heights.

Overall, *This Is My Hand* displays an arguably unprecedented diversity of texture, sound, rhythm and style. Ripe with percussive pounding, twinkling bells and distinctive sonic dimensions, *This Is My Hand* is a force to be reckoned with.