On Feb. 18, 16 students and three professors embarked on the trip of a lifetime, extending the classroom experience beyond the walls of the University. Their trip comes at a time of immense change in Cuban-American relations, as the United States loosens its embargo on the island nation.

By CLAIRE MEYER

Though a professional classroom setting is crucial for learning, being physically immersed in the subject you are studying is equally as beneficial.

Over the break, 16 students and three professors went on a study trip to Cuba as part of their fall semester class on Cuban politics, history and culture. Over their 10 days in Cuba, they had the opportunity to meet with more than a few very important people and travel to notable sites around Cuba.

Not only was the trip scholastic and packed with informative experiences, but the visitors participated in various exciting events! According to student Joe Kaplan, they had a lot of free time to explore and interact with the local Cubans.

"Seeing people’s reactions to hearing that we were from the United States was probably one of the most interesting parts of the trip. People were really enthusiastic about their love for the U.S.,” Kaplan said. “My best personal experience was asking police officers where to find pizza at 2 a.m. and actually finding a rooftop bar that served it."

Not only was the trip engaging and fun, it was also monumentally eye opening. Professor Don Share, who teaches in the department of Politics and Government was one of the three professors who went on the trip.

"I found those trips to be the most exhilarating teaching experiences of my 30+ year career in college teaching," said Share, who had supervised a seminar experience because they thought it would be life changing for some of the students to witness the possibilities and conflicts of that process.

"Each time I go to Cuba I see evidence of pretty substantial changes that would have been unthinkable in the past," Share said about the progress Cuba has made. For example, he said that the amount of officially tolerated dissent and private enterprises have grown significantly.

One place in which innovative change could be closely observed is the city of Havana. Despite a few day trips to a beautiful ecological farm and the beach, the students were based in Havana for most of the trip.

In Havana, they visited many significant city sites such as the Ministry of Foreign Affairs, educators, journalists, members of the clergy and several musicians.

The students were fortunate enough to visit Cuba in a time of immense change in Cuba’s relationship with the U.S. As a portion of the U.S.’s ever-evolving Cuban policy, the U.S. recently released rules about the kinds of goods and services that can be imported from Cuba’s new self-employed sector.

For the first time in over 50 years, U.S. companies will be allowed to provide services, import goods and services from self-employed Cuban entrepreneurs and employ private Cuban workers. It is now also much easier to travel to Cuba due to the Obama administration’s newly announced travel and trade rules in a move by the US and Cuba to renew diplomatic ties.

Hence, the Puget Sound student trip to Cuba was one that lead the way for many more students to experience the educational, eye opening, and exciting culture of Cuba.
DEBATERS QUALIFY TO NATIONAL TOURNAMENT

By JESSICA CHAN-UGALDE

University of Puget Sound’s Forensic Parliamentary Debate team has qualified for the National Parliamentary Tournament of Excellence (NPTE).

This year’s tournament will be hosted at William Jewell College in Missouri from March 20-22.

The Policy Debate team is in the process of qualifying for the National Debate Tournament (NDT) hosted at the University of Iowa from April 3-6.

The Forensics team competes in two tracks: “Policy, which has one topic for a whole year... [and] Parliamentary Debate, which has a new topic each round,” junior and Forensics team member CJ Queirolo said.

On the Parliamentary Debate track, seniors Sarah Rissberg and Connor Sabin were the top-ranked Parliamentary Debate team in the country by the National Parliamentary Tournament of Excellence by fall 2014.

In 35 tournaments, the duo won over 85 percent of their debate rounds.

“We're really good at Parliamentary Debate, which has a new topic each round,” junior and Forensics team member CJ Queirolo said. “We had the best Parliamentary team in the country and that's why debate doesn't have divisions... Schools from community colleges to Ivy Leagues all compete each other... To have the top team in a field of competitors is unreal.”

For coach James Stevenson, a 2013 Puget Sound alum, national is just the icing on the cake.

“Honestly the sort of intellectual rigor, academic depth and the sheer workload... is mind-boggling,” Stevenson said. “It's been an honor if nothing else to work with such driven, talented and intelligent students.”

One of the team’s more recent achievements was placing 16th in the 2015 USC Alan Nichols Debate Tournament on Jan. 3-5 ahead of teams from Stanford University, University of California at Berkeley and Northwestern University.

Queirolo and Brittenham also competed as a team in the Open Policy event and were nationally ranked speakers in the top 40 and top 50 respectively.

Queirolo and Brittenham also received votes to be in the coach’s poll of the top 25 for policy debate, which is the first time a Puget Sound team has been recognized in that way.

Though Puget Sound’s Policy Debate team is on the fast track to becoming nationally recognized, this was not always the case.

“I was discouraged by other policy debate community members from coming to Puget Sound because I was told we didn’t have a program,” said Brittenham.

“We showed up with a wave of five first years and [senior] James Stevenson, our coach. We kind of jump-started the program and we qualified the team to nationals [for NDT in 2013] for the first time since [2006].”

For Loggers interested in becoming part of the team, the Forensics co-curricular activity class can be found through the Whee lock Student Center.

“I would tell anybody who wants to join that they should definitely consider it. It’s not really like public speaking, it’s much more about becoming comfortable with yourself and finding a way to advocate from your positionality for yourself and the things you care about,” Queirolo said.

Lukie Crowley is a first year from Woodinville, Washington. He is planning to be an economics major and has been involved with student journalism for more than three years.

In his free time, he enjoys playing ultimate frisbee, following sports and exploring the outdoors.
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ACCESS PROGRAMS PARTICIPATES IN ETHICS BOWL

By PAUL GOUDARZI-FRY

President Ronald Thomas has joined the executive Committee of the National Association of Independent Colleges and Universities as the chair of the Committee on Student Aid.

President Thomas, in his final year of his three-year term, has been with the Committee on Student Aid at NAICU for two years. “Now in my third year, I was named by the executive Committee to join the 10 member executive Committee, assuming the role of chair of the Student Aid Committee, one of NAICU’s four policy Committees,” Thomas said.

The other three Committees are the Tax Policy Committee, Accountability Committee, and Policy Analysis and Public Relations Committee.

ACCESS PROGRAMS

The Ethics Bowl encourages teamwork, critical thinking, and the competition of ideas. Philosophy has been proven to improve cognition in a way that is likely to increase standardized test scores, as reported by Dr. Keith Topping and Dr. Steven Trickey, who found that students’ scores improved an average of seven points in comparison to the control group (CAT3, 2001).

The Foss High students, along with Professor Anel Tubert and her students, put in more than 80 hours of work. “It was a real experience for the Puget Sound students to be in a situation where they have to teach people,” Tubert said.

The three Puget Sound students felt the same way. “Coaching a high school ethics team was an invaluable experience for me. Being able to teach the skills that I have learned from my time competing has helped me to grow as a competitor as well. Additionally, Ethics Bowl benefits [students] at the high school level by allowing [them] to foster critical and ethical thinking, methods of argumentation and their public speaking abilities. It is my hope that Tacoma high schools will continue to be interested in the program, and this partnership can go on for years to come,” Maia Bernick, senior said.

Although Foss High and the Loggers did not win, they had a great team and hope to go again next year. It is great to see other departments in the school support Access Programs using their resources, as well as helping connect Puget Sound students to the greater Tacoma community. Access Programs hopes that this will encourage their students to apply to the University, since they strive to get admission from Puget Sound students a year.

Along with events like Ethics Bowl, Access Programs runs a wide variety of programs to help local Tacoma youth, including writing workshops, SAT prep and tutoring. Since they are privately funded, their only limitation is staff.

“If we had more staff, we could have more of a presence in Tacoma schools and maybe even have an after-school program or counselors that work there,” Colon said.

Many schools in the Tacoma area do not have tutoring or afterschool programs, so they close down their doors at 3 p.m., leaving the students with nothing to do until their parents get home after work. Colon wants to increase Access Programs in local Tacoma schools to help students, and reduce the limitation of students having appropriate staff and funding.

Where to Find the Trail

Our students have funding to require third party to pay sooner for programs like Tuesday Tutoring. Lacking transportation to Puget Sound, bars access to these programs for children who attend schools outside the northern part of Tacoma.

What progress has been made, some believe more could be done with the appropriate staff and funding. Other universities like University of California at Berkeley have opened up their resources (i.e. library data bases, computers, etc.) to those that don’t attend the University.
BASEBALL TEAM STARTS SEASON IN L.A. AND PORTLAND

By LUKE CROWLEY

Practice makes perfect: Cal Marumara takes some cuts in the cage off the tee, showing that he is not complacent with his hot start. PHOTOS COURTESY/EMMA TURNER

With the non-conference schedule coming to a close, the Loggers’ chemistry is coming together, and they are looking forward to continuing a solid season.

The season is in full swing right now, playing back-to-back weekends in Los Angeles from Feb. 6-8 where they went 1-2 and in Portland on Feb. 13-14 where they went 1-3.

On Friday Feb. 6 the Loggers battled Pomona-Pitzer in the season opener, winning 9-4 and rallying in the eighth and ninth for three and four runs after trailing 3-2 going into the eighth inning.

First-year student Cal Muramura (Kanokaulu, Hawaii) went 4-4 with two runs scored and led the way.

He offered his thoughts on the game. “I did not know I was able to hit how I did this past weekend, but I guess all those hours of hitting in the cages really paid off. The big thing is, I have to keep hitting and making mistakes and put pressure on the other team.”

Muramura added his thoughts on the comeback. “In our minds, that was one of the best attempts at making a comeback because all of our bench players stepped up in a situation where we thought we were going to lose. Even though we eventually lost, it showed that we can make a difference in contributing to our cause,” Muramura said.

The following weekend in Portland on Feb. 13-14 the Loggers had two doubleheaders, the first against Concordia (twice), Corban and Linfield.

In the first game they crushed Concordia 19-0 as sophomore Collin Maser (Billings, Mont.) pitched an absolute gem, having eight shutout innings. Junior Chris Zerio (Pleasanton, Calif.) added three hits and an RBI in the win.

The second game the Loggers fell 7-4 against Concordia, where first-year student David Follett (Billings, Mont.) received his first career start.

“For my first time pitching in college it was a lot of fun, and didn’t let my nerves get to me,” Follett said.

On Saturday Feb. 14, the Loggers lost 3-1 against Corban where first-year student Merle Rowan-Kennedy (Seattle, Wash.) received his first career start and finished, allowing three runs in 6.2 innings.

“I’ve had my ups and downs this year, and there have been a lot of learning experiences, but I think that I have been able to learn from my mistakes, and the guidance of my older teammates has certainly helped me,” Rowan-Kennedy said.

In the final game of the weekend the Loggers fell 8-0 against Linfield.

Overall, the Loggers are now sitting at 2-0 (0-0 in conference), but it is just the beginning of the season.

There is much to look forward to as the season goes on, including this weekend's trifecta against Lewis and Clark.

"Practice makes perfect: Cal Marumara takes some cuts in the cage off the tee, showing that he is not complacent with his hot start. PHOTOS COURTESY/EMMA TURNER"

WOMEN’S BASKETBALL DOMINATES NORTHWEST CONFERENCE

The nationally ranked Puget Sound women’s basketball team (20-3 overall, 11-3 NWC) extended its winning streak to five games this weekend with two road wins, beating Linfield College 96-77 on Friday night and beating Lewis and Clark College 69-53 on Saturday night.

The Loggers, ranked 22nd nationally (d3hoops.com), opened up the weekend with a historic offensive output, setting a program record with 96 points in its victory over Linfield (10-13 overall, 4-10 NWC).

This effort was led by junior guard Emily Sheldon (Portland, Ore.) who scored 22 points, along with eight rebounds and seven assists. Senior forward Amanda Forsay (Moraga, Calif.) also added 21 points and seven rebounds.

“We really focused on push- ing the ball in transition,” junior forward Ally Wyzyński (San- marinus, Wash.) said. “We shared the ball really well as a team and our shots were fall- ing.”

Wyzyński, who contributed seven points and six rebounds, was a part of the deep and tal- ented rotation off the bench that allowed the starters to rest with- out much of a dropoff in the level of play on the court.

While the game was back and forth early in the first half, the Loggers held a 51-40 advantage at the half. Linfield cut the Loggers’ lead to nine early in the second half, but Loggers pulled away soon after, building a lead as large as 19 points before the final buzzer.

The Loggers’ team shoot- ing percentage of 47.9 was the third-highest mark for the team in any game so far this year.

The Loggers also dominated the board, outrebounding Linfield 41-31.

The Loggers followed up Fri- day night’s dominance, out- performing with a 69-53 blow- out over Lewis and Clark (15-5 overall, 5-9 NWC). The team was again led by Sheldon and Forsay. Sheldon scored 18 points to go with three rebounds and three assists. Forsay was once again a force in the paint, recording 16 points, eight re- bounds and three assists.

Senior Katy Ainslie (Red- mond, Wash.) also had her third straight double-digit scoring performance, adding 11 points.

The Loggers led for all but the first two minutes of the game, dominating Lewis and Clark on both sides of the ball. The game was over by halftime, with the Loggers leading 47-26.

The Loggers actually had a better shooting performance versus Lewis and Clark than they did in their historic performance against Linfield, shooting 49.0 percent from the field, which was the highest team mark in any conference game this sea- son and the second highest of the season as a whole.

While the Puget Sound wom- en’s basketball team has been dominating the whole season, they appear to be getting better in the most important stretch of their season.

The Loggers currently sit in third place in conference, a half game behind second place Whitworth (19-3 overall, 11-1 NWC). But with two games left in the regular season, including one versus Whitworth, the team is in control of its own destiny.

The team is currently playing for seeding in the postseason conference tournament, a sin- gle elimination playoff between the top four teams in the confer- ence. Winner of the tournament receives an automatic bid to the 2015 Division III Women’s Bas- ketball Championship, the 64-team national tournament.

If the Loggers win out in the regular season, they will be sec- ond seed in the conference tournament, allowing them to host at least one game. If they don’t get the second seed the Loggers will be forced to play on the road for the rest of the sea- son.

With Puget Sound currently nationally ranked there is a good chance they can make the NCAA tournament even if they don’t win the conference tournament.

However, the team would be in a safer position by not leav- ing their fate in the hands of a selection committee, therefore guaranteeing themselves a spot in the NCAA tournament with an opportunity to win a national championship.
ULTIMATE FRISBEE GAINS POPULARITY

By MADALINE BROOKS

Ultimate Frisbee is a rapidly growing sport that combines elements of soccer, basketball, and football and is represented by not only two, but three teams here at Puget Sound.

Ultimate Frisbee—commonly referred to as Ultimate—is a sport in which a Frisbee is moved around the field by passes thrown from player to player on the opposite end.

The object of Ultimate is to move the Frisbee starting from one end of the field to the end zone at the opposite end.

A successful completion of a pass inside the end zone earns the team one point, with the goal of ending the game with more points than the other team.

Puget Sound was first in 20149 in the parking lot of Columbia High School in Maplewood, N.J. using telephone lines and piles of jackets to make goal lines.

Today, just a short 46 years later, Ultimate has developed into a multi-national sport with multiple divisions and leagues.

Not only is the sport growing in location, but it’s also rapidly growing in membership.

In 2013, Ultimate, the national governing body of Ultimate leagues, reported a membership increase of a staggering 25 percent up from 2012.

It’s obvious that Ultimate is a quick growing sport, but why? The reason is actually a combination of factors.

Sam Jones (Bend, Ore.), and Alan Henry (East Hampton, Conn.), the captains of the women’s team, Clearcut and the men’s team, Postmen respectively, take a look at what is causing Ultimate’s rapid increase in popularity.

Jones, a six-year Ultimate player, believes that one of Ultimate’s biggest advantages is the approachability and welcoming nature of the sport.

Jones credits Ultimate’s approachability to the ease of learning the sport.

“Larsen hit her second home run of the season in the second game against Northwestern University. University of Puget Sound was playing 4-0 in the bottom of the fourth when Larson led off with a single-shot home run.

In the first game against North- western University, Nagamine hit a runner batted in (RBI) single in the bottom of the fifth inning to score junior infielder Lisa Colom- bro (Los Gatos, Calif.). That was the lone score for the Loggers in that game.

Larson’s first home run of the season and her first career home run came in a 3-1 losing effort to Pomona-Pitzer on Feb. 7. Larson is hitting .474 batting average on the season with four RBIs. Her on-base percentage is .500 which is 20th in the nation.

“I just have to continue to stay focused on the box. What moti- vates me offensively is my team, so I just need to continue to do whatever it is to help my team- mates,” Larson said.

Nagamine is second on the team with a .241 batting average (minimum 10 at-bats) and three RBIs. Colorado is tied for most runs scored on the team with three.

University of Puget Sound’s softball team has a .241 batting average with a .294 on base percentage and a .310 slugging percentage.

“We need to work on our consistency at the plate and by stepping into the box with a con- fident mindset, it’ll help us stay quiet at the plate. Our bat hardener,” sophomore outfielder Kristi Nagamine (Honolulu, Ha- waii) said.

Defensively the team’s earned run average (ERA) is 5.81. Sop- homore Pitcher Jaci Young (Aka, Hawaii) has a 4.88 ERA, which is the lowest on the team. Clearcut’s en- ments are averaging a .351 bat- tage average.

The players succeed when their defense makes plays. As an out- fielder, it’s important to go hand for every ball. Even if you dive for a ball and miss, your pitcher knows you’re trying your best,” Nagamine said.

Many players on the Puget Sound softball team relay the bond that exists between team- mates.

They believe that it is impor- tant to their future success that the team relaxes. The University of Puget Sound’s softball team is very young.

There is only one senior and a total of four upperclassmen on the team. There are six first years on the team.

It is imperative that the team must rely heavily on their younger players to find success this ses- son.

Four first years started in the first game against Northwestern University.
“Feminism” is one of the most loaded words in today’s society. Too often it is associated with images of bra-burning and man-hating, which tarnish and can occasionally silence the movement’s call to action. This, I contend, is a result of distortions and exaggerations spread by both unflattering coverage in the media and through people or groups with negative, and perhaps uninformed, views. Recently, an example of this phenomenon is the blog Women Against Feminism, which is essentially a photo collection of women holding handmade signs that ridicule the entire movement with sweeping, hysterical statements.

Instead of giving in to a negative depiction of women’s activities—including using expressions such as Rush Limbaugh’s famously popularized “feminazis”—the idea that should come to mind when thinking of feminism is one that is progressive and positive in nature. I especially agree with bell hooks’ classification in Feminism Is For Everybody, defining it as the “movement to end sexism, sexual exploitation and oppression.” Clearly sexism—both institutionalized and individualized—is the common problem that the movement addresses.

The issues facing society today, especially those regarding gender, are oftentimes sensitive and complex. Strict gender labels do not apply to everyone. Men are victims of sexual assault and abuse. No one is immune to society’s unrealistic and warped standards regarding appearance.

On the other end of the spectrum, it is undeniable that women have made advancements in many career fields (and perhaps consequently) the number of stay-at-home fathers has nearly doubled in the past 25 years (two million were recorded in 2012, up from just over one million in 1989).

This begs the question: has feminism achieved its goal? If so, the term “women’s issues” would be rendered as outdated—in other words, the problems in today’s world would now affect society as a whole, not just women.

In my opinion, they do not. I argue there still are women’s issues and consequently feminism is needed now more than ever.

“I do think that feminism has served its purpose. I feel like women and men actually are equal in today’s society,” a sophomore at the University said.

There are millions of women in successful careers like doctors and lawyers—most college students have an entire body of study that is mostly females, including [Puget Sound].

This is true: according to Forbes, 57 percent of college heads are in fact female, an unbelievable leap when com- pared to the mere 32 percent of women enrolled in universities in 1950. Yet, after finishing college, it is evident that women do not occupy the same leadership positions that men in our society do.

In 2014, 24 of the Fortune 500 CEOs (4.8 percent) were women. This was actually the all-time highest in the list’s history. Yet in a Jan, 14 report by Pew Research Center (PRC) on women and leadership, on average, Americans admit they find women “indistinguishable from men on key leadership traits such as intelligence and capacity for innovation.”

Yet when questioned about the gender discrepancies within political and executive positions, the two most popular responses were that “women are held to higher standards” and the public is “not ready to hire/elect women leaders.” Clearly, this must be laid on a women’s issue.

The United States government is another key example of the hesitation to identify problems as pertaining specifically to women. Unless you are a white, Christian, middle-aged male with more than a million dollars in your bank account, you are being underestimated in American government. According to the PRC and Time Magazine, on Jan. 6, 80 percent white, 80 percent male, 92 percent Caucasian and for the first time, a majority (50.2 percent) are two women more than one million dollars or more.

Due to the previously mentioned complexities, many are understandably hesitant to call the skewed representation in our country a “women’s issue.” I concede that it clearly is—and thus that other things, a woman’s issue.

Furthermore, when opponents of feminism defend it as a recurring argument develops, usually acknowledging the fact that many people have a problem with feminism, it is a women’s issue.

In my opinion, they do not. I argue there still are women’s issues and consequently feminism is needed now more than ever. Of course this is true and we should combat is sexism in all forms such as higher incidences of violence and homelessness as well as society’s unfavorable notion of masculinity. I believe this is an equally relevant topic, but it does not call for an abandoning of feminism. In fact, if one opinion is true, it is necessary to seriously consider the previously mentioned definition, men’s issues actually demand that the movement continues.

In our society, complexities are now the norm; we have adapted to new disease cases and illnesses relatively quickly, and should do so with feminism. In an ideal world, there would not need to be the expression or even the concern of “women’s issues.”

So then, however, we must continue to use the phrase in order to accurately label sexist oppression and help to combat it.

#BlackLivesMatter: Media attention often focuses on certain incidents, such as the recent issues in Ferguson.
VEGANISM EXPLAINED

By MICHAEL SCHENBLATT

Veganism is often mocked when it comes up in conversation. By now, many people have heard the joke: “How do you know if someone is veg-an?” “When they tell you they’re gluten-free.” Well, the same could be said about all types of diets, including those that achieve wellness through a particular health concern, such as when someone is kosher or diabetic. Even omnivores will tell you what they can or cannot eat because we all have individual tastes and reasons for why we eat what we eat.

But the way we think about veganism is different than how we think about other diet preferences. The societal prejudices against vegans do not reflect the reality of our diverse culture and our attitudes of tolerance, and they must end.

The complete list of foods a person eats is the result of numerous lifestyle and cultural factors. Although societal preferences are pretty stable, sometimes there are whimsical shifts, such as when a new diet fad emerges. We see such capricious facts in the form of weight loss and “diabetes” diets. The way society views these diets is often contrary to how people regard vegans. Each time a new health craze suddenly comes into fashion, many people view it as the silver bullet to getting the most protein or to losing weight, or both. Then, when that craze fades, they quickly move on to the flawed science behind them.

The current health craze is going gluten-free. We know this because we hear so many people talk about the food they eat more than they’ve ever talked before. Then, there are the ones who are gluten-free. They tell you that they’re vegan? How often do vegans guilt you about the ethics of eating meat?

Then consider if vegans actually do talk about the food they eat more than others and try to change your ways of eating, such as gluten-free. A quick browse through the numerous books and websites that say you’re gluten-free are more vocal about their diet than vegans. Misconceptions about vegans often cause people to fear vegans without considering the reasons why someone would choose to be vegan. There are probably more reasons to be vegan than you might think (there are even health reasons). So before you become defensive about the next vegan you encounter, try to consider if they are really trying to help you.

Hence, vegans might even become mainstream someday.

We know your Netflix queue is possibly stuffed with “MythBusters” and other science-based shows. The show is more worried than it should be about the way science is portrayed in the media, and was developed from their own experience working on the show.

Within the flatmate relationship, there will always be the annoying one and the annoyed one; your goal is to not be both. “Peep Show” is a character study in the case both roommates defy this sacred, golden rule. Part of the reason why Peep Show has never obtained a mass following might be its slightly odd format. The show serves as a literal POV for the two main characters: Mark or Jeremy, the audience looks into their own images produced by technology.

What’s horrible, yet delightful, about this show is how relatable these characters are. Though this may be an attractive sentiment, one thing must be made clear: Mark and Jeremy are terrible people. Mark is tremendously self-centered, sycophantic, gullible and cowardly, while Jez is delusional, selfish and juvenile. All things we strive not to be, is what Mark and Jeremy are. The only thing that makes the show so funny is that the comedy is grounded in their failure.

5. “Broad City”

Geared For: Humanities

“Broad City” is the only comedy show without actual written jokes, and yet it’s the most wanted one of the season. The show is a complete surrealistic (and two women in their twenties (barely) living in New York City. The series was created by Ilana Glazer and Abbi Jacobson, who also star as the series leads, and was developed from their web series of the same name, first produced in 2009. Anyone with a humanities degree will understand the plights of living with a humanities degree, grasping for solvency as an almost-adult.

6. “Black Mirror”

Geared For: Science, Technology, & Society Philosophy

If “Black Mirror” could be ascribed to any genre, the only category that vaguously fits is Dark Comedy. Well, the darkest of dark comedies—a coal-black guitar-like dark comedy, “Black Mirror” is an anthrology series, similar to that of “The Twilight Zone” or “Alfred Hitchcock Presents.” The show has its own characters, storyline and cast. Essentially, there is no correlation to any other series other than our destructive relationship with technology.

The Loop” creates a hysterically dark universe of video game developers, in which sweaty business-nerds and the fictionalized president of the United States are engaged in a scathing White House satire, in- corporating previous American political garb into a fictionalized Vice President administration. The zany plot is an attraction for any English major, or not to mention the hilarious in- volvement of “South Park.” We often see something every PolySci student will revel in.

Within the flatmate relationship, there will always be the annoying one and the annoyed one; your goal is to not be both. “Peep Show” is a character study in the case both roommates defy this sacred, golden rule. Part of the reason why Peep Show has never obtained a mass following might be its slightly odd format. The show serves as a literal POV for the two main “pro- tagonists,” if you could call them as such, Mark Corrigan and Jerm- any Usborne. The camera large- ly functions as the hand of either Mark or Jeremy, the audience sees through their eyes, talking to— and being talked at by— the other characters. This is per- fectly capitulated in the opening titles, in which swatting business- suit-adorned (“light-feted cock- muncher”) Mark and his flatmate Jeremy (work-shy “trainwrecker”) Jeremy talk into their own images pro- jected onto a TV screen, a sub- tle representation of the show’s premise. The camera gets up close and personal, the hear snippets of Mark and Jez’s inner monologue; ones often filled with self-pitying and middle- class microaggressions.

What’s horrible, yet delightful, about this show is how relatable these characters are. Though this may be an attractive sentiment, one thing must be made clear: Mark and Jeremy are terrible people. They are positively the worst. Mark is tremendously self-centered, sycophantic, gullible and cowardly, while Jez is delusional, selfish and juvenile. All things we strive not to be, is what Mark and Jeremy are. What makes the show so funny is that the comedy is grounded in their failure.

4. “Peep Show”

Geared For: Perception, History

“Peep Show” is essentially a television portrayal of the flatmate/roommate relationship. The flatmate theory is as follows:
Sound education

The incorporation of bioethics into a Puget Sound education

By ROSA BRANDT

Bioethics issues surround each and every one of us, whether or not we are aware and classify them as such. Topics like artificial intelligence, euthanasia, organ donation and stem cell research are just a few of the many. We hear and read about these issues in the news and although they may not directly affect us personally, we usually have an opinion about them. The field of bioethics explores the ethics and values that are intertwined with advances in technology and medicine. And because of our fast-changing world, more and more of these issues arise monthly.

Bioethics as a field began in the 1960s, around the time that the kidney dialysis machine began to appear. "The question became who gets the machines and how long should we keep people alive?" Professor Suzanne Holland said.

She explained that the first bioethicists were theologians and religious scholars because they were called to help answer the ethical questions surrounding the dialysis machines, and whether humans were playing the role of God. Of course there are ethical questions surrounding many health- and medical-related issues, and bioethics as a field has grown substantially.

Puget Sound is the only liberal arts college among similar schools with a bioethics program. In 2010, the National Undergraduate Bioethics Conference (NUBC) was hosted here on campus, and in the following years enough interest has brought about the Bioethics emphasis, new in fall 2014.

Before the new emphasis, courses were scattered across the curriculum and were offered in the area of religious ethics for those interested in theology, and ethics classes focusing on public health. When I returned and heard about the bioethics program in Lewin’s class, I knew that was something I could be very interested in, despite knowing next to nothing about bioethics at the time. I think that the incorporation of bioethics into the education of someone who wants to go into the health field is extremely important for understanding the systems within which you will work, the problems associated with the field, and most importantly, the patients themselves. Those ideas are what made me want to incorporate bioethics into my degree.

Aaron Pomerantz (psychology major): I heard about the bioethics program through Professor Ben Lewin when I took his Sociology of Health and Medicine class last spring. Up until my sophomore year, I was pre-med, with the intention of becoming a family physician. In the fall of 2013 I studied abroad in India, Vietnam and South Africa on a program that was focused on Global Public Health. This program completely changed the way I saw healthcare and health delivery on a global and local scale, and changed my career path to a focus on public health. When I returned and heard about the bioethics program in Lewin’s class, I knew that was what I wanted to do.

Lily Kiely (biology major): I first became interested in bioethics when I took Professor Holland’s freshman seminar on bioethics. I was fascinated by the questions that the topics brought up and the complexity of the issues surrounding bioethics, as soon as I found out that there was going to be an emphasis I was immediately interested.

Pomerantz: We have a really interesting group of seniors this year who are all very passionate about bioethics. The program has added to my education by giving me the tools to think critically of the field I want to work in, thus allowing me to better understand the public health and medicine and the people who those fields seek to serve. If anyone is interested in bioethics, but maybe wants to test it out, or feels intimidated by the faculty or classes, come to Bioethics Club!

Bioethics Club:

What it is: A casual but engaging atmosphere where students gather to discuss the most interesting or current bioethics topics, hear presentations by Puget Sound faculty or guest speakers and discuss articles or books relating to bioethics.

When: Thursdays at 7 p.m.

Where: Thompson 197

The Bioethics Program:

What it is: An emphasis for students of any major interested in the field of bioethics.

Topics including: Human and animal experimentation, genetics, embryology, regenerative medicine and human stem cell research, global health, death and dying, disability studies and much more!

For more information: pugetsound.edu/bioethics

Q: How did you hear about the bioethics program and what made you want to incorporate it into your education?

Lily Kiely (biology major): I first became interested in bioethics when I took Professor Holland’s freshman seminar on bioethics. I was fascinated by the questions that the topics brought up and the complexity of the issues surrounding bioethics, as soon as I found out that there was going to be an emphasis I was immediately interested.

Q: What has your experience in the seminar (BIOE 400) been so far and how is it adding to your education?

Kiely: I’ve been really pleased with the structure of the class. It is fun to be in a small class with individuals who all come from a variety of academic backgrounds because it makes for dynamic conversations. Since bioethics is such a multidisciplinary field it’s nice to get different perspectives on the issues that we are discussing. I would say that the classes I have taken for the emphasis requirement were some of the best classes that I’ve taken at this University. They were classes that I wouldn’t have otherwise taken but have been hugely influential in helping me determine what sort of career path I want to pursue after graduation.

Aaron Pomerantz: We have a really interesting group of seniors this year who are all very passionate about bioethics. The program has added to my education by giving me the tools to think critically of the field I want to work in, thus allowing me to better understand the public health and medicine and the people who those fields seek to serve. If anyone is interested in bioethics, but maybe wants to test it out, or feels intimidated by the faculty or classes, come to Bioethics Club!
PROFESSOR BRETT ROGERS: A GLIMPSE INTO THE PROCESS OF CO-EDITING

By SOFIA SCHWARTZ

ost people know the general story of Mary Shelley’s Frankenstein and how students might have been required to actually read it during their high school or college careers, but there is a detail that is frequently overlooked or brushed to the side as unimportant. The novel’s title is Frankenstein; or, The Modern Prometheus, referring to the fact that Shelley created this renowned novel as an interpretation of the Greek myth of Prometheus.

Within the recently published Classic Traditions of Science Fiction Co-Edited by Brett Rogers, a classics professor at the University of Puget Sound, and Benjamin Eldon Stevens, a visiting classics professor at Bryn Mawr College, Shelly’s Frankenstein is analyzed in the context of its place in classic mythology, but it isn’t the only one.

This collection of essays discusses modern science fiction tales from “Star Trek” to Alien to Revisioned: The Hunger Games and connects these famous stories to classics. But how does one decide to write about the relationship between science fiction and classics?

When Rogers was an undergrad at Reed College, he lived in a dorm dedicated to classics. Among the other things this dorm organized quirkily classic film nights.

“One night, we showed the 1986 cartoon-film Transformers: The Movie, not to be confused with all the other things this dorm organized,” Rogers said, speaking of himself and his co-editor, Stevens. “It’s a little different from others movies movies,” Rogers said, speaking of himself and his co-editor, Stevens. "You just spend years working on the thing,” Rogers said, “until it’s like herding cats,” Rogers said. “Our contributors have been great all along, but it’s been so much fun always keeping track of so many different moving parts at once.”

Not only were they trying to hold 14 different authors to submission dates and other logistical specifications, they were also struggling to make sure the essays remained accessible to audiences ranging from academics in the field of classics to anyone who is interested in science fiction writing.

“We’re trying very hard to figure out where the sweet spot is between doing very sharp, careful academic work and still being able to communicate to audiences that aren’t necessarily specialists,” Rogers said. “Because at the end of the day, if you’re just talking to people who already read good.”

Shelly’s Frankenstein is a good example of this. Rogers indicated that he still wasn’t sure if they had been able to achieve this balance and was curious to see how the reviewers responded.

“You just spend years working on the thing,” Rogers said, “until it all goes out and you then at the very last minute you write the in- dex and then hope it makes it to the publisher in time.”

After nearly six years of working and planning, Classic Traditions in Science Fiction was released on Jan. 8, 2015, but even before it they submitted the complete manuscript they were already working on their next project.

Rogers speculates that Classic Traditions in Modern Fantasy will have a faster turnaround and they hope to have it published within the next couple of years.

In the meantime, Rogers has organized a conference that will happen at Puget Sound on the antiquity of classical traditions and its relationship with science fiction and fantasy. There will be 18 papers presented, featuring speakers from Puget Sound as well as from across the nation and even from outside the U.S.

Rogers was also excited about the two keynote speakers who will be presenting.

One, a professor from University of British Columbia, will speak about the relationship between classics and monster manuals and the history of role-playing games.

Classic Traditions of Science Fiction Co-Editors: Professors Brett Rogers and Benjamin Eldon Stevens pose in front of their book, which is the first collection of essays in English that discusses the connection between the classics and science fiction.

The second presenter, Catherine Valente, is an award-winning author especially known for her novel Palimpsest, which won the Lambda award for GLBT Science Fiction or Fantasy.

“She’s like Neil Gaiman on crack,” Rogers said. “She’s amazing. Her prose is beautiful and challenging all at once.”

This conference will be held at Puget Sound March 27 through March 29 and students are encouraged to attend.

When asked why he was so passionate about the study of classics, Rogers emphasized how pervasive the influences of classics are in modern genres.

“People,” Rogers said, “while they’re spending so much time priding themselves on looking ahead to the glorious future, it turns out that they’re actually looking backward and looking deep into the past.”

DESTINATION TACOMA: REVISIONED—AN URBAN BOUTIQUE

This column seeks to provide key spots on the map for those with adventurous spirits to get out of the school bubble and explore this amazing town we call home. Please direct all comments, complaints and suggestions/requests to trailfeatures@pugetsound.edu.

By CASEY DEY

Outfits are great for finding tidbits from a variety of local artists, but Naarah McDonald of Revisioned strives to go far beyond that. Her mission is to re-educate people in purchasing local, not just to support the artists, but to understand and appreciate the quality of craftsmanship that goes into these products, as well as the work that the people behind the products.

McDonald started as a costume for a variety of the theatre and dance companies. She later opened a boutique called Visioned Fibres in 2009 that reimagined everyday items into wearable, distinctive, creative ways. Then about six months later Rogers gave her the idea for this business, and merged the two into Revisioned.

Revisioned hosts about 30 vendors, ranging from knitters and crocheters to make-up artists. She also talked about wanting to connect people to the artists themselves, and particularly the stories they had to tell. Everyone has a story of how they got there, why those products, why that way—stories that people miss in bigger stores. Revisioned supports artists by giving them an opportunity to get their name out there without having to come to the hassle of finding and running their own store. It’s also a little different from other boutiques in that it gives the higher percentage of the profits to the artists, rather than most of the profits going to the boutiques themselves.

It still isn’t a lot, but at least the artists can cover costs, rather than having to pay to get their names out there. McDonald also had a piece of advice for fellow students. "BE BOLD. Don’t be afraid to take risks in this world. Your generation has been gifted with the opportunity to create your own paths in life, so take full advantage of that!” she said. "And if you find yourself having to work four jobs, make them ones you create for yourself, things that inspire you and you’re passionate about and can use to challenge the world around you.”

She also said for those who have created something—whether art, ars, whatever—even to be sure you find someone to look at your work and give you the feedback to help improve. It can be hard to judge your own work, but find someone you trust so you can harvest in your work’s full quality and value. Travel, inspire, create, challenge and be bold!

Find this lovely little boutique at 741 St. Helens Ave, www.revisionedfibers.com, or by calling (253) 271-9174. You can find more info about all the vendors at the store, but Pip & Lola’s soaps can be found on Etsy and www.pipandlola.com. The owners are moving this summer though, and it is uncertain how long they’ll continue to supply to that store, so be sure to check them out before it’s too late!
**SEX TOYS SATISFY THROUGH THE AGES**

By GREGORY GROPGAGE

For many college students, the concept of sex toys is not a revolutionary one. While not necessarily a practice for many, the use of sex toys—either for masturbatory purposes or for use with others—would not be considered unprecedented to many of us.

When discussing sex toys, the main image that comes to mind for many college students is the dildo. But where did the dildo come from, and why does it dominate our imaginations so?

The oldest known dildo is a siltstone 20-centimeter phallic from the Upper Paleolithic period 30,000 years ago that was found in Höhle Fels Cave near Ulm, Germany. But it was not merely the Germans who were fond of such pleasure seeking; so too were Chinese women of the 15th century, who made dildos from lacquered wood, and the Ancient Greeks and Romans, who made them from stone, marble, and wood. It remains unclear as to whether these were used for ritualistic purposes, pleasure purposes, or both.

Sociological studies suggest that the attitude that a society has toward non-procreative sexual activity is one that both reflects greatly upon society and affects it greatly. The attitudes behind the use of dildos in these times seem to demonstrate just that—showing, more than anything, a view on sexuality and gender roles in society.

In Ancient Greece, for example, women frequently spent long stretches of time without their husbands, and were publicly ad- vised to “cure” their hysteria by means of achieving orgasm. This belief was echoed centuries later in Victorian England as women’s husbands went away to war or to fight in wars, leading to doctors performing manual masturbatory massage on their female clients in order to bring them to orgasm and end their “hystera.”

Alongside the onset of the Industrial Revolution, however, this also allowed items of sexual stimulation, such as “The Manipula- tor” to be commercialized for the first time. This was an enormous, steam-powered machine invented by American physician George Taylor, created to bring women to a “hysterical paroxysm” (orgasm) without the tiring overexertion of their physician’s hands. Oddly enough, the sexually stifled nature of the Victorian Era, with its high views on sexuality changed again. For those of us with penises, the most basic of the sex toys would be the Fleslight. Intended as a sort of artificial orifices, the Fleslight is a hand-held device that can be penetrated through an opening that, in more common versions, is in the shape of a vagi- na, an anus or a mouth. For those of us with vaginas, the most basic sex toy might be the dildo, because it is so commonly known and sex straining in nature, but a better first-time choice might be an external vibrator.

Given the fact that penetrative oneself with something other than another person’s body part can be intimidating, studies by the Kinsey Institute for Research in Gender, Sex and Reproduction sug- gest that women’s more easily achieve orgasm by means of clito- ral stimulation, possibly because it is a less stressful and invasive ex- perience and because the clitoris has so many more nerve endings than the penis. But whatever your genitals, gen- der or sexual preference, you should know that there are so many sex toys options beyond the dildo. So go forth and explore that world.
JOBS & INTERNSHIPS SELECTED BY CES
Access LoggerJobs (LJ) and InternshipLink (IL) from pugetsound.edu/ces

AMAZON*:
Smart, analytical, customer-obsessed, energetic, and enjoy a bit of fun? Launch your career with Amazon as a Brand Specialist. (LJ# 24661)

PORCH*:
Communications & tech interns: Content (IL# 43657), Social Media (IL# 43660), Data Ops (IL# 43658), Developer (IL# 43659)

LEMA: AMERICA’S CAR MUSEUM:
The Collection Management Assistant Tech (IL# 43110) assists with research, assessment, preservation, and presentation of vehicles.

TACOMA RAINIERS:
Outgoing? Go out to the ball park! Fun Squad (LJ# 24654), On-Field Emcee (LJ# 24653), PA Announcer (LJ# 24656), Mascot (LJ# 24655)

STUDENT PIRGS*:
(Posted by a Logger alum!) Campus Organizers (LJ# 24349) recruit and train students to become effective grassroots leaders.

NORTHWEST FLOAT CENTER:
Curious about floatation therapy? NW Float Center seeks Marketing Assistance (IL# 43841) to create a campaign for floating awareness.

*THESE ORGANIZATIONS WILL BE AT THE CAREER FAIR ON MARCH 5. SEE WHO ELSE WILL BE THERE: PUGETSOUND.EDU/CES

CAREER FAIR IS LESS THAN 2 WEEKS AWAY! HOPING TO HAVE YOUR RESUME REVIEWED OR DEVELOP A STRATEGY FOR THE FAIR? NOW IS THE TIME! APPOINTMENTS FILL UP FAST PRIOR TO THE FAIR. CALL CES AT 253.879.3162 OR DROP BY HOWARTH 101 M-F 8:30 A.M. - 4:30 P.M. TO SCHEDULE.

Respond to something you read in The Trail, comment on something that’s happening on campus or in the community, voice your concerns about problems in the world—and see it printed in The Trail! RE: submissions should be about 300 words or less and should be dated and signed with your full name. Send submissions to trail@pugetsound.edu or to the boxes in Diversions, Oppenheimer and the Cellar. The Trail’s staff reserve the right to not publish anything deemed discriminatory or offensive.

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EMAIL TRAIL@PUGETSOUND.EDU

The Trail reserves the right to refuse to publish any ads with discriminatory, explicit or offensive content. Up to 60 words printed free unless you are asking for more than $500, in which case we ask for 5 percent.
ADMISSIONS REQUESTS PROSPEE INSTAGRAM

By MICHELLE LOSERBY

Campus admissions is slotted to join forces with the school's social media department, and each just for marketing purposes. “Every year we strive to admit the best students to our school,” an admissions official said, “but the standards for what makes a good applicant have changed for the University have changed. You can’t really gauge someone by a single photo or a single test score.” That’s why they’re teaming up with the social media department—so we can really dig into a candidate’s personality.

Recently, some corporations have come under fire for using social media sites such as Facebook to discriminate against applicants. This, however, is not holding back campus social media manager, Brett. “Look,” said Brett, taking a long drag from his Turkish Royal, “it’s honestly the same as any other screening process, but with new technology.” When asked what exactly it was they were looking for in prospective students’ social media platforms, admissions officials did not relay a succinct set of criteria. “I don’t know, it’s just like, if they’re cool or whatever,” remarked a part-time student employee.

When asked if prospective students were regarded negatively if seen in photos with illegal substances, Brett shrugged. “It’s not that we’re necessarily looking for reasons for students not to get in. To quote the French, ‘We’re looking for students that have a certain ‘je ne sais quoi.’" Brett had no comment when asked what students that have a certain ‘je ne sais quoi.’” When asked what kind of analytical background Brett had regarding social media behavioral patterns, Brett responded, “First amendment!” Brett proceeded to aggressively monologue about Marxism, the demise of modern journalism and his barren dream thread about the community from an essay and some test scores. That’s why we’re looking up with the social media department—so we can really dig into a candidate’s personality.

By AUDREY KAUFMAN

“Alone again on Valentine’s day lol ribe hate boiz,” reads a Facebook post on your news feed every year. You scroll past and see a photo of a girl and a bouquet of pink roses captioned “Love him more each day <3.”

Whether you’re single or alone, VDay is a new social media platform that allows you to share your loving boyfriend on Instagram and make the app available for your loving friend. He’s cute.”

I read Marx’s Wage Labor and Capital and I realized that Valentine’s Day is just a part of the ideological superstucture that supports the oppressive system of capitalism and commodification of the self.”

Silver’s friend and roommate, sophomore Dana Donnelly, also liked using VDay. She posted 34 pictures of her with her boyfriend, sophomore Ethan Boulay, from 10 a.m. Feb. 14 to 2 a.m. Feb. 15. One photo was captioned, “Me and babe!” Another was captioned, “I love you so much I can’t even deal <3.” Donnelly is psyched that she can post anything she wants about Valentine’s Day without losing any Instagram followers.

“I’m really glad that I can post these pictures of me and Ethan and not screw up my Instagram grid,” Donnelly said. She also liked that her Twitter feed was completely clear of Valentine’s Day posts so she could keep up to date on world news.

“I follow the AI Jazzera Twitter account like really closely,” she said. “So I was happy that this app could filter my content and allow me to stay informed.”

Right now, VDay is only available as an iPhone app. Developers have a Kickstarter page to increase their service space and make the app available for Android.

NEW APP BANISHES VDAY FROM INTERNET

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CANCER PATIENT ACTUALLY HAS HOBBIES

By CURIOUS ME

This past Sunday, local researchers at the University of Ta-
coma made a breakthrough dis-
covery: breast cancer survivor, Jan Ascott, has other attributes besides surviving cancer.

"Since my diagnosis in '02, I've only been labeled a 'cancer pa-
tient' or, since my victory over [cancer] in '12, 'cancer survi-
vor,'" Ascott said. "But I do other things, too."

Indeed, the 52-year-old engag-
es in a litany of hobbies, such as tennis, woodworking, amateur photography and music produc-
tion—none of which include beating cancer.

"Tennis and music production have got to be my biggest pas-
sions recently. I've been DJing local clubs for the past few months and I've had some of the most amazing times of my life," Ascott said. "I've really been into the drum-and-bass scene—I feel more alive than ever right now."

Friends and family of the survi-
vor shared their reactions to the recent discovery.

"This is unbelievable," friend Bethany McNamara said. "I al-
ways introduced her to friends and family as a cancer survivor or cancer patient. Who knew?"

Ascott's husband, Jim Ascott II, also expressed his shock at the breaking news.

"I never knew," he said. "It was always my best story at din-
ner parties. I need to find some-
thing else to talk about—another unique and interesting topic no one has ever come across be-
fore... I love books."

Her daughter, Linsey Master-
son, 26, also spoke passionately about her mother in a recent in-
terview with The Flail.

"She's just so fragile and weak at this point in her life... She's been through so much," Mast-
erson said. "My mother cannot be out and about the way she is. She deserves better treatment. We went to a restaurant last week and had to wait almost 35 minutes—can you believe that? My mother is a cancer survivor for goodness sake."

Despite Ascott's attempts to correct her daughter's idealized views of her survivorship, Mas-
terson refused to educate herself on her mother's ability to func-
tion as a human being and con-
tinued to deny Ascott of her self-
proclaimed identity as more than just "cancer survivor."

"It was truly chemotherapy and this Livestrong bracelet that helped her defeat that horrible aliment," Masterson said. "That and the 5K I ran in June of '08. We defeated that monster and I still have the T-shirt to prove it."

True to her words, Masterson donned a pink Komen cap, her Waterport 2008 Breast Cancer 5K T-shirt and Livestrong brace-
et during the interview—she even had a fanny pack with an American Cancer Society frosted donut tucked neatly into it.

With such a plethora of fund-
raising and work done to support breast cancer research, it has become one of the most treat-
able and survivable cancers.

"I was diagnosed with stage I breast cancer in spring of 2002," Ascott said. "At first the fear was palpable, but [the cancer] was caught at a much better stage than, say, those at stage III or IV. That was my greatest fear."

As Ascott reported, the later stages of breast cancer are the scariest. While 100 percent of those diagnosed with stage 0 or I and 90 percent of stage II pa-
tients survive at least five years, only a respective 72 and 22 per-
cent of stage III or IV patients can say the same—at least ac-
cording to the American Cancer Society, the official sponsor of breast cancer research.

"I'm so grateful for my daughter and her support," Ascott said. "But I have passions that extend beyond the hospital bed. I've re-
cently made a mahogany table, which I'm very proud of."

Jan Ascott, or DJ Survivor and self-proclaimed human being, will be performing at Club Cell Division this coming Sunday. Tickets can be bought on Tick-
etmaster, StubHub and Jim As-
cott II's website, MyWifeIsaCan-
cerSurvivor.com.

Activities: Who knew cancer survivors did things other than survive cancer? Not most people.

HOROSCOPES

By PADIEH AGHANOURY

ARIES
MAR 21 — APR 19
Uncontrollable spasms will overtake your face and will disable your ability to speak this week.

TAURUS
APR 20 — MAY 20
Mercury is in retro-
grade, so your house might burn down. May-
be.

GEMINI
MAY 21 — JUN 21
You will receive your test results this week. On the bright side, it’s not contagious, it’s just hereditary!

CANCER
JUN 22 — JUL 22
You will shit your pants this week but I don’t know when. Good luck.

LEO
JUL 23 — AUG 22
You’ll come into con-
tact with poison ivy this week; postpone your berry-picking trip.

VIRGO
AUG 23 — SEP 22
Your headstrong char-
acteristic will be an as-
set this week. Seriously, don’t use doors.

LIBRA
SEP 23 — OCT 23
The FDA promised they had the problem under control. They lied and now you can sue!

SCORPIO
OCT 24 — NOV 21
That orgy from last week is really screwing up your sleep sched-
ule. Try drinking some chamomile.

SAGITTARIUS
NOV 22 — DEC 21
If you feel a distur-
bance in the force, it’s just what you ate yes-
terday.

CAPRICORN
DEC 22 — JAN 19
It’s all la la la.

AQUARIUS
JAN 20 — FEB 18
The moon is in the 12th house, so death by puns is in your future.

PISCES
FEB 19 — MAR 20
Stop being a little b***.

February 20, 2015
trailcz@pugetsound.edu
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The Combat Zone is intended to be a satirical work. The views and opinions expressed by the Combat Zone do not necessarily refl ect those of The Puget Sound Trail, ASUPS, concerned parties or the University of Puget Sound. Please submit compliments or complaints in the form of letters to the editor.
GLUTEN- AND DAIRY-FREE COCONUT DREAM BARS

By MADDY KUNZ

Considering the prevalence of food allergies, more and more people are demanding quality sweets that are also allergen-friendly. As it should be! You deserve quality treats even if you can't digest some of the common ingredients in sweets. This recipe for Coconut Dream Bars is perfect for people who are gluten- and/or dairy-sensitive. What makes the recipe work is the balance between the topping and the crust. Since the topping is so sweet, the amount of brown sugar is reduced in the shortbread crust. Making the crust thicker and adding pecans to it also creates a nutty density that helps counterbalance the sweet topping. If you haven't already started making it, you should!

INGREDIENTS

INSTRUCTIONS

1. PREPARE PAN

Adjust oven rack to middle position and heat oven to 350 degrees. Line 13x9 inch baking pan with foil, allowing excess foil to hang over pan edges. Coat foil lightly with cooking spray.

2. MAKE CRUST

Process flour, sugar, pecans and salt in food processor until pecans are coarsely ground. Add butter and pulse until mixture resembles coarse meal. Press mixture firmly into prepared baking pan. Bake until golden brown; it'll be about 20 minutes. Cool on wire rack for 20 minutes.

3. MAKE TOPPING

Combine coconut and cream of coconut in bowl. In another bowl, whisk eggs, sugar, flour, baking powder, vanilla and salt until smooth. Stir in toasted pecans and spread mixture over cooled crust. Bake until topping is deep golden brown, 35 to 40 minutes. Cool on wire rack for about 2 hours. Using foil overhang, lift bars from pan and cut into 24 pieces. Serve. (Bars can be refrigerated in airtight container for up to 5 days.)

4. BAKE AND COOL

Bake until topping is deep golden brown, 35 to 40 minutes. Cool on wire rack for about 2 hours. Using foil overhang, lift bars from pan and cut into 24 pieces. Serve. (Bars can be refrigerated in airtight container for up to 5 days.)

Darkroom Collective: Photography-Inspired T-Shirts

By MADDY KUNZ

One wouldn’t necessarily describe the University of Puget Sound campus as fashion-oriented. However, beneath the surface, Puget Sound senior Nathaniel Skinner is using his artistic talent to create a collection of T-shirts that has the potential to redefine fashion. “I had an inherent love affair with clothing,” Skinner said. “My mom is involved in fashion and she taught me the importance of dressing well as a form of personal expression.” Along with childhood friend, Kohiti Dumas, who attends the University of Portland, Skinner launched Darkroom Collective, a collection of cyanotype inspired T-shirts, “I wouldn’t call us a T-shirt brand,” Skinner said. “We’re more a lifestyle brand represented through clothing.”

Discovered in 1842, cyanotype printing is primarily used in conjunction with film photography. Skinner played around with this method in order to print transparencies directly onto cloth. He painted the cyanotype chemicals on the garment, placed an image on a clear transparency on top of the blue chemical ink and left the shirt sit underneath UV rays. To let the image set, he fixed it with water. After the initial printings, Skinner and Dumas decided to collaborate in order to develop a line of different designs and commercialize their creations. They began adding graphic elements to their images representative of the Pacific Northwest and the urban lifestyle. Darkroom Collective aims to keep things local and community-based. “We wanted to create an aesthetic that appeals to the next generation of creative photographers, designers and people in general,” Skinner said.

Darkroom Collective had an immediate positive response after launching its online store. They created 60 shirts of two different designs. The shirts sold out within two months. As a result of this success, Skinner and Dumas had the opportunity this summer to attend MAGIC and Liberty Fairs, two fashion conventions held in Las Vegas. They networked and met with different designers who gave them advice in growing their collection. Coming into the fashion world strictly as artists and designers, they were also able to pick up more insight on the way that the industry operates in terms of sourcing, advertising and sales. Darkroom Collective is currently working on expanding its social media presence.

“Right now we have an Instagram account where we can post photos taken by budding photographers who reach out to us. We hope to use some of their photographs as future T-shirt designs,” Skinner said. This idea has created a lot more online exposure for Darkroom Collective. “Our generation is the generation of photographers. Everyone with an iPhone thinks they’re a photographer now,” he said. They have acquired a decent following of contributing photographers who see working with Darkroom Collective as an opportunity to turn their work into something more tangible. Darkroom Collective’s online store and website will be revamped in the near future to display new designs and more garments. In the future, the company aims to maintain its grassroots vibe and collaborate with other local artists.

COOKS COUNTRY
PHOTO COURTESY/COOK'S COUNTRY

PHOTO COURTESY/PHOTO COURTESY/PHOTO COURTESY
By LILILIMLO

Our own Michael Benitez, Dean of Diversity and Inclusion at Puget Sound, recently contributed to a book about music and youth culture called Rebel Music: Resistance through Hip Hop and Punk. Benitez uses “Hip Hop is Dead” as a muse and writes with passion and intelligence about his hopes and fears for the future of hip hop.

Benitez explains that ever since music producers figured out that the genre had enormous potential to make in cash, they have tried to take hip hop out of the hands of the community who created it. The appropriation of hip hop is doubly tragic because the genre began as a source of shared experience, power and self-worth for people who were neglected by a society with deep roots of racism and classism. It gave a voice to the voiceless, lifted artists out of poverty, and gave music companies quick profits.

But music companies were quick to diminish those voices in order to rake in cash. They have tried to appropriate hip hop, or in punk, the youth are always going to question, and eventually carve a space for their voices to be heard, and to expose the issues that are facing them,” Benitez said.

At its heart, hip hop is a platform for marginalized youth to reject the society that undervalues them. Aspiring artists will always find new ways to be creative and fight for hip hop.

Benitez pointed out that artists like Immortal Technique, Invincible, Jasiri X, Quadir Lateef, Maimouna Youssef and so many others who, in spite of their raw talent and lyrical brilliance, are so often overlooked in the industry.

Benitez suggested that people don’t pay mind to these artists precisely because they reveal injustice and discuss important issues. Despite all the challenges facing hip hop, Benitez doesn’t think hip hop is dead.

“I don’t think hip hop is dead. I think it’s never going to die. It cannot because it belongs to the youth,” he said. “I don’t think hip hop is dead unfortunately. I wish it wasn’t the case, there will always be racism, and there will always be poverty.”

But Benitez always spoke with a glimmer of hope. “Whether in the world of hip hop, or in punk, the youth are always going to question, and eventually carve a space for their voices to be heard, and to expose the issues that are facing them,” Benitez said.

“Celebrating Puget Sound Theatre:”Continuing Exhibits

By TYLER SHERMAN

It can be difficult to miss those detailed exhibits that are periodically changed in the library. The Puget Sound Student Union, which has been up since February 8th, is entitled “Celebrating Puget Sound Theatre:”Continuing Exhibits. This particular exhibit presents a glimpse into the process of and effort that goes into the performance, and production at the University of Puget Sound. On display are items from campus productions such as 1620 Bank Street and Kiss Me Kate.

According to Theatre Liaison Librarian Lori Ricigliano, with showcases that are driven by a desire to engage the collaborative nature of the Puget Sound community and that relate and inspire their audience, the collaborative nature of the play in one space and highlights the collaborative nature of the theatre, Ricigliano said of the in the Next Room display. "There are director’s notes from Sara Freeman, costume renderings by Mistika Naveen, and a model by Kurt Wales. And, of course, the vibrator toy! The theatre exhibit continues a tradition of carefully chosen exhibits and installations to enhance overall learning and showcase what the Puget Sound community has to offer. In explaining that core goal, Library Director Jane Carlin referred to the library’s philosophy, “At Colby Library, we believe that art and exhibits enhance the learning experience. We hope that our exhibits delight, surprise, motivate and inspire,” Carlin said.

There is no formal committee that selects exhibits, but each new exhibit is carefully selected, with extensive research, preparation and engagement with staff and student associates alike.

“Celebrating Puget Sound Theatre” was prompted by a previous exhibition of costume models crafted by Puget Sound students under the direction of costume designer and Costume Shop Supervisor Mistika Naveen. The present exhibit was also inspired by archive collections and the extensive contributions of the theatre department that were apparent during preparation for the 125th Anniversary Exhibit that documented the History of Puget Sound.

The library has also played host to an incredible variety of exhibits such as a traveling exhibit on Charles Darwin from the National Library of Medicine. “Our goal is to showcase resources within our community and that relate and support the library and community collections,” Carlin said.

By CASEY DEY

5162 N Pearl St.
Monday-Saturday 7 a.m.-7:30 p.m.
Sunday 8 a.m.-7:30 p.m.
antiquesandwichcompany.com

“The Antique Sandwich Co. is a meeting place for people who love good food, music, and pie,” says the info card at the cash register.

The 40-year-old restaurant is filled with delicious house-made baked goods, lasagnas, quiches, granola, soups, sandwiches, pies and so much more. Expect to find quality food made from organic ingredients at low prices, popular open-mic nights, and a store filled with fair-trade knick-knacks.

A beautiful mural is painted on the outside of the restaurant, a piece created by Mary Mann with two Native American women enjoying a nature scene around them. Mann is responsible for the most of the major murals in Tacoma, including Stratem System and outside Tacoma Little Theatre.

You can eat outside on a nice day, in the “Garden of Eat’n,” or yes, you can find your way inside, where you can find a wide variety of handmade farms, books, art, and fair-trade products on every shelf and in every corner. There’s also a long paneled wall filled with posters of local and upcoming events if you are interested in local entertainment. It’s almost like an art gallery, so take a moment to walk around and explore. A list of local vendors and where the shelves are for sale, Dick Meyer, husband of owner Tamie Meyer, runs a fair-trade store called Traditions, out of Olympia, so they share products and food between the two stores.

The food at Antique Sandwich is definitely unique to most sandwich shops. Everything is house-made except for their sandwich bread. The only flour they use is an organic wheat flour and everything is sweetened with honey—no white sugar allowed! Most ingredients are organic as well, so you can not only enjoy the flavors more, but also feel good about it too. Breakfast ranges from eggs and wheat waffles to organic granola and fresh fruit scrambles and jams. They also have capuccinos, espresso, lattes and decaf, as well as a delicious coffee.

Lunch and dinner hosts a large selection of sandwiches (of course), a daily special, soups, salads, and house-made dressings, spinach lasagna, and a black bean burrito for vegetarians. Pair your meal with a fresh apple cider (try it with raspberries!) or in season, fresh berries, sauerkraut and sausages, or a large selection of tea and more. Definitely save room for dessert. They’ve got pies to die for, cheesecakes, cookies and cakes. The marionberry pie is the house specialty if you can’t decide.

Get it warmed with a scoop of ice cream for a winter treat. The other exciting part of Antique is the open-mic night on Tuesdays, 7-10 p.m. This is one of the most popular open-mic spots for locals, having been seen in the “Ancient Victory” concerts of favorite open-mic stars across the 40 years the store’s been around! There happen every three months on a Thursday. The store is delightful, you get quality food, and the service is excellent.
“Death Grips was and always has been a conceptual art exhibit above and beyond a band.” Thus said the soon-to-be-legendary “breakup napkin” of Sacramento-based music group Death Grips last summer. The note was met with considerable backlash, but this kind of reaction was nothing new to the group, which was comprised of drummer Zach Hill, vocalist Stefan Burnett as “(MC) Ride,” and producer Andy Morin, known during this time as “Flatlander.”

By EVAN BOUCHER

Death Grips is not inaccurate to say Death Grips cultivated an audience and then proceeded to alienate them deliberately in their short four-year existence. Combined with the oft-parodying qualities of their actual music, Death Grips was always an enigma since their inception in 2010—loved by few, hated by many, and perhaps misunderstood by all. When they broke up, all of this magnified, threatening to overshadow the reality of the band itself. I wish to somewhat demystify this enigma, though by no means do I presume to solve it.

“Come up and get me”

Death Grips are an incredibly storied entity. What’s more, nearly every tailored analysis of the band is well-researched. They were Signed to Epic; they leaked their own album, then cancelled shows, or simply not showing up to them. As the vocalist, Ride is the single element of Death Grips that has all the potential to explain everything in his own words. If Death Grips is the sound of a psychic war-zone, Ride is a marathon runner from the other side of the battlefield, boldly relaying messages from our unconscious before getting swallowed up in the crossfire.

Sure, he’s always yelling at you, but beyond all the “If you’d” you that he tosses out at the listener, he still throws us a bone now and then. In spite of everything, Ride is still giving us more information than the infamous “breakup napkin” of Sacramento-based music group Death Grips is the sound of a psychic war-zone, Ride is a marathon runner from the other side of the battlefield, boldly relaying messages from our unconscious before getting swallowed up in the crossfire.

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Ride portrays this experience of psychosis—it is an almost mystical kind of glorification. Against the unwiling and abrasive backdrop, Ride actually seems to play the opposite role, inviting us more information than the infamous “breakup napkin” of Sacramento-based music group Death Grips.

Ride narrates: “I close my eyes hard, then opens them wide; I’m the mask that separates them from reality—on stage, he would give it a lucid one. Ride explains his reality on this track, and also his relationship to that reality. He gives you a sense of its landscape, what’s around him, and how he himself approaches it. "I am the beast I worship," he proclaims, assuming in the face of all the demons that surround him. This could go a long way in deciphering the whole dynamic of Death Grips, between both Ride and the instruments as well as Death Grips’ relations to us, the wider world.

"NOIZED"

In a world where mental abnormalities are probably less understood and sympathized with than they ever have been in human history, I see an acceptance and benevolence behind the self-alienated freaks and ratings of Death Grips’ iconic figurehead.

Considering the myriad 21st-century existential crises that humans presently face, it becomes clear that Ride’s paranoia is only half imagined; the concomitant fear of being watched has gradually become a naked truth. And we are all under these same pressures, and thus perhaps on the same trajectory that Ride himself is hurdling down. People love to think that they are somehow removed from these possibilities, to imagine that they are sovereign and immortal, that they have total control and can always keep within the bounds they have carried out to feel safe. The uninviting and abrasive backdrop, Ride actually seems to play the opposite role, inviting us more information than the infamous “breakup napkin” of Sacramento-based music group Death Grips.

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On the surface, Death Grips can sound like a very cold and mechanistic band, but it’s guided almost entirely by human feelings. Ride presides those feelings in a completely unmediated form, and his extremity gives us permission to feel them too.

“My reflection, I wasn’t in it”

The truth of the matter is that Ride, and maybe also the hellish, relentless music he beholds over, is so disconnected from “our reality” that listening to him gives us no choice but to go with him. His transformation of all the abject loneliness and futility felt by many as a result of growing globalization, commodification, and meditation between ourselves, our world, and the people we know into a singular and ever-present character is potentially the most authentic and honest response that has ever clawed its way into the public eye.