BHERT continues to target bias and hate on campus

By Matthew Gulick

Institutions of higher education are often in the position of needing to investigate instances of hate speech, biased behaviors, or prejudice. To fill this role, the University created the Bias and Hate Education Response Team (BHERT) in the fall of 2005, according to the University website.

BHERT is a group of faculty and staff dedicated to understanding potential instances of bias and hate on campus. They work to provide a resource for students, faculty and staff subject to bias and hate, and seek to understand all reported incidents in order to proactively prevent such occurrences in the future. BHERT is an effort to make Puget Sound a space of inclusivity and a place which fosters an equitable and productive environment.

It is important in a large institution for students to know where they can turn to have questions answered. Incidents of bias and hate may be extremely complex, and students may be unsure how to process or respond should they experience them. Under the Office of Diversity and Inclusion, BHERT provides a place for people to turn when they have been subjected to bias or hate.

BHERT serves multiple purposes, but the group mainly acts as a channel for individuals to report incidents of bias and hate. These reports can be directed to the Dean of Diversity and Inclusion, Michael Benitez, who also serves as the head of the BHERT team. They can also be reported during a separate conduct process and the reports do not necessarily need to be reported directly to BHERT.

Describing how information on an incident can reach him and the team, Benitez provided a few example cases: a student who is subject to bias in their dorm room, a faculty member they are close with, like an advisor, hearing something strange, and another instance something may happen to an individual while walking across campus. This person may then report it to a faculty member they are close with, like an academic advisor, and that faculty member can pass along the information to Benitez and BHERT members.

What happens next varies on a case-by-case basis. Dean Benitez takes the data reported and records all available information such as who was involved, when the incident happened, when it was reported, what type of incident, the targeted identity group, etc.

When a student’s case comes to Benitez he will provide the student options for next steps, such as helping them file a report with conduct, submitting a formal complaint, facilitating a conversation between parties, or perhaps meeting with the other party one-on-one.

(Continued on page 2...)
BHERT continues to target bias and hate on campus  (continued from page 1...)

By Matthew Guilick

On certain occasions, an incident may not rise to the level of a prosecutable offense, either legally or by the University's conduct policy. Such a situation can arise when an individual does not report an incident because of fear of retaliation, or if the action was not directed but still caused an individual to take offense. Benitez terms such cases "educational opportunities," times when BHERT can take action and draw lessons from it to educate the campus community.

An educational opportunity may involve an RA bringing up the question of a floor meeting or an open forum, for example. People have open and constructive conversations to remedy the problem, for example.

On a community-wide level, BHERT members are putting on a series of conversations on issues of bias and hate at the University. The first of these, "What is BHERT?" was on Feb. 15. A session on the same subject was held Tuesday, Feb. 28, 5-7 p.m. and will tackle questions such as "What does the right to free speech actually mean, and what does it look like in practice?"

On March 8 there will be a discussion tagged "Pressing and Difficult Issues," addressing topics like equitable safe spaces and the ability to speak in disregard. More sessions will follow later in the semester.

When asked what misconceptions there are of BHERT, Benitez said that people trend to equate BHERT with an unpredictable process and stressed that they are separate. He also wanted people to know that BHERT "represents[1]" the entire institution, whereas its role is to help people to remedy challenges the University has yet to address. The Bias and Hate Response Team is working on an online reporting process, but for now they can be contacted at BHERT@pugetsound.edu.

Sanctuary movement heads towards uncertain future

By Aidan Regan

At the end of January, President Trump signed three executive orders on immigration. The third was the "travel ban" which caused protests and chaos at airports across the United States. The following month, the Ninth Circuit Court of Appeals, the White House may reinstate it. With a distracted public, the Trump administration began to enact the first two, and now is faced with immigration law. If a court rules against the policy, Heidi Altman, told The Intrepid that the orders are "nightmare scenarios."

Title 23 "Security and Immigration Enforcement Improvements" and "Enhancing Public Safety in the Interior of the United States," the orders included several provisions. Among them are the construction of a border wall and detention centers, the addition of 10,000 immigration officers and 5,000 Border Patrol agents, the publication of crime statistics on undocumented immigrants, and the defunding of sanctuary cities.

Although sanctuary cities have no legal definition, they are typically defined as communities with federal immigration authorities. According to the Center for Immigration Studies, there are over 300 sanctuary cities, counties and states in the U.S. Among them are Los Angeles, San Francisco, Portland, Seattle and Olympia.

Unlike its neighboring cities, Tacoma has not taken the title of sanctuary.

"I do not want to put the city in a position to sacrifice federal funding with an unpredictable administration. That would actually hurt people," Tacoma Mayor Marilyn Strickland said in a public comment. "We don’t have to declare ourselves a sanctuary city because in essence it’s not what we say in a press release, it’s what we do every single day."

"Our community is great because we welcome all people, regardless of where they were born, regardless of how they worship or whom they love," Strickland said.

Strickland asked the City Council not to declare Tacoma a sanctuary city, saying that Tacoma engages in the practices of other sanctuary cities. "We must come to a position that we are going to support our community’s documentation status when interacting with the public, and the city provides its services regardless of documentation status."

 Tacoma would rather not declare Tacoma a sanctuary city and risk losing federal grants that the city needs.

"The money is important to us and in many ways it helps the very communities we’re trying to protect. We want to be very smart and strategic about this... to be honest with you, everything is really coming out of the White House," Strickland told KUOW radio.

On Jan. 31, San Francisco filed a lawsuit in opposition to Trump's move to cut federal grants. The lawsuit claims that the order is a "severe violation" of state sovereignty that "strikes at the heart of established principles of federalism and violates the United States Constitution.

In place of the sanctuary title, the Tacoma City Council voted to create an immigrant and refugee task force. It will listen to concerns of residents to promote dialogue with feedback and share their experiences with the council.

Alongside the sanctuary city movement, many universities now have open and constructive conversations to remedy challenges the University has yet to address. The Bias and Hate Response Team is working on an online reporting process, but for now they can be contacted at BHERT@pugetsound.edu.

The Budget: 2017-18 recommendations

By Keeley Coxwell

The Budget Task Force then takes those suggestions and determines what is and is not achievable or necessary. For the 2017-18 year, the Budget Task Force reviewed their recommendation which is sent to the president. The president has the opportunity to make changes to any of the recommendations, but that "rarely happens," Bartanen said.

According to the website, "the Budget Task Force reviews its recommendations with the ASUPS Senate, the Faculty Senate, and the Student Senate before the following spring semester. All students, faculty, and staff are welcome at these presentations."

"At this point, everybody on campus got a copy of the report in the email and the indication of the comment period," Bartanen said. The report not only includes the proposal for the 2017-2018 year but details of the budget from 2016-2017.

"During the comment period anyone may write to the president expressing their opinion on any part of the budget," Bartanen said. The comment period for the budget was released Feb. 16.

"The president takes that feedback into account then he recommends the budget to the Senate and Faculty Senate, the board, and the board meets on Feb. 23-24 which make the final decision," Bartanen said.

In the Senate meeting, ASUPS president Noah Lambantombang asked about the diversity on the Budget Task Force.

"I understand this is an important question," Bartanen said. "I think that [diversity] is important and something we are open to.

There were also many questions concerning administrative compensation and both Bartanen and Sherry Mondou, Vice President for Finance and Administrative, emphasized that the Budget Task Force does not determine anyone’s salary but the Board of Trustees determines the compensation for senior administration.

Another question asked what would be affected if the University became a sanctuary campus.

"The two areas where we receive federal funds are Federal financial aid [which includes college loans (Perkins), work-study (SEOG), and work-study funds as well as some funds for faculty research]," Bartanen wrote in an email. "The fact that the students, as well as faculty and staff, get to have an influence on the budget is an educational opportunity for everyone in this University," Bartanen said.

"It helps us align our budget allocations with the University's priorities."

The Trail is an independent, student-run organization funded by ASUPS. The Trail seeks to produce a credible weekly newspaper that serves as a comprehensive source of information relevant to its readers. The Trail has an archival record for the university, serves as a link between University of Puget Sound and the greater Tacoma community and provides an open forum for the sharing of ideas and information. Visit trail.pugetsound.edu for the full mission statement.
Archives reopen Puget Sound’s history of Japanese internment

By Nayra Halajian

The University joins city of Tacoma in remembrance of internment

Seattle votes to divest from Wells Fargo, Puget Sound partnership remains intact

By Val Bauer
Music of the revolution

Political turmoil prompts artistic response

By Karlee Robinson

Where there is chaos, there is art. This relationship appears throughout history, whether in ‘60s protest rock ‘n’ roll or modern hip hop. Kendrick Lamar (pictured above) once said in an interview with Vulture: “[s] long as my music is real, there’s no limit to how many ears I can grab.” Recognizing their power of public communication, musical artists of minoritized backgrounds need the public’s support in making their voices heard.

Art is an influential force whose expressive capacity vests power in multiple modes of communication. Its influential capacity is often heightened during periods of tumultuous political conditions and can be used to publicize personal responses to widely influential events. The more polar differences become, the more content artists are provided. Art has the ability to encompass all variations of emotions essential to revolution: discontent, joy, outrage, idealism, indifference.

Revolutionary music can manifest in any genre. The anti-war movement of the ‘60s was showcased primarily in the context of rock ‘n’ roll music, but today we see its most powerful form in hip-hop music. The West Coast Pop Art Experimental Band, in their 1967 song “Suppose They Give a War and No One Comes,” sing about the dehumanizing power of government, how effectively power structures can manipulate the idealistic conception of unity through mutual humanity.

The song repeats this verse:

“I hate war, I have seen war, I have seen war on the land and the sea;
I have seen blood running in the street. I have seen small children, starving;
I have seen the agony of fellows and wives, I hate war;
Hear the marching, hear the drums, suppose they give a war and no one comes.”

Where this psychedelic tribal chant is composed of extremely simplistic lyrics, their collaboration with the music’s progression produced a collectively powerful protest song. The clear lyrics make their intended message, both clear and accessible to a broader range of masses. Repeatedly stressing the line “suppose they give war and no one comes,” The West Coast Pop Art Experimental Band allude to the power of the people. Government cannot function without the consent of the governed, so however perpetual a decision may appear, there always remains potential for change.

Other influential artists of the ‘60s include The Beatles, Bob Dylan and Crosby, Stills, Nash and Young; however, fighting injustice with art is hardly distinctive of the ‘60s. Today we see this trend in artists like Kendrick Lamar and Beyoncé. Both artists showcase the evolution of protest music; where this movement previously sat on the shoulders of white, male musicians, today we hear commentary from both men and women of color. In addition to issues of race, we see an increase in feminist content as well.

Music’s revolutionary role debuted in clear-cut songs like Irving Berlin’s “God Bless America.” Throughout this historical trend, music continually positions itself amongst the governed and realized its role in voicing their opinions. Today, we see specific necessity in promoting the voices of minoritized races, LGBTQIA+ communities and intersectional feminist thought. Hip-hop deeply rooted in racially minoritized communities, most aptly responds to this current objective.

Hip-hop has a more candid style and found a way to showcase political content in mainstream music. Hip-hop has helped resolve some of the disconnect between political engagement and pop culture, most importantly from the source of those directly affected. Building on the movement of the ‘60s, protest music has shifted its genesis to find a home amongst those it is trying to speak for.

This election forced the public to acknowledge the gravity of inadequately educated masses, blind ambition, and an abuse of privilege. This forced additional recognition of art’s increased ability to mobilize individual thought.

Woody Guthrie (1912–1961) remains an icon for his guitar emblazoned with the message “this machine kills fascists.” As a key figure in the growth of American folk music, he often expressed his anti-establishment political views through song.

Presidential candidates confronted each other with immature rhetoric, offending their opposers and prejudicially inciting their supporters. Candidates asked not to represent the people, but to establish their political status by invalidating competition through pointed claims not warranting respect. Instead, seen consistently in elections prior, there was unnecessary focus on physical attributes and other issues of no relevance to the candidates’ agendas. Not only as artists, but most importantly as people, we need to secure art’s advantages in the objective of relieving the oppressed. Considering the dynamics of our most recent election, this requires not only conversation, but conversation targeting that which matters by avoiding the same shallow accusations that perpetuate discriminatory thought.
I wrote an article last semester about the ‘IUD Panic,’ the flood of research and appointments that followed President Donald Trump’s election and vows to cut funding to Planned Parenthood. In the week of the election, Google Trends showed a notable spike for the search terms “Planned Parenthood,” “birth control” and “IUD” in the week of November 6-12, 2016. Media sites including NPR and CNN ran articles about people seeking birth control that would uphold a presidency.

On Friday, Jan. 27, 2017, I scooted myself to the Planned Parenthood on 15th and Martin Luther King Jr. Way to see what all the hype was about.

When I tell people that I got an intrauterine device (IUD) (and believe me, I’ve been telling anyone who will listen), I usually get one of four responses: a confirmed “Well, that’s great! Against A concerned I had a friend whose cousin got an IUD and she got pregnant the very next day, aren’t you scared that it will happen to you? A conspiratorial I got one last month/last year! I had my second baby, and I love it/it was the worst.”

On a stomachache that made it impossible to wear anything and the period that followed had cramps and it is no picnic. I got a copper IUD, but the clamp is in place for a few minutes and it is no picnic. I got a copper IUD, and the period that followed had cramps that made it impossible to wear anything with a tight waistband. After some meals, I would get the type of stomachache for hours at a time, and several days when the body is exposed to them small amounts of the chemicals, according to Time magazine.

Additionally, these chemicals can cause toxic shock syndrome (TSS) when the body is exposed to them for too long, creating a very real risk for tampon-users. While most TSS-related chemicals have been cut out of tampons since the 1980s, small amounts can still build up. Some people are also more sensitive to the chemicals or more prone to conditions like TSS.

Because tampons are in the vagina for hours at a time, and several days a month, these chemicals could have through each tampon contains only small amounts of the chemicals, according to Time magazine.

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Many people choose tampons over pads for the convenience and discreetness, so finding a less toxic and equally effective option is important to many. The ‘Mooncup’ is made out of medical-grade silicone, is hypoallergenic, latex-free, and doesn’t contain any scented chemicals, dyes, or plastics. It holds three times as much as a regular size tampon, and can be safely left in for up to 8 hours. The silicone also does not absorb vaginal mucus in the way that cotton does, so it itching and dryness experienced by some tampon users is also eliminated.

While some people do experience trouble mastering the art of insertion, the cup sits much lower in the vagina than a tampon, and can be mastered pretty quickly.

Menstrual cups also offer a new level of convenience for people used to toting bags of different size tampons and pads around, sneaking fresh ones to the bathroom, or packing them in and out of the great outdoors. The cup comes with a small storage bag, and is about the size of your palm, which means it takes up a lot less weight and space than boxes of disposable products.

Tampons and pads are certainly still viable options for many, especially as more sustainable and natural options are developed. Sometimes the disposability is much more convenient. However, making menstrual cups more easily available and affordable will hopefully help open this option to those who have held off on purchasing due to the price.

If you are interested in purchasing one of the 400 Mooncups, look for the Sustainability table outside the

By Emma Holmes

SUSTAINABILITY ORDERS DISCOUNT MENSTRUAL CUPS

The ladies of Sustainability Services are bringing eco-friendly menstruation to the University of Puget Sound. Rachel Lazitza, Rose Pette, Tessa Samuel and Lucca Monnie have received a grant to sell menstrual cups to students at a discounted rate.

Inspired by a similar project at Pacific Lutheran University, the women applied for a grant of $5700 from the the University of Puget Sound. They were rewarded $3700, which would allow them to purchase 400 Mooncup brand menstrual cups at $35 each, and sell them to students for $25.

I spoke with Lucca Monnie about the reasoning behind this purchase. “The average menstruator goes through between 240 and 400 tampons or pads per year,” she said.

“If 400 people at UPS use one of these cups, that’s huge.” She went on to say that the cups are advertised as good for ten years, meaning that 1.6 million disposable sanitation products could be kept from landfills from this project alone.

Not only are these products harmful to the environment, but many tampons contain added chemicals that have been linked to cancer and reproductive issues.

The practitioner will use a speculum to spread the vagina in order to access the cervix (the small opening that connects the vagina to the uterus, through which sperm enters and menstrual blood exits). Once they apply a clamp to keep the cervix visible, they will make sure the cervix is clean, draw in the arms of the T-shaped device, and insert it into the uterus.

I don’t want to sugarcoat it: getting an IUD put in hurt really badly. The insertion itself consisted of about ten minutes on my back with my feet in the stirrups, the last five of which I spent crying (mostly out of fear, but still significantly about the pain). The most painful part of the procedure was the clamp that was used to keep my cervix visible. It takes seconds to get the IUD in, but the clamp is in place for a few minutes and it is no picnic. I got a copper IUD, and the period that followed had cramps that made it impossible to wear anything with a tight waistband. After some meals, I would get the type of stomachache for hours at a time, and several days when the body is exposed to them small amounts of the chemicals, according to Time magazine.

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Many people choose tampons over pads for the convenience and discreetness, so finding a less toxic and equally effective option is important to many. The ‘Mooncup’ is made out of medical-grade silicone, is hypoallergenic, latex-free, and doesn’t contain any scented chemicals, dyes, or plastics. It holds three times as much as a regular size tampon, and can be safely left in for up to 8 hours. The silicone also does not absorb vaginal mucus in the way that cotton does, so the itching and dryness experienced by some tampon users is also eliminated.

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Menstrual cups also offer a new level of convenience for people used to toting bags of different size tampons and pads around, sneaking fresh ones to the bathroom, or packing them in and out of the great outdoors. The cup comes with a small storage bag, and is about the size of your palm, which means it takes up a lot less weight and space than boxes of disposable products.

Tampons and pads are certainly still viable options for many, especially as more sustainable and natural options are developed. Sometimes the disposability is much more convenient. However, making menstrual cups more easily available and affordable will hopefully help open this option to those who have held off on purchasing due to the price.

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By Nayla Lee

My experience with IUD insertion and the first few weeks

IUD did it!

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Meet the latte legend of Diversions:

A Q & A with Emily Smith, Café Coordinator

By Molly Wampler

Step by Diversions any weekday morning and you’ll see Emily Smith, the new Diversions Café Coordinator, hard at work. Smith was hired this summer, and before coming to Puget Sound, she said, she worked at and managed several restaurants and has “been in the restaurant industry for the past decade.” Acting as a liaison between student staff and Dining and Conference Services, Smith most likes the connections she is able to make with student workers. “I really enjoy the mentorship aspect with the students,” she said. Smith also works closely with the student lead team, and enjoys “honing their leadership skills.” We sat down with Emily to get an idea of her life outside Diversions...

Q: Where are you from?
A: That’s an interesting question. Born in Albuquerque, raised in between Olympia and Crawford, Colorado. Kind of from all over the place!

Q: What is your favorite TV show?
A: I don’t watch a ton of TV … But most recently I just watch Westworld. I love Westworld.

Q: What is your favorite movie?
A: Fargo, that’s a good one. American Psycho. And my guilty pleasure movie is P.S. I Love You. Gotta have a girly one in there.

Q: If you could invite any three people, fictional, historical or famous, to a dinner party, who would you choose?
A: The Queen of England, because she’s my birthday twin, and I would invite David Bowie and Eleanor Roosevelt.

Q: If you were to live in a different decade, which would it be?
A: I think I would like to be in the sixties. I really identify with the music and the clothing in that era, but I’m really glad I didn’t live through the sixties and that other women pioneered through that decade instead of me.

Q: What is your favorite ice cream flavor?
A: It was something I never got into before I worked here, and now I pretty much just stick to it. I’ll do variations of our classic Duke; I really like coconut milk, so I’ll do white Mango Dukes with coconut milk recently, or I’ll just do White Peony and raspberry. I’ll just mix it up.

Q: What is your favorite holiday?
A: My favorite holiday is the 4th of July, hands down. Summer is my favorite season. I have a thing for fireworks … I just love that I can be just in the sun on a boat barbecuing, lighting off fireworks. And I’m a good, solid, proud American, so it’s a great day.

Q: Do you have any siblings?
A: I have three siblings. My sister lives in Seattle, and I have two brothers that live in Denver, CO. I’m the baby!

Q: What’s the coolest thing you’ve ever done?
A: I worked up in Vancouver, Canada during the Winter Olympics in 2010 for two weeks … I worked at a restaurant in Bellevue that was a Canadian restaurant called Earl’s … a Canadian-based company that needed some extra help up there, and I had to be back down to work a shift right before the gold medal game. … And I watched the gold medal game at our restaurant in Bellevue with a bunch of my co-workers and it was United States versus Canada … [the game] went into overtime and Canada won and it was huge. … And my coworker looks at me and he goes, ‘Let’s go back to Vancouver right now,’ and we were like, ‘What?’ And he was like, ‘Yeah, can you imagine the celebration in Vancouver and we’re missing it’ … We all got in the car, and I still had my passport; we drove back to Canada … and it was just an insane experience, that whole city; everybody from all over the world was in that city celebrating. The streets were shut down; there were DJ’s in the street for hours and hours. People were just honking their horns and full celebration; it was the most fun night of my life.

Q: What’s the coolest place you’ve ever been?
A: I spent a year abroad living in New Zealand, and … it’s as awesome as everyone says it is and believes it is. I went down there to bartend and work in the restaurant industry, and just wanted to spend a year abroad and figure out what I wanted to do in my early 20s.

Q: What’s your biggest pet peeve?
A: My biggest pet peeve is when people say “Nordstrom’s” with an “s” instead of “Nordstrom,” or “Costco” instead of “Costco.”

Q: If you could be great at one sport what would it be?
A: I’m admittedly terrible at sports and I’ve always wanted to be good at them. I’m just not the most coordinated of people. I played volleyball, and I always wished I was good at it. I never was.

Q: Which of the seven dwarves are you?
A: Sleepy! I sleep so much … I’m one of those people that if I don’t get my eight hours, I’m not functional.

Q: Coke or Pepsi?
A: Neither, actually. I’m not a big cola fan.
Civic engagement beyond the streets: 6 ways to get involved without protesting

By Michelle Bank

Those who are unable to protest, for whatever reason, can still be engaged without being forced to protest. Recently there has been an outpouring of protests, such as the Women’s March on Saturday, January 21, and protests at airports across the country following the travel ban. According to the Seattle Times, protesting Puget Sound International Airport led to thirty people being arrested. These kinds of protests are working to get people’s voices heard, but they are not the only way to get your voice out there and create ripples. There are many reasons why someone might not be out on the streets protesting. Protesting can give some people serious panic attacks, and others may be physically unable to protest. In her essay, “Should I Consider Before Criticizing Those Who Don’t Attend Protests,” Jordan Du Toit, a contributor for the Mighty (a publication about chronic illness), explained that protests can intensify anxiety to unsustainable levels, “which leads to a difficult see-saw in my head,” about whether to demonstrate in a protest. People are also sometimes unable to attend protests because of work.

“I do think it is important to be engaged in a variety of ways. There is no one or right way to be civically engaged. It’s important for people to know themselves and how they will be effective. No one should put themselves in a position that makes them feel unsafe,” Center for Intercultural and Civic Engagement (CICE) employee Hailey Shoemaker said.

1. Assist protesters

Protesting can be a tough on a person, and it is great to help out as many people as you can if you know anyone that is protesting. If you have friends that are protesting, you could offer to drive them if they need a ride. You could help make signs. You could provide food for them after the protest is over. Even people who cannot go to the protest can still be an asset.

2. Contact your senators and congressmen

This is one of the most direct ways to stay engaged and supportive of your political beliefs. These people’s jobs are to make sure that they are representing the people of their states and districts. They need to know the opinions and needs of the people they are representing, which is why it is so important to let them know. If there is a bill currently in office that you have an opinion on, contact your senators. This can be as powerful or more powerful than protesting. Currently, there is a display in the Student Union Building (S.U.B.) that can tell you the representatives of each state, so if you aren’t sure who your representatives are, the S.U.B. is a great place to start. Stay up to date on what is happening in congress by using the website www.govtrack.us.

3. Raise money

There are hundreds of programs, charities, and other efforts that address injustices in unique ways. If you spend just a little bit of time researching efforts to address the issues that you need addressed, you can immediately find many. Advocates for Immigrants in Detention Northwest (AID NW), Tacoma Community House or Hilltop Urban Gardens are all great local organizations. National groups like Planned Parenthood and the American Civil Liberties Union always need more donations.

4. Service Opportunities

Community service, similar to raising money, is a way to not just get your voice heard, but to be involved on a personal level. You are always going to be a part of a much bigger movement when you are participating in community service. You can get started with this by locating the club Vox on campus who are raising money for Planned Parenthood, or other clubs on campus. The Humane Society does volunteer training a few times each month. Volunteering at the Fish Food Bank is helpful to those that are hungry. There is a Basic Income Action located in Seattle that works to make sure everyone gets basic income. There are endless opportunities to support and work towards what you want to support. Community service is where action can happen, and it can be done on or off-campus. CICE can help coordinate volunteer opportunities.

5. Social Media Protesting

While some may shy away from posting anything political on their own Facebook or Twitter, I think it is one of the most powerful ways to help people understand what you support and how they can support that too. When you post on your social media, you are able to educate those who might only get their news from social media. Those that are less politically-aware are forced to understand what you or others in this country simply by posting on social media. Any article you find that you found particularly effective, or movement that needs more support can simply be shared and supported by posting it on your Facebook or Twitter.

6. Educate others

While this can be done through social media, it can be even more helpful to just sit down and talk to people about what is going on. The power to change is in numbers, and numbers come from passion and understanding. Those who are less likely to understand or know about what is happening in the government need to be educated. “At the Swope Lecture, Irene Monroe talked about how it is important to educate your family, I think that is super relevant. Educating your family can create a ripple effect,” Shoemaker said.

By educating people, you are helping get more voices out there to protest or contact their own senators. The more of us that are civically engaged, the better.

President Crawford inauguration scheduled for March

By Emma Brice

President Diiaah Crawford became the fourteenth president of the University of Puget Sound on July 1, 2016. His official inauguration ceremony is coming up on March 24, and students will receive the day off of school with the hope that they will attend. The inauguration event will celebrate some of Crawford’s contributions to the Puget Sound community in his first year. One such contribution has been using the Presidential Discretionary Fund to help make the University an “It’s On Us” school, Assistant Dean of Students Marty Cady said. “From my point of view, one of the great aspects of the student event is that we are debuting our ‘It’s On Us’ video which has our own Puget Sound students in it and promotes the concept that we are responsible for creating a culture of respect at Puget Sound where sexual assaults don’t happen. Dr. Crawford gave $1,000 from the Presidential Discretionary Fund to support Puget Sound becoming an ‘It’s On Us’ Partner school. Not only will we debut the ‘It’s On Us’ video as a tribute to Crawford’s dedication to this issue, we will also run a pledge drive at the event [to get] Puget Sound community members to pledge to recognize that non-consensual sex is sexual assault, to identify situations in which sexual assault may occur, to intervene in situations where consent has not or cannot be given and to create an environment in which sexual assault is unacceptable and survivors are supported,” Cady told The Trail.

According to the University website, Crawford was the Chief Academic Officer at Seattle University prior to arriving at Puget Sound. He directed the Division of Academic Affairs in which he supported students and faculty with academic achievement in a variety of ways. One of his most notable contributions to Seattle University was integrating a Center for Environmental Justice and Sustainability, as well as helping to renovate many of the campus’s key facilities.

In addition to his accomplishments at Seattle University and Loyola University Chicago, President Crawford is a licensed psychologist and the recipient of several national awards including three from the American Psychological Association. He has also published multiple scholarly journals and has served on editorial boards for publication companies.

The schedule of events for inauguration day includes presentations by faculty and students, exhibits from local organizations and faculty-moderated panels. The schedule of events, as well as additional details, can be found on the Puget Sound website. Since the school day is cancelled, students are highly encouraged to attend and families are welcome to join as well.
Fans on campus reflect on historic Super Bowl

By Zac Fletcher

Think what you want about Tom Brady as a person. Think what you want about Tom Brady as a citizen. As a player, there's just no need to think about it, however — Tom Brady is simply on another level. The Super Bowl on Feb. 5 was just another example of his incredible ability and determination to win championships.

In talking with students about this most recent Super Bowl, both Patriots fans and haters alike shared a common expectation: a hard-fought New England victory. All were quite confident that the Patriots would get another Super Bowl ring with Brady and Belichick at the helm.

The first half proved otherwise for Brady and the New England nation.

After a scoreless first quarter and an essentially nonexistent first half, Tom Brady and the New England Patriots went into the locker room down 21-3. Brady had been sacked twice, thrown an 80-yard pick-six, and managed to lead his team to a measly three points. Things were looking down.

Lady Gaga's superb halftime show didn't do much to soothe Brady and his Pats, reminding them that they were far from the edge of glory, with what could potentially be one of the worst blowouts in the league's most prestigious game.

"I was pretty despondent at the second half," first-year student Nalin Richardson (Wakefield, Rhode Island) said. "Atlanta's defense was just killing Brady in the first half; it was crazy." Richardson, a New England native, said. "I thought the game was over at 21-3. I thought the Patriots were going to win the Super Bowl not by a blowout, but it definitely wouldn't be close." First-year student Sammy Burke (Boston, Massachusetts), said that she was "hoping the Patriots would win but I knew that it wasn't going to be easy and that Atlanta would put up a fight."

Despite the high expectations and abysmally low execution in the first half, something changed as the end of the second half started to draw closer. Richardson pointed to the nearly impossible Edelman catch, saying that the Pats were on the losing end of a catch like that with David Tyree's famed "helmet catch" in the 2008 Giants upset victory over the Pats in Super Bowl XLII.

"It's the same thing with Edelman," Richardson said, drawing a parallel to Tyree's catch that propelled the Giants to victory over the Patriots late in the fourth quarter. He added later, "I'm sure the Falcons felt the same way." The Patriots now had a helmet catch of their own, but this one involved a defender's foot and the hyper-aware hands of Julian Edelman. Momentum can be crucial in sports, and Edelman's catch was surely an important step on the Patriots' path to victory.

The momentum shifted in the Patriots' favor after Edelman's catch, and Tom Brady then did what he has been doing for years: led his team to victory.

"There is no other game, at least Super Bowl game, that can be compared to this," Burke said. "They defied all odds," says Golden, keeping true the common thought of inconceivability that the reality of this game had. Patriots head football coach Jeff Thomas added, "The Patriots did such a good job of staying calm that it didn't feel like a miraculous comeback at the time to me."

The second half, specifically the fourth quarter, was owned by Tom Brady. Everything that went wrong in the first half went right in the second half. The Falcons' defense wasn't getting pressure on Brady, and his throws were crisp and his decision-making effective: all the ingredients needed for a historic comeback.

"I think the Patriots just were able to execute a little better than the Falcons consistently in the second half," Coach Thomas added.

When asked about the future of Brady, Golden, neither a Patriots nor a Falcons fan, is a little warier of Brady's future. "I don't know how much longer he will be playing with the success that he has had." The Puget Sound New Englanders, however, see no signs of Tom Brady stopping. "I don't see why he'd retire. He's not hurt yet," Richardson said. "I don't think that he will retire until he feels that the next quarterback for the Patriots is ready," Burke noted.

No matter who you supported, this year's Super Bowl was a victory for sports. It was a game, as Coach Thomas puts it, "where the commercials weren't the most memorable part. "Team and player aside, this Super Bowl was truly one of the greats.

Whether he'll get another championship is unknown for now, but Tom Brady has surely cemented himself among other football legends in this year's game. Lady Gaga, the Atlanta Falcons, and the New England Patriots made this year's Super Bowl unforgettable, entertaining, and surely created a spectacle that lived up to everything a championship game should be.

Loggers baseball swinging for success this season

By Gabi Marrase

The Loggers' baseball season started off in sunny California facing Pomona Pitzer in a three-game series.

"The first few games are a great way to see where we are at. A lot of new guys and experienced older players had the opportunity to test all the hard work we put in the off-season," senior Ryan Darrow (Bellevue, Washington) said.

This year's roster consists of 15 first-year students with plenty of potential. First-year student Tyler Brezilen (Black Diamond, Washington) faced his first collegiate pitcher in the second game of the series. His first ten innings only allowing two runs. The Loggers are off to a scoreless innings in his first save in the first win of the season.

"We had far too many errors down in California, which undermined some outstanding pitching performances. I think we can attribute most of our mistakes to nerves, though, and believe that we will put together a stronger weekend in the field," Croney said.

The pitching rotation totaled 37 strikeouts and didn't allow a single home run in their first six games. In game four, freshman southpaw Joe Brennan (Anacortes, Washington) allowed one run in the first five innings of his first collegiate game against Whitworth.

"Baseball can be a tough game mentally because there are often a lot of failure involved. We try to teach them that they can improve in that situation and then also when we can, replicate the situation in practice. We will do that as much as possible so they feel confident moving forward," head coach Jeff Halstead said.

The Loggers continued on the road to face three conference teams in a non-conference matchup against Whitworth. The Loggers then forced the Pioneer to strand two runners on base and enter the bottom of the inning without a run. With three hits the Loggers earned two runs to pull ahead 10-9 entering the last inning.

"After two weekends it has been exciting to see the guys as they develop their roles on the team. We have really improved each weekend of play and I'm really excited to get back to work this week and prepare for our two-game series against PLU," Halstead said.

The Loggers' first home series will be on Feb. 18 and 19 against Pacific Lutheran.
Women's tennis off to strong start in season

By Will Keyse

The Puget Sound women's tennis team visited the College of Idaho two weekends ago and emerged with a pair of statement wins to start of their season. The Loggers took both games by a score of 6-3, and three singles players, first-year student Lisa Owen (Honolua, Hawaii), sophomore Nicole Bouche (Brier, Washington) and first-year student Barclay Fagg (Billings, Montana) won both of their matches.

With the Loggers notching two wins, they have already matched their season total from a year ago, and the sky's the limit for the 2017 Puget Sound squad. Overall, the Loggers won 2-16 in the 2016 season, going 1-11 in conference and winning just one match each at home and on the road.

The mood amongst the Loggers is very optimistic for the season, which stems partially from the increase in roster depth, Bouche weighed in on the change in team dynamic this season:

"Our team has gotten a lot bigger this year, in fact it has doubled in size, so the dynamics are definitely different," Bouche said. "It is difficult to be as bonded as we were last year since we have more people, but a larger number makes practices a lot more enjoyable and effective. We get to be more competitive in practice and push each other to get better."

From these changes, the players are happy with the level of camaraderie developed over the offseason.

"Going into the season, I think our team's biggest strength is the way we're able to support one another on and off the court," Owen, the number one singles player, said. "We're each other's best supporters, and it definitely adds to your own self-confidence knowing your team is behind you. Something we should and are trying to work on is our competitive mentality. We've spent the past fall by trying to prepare well for this upcoming spring physically, so now I feel like we just need to catch up a little bit mentally, and get in a more competitive mindset."

Many of the losses suffered by the Loggers last season were close contests that came down to unfortunate endings. Bouche expressed her excitement at the chance to play many of the same teams that beat them last season:

"There isn't necessarily one specific match that I am excited for, I'm mainly excited to have rematch against certain schools that we were neck and neck with last year, and hopefully pull out the win this year," Bouche said. "Pacific Lutheran University, Pacific University (Oregon) and Whitworth University are all definitely high on my list, I think we're ready to show them how much we've improved."

The Loggers will look to continue their success this weekend as they host Whitman College and Linfield College at home. The match against Whitman is at 3 p.m. on Feb. 17, and the Linfield match will take place Feb. 18 at 1 p.m.

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Student voices concern for enviroment and the outdoors

By Grace Piccard

Concerns about the environment have skyrocketed in the wake of Donald Trump's election, as the newly-instituted president placed a gag order on the Environmental Protection Agency and green-lighted the Dakota Access Pipeline (DAPL) project. On campus, Puget Sound students continue to vocalize worries about how the Trump administration's actions will affect issues like water protection, climate change and clean air.

"People obviously care about the environment," Anj Cunningham, a sophomore from Upstate New York, says. Cunningham has felt a sense of urgency since the election, since there's so much intensity about so many issues right now.

One of the many issues that has captured widespread attention both on campus and in the mainstream media is the DAPL. The construction of the potentially environmentally devastating natural gas pipeline has been protested by the Standing Rock Sioux and allies at Standing Rock since April 2016.

Last November dozens of Puget Sound students joined a rally and march against the pipeline in downtown Tacoma. Concerns over the pipeline, and other projects like it, have risen again after Trump greenlighted the DAPL in early February.

Some students, however, are proving less sympathetic to the plight of the planet. "Environmentalism isn't really that important to me," said one senior, who wishes to remain anonymous. "It doesn't affect my daily life, so why should I care?" While such apathy might stem from the seeming hopelessness of the current political climate, it is apparent that a majority of students support the environmental movement in some capacity.

"Tara = Monica Patterson, a junior from Makawao, Hawaii, offered a poetic response to those who feel that defending the environment is futile. "Trees do not consume their own fruit; such is the response to those who feel that defending the environment is futile. It is difficult to be as bonded as we were last year since we have more people, but a larger number makes practices a lot more enjoyable and effective. We get to be more competitive in practice and push each other to get better."

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As the beginning of the spring semester quickly approaches, college students everywhere begin to look upon the coming weeks with a sense of dread. Fears about grades and friendships dwindle in insignificance beside the one thought occupying everyone’s mind—the looming, unforgiving, and often bloody ritual of the Housing Selection Process. However, one student in particular has managed to benefit from the psychological stress of the season. Sophomore Joe Doe has sold a screenplay for a fourth addition to the “Hunger Games” saga, the inspiration for which was drawn directly from his personal experience applying for housing.

“The storyline revolves around this guy—coincidentally, also named Joe Doe—who discovers that a newcomer has managed to infiltrate what he thought was his stable group of ‘friends.’ The traitor pushes the number of people in his group over the limit, and so, in a cruel twist of fate, Joe finds himself cast out into the great unknown,” said Doe, in an interview Wednesday morning.

“After days of fruitless searching, Joe is forced to relocate to North Quad, where he lives for a year under a shrub in a plastic teepee that he bought from the Combat Zone writers by name in order to promote transparency. Our intent is to make people laugh and to provoke people to think critically.onsense and suitcases are already tightly bonded, and Melissa says she hopes for the available housing, and so, in a cruel twist of fate, Joe finds himself cast out into the great unknown,” said Doe, in an interview Wednesday morning.

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Film and music reviews:

By Anya Otterson

*Lion* portrays the human struggle amidst hope and loss

Tears and cheers rose from the audience in the dark theater as it reacted to the mesmerizing images playing out on the screen before them. At a Grand Cinema showing of Oscar-nominated film *Lion*, a whole new world unfurled in the theater as the powerful film told the story of a grown man searching for his lost childhood home. *Lion* soundly portrays the intersection of love, family, hope and struggle, capturing what it means to be human.

Based on a true story, the incredibly well-crafted movie follows Saroo Brierley, who, at five years old, got lost on a train that carried him 1,600 kilometers from rural India to West Bengal. From there, after a long struggle, he was adopted by an Australian couple and brought to Tasmania, where he grew up. Twenty-five years later, in 2012, he retraced his journey and made it to the isolated village where he was from.

*Lion* is adapted from Brierley's autobiographical book, *A Long Way Home*, which details his journey from his childhood in India to his adulthood trying to find his way back. The tale of human struggle and ultimate triumph over immense odds met with overwhelmingly positive reviews.

With a strong cast that includes Dev Patel and Nicole Kidman, the acting in *Lion* does not disappoint. Other lesser-known actors such as Priyanka Bose, Divian Ladwa and Abhishek Bharate also deliver emotionally-charged performances that are able to charge Brierley's story with real, human sentiments.

One of the most dynamic aspects of *Lion* is the beautiful cinematography. The images of India, West Bengal, and Tasmania appear to be straight from a *National Geographic* photographer's camera. Using light to gently push the audience's emotions in different directions, one cannot help but be touched by the beauty of the Eastern Hemisphere that the movie conveys.

The movie closes with recordings of the real Saroo Brierley's meeting with his mother in rural India, followed by his foster parents' meeting with her. Bringing *Lion* to a satisfying conclusion, the images of Brierley's real life juxtaposed with those of the movie remind viewers that this did indeed happen, despite the fact that it seems far-fetched. *Lion* discreetly yet effectively imbues audiences with a sense of hope that is often lost in the modern era. In the current climate of fear and anger, it is a breath of fresh air that reminds people that love will prevail and that in the end, we are all human, no matter where we are from.

Big Sean's much-anticipated new album *I Decided.* does not disappoint. Focusing on his career and lifestyle, Big Sean makes takes the album in a personal direction. His "Intro" starts the album off with a regretful tone. In it, a man talks about familial and career regrets as the sounds of footsteps and cars rushing by in the city waft through the background.

Quite a few of the songs on *I Decided.* go back to Big Sean's roots. "Inspire Me," for instance, is a tribute to his mother. With lyrics like, "I remember all your sacrifices/Growing up in debt, but never hungry/Rich in everything except money/That's the faith that you can't buy," it is easy to feel his love for his mother and the gratitude he feels for her helping him get to where he is now.

Keeping with the personal tone of his album, Big Sean raps about how hard he had to work to get to where he is now. "Sacrifices" encompasses these sentiments. Like some other tracks with big collaborators — Eminem and Jeremih are both on the album — the track features Migos, bringing a fresh take on Big Sean's music. The songs all feature smooth, strong beats that are well-suited to Big Sean's voice. Characteristic to his usual sound, Big Sean plays with deep beats and trance-like melodies that put the listener in a dreamlike state.

OCnotes: 808 Punk

Seattle-based DJ Otis Calvin III — who goes by the stage name OCnotes — also recently released a new album titled *808 Punk*. The album is relatively short, with twelve tracks that clock in at a twenty-minute total runtime.

As a self-described interdisciplinary artist, OCnotes plays with sounds and vocals. The result is a mix of creatively-blended beats and melodies, human voice drifting throughout the album. *808 Punk* is a psychedelic-feeling album that provides listeners with an experience different from that of more mainstream artists.

The songs on *808 Punk* cover a wide range of moods, from the upbeat vibe of "A $ $ $" to the more slowed-down "John Henry's Hammer." Interspersed are tracks of short samples of applause and vocals, bringing an interesting take on experimental hip-hop.
Mr. Burns: A Post-Electric Play to hit Puget Sound

By Parker Barry

"[Mr. Burns'] is the telling of a story as an act of survival, communication, demonstrating the way myth is forged from the memory of de-placement of trauma," Sara Freeman, a professor in the theatre at the University of Puget Sound said. "I was flabbergasted that I was going to sell a cartoon at all and that they chose the personal and the weakest. This is the kind of cartoon that I do for myself. I still remember how anxious I was walking down in that office. There were all these other very good people, and I was not even allowed to submit it to them in the first place."

"Mr. Burns" is a very modern show, portraying our world in a dark but human light. During difficult times it is important to place hope in humanity and to work to form bonds within our community, and "Mr. Burns" is a great example of how the arts and community can resonate with people in the midst of struggle.

"It’s a super creative show; it has a lot of different aspects of theater. It’s got singing; it’s got dancing; it’s post-‘post-electric’—it’s a modern play and it’s relatable but it’s also really different from things we’ve seen on campus in the past," Molly Gregory, the assistant director of "Mr. Burns" and a senior theatre major, said.

"When they ran it people were very upset. Not just some of the subscribers, but one of the older cartoonists who had thought that the barbarians are not just at the gate but they are through the gates and selling cartoons. And one of them, Lee told me many years later, actually just tried to find out whether he owed his family money," Chast said.

"I was very much remembering and how humans distort the past through culture and history and mold the memories of the past to fit their own needs. This play is quite relevant to our contemporary time. Through its apocalyptic setting, it plays with the idea of coping with struggle by escaping to the arts, something we are seeing globally with many art forms from film to music. There are many references in this play to pop culture specifically from the 90s, that place the audience in a comfortable, nostalgic space, while also pushing them into the future.

Tickets are on sale now: $11 general admission and $7 for students. The performance dates are: Feb 24, 25, March 2, 3, at 7:30 p.m.; March 4, 2017, at 2 p.m. and 7:30 p.m.

New Yorker legend Roz Chast speaks at Puget Sound

By Courtney Seyl

Acclaimed cartoonist and author Roz Chast appeared at the University of Puget Sound on Feb. 9. Her talk was part of the Susan-Roseneck Pierce Lectures in Public Affairs & The Arts, an annual series that brings to campus artists and lecturers to support the University’s mission of fostering critical thinking, expression, intellectual thinking, and creativity.

Chast met that criteria and, as the Puget Sound website states, "Chast creates cartoons that often reflect the ludicrous in simple domestic scenes or poke fun at the unspoken obsessions that take hold of us all."

Born and raised in Brooklyn, New York, Chast grew up with her Depression-era parents. She started drawing at a young age, around eight or nine, and grew up reading the cartoons of Charles Addams.

"The first cartoonist I fell in love with was Charles Addams. I loved him since I was about eight or nine. I liked him very much, but sort of a funny sense of humor. And his cartoons featured families with children and I understood his cartoons very well. He had a taste for these sort of macabre things and we overlapped a lot," Chast said.

"When I got out of art school in 1977 I had been a painting major, but all I really wanted to do, since I was 12 or 13, was to draw cartoons. When I got out of school I pretty much decided to type and started drawing cartoons again," Chast said.

"They asked her to come back weekly, but drawing for The New Yorker isn’t always a guaranteed thing. Chast explained that the competition, even between contracted artists, is very high.

"There’s about 40 artists under contract at The New Yorker. The way it works is that we submit the batch every week. The batch is a collection of sketches of individual cartoon ideas, and this can be any number you want. Let’s say that you average ten. That’s 40 people, that’s 400 cartoons plus another 400 that come over the transit and then [the editors] go to an art meeting where they have to go through the 800 and they select 20-25 drawings. The odds are very much against you. If you get a cartoon batch two out of every four weeks then you’re doing pretty well. But, as I suggest to people, if you can do anything else, do that thing.

"When death and dying was something that she and her parents never really discussed. Her parents were the children of Russian immigrants and, after surviving the Depression and World War II, her parents chose to talk about more pleasant subjects.

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"I could see that they were slowly leaving the frame of my consciousness. I remember as a child seeing my grandmother and my grandfather and as they grew older, Chast had to go between her house in Connecticut and her parents’ apartment in Brooklyn."

"I wasn’t great as a caretaker and they were not great at being taken care of... Every time I had visited them it was hard not to see that the grime had grown thicker, the piles of magazines, newspapers, and junk mail had grown larger, and they themselves had grown fatter. I could see that they were slowly leaving the frame of ‘TV old age and going into that part of old age where you’re scarier, harder to talk about, and something we don’t want to talk about.

"Mr. Burns" doesn’t usually draw so close to home, but when she does she pulls a humorous spin on it. The Puget Sound website said, “Chast, the cartoonist, makes fun in ways that at times seem to shoot into outer space, turn around, and sap back again — sometimes hitting the mark and evoking a wry smile, at other times crashing to earth.”