Professor Frederick received his Ph.B. from Lawrence College in 1920, his Master's degree in 1922 from Northwestern. He went to Garrett Theological Seminary from 1920 to 1923 and then Northwestern in 1922/23.

Professor Frederick came into his career when there was a very great emphasis on religious education. Religious education was supposed to be the summum bonum of all education and also the opening of a great new age. Professor Frederick was trained as one of the very fine men in the field. He was educational director of St. Paul's Methodist Church in Cedar Rapids, Iowa, and director of Religious Education at South Bend, Indiana Methodist Church. Both of these churches were very outstanding in their field at their time.

Professor Frederick became professor of religious Education at the College of Puget Sound in 1927. He was a man of small stature, very twinkley expressive eyes, somewhat thinning hair, and a man who was very, very dedicated to religious education and to the College of Puget Sound. He was not a particularly forceful speaker although he was a very good critic of speeches and speakers. He was a man who was very greatly interested in surveys, in census studies and in projections. The State Council of Churches used him to make surveys and studies for the location of churches and for the underwriting of certain programs and in this he was a specialist in his own field.
I had great regard and affection for Arthur Frederick. He would often come in and discuss the Administration of the school, make suggestions for its betterment, tell me where some of the problems lay, and also the hopes and aspirations of both faculty and students. He was not afraid to say what he thought and I appreciated his frankness and the fact that he would often go out of his way to help in making a smoother administration and a more meaningful administration.

He was Director of Religious Education at Immanuel Presbyterian Church and was associated with Dr. Harold Long, who was a Trustee at the University. They made a very good team and also gave us unusual insights into the situation in the City. Dr. Harold Long would, as a Trustee, ask for an appointment and come in and say, "Now, I am going to be your hair shirts. I am going to tell you what the attitude of the people is toward the College of Puget Sound and how it can be strengthened so you will not be vulnerable in many of the situations in which you could be." I appreciated Dr. Long's suggestions very much - he was most helpful. He had a Foundation and on rare occasions people would receive gifts anonymously. One Christmas I was surprised when certain faculty started thanking me for the white envelope that came in their mail anonymously. I did not have any idea what it was and I found out that each one of the envelopes contained a $20 bill. Years later I
found that Harold Long had been the man that brought the envelopes up and who gave the list of the people to whom the money was to be given. Most often it was professors with families or professors who were doing an outstanding job with students. Because of his unusual ability to analyze and to suggest, I missed Professor Frederick very much when he finally retired and I felt it a great personal loss when he finally died in the latter 60's.