SPORTS

now...

then...
Among the many Puget Sound athletic programs that dominated their opponents, one was Cross Country. The Logger women ran their third national championship, becoming the first team to win three national titles in a row. And the Logger men finished successfully as well, placing thirteenth in the nation.

With extensive miles of hard summer training, the team reported for practice at the beginning of school. Coach Sam Ring began to condition his dedicated athletes with a variety of grueling workouts. "Running is easy," said one Logger. "It's running fast, uphill, on mud, in the wind, and rain, without stopping or slowing down that's hard."

The season began with a fast race at the Lewis and Clark Invitational, where the women's and men's teams placed first and second respectively. The Pacific Lutheran Invitational, held at Fort Steilacoom, was a fest for Puget Sound Athletes. Coach Ring trained his runners to handle long hills, "It's not unlike Nationals, with a hill in the middle." Nationals was the final stop for the Loggers where the women's team took their third title. At the end of the season the Loggers took off a few hours to enjoy the spoils of victory, and began the next day, training for future races.

-Noah Megowan

In cross-country it is key to get the perfect start, as demonstrated by the Logger men, so that you can claim your place in the field of runners.
Josh Megowan comes into the finish at the University of Oregon meet.

His comments on cross-country: "It's not like track; it's a true team where
each guy can make it or break it for the whole team."

Burningham is in fine form as she maintains the UPS standard of
ways being one step ahead.

Emily Kellman, All- American
Cross-country athlete wins the
PLU invitational with ease. Coach
Ring says 'she is not only one of
the best runners you'll ever meet,
but she deserves every success she
has.'

The women's program continues
their tradition of success by cap-
turing their third National Champi-
onship. A proud and well deserv-
ing group of young women.
Football

The time has come for Logger football to come "Back to the Future". With the new coaching talents of Gordon Elliot, the Loggers have shifted their momentum into high gear. Coach Elliot has brought the team together through hard work, determination, and the ever present team unity. All of this new energy led the fighting Loggers to a final 4-5-0 record, a tremendous improvement over the past years.

The Loggers will miss the work of seniors Aaron Foster, Zale Crawford, Roland Schendel, Earl Fitzpatrick, Phil Smith, Joel Epstein, Chris Allen, James Ward, and Justin Blake next year. However the returning team will continue the ongoing tradition of Logger football.
Wide receiver Aaron Foster (87) is ready for the snap and the play to get into action.

Running to find that perfect opening is quarterback Chris Schelect (8).

### Score!

<table>
<thead>
<tr>
<th>UPS</th>
<th>Vs.</th>
<th>Them</th>
</tr>
</thead>
<tbody>
<tr>
<td>15 S. Ore.</td>
<td>22</td>
<td></td>
</tr>
<tr>
<td>28 L and C</td>
<td>21</td>
<td></td>
</tr>
<tr>
<td>21 E. Ore.</td>
<td>14</td>
<td></td>
</tr>
<tr>
<td>7 W. Ore.</td>
<td>32</td>
<td></td>
</tr>
<tr>
<td>27 Simon F.</td>
<td>24</td>
<td></td>
</tr>
<tr>
<td>3 W. Wa.</td>
<td>48</td>
<td></td>
</tr>
<tr>
<td>37 Central Wa.</td>
<td>69</td>
<td></td>
</tr>
<tr>
<td>18 Whitworth</td>
<td>7</td>
<td></td>
</tr>
<tr>
<td>3 PLU</td>
<td>36</td>
<td></td>
</tr>
</tbody>
</table>

Inspiring the team to get "Back to the Future", Coach Elliot psychs the players for a game with Eastern Oregon.
Women's Soccer

The 1994 UPS Women's Soccer team was back and better than ever, finishing out a great season with the National Association of Intercollegiate Athletics (NAIA) and Pacific Northwest Athletic Conference (PNWAC) final overall standing of 6-2-2. Teamwork and determination led the team to an undefeated standing in the conference for the first half of the season. They also finished with an outstanding overall record of 9-9-3.

Next year the team will definitely feel the loss of Amanda Olney, Lea Meyer, Amy Brenner, Jen Wedgle, and Calisse Hughes the five exceptional senior players. Luckily they have a very strong returning core, which will be ready to go even further in '95. Although the team was disappointed in not making it further in the PNWAC playoffs, the taste of success will continue to drive this strong team next year.

Midfielder Amanda Olney lives to beat Linfield to the ball and then go for the goal.

Goalie Jen Mark practices doing whatever it takes to make a save for the UPS team.

Throughout every game the entire team is always there to cheer on the players. Here at Baker Stadium the Lady Loggers concentrate on the field as their team plays.

Jen Snowden knows the way to screen the ball with her body so the other team can not take the advantage.
Men's Soccer

The 1994 Mens Soccer team, led by new coach Reece Olney and senior captains Jason McGibbon and Michael Chaffee, have started a new tradition for the University of Puget Sound. With an overall record of 11 and 9 the Loggers have set the foundation for a very successful future. As Coach Olney's first year working with the Loggers he was very impressed with the team's record, which was the best in ten years. Despite the team's disappointment with not making the playoffs, they still maintain high standards which will impact the future positively. The team will sorely miss the four seniors, Jason McGibbon, Michael Chaffee, Brant Witzel, and Keith Swartz, but with an excellent core returning, they will be ready to Kick It next season.

Jason McGibbon has the skill and determination that it took for the team to pull the victory over PLU.
Team unity plays a big part for the four seniors of the UPS Mens Soccer Team as Jake McTigue, Derik Mills, Mike Chaffee, and Jason McGibbon Celebrate another goal.

PLU is beat again by Derek Mills as he carries the ball to victory.

He can fly! Scott Peterson proves that soccer is not entirely a game for the feet.

**1994 UPS Men's Soccer Team:** Back row: Coach Reece Olney, Michael Chaffee, Jason McGibbon, Kieth Swartz, Derik Mills, Chester Wiita, Scott Peterson, Jason Alexander, Dylan O'Neil, Coach Kelly Bendixen, Coach Greg Ion; Front Row: Joe Campbell, Tim Hall, Jake McTigue, Brant Witzel, Benjy Meyers, Brian Sponsler, Adam Johnson, Andrew Walls.
Volleyball

The UPS volleyball team continued its tradition of success again this past season by clinching the third place trophy at the National Tournament in Chattanooga, Tennessee. It was a year of challenges and learning experiences for all. Although last season saw the graduation of only one senior, this year’s squad had six new freshmen on the roster. Highlights of the season included a 2nd place finish at the Portland State NCAA Division II Invitational Tournament. UPS defeated top ranked teams such as Regis and PSU being the only NAIA team invited to the tourney. The team also finished 2nd place in the Pacific Northwest Athletic Conference.

At the eight team Regional Tournament hosted by the Northwest Nazarene College in Nampa, Idaho, UPS swept the tournament and gained the Regional Championship title by beating Lewis and Clark in the finals. This victory gave UPS their third consecutive berth to the National Tourney since 1992. But UPS, the defending 1993 champions, had a disappointing semifinal loss to regional rival Western Oregon State which put them into the third place match. Although the team did not repeat the championship, they had a season filled with teamwork, dedication, and personal successes. Look for these women to be back again next year in fine style.

-Andrea Egans

Senior Heidi Moritz nails a dig, sending it over for the Lady Loggers.
Heidi Moritz, Wendy Weise, and Janice Lwin work together to prepare for a set while the rest of the team waits for the set.

Shaleah Jones spikes the ball with great agility.

A helping hand is always nice to have as junior Wendy Weis drops for the dig at the Fieldhouse.

Wendy Weis, Janice Levin, and Heidi Moritz confer together before a serve. It is important for everyone to know what is going on in the court.
Putting it in again.

Senior Wendy Davis launches a three point shot. She led the NAIA for the three point field goal percentage and was also selected to the PNWAC All Star Team..
Senior Susan Overton drives to the paint while freshman center Kasa Tupua rotates to the perimeter.

Senior Annie Bagg, reserve point guard, works the offense to its potential.

Central Washington is no match for the defensive skills of Kelly Kaiser. She deflects the ball with ease, keeping the Loggers going strong.
Men's Basketball

The men's basketball team played tough during a season of ups and downs. There were big wins bringing joy as well as unfortunate circumstances causing pain. The Loggers were quite impressive on two occasions, recording wins as the underdogs. The Seattle Pacific University Falcons visited Memorial Fieldhouse where the Loggers blistered the Falcons, a NCAA I team, by 30 points. The Logger men also travelled to Hawaii, claiming a win over the favored Chaminade.

As the Loggers tried for the district playoffs, they had some untimely injuries. Senior guard Marshal Bennett sprained an ankle, Sophomore point guard Corey Van Lith had a deep muscle bruise, and Sophomore guard Manny Martucci had a knee injury taking him out for the rest of the season.

The Logger's season ended after losing a tie breaker to St. Martin's College. The season closed with an overall record of 13-16 and a 4-8 finish in the league. Making tremendous impacts on the league this season, Matt Droege and Bryan Vukelich led the way for the Logger's. Droege was named an All-American for the third season, and Vukelich joined him on the All-District team. Overall the team had a great season, and as Droege said, "I had a lot of fun over the years."

-Manny Martucci
Kevin Grant, point guard, drives the ball through the Western defense.

By putting in another lay-up shot, Eric Powell’s specialty, he helps the Logger’s continue their successful season.

Senior Matt Droge, another member of the PNWAC team, scores again for the Logger's.

Brian Vukelich, another PNWAC All Star Team member, has a beautiful layup against Western.

Score!

UPS VS. Them

<table>
<thead>
<tr>
<th></th>
<th>UPS</th>
<th>VS.</th>
</tr>
</thead>
<tbody>
<tr>
<td>83</td>
<td>Lewis &amp; Clark</td>
<td>73</td>
</tr>
<tr>
<td>82</td>
<td>Chico State</td>
<td>85</td>
</tr>
<tr>
<td>89</td>
<td>Western Bap.</td>
<td>81</td>
</tr>
<tr>
<td>84</td>
<td>George Fox</td>
<td>80</td>
</tr>
<tr>
<td>78</td>
<td>Pacific</td>
<td>69</td>
</tr>
<tr>
<td>67</td>
<td>W. Oregon</td>
<td>80</td>
</tr>
<tr>
<td>57</td>
<td>U. of Port.</td>
<td>74</td>
</tr>
<tr>
<td>75</td>
<td>Seattle Pac.</td>
<td>86</td>
</tr>
<tr>
<td>91</td>
<td>Pacific</td>
<td>70</td>
</tr>
<tr>
<td>62</td>
<td>Western W.U.</td>
<td>69</td>
</tr>
<tr>
<td>96</td>
<td>Seattle Pac.</td>
<td>63</td>
</tr>
<tr>
<td>83</td>
<td>Willamette</td>
<td>77</td>
</tr>
<tr>
<td>81</td>
<td>E. Oregon</td>
<td>75</td>
</tr>
<tr>
<td>88</td>
<td>Chaminade</td>
<td>62</td>
</tr>
<tr>
<td>73</td>
<td>Hawaii Pac.</td>
<td>90</td>
</tr>
<tr>
<td>73</td>
<td>BYU-Hawaii</td>
<td>90</td>
</tr>
<tr>
<td>50</td>
<td>Central Wa.</td>
<td>53</td>
</tr>
<tr>
<td>76</td>
<td>Seattle Univ.</td>
<td>67</td>
</tr>
<tr>
<td>61</td>
<td>St. Martin's</td>
<td>76</td>
</tr>
<tr>
<td>68</td>
<td>Simon Fraser</td>
<td>84</td>
</tr>
<tr>
<td>84</td>
<td>Lewis-Clark St.</td>
<td>50</td>
</tr>
<tr>
<td>68</td>
<td>Western W.U.</td>
<td>83</td>
</tr>
<tr>
<td>77</td>
<td>Seattle U.</td>
<td>93</td>
</tr>
<tr>
<td>78</td>
<td>Lewis-Clark St.</td>
<td>86</td>
</tr>
<tr>
<td>71</td>
<td>Western W.U.</td>
<td>63</td>
</tr>
<tr>
<td>70</td>
<td>Simon Fraser</td>
<td>55</td>
</tr>
</tbody>
</table>

Sports 133
Let's Hit The Slopes!

Concentration, form, and determination are key to the perfect start, demonstrated here by Scott Hammers.

Tracy Hughes grabs the tight edge that is always necessary to get around each gate.
Scott Hammers, John Hildreth, and Tyler Shaw are resting between races. It is important for them to go over each race before and after.

Team support is very crucial for the races. Here Chris, Natalie Williams, Kelsie Erkkila, Tracy Hugher, and Christine Laney cheer on their fellow teammates and get prepared for their own races.

Skiing

We are possibly the least known team on campus. Seniors ask, “We have a ski team? Is this an intramural sport or do you do this just for fun?” Well yes, we do it for fun, but we are technically a varsity team. Our season begins in October with dry-land training to build leg muscles. The skiing officially begins with a trip to a resort for a week of training on and off the race course during winter break. We also hold time trials this week to decide who will race and in what order. The travel team is made up of five women and five men. The season officially begins with a trip to a specified resort and runs two races. The team travels up to Snoqualmie two nights a week to train together and run time trials. The objective of the first three weeks is to have team scores for three slalom races and three giant slalom races so that we can participate in the Conference, Regional, and National Championships. Overall we work hard, ski fast and have a great time doing what we love.

-Christine Laney

The 1995 Ski Team: Christine Laney, John Hildreth, Jason Rodgers, Kristen Jacobsen, Tracy Hughes, Kelsie Erkkila, Natalie Williams, Tyler Shaw, Scott Hammers, Jeremy Justice, and Chris.
It's not a smart idea to stand close to the edge of the pool with your clothes on. Coach Meyre is getting dunked by the team during their final home meet.

Without team spirit a major part of the team would be lacking. Both teams are always there to help cheer on their fellow swimmers.
The precise form to your start is very important for a relay race. At the touch, Emily Davis pulls the Loggers ahead.

Swimming

The 1994-1995 season was a year of changes in Logger Swimming. With the retirement of longtime coach Don Duncan, Chris Myhre stepped up from coach of the women's team to become head coach of both men's and women's teams. Bringing in Assistant Coach Lance Trebilcock, Myhre hopes to bring about even more unity between the two teams. But the many changes that the team faced seem to have had a positive effect on both teams. "It was a great season from the standpoint of the final results," Coach Myhre proudly states. "Many of our swimmers improved. We had fun. A lot of friends were made."

The Logger women finished yet another impressive season with a conference win at the PNWAC Championships, while the men came in second at the same competition. For both teams the deciding factor at the National Championships in San Antonio, Texas were their dynamic performances on Friday of the meet. "There was an electricity in the air. You could feel it every time you were with the team," said senior Greg Kabacy. The women came away with a second place finish, and the men were the proud bearers of the National Championship.

-Allie Shukraft

Erica Theissen appears to be flying across the water with the greatest of ease, but the fly is one of the most difficult strokes.

Rhythm and tempo are not only for music majors. Michelle Parrish catches her breath to the beat of her stroke.
Golfing was not one of the University of Puget Sound's more publicized sports, but with their talent, it was hard for them to go unrecognized. This year three members competed in the 1994 District Tournament. Luckily there were several excellent newcomers, this year, to round out the team. Coach Steve Nemeth had many reasons to be optimistic about the Logger's chances at this year's District tournament in Vancouver, B.C.

The returning lettermen, Dave Cadwell, Andrew Parks, and Alex Wilsie, proved that they could compete with the best that Simon Fraiser, Western Washington, and Saint Martins have to offer.

Matt Burton, Tony Carl, Mark Clement, Ben Hur, Jason Miller, Eric Waeckerlin and Matt Wilma complete the 1995 squad. Of these players, they will vie for the two empty positions that will finish out the team for the Districts tournament. Keep your eye's out for these players, and watch out for any stray golf balls.

Heidi Orloff, the UPS Golf Director, confers with Dave Cadwell about his strategies for the game before the match.
Junior A.P. Parks watches his ball fly. As a returning UPS letterman he was definately a player to contend with.

Eric Waeckerlin sizes up the next hole before taking his shot.

Softball

An experienced Logger team returned to the field this year. With a returning core of twelve and additional new players the pitching staff and defense stepped up a level this year. With three first team All League players: Heather Paulsen at short stop, Kari Eckberg at third base, and Nique Jinhong behind the plate, the Puget Sound Loggers held one of the strongest defensive teams in the league.

The Loggers definitely made a statement at the plate. Leading the Pacific Northwest Athletic Conference (PNWAC) in runs scored, the Loggers attacked at the plate. The conference leader at bat was our very own Heather Paulsen, whose average was .476 for the season. "This is the finest hitting team I have had in my ten years of coaching at Puget Sound," stated Coach Hamilton. Success was undoubtedly the result as the Loggers took the PNWAC conference with a record of 14 wins and 2 losses. They also held a sturdy position in the NAIA division with a record of 21-3.

To end the season the Loggers are preparing for the regional tournament with hopes of a trip to the National tournament in Columbia, Missouri. Coach Hamilton believes that "this '95 team has all the elements needed to produce a championship season."

-Angela Merlo

Mino McLean is ready for the pitch and not about to let anything go by.
Heather Paulsen slides safely into home in the game against St. Martins as her teammates anxiously watch from the dug out.

Pitching for the Loggers is Dani Bisel, from the Lower Columbia. Her skills have brought wonders to the team.

Baseball

Another season came crashing down on the Logger Baseball Team as it once again failed to live up to high preseason expectations. Returning eight experienced seniors and four other starters, the prospects were bright. Unable to shake a troubled past, though, another tailspin began and ultimately concluded with the resignation of Coach Russ Anderson. With sixteen games left in the season, the team's options were simple. They could either pack it up, or just see what they were made of.

The team responded with a doubleheader sweep of league rival Central Wa. U. The program was alive once again. The season included a defeat of PLU, which shook a four-year monkey off the Loggers back, and gained the respect that was previously lost. More than anything, there again was a spark that will do nothing but bide well for the program.

On the field the Loggers were led by strong pitching a tight attack, and the ever improving defensive middle men. With the improved recruiting efforts a strong class is coming in next year to fill the void left by a talented class that has graced Burns field for four years. The Loggers are on the verge of something special.

-Brad Loveless

Chris Schlect, Jon Huber, and Justin Talmadge congratulate Greg Gagnon after scoring a run.

Greg Gagnon Starts another rally with a single up the middle.
Brian Feeney gets the defensive sign from the dugout.

Coach Bob Walz gives a thumbs up to the way the Loggers battled back this year.

This shell is moving along at quite a speed with coxswain K.Kirkpatrick guiding L.Hovee, M.McFarlane, M.Lee, A.Kramer, G.Peterson, J.Clark, S.Shipley, and M.Rucier through their stroke.

When else can you scream at eight other people and have them enjoy it? This is the life of coxswain Jen Green, a true Logger in her best form.
Crew is always not in the water. Each team has to place their boat into the water before a race can begin. Here Stu Shipley carries his boat down to the shore.

A. Hatfield, L. Williams, K. Wolfe, and D. Latorre are determined to row their hardest. All the training has brought them together in their stroke.

UPS Crew began their training in mid September, six months before racing began. Each rower awoke daily and drove the 20 miles to American Lake. It starts with stretching exercises at 5 in the morning and by sunup the boats are on the water. For the next two hours, eight rowers and their coxswain seek a perfect blend of group precision and personal achievement. That's the mental rush of rowing and the early morning goal is to reach beyond one's physical limits while keeping the shell moving steadily towards that unspoken dream.

As the season progressed the Crew traveled to eight regattas including O.S.U. Invitational, Husky Invitational, W.S.U. Invitational, Northwest Regionals, Pacific Coast Championships in Sacramento, Ca., and finally Cascade Sprints at home in American Lake.

This year the men's team had five returning lettermen and five novice. A strong team, they brought home 1st, 2nd, and 3rd place finishes all season. The Women's team also had five returning lettermen and a strong novice team. They raced well with many strong finishes.

Crew strengthens the physical form as well as the psyche. It takes a focus of dedication, determination, and discipline to enjoy this sport to the fullest. It's teamwork, it's personal fulfillment, it's just awesome.

-Gregg Peterson,
-Tracy Burnham

Sports 145
Women's Lacrosse

The Women's 1994 Lacrosse season officially started with practices in February to get us ready for games to begin the last week of March. A strong team of approximately thirty girls we played teams from all over the West coast, becoming very familiar with the scenery from here to Walla Walla, and also between here and Santa Cruz, California.

An exciting weekend as always, the Western States Championship in Santa Cruz proved to be a great experience for all who made the fourteen hour drive. We played and lost against Berkeley and Santa Clara, and won the games against U.W. and UCLA.

Because of our undefeated standing in the Northwest college league, we were placed in the top seed spot with Western Washington University for the PNLA Championship in Portland, Or. After an exciting game, the Western team pulled ahead in the last minute, placing us as the number two team in the Northwest. Although we will miss the power of our senior players, with our strong returning core we will pull the #1 title away from Western and bring it back where it belongs.

---Mandy Norman

Kate Glover cradles hard to her off side to prevent the offensive player from getting the ball.

Defensiveman Tisha Geisbrecht takes the ball down the field to be passed off to the offense so they can score.
It is important to be first to the ball, especially after the draw. Steph Dunbar and a Lax-On player watch as the ball flies upward to be caught by one of the other members surrounding the circle.

To be one step ahead with the ball is the key to the offense. Carrie Carson, with the help of Sarah Ritchie, carries the ball up field in the game against Lax-On at Baker Stadium.

At the half and after every game the team sits down to figure out the game and how they can improve. Being coached by each other allows for many ideas to be brought up and suggestions given.
Women's Tennis

This year's Women's Tennis team was composed of much youth and vigor. The majority of the team was freshmen, with only one senior and two juniors returning this season. Coached by Steve Bowen and Mike Olejar, the Loggers set out with two serious goals for the season: to play hard and to have fun.

The women were just as aggressive on the road as they were on home turf. Spring break took them to Caldwell, Idaho, where they challenged the Northwest Nazarene College and the College of Idaho. They later faced more northern teams such as Western Washington University—once again proving that tennis is exciting to watch.

At the Regional Tournament held here at UPS, April 28-30, 1995, The team took fourth place overall behind Albertsons College, Seattle University, and right behind Western.

Overall the season was a powerful one, allowing for improvement. With a young team returning, they are looking forward to a successful season next spring.

-Cassie Hughes

Cassie Hughes carefully sends the ball back to her opponent in hopes that it will win her the needed game point.

When she is involved in her match, the only thing that is on Jeanie Moar's mind is returning the ball with enough force to gain the match.
1995 Women's Tennis Team:
Top row: Triffy Plagmann, Leigh Sorensen, Jeanie Moar, Mike Olejar; Bottom Row: Katie Matherly, Cassie Hughes, Mari Hrebenar.

Cindy Kozu has enough determination to intimidate her opponent. She shows that tennis takes a great deal of strength, both physically and mentally.

It is necessary to anticipate where the serve will go in order to react quickly and accurately. Mari Hrebenar is ready for anything that comes her way.
Jared Brodin prepares the serve before sending it over the net. As a first year player on the UPS team he is one to watch in the years to come.

Tennis is not always an upright sport as demonstrated by Chris Sackman. It is important to get every ball possible returned.
Chris Sackman reaches that extra few inches to return the ball to his opponent in anticipation of winning a point.
Women's Track

With big names on the team like Emily Kellman, April Plattner, and Beth Robbins, other competitors may be a bit apprehensive before joining. This is not the way that the women's team functions though. There are a large number of freshmen that have lettered already this year. So along with the returning lettermen and those who will be joining the team there is a positive outlook for the team next year.

The women are a small team but they are one on the forward move. Six women have qualified for Nationals Those that are going to Regionals Graduation Weekend and have not already qualified are looking for the perfect conditions that will allow them to perform their best in hopes to join their teammates.

Coach Peyton has great hopes for the future of these athletes and their team; "They are working hard and deserve all of their successes."

Kara Morgan uses total body strength as she prepares for the release of the Javelin. "It is necessary to know exactly when to let go to be able to get the desired flight."
Andi Anderson comes flying around the corner in the women's 4x100 meter race ready to pass the baton off to the next runner.

With a few spins and great concentration Sally Spooner is ready for the release in the Discus competition.
Track and Field
Cheering

The Cheerleading Team is definitely one UPS team that is taken for granted. They are usually merely seen as part of the football program. Many people say- "oh that's not a sport, they aren't actually competing." But, how many of you skeptics have actually tried it? After a few two to four hour practices consisting of nonstop aerobics, yelling, stunts, and memorization would convince anyone that cheering is hard work.

For the Fall squad of 1994 all of their preparation paid off. The Logger Football Team had a successful season with the support of the cheering team. As squad member Whitney Gore said, "It was exciting to cheer for a winning team, especially at the crucial games."

Since the Loggers were winning, more fans came to the games, giving the squad someone to cheer to, instead of empty stands.

The squad hopes that with the success of the football team, they will continue to help get the fans excited and ready for more wins.

Pump up the crowd, remember the words, jump up and down, and remember not to go before it is your turn; all parts of the day in the life of a cheerleader.
The halftime show is the favorite part for most of the squad. It is a time for the dance sequence with an actual song that really got the fans excited, especially when cheering for the winning Loggers.
It is important to remember that with all we come across in our lives, dedication will have a major part in most of what we do. Athletes experience first hand a major type of dedication. But it is the other faces of dedication that help make our drive for what we are doing a little better. It can be found in the smile of a dog, the saying on a t-shirt, and in the excitement of the fans cheer, but the most important part of determination is that no matter who has it, or how it is being brought across it is an important part of ourselves. Hopefully the dedication of the athletes in the past pages will help you to find yours and encourage you to put a little more into all that you do.
The Standard by which others Measure Success

PERSIST
TRUST
BELIEVE
YOU WILL PASS THIS WAY
ONLY ONCE
DO IT RIGHT

Sports 159