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The Repertory Dance Group is one of the largest student groups on campus, and it’s no wonder why. This incredible group of over 200 dancers comes together twice a year to put on an unforgettable showcase of dance for their fellow students. These showcases are incredibly well attended and highlight a variety of dances and skill levels.

The dances are entirely student choreographed and the styles include hip-hop, tap, jazz, Latin, and contemporary. Dancer Vivien Jones elaborates on why she joined this group: “I did RDG because it seemed like a wonderful opportunity to dance with a great group of people. Performing in front of the school is also a unique experience, and I love seeing how everyone’s hard work pays off at the performance.”

No experience is necessary to participate in RDG, because during the five-hour auditions, dancers are divided into groups based on their level of dance and choreographers then select the dancers for their dances. The dancers rehearse for two hours a week for each dance they are in, as well as attending rehearsals for the final dance, in which everyone participates. RDG is all-inclusive and draws in a wide mix of students from different backgrounds and majors who share a love of dance.
Relay for Life was started at the Puget Sound campus by Dr. Gordy Klatt who spent 24 hours in Baker Stadium, and raised $27,000 to help fight cancer. It is now sponsored by the American Cancer Society and is a very near and dear cause to many Loggers. The 2013 event falls in April and goes overnight, encouraging members of every team to rotate, keeping someone on the track at all times, because “cancer never sleeps.” Relay for Life still takes place on Payton Field/Baker Stadium where it began. Students Relay for many different reasons. Some run for family they’ve lost, some for family who’ve survived, some even for themselves, and others just to support the fight against cancer, and birthdays.
Nia Jennings started the Equestrian Team in 2010 because she loves horses as well as riding them. “We got to go to our first shows this year and won some ribbons, so that was fantastic, and other than that we’re all about going out to the barn, riding horses, jumping, and generally having a great time.”

The common interest in the group allows the members to develop friendships that are bound to stick around. “Through this team I’ve met other people who share that love of horses, and it has been wonderful going out to the barn with them. All rider abilities are welcome to join, and we would love to have more people next year too!”
A LOVE FOR ANIMALS

Lainey Vaught, president of the Future Animal Health Professionals of Puget Sound Club, says “it is designed to assist students in preparing for a career in Animal Health Professions like Veterinary School, Veterinary Technician School, Animal Husbandry, and many other animal-related professions. We have visited Point Defiance Zoo, Wolf Haven, veterinary hospitals, research centers, veterinary schools and more. This club is an exciting way to explore many different animal-related fields!” While the majority desire to be veterinarians, the dreams vary from dog trainers to zookeepers. No matter how much diversity the club represents, though, there’s always one thing that unites them all; a strong passion for animals.
Logger Pep band has a long tradition of bringing spirit to the sporting events here on campus. From as far back as when the school was still referred to as “The College of Puget Sound,” these dedicated musical Loggers have been livening up crowds with their peppy renditions of classics like “Bye-Bye Blackbird” and “Tijuana Taxi” as well more modern fare like “Forget You” and “Party Rock Anthem.”

Pep Band member Nika Nesby-Nara notes “We love getting the crowd going at games, and we’re usually very successful!” In addition to their music, the Pep Band also has a set of cheers they break out for free throws and touchdowns to engage the crowd. The Pep Band’s weekly rehearsals are filled with witty musical banter in between rehearsing pieces, and when the time for requests comes at the end, “Hey Baby” remains a perennial favorite.
Rugby is one more place where the Loggers do not fall short. Sophomore Theo Matthews described his team as much more than that; “what I like most,” he explained, “is that we identify as not only a team, but as a family, and although our family is small we can still accomplish a lot.” If there were any questions, the men proved themselves, attending Regionals for the second consecutive year, and as Theo put it, “it’s just an example of how our small liberal arts team can still compete with larger schools.”

They also increased their numbers significantly in the past two seasons, adding to the excitement. Their record was a remarkable 11-0 in the 2012-13 season. And if this wasn’t enough to attract fans, somehow the Rugby team always brought out the sunshine, drawing large crowds of supporters to their games.

Senior Cole McClavin and President Sam Egan, a junior, lead the team to victory with the help of their coaches, Mark Sullivan, ‘the stern Kiwi,’ and Tobin Ropes, ‘the goofy tea shop owner.’ Each one of them, along with the rest of team, are vital parts of the family, always working together to come out on top.
IT'S MAGIC
PUGET SOUND OUTDOORS

PsO Facebook Page

[Images of people in outdoor settings, including hiking and snowshoeing.]
Catering to the school’s enormous population of outdoor loving students, Puget Sound Outdoors offers you a variety of fun ways to spend your time off campus on the weekends.

The Expy, or Expeditionary, offers rentals for hiking trips, ski excursions, and camping days for students that want to reconnect with nature or take a break from the stress of school life. Students also enjoy the option to travel to Crystal or the Summit for only a $5 transportation fee.

During spring break, PSO offers four amazing trips where students can spend a week with their friends immersed in nature. This year’s trips include day hiking in the canyons of Utah, exploring forests in the great northwest, surfing in Tofino, British Colombia, and a backpacking experience in Death Valley.

From learning kayaking preparation in the school pool or top-rope climbing at the wall in the Fieldhouse to hiking at Point Defiance with only a map and a backpack, the number of possibilities available through PSO is endless!
Lighthouse is a small but inclusive community that works continually to reach out to students in other religious clubs in hopes of creating unity and strengthening bonds between students. To do so, they hold events such as Unplugged, their monthly dinner and interfaith conversation, and they also have small groups in which students can share testimonies, do bible studies, or just hang out. They have also added something called LOST teams, which are groups of students who commit four hours per month to a specific volunteer service. Club treasurer Brittany Walker leads a group that goes to the North West Furniture Bank to build and deliver furniture to disadvantaged families in Tacoma. They also do City Nights, where they go out to dinners and then to some sort of event in Tacoma, such as lectures and concerts.

When asked what she sees Lighthouse doing in 125 years, Brittany said “it is hard to tell where we’ll be. Our group tends to fluctuate every year. But I can safely say that wherever we are, we’ll be having fun and being totally random. Because that’s just how we are.”
The Black Student Union at the University of Puget Sound was founded in 1968 by three students. The original BSU had nine active members. Currently, the BSU has over 40 active members/allies, which include students, faculty and Staff. The BSU has had a long history here at UPS, and is one of the campus’ oldest clubs. BSU has been responsible for demanding and implementing many changes for the betterment of all students of color.
The Cirque du Sound is better known as Circus Club here on campus. Members gather to learn skills such as juggling, contortion, acrobatics, and much more. People of all skill levels are invited to join in the fun. Cirque du Sound had the opportunity to perform at the 125th Anniversary celebrations this year, and many great things can be expected from this group.

When asked what his favorite part about Circus Club was, Senior Andy Weissler replied, “I love that circus club teaches you everything you need to learn, so it’s super accepting.” You’ll find the Circus Club in the dance room every weekend, doing what they love: having fun!
Renowned throughout the Sound for their incredible voices and dashing smiles, Garden Level's tradition and quality continues to thrive. University of Puget Sound's group of local celebrities released their first album this year, containing a cappella rendition of songs like Haven't Met You Yet by Michael Bublé and Paradise by Coldplay. Travelling to Pacific Lutheran University to attend a workshop and concert called The Annual Northwest A Cappella Concert was one of the highlights of the year for the group. Singers learned a lot and formed strong bonds with groups from across Washington. Low Bass singer Brian Stoops said, "my favorite thing about the group is our ability to have a ton of fun and be dorks, while also to producing incredible music," also adding that the group "loves each other very much. We're a family." With an unmatched level of trust and love for one another, Garden Level members have the unique ability to be critical of each other and fix mistakes without letting friendships get in the way, setting Garden Level apart from other groups.
WHAT SHE SAID
BLUESION
DANCE CREW
There are many who undervalue the art of the social dance and fortunately Bluesion Dance Crew is here to prove them wrong. Social dance is alive and well for the members of this social dance group, where students can learn many styles of dance from Blues and Swing (both East and West coast) to Salsa and Tango.

The club brings in professionals from the Tacoma and Seattle area and introduces students to a thriving community of dancers through social dance functions. For instance, this year Bluesion Dance Crew hosted a social dance event as well as a swing workshop. One of the many intriguing benefits of participating in social dance is that it can help people who have trouble with personal contact break those boundaries and learn the mental and physical demands of dancing with a partner. President Elisa Abend-Goldfarb says her favorite part of being a member of Bluesion is “watching people learn and improve. It’s great to share my favorite activity with other people and introduce them to the dance community.”

The interpersonal skills and friendships that come from social dance are becoming more and more important in an increasingly anti-social digital world, and Bluesion Dance Crew demonstrates how easy it is to perfect these skills through dance.
QUEER ALLIANCE
MEMBERS OF THE QUEER COMMUNITY ARE NOT DEFINED BY THEIR SEXUALITY.
Both the Men and Women Ultimate Frisbee teams of Puget Sound are strong, competitive bodies on campus. The Postmen dominated at conferences and tournaments through the course of the year, leading to many predictions in the world of Ultimate media, some that imply that D-1 teams should be looking out for the Postmen.

In February they competed at DIII Warmups in Riverside California and came out of the tournament undefeated. The Postmen were clearly a force to reckon with, and may have a chance to move up to D-1. They came in third at the PLU BBQ in early March where they were seeded #1 as undefeated champions. Clearly they are not easily forgotten.
BRINGING THE FUN
THE WIND IN OUR SAILS
KAPPA ALPHA THETA
GAMMA PHI BETA
“Living next to the construction is not ideal. It’s loud and busy all the time...However, there are some really cool perks to living right next to the new building. You get to see the crazy amount of progress that they make on the building each day. I am amazed at how much has been done over these past several months, and I really enjoy being able to watch it all happen. I think a lot of other students miss out on it because they don’t come to that side of campus very often, and that’s a shame because soon this building is going to become part of our history.”

-J’Nyessa Baker (Class of 2015)
While students may refer to the Diner as SUB because of its location, the Dining and Conferences staff refer to it as the Servery—because that is where the food is served. Beyond the Servery there is the dish room, the pantry, and the three refrigerators. Why three refrigerators? The walk-in holds food that only needs to be refrigerated and will be used that same day, or the next. The produce fridge holds just that—produce. Lastly, there is the dairy fridge which also leads to the freezer. All of these components of the diner come together to keep the Servery full and students fed.
Ever almost been run over by a golf cart on campus? If so, chances are it was being driven by a catering worker, hurrying across campus to set up a break service, or deliver a gluten-free meal to a black and white dinner. UPS Catering is the Conference branch of Dining and Conferences, and they are responsible for all of the food that does not come from the Sub, the Cellar or the Cafes. UPS Catering is available for both on- and off-campus events, and yummy food is guaranteed!
Tucked away under the SUB, The Cellar is the University of Puget Sound’s very own pizza & ice cream shop, including a small CStore. Open late Friday and Saturday night to satisfy the hunger of your weekend endeavors, The Cellar is THE one stop shop for snacks, drinks, and full blown meals. The Cellar has been ‘round & saucy since the 70’s and is open to all of Tacoma. The campus community can come in, grab a bite to eat and reminisce about just how great Nicholas Cage is and how his face photoshopped onto anything looks damn fine.
STAFF, STUDENTS AND STUDIES
There is always something happening in The Center for Writing, Learning, and Teaching (CWLT). Students and faculty from across campus come to the CWLT for conversation and advice about a wide variety of topics. On any given day, a visitor might find a writing advisor and a history student talking about an honors thesis on the history of childrearing in the middle ages, or a physics study group preparing for an exam the next day, or a faculty discussion group on MOOCs and what they mean for liberal arts colleges. There’s never a dull moment! This year, CWLT celebrated the National Day on Writing and the Long Night Against Procrastination, kicked off the 125th anniversary of the University of Puget Sound, hosted a writing center expert from Germany, got some new furniture, got a fresh new look, had a holiday party with white elephant gifts, went on a bowling outing at Chalet Bowl, and so much more. It’s been a good year.
When asked, ‘What are Peer Advisors?’ Chelsea Pemberton says, “above all else, Peer Advisors (PAs) are expected to devote their energies to improving the academic lives of first-year students.” Each PA has a unique “caseload” of about 60 first-years; these students are the special responsibility of their PA. Though PAs have a particular responsibility for their own caseload, they must also be open to offering any first-years their academic assistance. Specific services offered by PAs include helping first-years to meet college-level academic expectations and demands, introducing first-years to academic support services, assisting first-years with short- and long-term academic planning, and reaching out to first-years in academic difficulty.

To provide these services, PAs are knowledgeable about and experienced with academic policies and regulations, dependable in the performance of their specific duties, aggressive in reaching out to first-years, supportive of academic advisors, and sensitive to the needs and feelings of students in the first year of their college lives. Finally, PAs are “paraprofessional” employees of the University, and therefore are resolute in protecting the confidentiality of student records and recognize working relationships with faculty, staff, and other students.”
A LITTLE ENCOURAGEMENT

ACADEMIC ADVISING
MAKE UPS MEME PAGE

GET MORE THAN 500 LIKES IN LESS THAN 3 DAYS

HEY GUYS

DID YOU KNOW TED BUNDY WENT HERE??

PROMOTES SUSTAINABILITY AND ENVIRONMENTAL PROTECTION

UNIVERSITY OF PUGET SOUND

MASCOT KILLS TREES FOR A LIVING
WALK UP TO THE GRILL
RIGHT AS THEY PUT OUT FRESH FRIES

PROSPIES

IF YOU TAKE A SHORTCUT THROUGH THE GRASS
YOU'RE GOING TO HAVE A BAD TIME

I LIKED THINGS BEFORE THEY WERE COOL
BEFORE IT WAS COOL TO LIKE THINGS BEFORE THEY WERE COOL.

Special thank you to Hannah Francis for the use of her excellent memes!
CURRENT EVENTS

WASHINGTON LEGALIZES GAY MARRIAGE

BARACK OBAMA WINS SECOND PRESIDENTIAL TERM

'GANGNAM STYLE' BECOMES MOST VIEWED VIDEO ON YOUTUBE
BABY KIMYE: COMING SOON TO A REALITY SHOW NEAR YOU

POPE RESIGNS FOR THE FIRST TIME SINCE 1415, SKY FALLS IN RUSSIA
Representing the voice of the student body and tackling problematic situations while simultaneously keeping up with academics might sound like an impossible proposition, one you’d have to be crazy to take on. Luckily, our dedicated cabinet was more than eager to get started attending to the needs of the student population.

ASUPS President Brian Ernst likes the time commitment and work that come with his job. For Ernst, "being able to work with different sorts of people to solve problems," is his favorite thing about being president. He adds that "the whole cabinet has really worked hard to make the school a better place for the students."

The team has successfully made substantial changes that have positively impacted Puget Sound students; for example, opening up both Harned Hall and Thompson after hours has definitely helped countless late night study groups and students find a quiet place to meet and work.

Sophomore Senator at Large, Michaela Metzler, who was elected last October, has encountered some difficulties, such as controversial discussions and opposing views with other ASUPS executives. However, Metzler feels that the benefits outweigh the difficulties, and mentions "I have learned so much about the campus that I would not have had the opportunity to."

These groups of executives have done the campus immeasurable favors, asking nothing in return. Hopefully, future classes will receive the same quality, dedication, and hard work from their representatives.
PHOTO SERVICES
Whether you’re reading this week’s outrageous Hey Yous on a Sunday Morning, looking for a new movie to watch in the Arts & Entertainment Section, or laughing at the latest satiric article in the Combat zone, The Trail has a little something for everyone. Staff members have the freedom to choose article topics they feel passionate about. From muffin recipes to politics, these eclectic collections of articles are all undeniably interesting and unique. Loving his experience as The Trail’s Editor-in-Chief, Jack Todd feels that the quality of the newspaper “has greatly increased this year,” adding that “we have a really talented and dedicated staff and together we’ve been able to produce a polished, professional newspaper that I couldn’t be more proud of.” With a staff made up of talented new and old writers, quirky section editors, and life-saving copy editors, the time and effort put in to each article is evident and readers are able to gain new perspectives and learn new things.
Elements
The Scientific Magazine of the University of Puget Sound

Perfect!
President Thomas
Fits the
GOLDEN RATIO
of Beauty

Discover the Benefits of Forest Bathing

Microbes & Chocolate
How Divine!

Evolution Quiz: Find your Humanity

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EDITORIAL STAFF

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Faculty Advisor: Bill Kupinse

Winning Submissions
Fall 2012:
Art: *Untitled*
Ben Sample (Above)
Poetry: *Jigsaw*
Martine Kivatinetz
Prose: *The Shape of Things*
Krista Silva

Crosscurrents
Maya Auguston

Henry Babbitt-Cook
Editor-in-Chief

Marissa Croft

Leanne Gan

Gayané Kanneian

Alicia Matz

Christina Pineda

Morgan Taylor
Co-Editor

Lexy Woods
"A good head and a good heart are always a formidable combination." - Nelson Mandela

Congratulations, Lyanna! Go leave your footprints on the world. God bless you. Love, all your family.
CONGRATULATIONS ALI!

You made it to the summit!

We are so proud of all that you have accomplished, and love you so!
Mom, Chase, and Dad

Tess Warner
-from Texas to Tacoma:

Congratulations
Travis Strock

Do not go where the path may lead; go instead where there is no path and leave a trail!!! We are so proud of you!!!
Love Mom & Dad

CONGRATULATIONS ON getting Great RESULTS in 4 years!
ON S r., 2013!!!
Love,
Dad, Mom and Will
Congratulations Grace - we share your joy and pride! Very well done! With love, your family

GRACE FERRARA

What a LOT of MAGIC DUST you have planted already!

The world is a better place
because of YOU...
and, although
you're
finishing
another chapter,
you've really just BEGUN.
We are all so very proud of YOU!

plant Magic dust
expanse hope doubt
(wonder mistrust)
despair
and right
where soulless our
works all their minds
eyes blindly stare
life herself stands

Mom, Dad, Parks, Andrew & Margaret

LINNEA BOSTROM
Dear Maggie,
from your very first
day of school until
now - we couldn't be
prouder or love you
more! Love,
Mom & Dad

"The things that make me different
are the things that make me."
- A.A. Milne

TYLER SHANER

I am so very proud of you
Tyler. You have accom-
plished so much in the last
4 years while attending the
University of Puget Sound.
I wish you the best for your
future and hope you will be
happy and fulfilled with your
life. Be good and stay well.
Love Mom

Congratulations!
Erin Lindsey

We are so proud! You have
far exceeded anything we
could have imagined for you!
We Love You!
Mom, Dad & Ashley

"Let your heart guide you. It
whispers, so listen closely." -
LBT.

Congrats to
Ryan Rash,
Class of '13

"Each of us has a
fire in our hearts for
something. It's our
goal in life to find it
and keep it."
~ Mary Lou Retton

Go forward from
your Puget Sound
experience a wiser,
stronger man with
some great life long
friends.

With love,
Mom, Dad & Sarah
While we will continue to be a residential college, the role of technology in developing community and personal relationships will have increased dramatically. Less than a decade ago, social media did not exist. What will be created next year, three years from now and five years from now will have the potential for dramatically impacting the way human interactions on our campus evolve. This is not the replacement of face-to-face interactions but, rather, its enhancement. But we will need to be purposeful in how these yet-to-be invented tools will be utilized. This is why I see that there will be staff devoted to this community and personal development use of technology. These positions do not exist on most student affairs staff presently but I suspect they will in the near future.

Advances in technology, in the way of continuing to shrink our world, will mean a greater sense of being part of an international community. Advances in technology will allow even more individuals with disabilities to join our community. Thus, our commitment to diversity will continue but will be broader in scope than we experience today.

Ultimately, our core value of a commitment to student centered learning, will not change. The presence of faculty, staff and students dedicated to this value will not change. Being physically present and many of us living together will also not change. But the walls will be more permeable and movable. Technology will more of a partner in the campus experience. Our relationships will be deeper. Our learning will be broader. But the purpose for these relationships and learning will not change: “…preparing the university’s graduates to meet the highest tests of democratic citizenship. Such an education seeks to liberate each person’s fullest intellectual and human potential to assist in the unfolding of creative and useful lives.”

~Vice President and Dean of Students Mike Segawa
Three men, John F. DeVore, David G. LeSourd, and Charles Fowler, labored tirelessly to establish the University of which we are so proud, 125 years later. They sought funding, promoted the idea to Tacoma’s townspeople and negotiated the political thicket of the Church. Finally, on Saint Patrick’s Day in 1888, with the affirmation of the Church, Puget Sound University was founded.

What seemed so positive quickly turned negative. Poor funding, and a series of recessions from 1892 through 1900 sapped the financial resources of the university. Things were so bleak that in 1898, for a short period, the university merged with another Methodist institution in Portland. Through the work of a few alumni and the talents of others, especially LeSourd, after a lost semester, Puget Sound University was returned to Tacoma.

The financial tumult that led to the Portland experience resulted from a failed plan to locate Puget Sound University in what is now called University Place. The sale of house lots was to fund the university. Unfortunately, this didn’t happen and university leaders found expenses for the project far outweighed its revenues. Throughout this period Reverend LeSourd was there, believing in the university and using his persuasive abilities to stave off creditors. His son, writing years later remembered that there was, “more than one occasion when process servers called at our house and served papers on father.”

So, what does this have to do with what the 125 anniversary of the University of Puget Sound means to me? A lot. Men and women over the years have toiled tirelessly with dedication to build up this wonderful university. They have dedicated their time, talent and treasure to make it the outstanding university it is today. The 125th anniversary gives us an opportunity to celebrate people like John DeVore and David LeSourd who had a vision and an endless commitment to build the University of Puget Sound.
~Associate Vice President for University Relations George H Mills
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