If you can keep your head when all about you
   Are losing theirs and blaming it on you,
If you can trust yourself when all men doubt you,
   But make allowance for their doubting too;
If you can wait and not be tired by waiting,
   Or being lied about, don’t deal in lies,
Or being hated, don’t give way to hating,
And yet don’t look too good, nor talk too wise:

If you can dream—and not make dreams your master;
If you can think—and not make thoughts your aim;
If you can meet with Triumph and Disaster
   And treat those two impostors just the same;
If you can bear to hear the truth you’ve spoken
   Twisted by knaves to make a trap for fools,
Or watch the things you gave your life to, broken,
And stoop and build ’em up with worn-out tools:

If you can make one heap of all your winnings
   And risk it on one turn of pitch-and-toss,
And lose, and start again at your beginnings
   And never breathe a word about your loss;
If you can force your heart and nerve and sinew
   To serve your turn long after they are gone,
And so hold on when there is nothing in you
Except the Will which says to them: ‘Hold on!’

If you can talk with crowds and keep your virtue,
Or walk with Kings—nor lose the common touch,
If neither foes nor loving friends can hurt you,
If all men count with you, but none too much;
   If you can fill the unforgiving minute
   With sixty seconds’ worth of distance run,
Yours is the Earth and everything that’s in it,
And—which is more—you’ll be a Man, my son!
Tamanawas is University of Puget Sound's yearbook, publishing its 93rd volume in its 92nd year. The staff this fall has six members, from first years to 2017 graduates. Bee Sather Jenkins, the Editor-in-Chief, is in her third year on staff, and is grateful to help to be a time keeper of the Puget Sound community. The future of Tamanawas will see some change and the transition to a biannual magazine aimed at sharing the stories of campus members.

How long have you been a member of the Tamanawas Staff?

Tami Hoang: This is my fourth year. I started as a freshman and am now a senior.

What’s been your favorite part of working on staff?

Annie Vela: I love that I get to contribute to something that will last long after we’re gone.

Why is Tamanawas important to you?

Bec Sather Jenkins: Yearbook is a fantastic way to create a lasting legacy on campus, and it’s also a great way to learn about everything that’s happening at Puget Sound.

Editor-in-Chief:
Rebecca Sather Jenkins

Staff:
Ian Hughes
Tami Hoang
Annie Vela
Em Catanzaro
Kristina Howell
Lighthouse is an all-inclusive Christian community. Bri Morrison, Lighthouse President, says: it is a “living, breathing, vibrant community and family where students are able to talk about whatever matters most to them. Students are given an opportunity to worship with others who, like them, are going through the same crazy rollercoaster of college life. Despite being of similar age and education, those who attend Lighthouse come from a wide range of backgrounds, theological perspectives, and political leanings. But rather than let our differences divide us, we embrace diversity, knowing that growth comes in learning from one another.” Lighthouse goes on retreats, hosts events for all of campus, service activities and allows students a place to worship however they want on Tuesday nights. It has been on campus for 28 years, and has shaped countless student’s lives and faith journeys. Bri explains, “Lighthouse has helped me grow so much as a person and shown me what it really means to take my faith into my own hands.”
Peer Allies is a support network of students that hold weekly “office hours” to provide an opportunity for survivors of sexual violence or harassment who may have felt powerless to talk, be heard, and be believed. They also provide information to survivors in a safe space about other resources both on and off campus. Each person has their own reasons for wanting to be involved, and it is an incredibly personal driven choice, but these students take time out of their days to provide a safe space for anyone who needs it, and this campus would not be as whole as it is, without it.
CAMPUS FILMS

Bringing you the best film experience for only a dollar a movie!

ASUPS Campus Films is a group of students dedicated to offering relatable movies to the community of Puget Sound for the low price of $1. With a new film schedule each semester, the club has been bringing in large crowds with popular films like Finding Dory and the new Ghostbusters reboot. Films are shown every weekend Friday through Sunday with two showings a day in Rausch Auditorium. The fall schedule follows a string of films that are both relevant to culture and to what’s going on when the film is being shown.

The Fall 2016 lineup included films such as Finding Dory, Swiss Army Man, Scream, Hell Or High Water, Trick R’ Treat and Kubo and the Two Strings and Captain Fantastic.
Every semester, the Puget Sound Musical Theatre community, Curtain Call, puts on a show that consists of a series of performances having to do with one overarching theme. The Fall 2016 Show was called 'Showtime!' where all of the performances have to do with the same theme of time. The musical numbers come from a variety of different musicals, such as *Merrily We Roll Along*, *Dogfight*, *Songs from A New World*, *Next to Normal*, *Heathers*, *A Gentleman’s Guide*, *Hello Dolly!*, *The Last Five Years*, *Avenue Q*, *On the Town*, and *Newsies*. The club is co-run by seniors Michael Stahl and Patrick Zimmerman. The most important thing about Curtain Call is that anyone is able to join in the fun. All of the numbers are directed by students, and the large group number that is the finale of the performance is usually directed by a member of the Puget Sound Faculty. This fall’s group number, a mash-up of the *Merrily We Roll Along* and *Newsies* songs “Our Time” and “Seize the Day” is directed by Dawn Padula, Director of Vocal Studies and Associate Professor of Voice.
Writer's Guild is the club on campus that is dedicated to the art of writing. This can mean anything from poetry to fiction to creative non-fiction. The club is in its third year, and club President Rebekah Sherman loves that she’s about to work so closely with many of the writers of UPS. Rebekah says that oftentimes, she “... writes better than she speaks and writing helps me get my thoughts down more concretely.” The club this year consists of Rebekah, a junior, and three other members. The group may be small, but they get a lot done within the span of an hour. This November marks the beginning of National Novel Writing Month (NaNoWriMo) 2016, and a few of the members look forward to having the space to work on their novels for a full hour with no distractions. The NaNoWriMo theme this year is “Imagination and Beyond.” The organization is a non-profit that works to help writers with their novels and to inspire people to work every day on a 50,000 word novel in one month. Writer’s Guild is supportive of any work that wants to be done in the space, and Rebekah hopes to continue to facilitate that.
The National Association on Mental Illness (NAMI) is an organization dedicated to the education on mental illness and the upkeep of mental health. University of Puget Sound has one of our own chapters working with CHWS to make sure students have a safe, stable place where they can share experiences with mental illness or their own, understanding how to support those with mental illness, and offering educational resources to the students of UPS about mental illness and upkeep. In October, NAMI hosted a two-day conversation on mental health education. They offer these “Real Talks” throughout the semester to better educate the UPS community on mental health and illness. NAMI is a reminder to the students of UPS that there are better ways to take care of yourself (especially during midterms and exams!) and they’re always available to the community.
The Black Student Union at Puget Sound was established in 1968 by three students, and the original BSU had nine active members. Today, the BSU has more than 40 active members and allies, including students, faculty and staff.

It remains one of the oldest campus clubs, and has been responsible for implementing and demanding many changes for the betterment of all students of color. Its mission, explains President Shannon Woods, is “to help black students strive for academic excellence, promote positive images of African Americans and help students become an essential part of a college community.”

This year, the BSU hosted their annual One More fundraising scholarship dinner, and Kwanzaa. Additionally, the BSU created the Black Ice literary magazine, which began in 2012.
ECO Club, or Environmental Campus Outreach Club, is a UPS club that works to put into action sustainable directives on the campus. They're also active in a lot of environmental activities in the parts of the Pacific Northwest outside of Puget Sound.

A large focus of ECO Club is helping UPS create an environment that we want to live in. The Divest UPS campaign that has popped up around campus comes from ECO Club, and is all about pulling our investments out of anything supporting fossil fuels. This is a branch of the work done by the national Divestment Student Network.

This year, ECO Club is also responsible for hosting the Cascade Climate Network Convergence, which provides the opportunity for students all over the Pacific Northwest to converge as well as learn more about things like "environmental justice, sustainability, climate change, and environmental racism," says ECO Club President, Curtis Mraz.
Phi Eta Sigma (PES) is a national honors organization that works to help others. Here at Puget Sound, their service has involved a project involving gathering school supplies, a PES General Meeting where they played Pictionary and ate ice cream, writing letters to veterans, and the Adopt-A-Spot program, where members keep the streets surrounding campus clean by picking up trash.

Helen Tscurr explains that “this year Phi Eta Sigma has continued to support local and national charitable organizations including Tony’s kitchen and Adopt-A-Spot. We organized a letter drive for active and retired military personnel, and have focused, by request of the members, on the presidential election by organizing a fantastic and interactive election viewing party! We have brought speakers in to discuss resume building, grad-school applications, and investment. PES has been a great opportunity for me to gain perspective on leadership and feel more connected to the campus community!”
The Women’s Rugby team at University of Puget Sound, the Ruggers, are a group of ladies dedicated to the sport of Rugby. This fall, the group brought in a slew of new recruits, as well as the Tacoma Sirens Women’s Rugby Football Club to teach the new recruits the basics of the game. Much of the game is rooted in positions, movement, and passing. The game has often been referred to as “organized chaos.” The basics: the ball may only be passed sideways or backwards; the ball may be carried forward or kicked; points are scored when the ball touches down in the try zone or is kicked through one of the goal posts; the game is played in two, forty-minute halves. Fun fact: the numbers on the jerseys of players mean the position of the player, unlike many sports.
FENCING

Fencing is a club on campus that allows a space for students to practice the sport. Eliot Childress, the President of the Fencing Club, says: “it not only lets us play with swords and creates excitement of facing someone in a duel, but it’s mental and strategical challenge too.”

The amount of training that the club goes through in order to become a successful fencing squad lasts hours. Henry, a fencer at the beginning of his freshman year until now, says “it was something I had always kind of wanted to do, but I’d never really had the opportunity. To be honest, I was a little apprehensive. I just wasn’t sure if getting stabbed repeatedly with swords was as fun as it sounded. I discovered very quickly that fencing presented interesting psychological, physical and strategic challenges which I thoroughly enjoyed. Fencing is now one of my favorite ways to exercise, and I would highly recommend sanctioned stabbing to anyone even slightly interested.

Their motto is perfectly catchy: “Hack Chop, Stab Slash” which draws upon key fencing terms. Lastly, Aidan, a regular at Fencing club says “fencing is a way to improve my body and mind in a way that builds strong friendships and is fun. Fencing requires not only strength, but also coordination and a sense of presence that translates to how I carry myself in every day life. In addition to the physical benefits, fencing allows me to attempt to outsmart my opponent, which keeps my brain active. Fencing is an important part of my week at Puget Sound.”

Most members agree that their time at Puget Sound would not be the same without Fencing. It is wonderful that our school has the ability to endorse all different types of sports, and clearly, fencing has a great future ahead.
MEN'S RUGBY

"We may start the season as teammates, but we end the year as brothers."

Spotlight: Teague Wallace

What are you particularly excited about this year?

I am excited about all the new faces. Being a club sport, recruiting is always an important aspect of the team. We had a lot of guys leave last year and didn't know exactly how that would affect our play. However, we got a strong group of recruits who will see plenty of playing time. I am looking forward to seeing the young guys grow as ruggers and men.

How has playing shaped your college experience?

I originally joined rugby because I wanted to stay in shape and keep a competitive edge. Starting a new sport as a freshman, I was not exactly sure how I would fit in, but it was one of the best decisions I made during my four years here. There is something about taking the pitch [field] with 14 other guys and know you are in a battle together. By joining rugby, I know I have 30 guys I can depend on having my back with anything.

If you could play for any professional team, who would it be?

It would be nice to represent my nation and play for the USA Eagles, but ultimately I would love to play for the New Zealand All Blacks. They have been the most dominant team in the league and it would be awesome to be a part of a team with such a strong tradition in the game.
The University of Puget Sound Sailing Team was founded in 2006, when a group of energetic students decided to bring one of the greatest sports to our wonderful university. After several short stints and breaks, the team took on full form in the fall of 2008 and has continued to build momentum ever since. Starting with just four to six sailors, the team has now evolved into a group of fifteen committed yachtsmen and women who compete throughout the Pacific Northwest and Southwestern Canada. The team participates in two regattas yearly: the first hosted by the University of Oregon in late October, and the second in Seattle in early November.
Spoken word and poetry offers a unique and powerful way to translate intense and complex aspects of the human condition into incredibly effective pieces of art. This semester, SWAP club aimed to offer a creative community where people from all different backgrounds can come together and create poetry. They had two open mic nights in the Oppenheimer Cafe where you just sign up casually at the door.

Aedin Wright states, “I find delivering a piece of spoken word to a room full of strangers to be the most effective way to work through the queries of my own human experience, and am deeply moved by watching other people perform and do the same.”
SIRGE

The organization that gets the campus community talking about and interacting with issues of sexual violence.

Sexuality Issues, Relationships, and Gender Education (SIRGE), is a new campus initiative, with the ambition to get the campus community talking about and interacting with issues of sexual violence. This year, a focus has been put on programming, since this is where discussions are facilitated. Coordinator Alex Keysselitz ('18) explains that “this year is really about getting the campus and students aware of what SIRGE is and getting everyone more involved in these discussions.”

This Fall, SIRGE coordinated Take Back the Night, an event held each year developed to “empower those who have felt powerless.” TBTN includes a march around campus and a speak-out geared to support victims of sexual violence and make all participants know what it is to feel safe and powerful. Additionally, SIRGE sponsored the It’s On Us Week of Action in October, and welcomed the YWCA to host the Domestic Violence Monologues.
Keysselitz explains that "sexual violence doesn't discriminate, it affects everyone... that is why it is so important to me." The root of the violence, she says, is power and control. "To me it is so important to understand that power and control piece. It doesn't matter what race, gender, socioeconomic class you are. This is a universal problem. And as someone who has been personally effected by this violence I feel like it is my mission as a college student to do as much as possible to make sure that this doesn't happen to anyone else."

If you are interested in SIRGE programming or wish to know more, visit www.pugetsound.edu/sirge or contact sirge@pugetsound.edu. Sexual Assault Victim Advocates as well as avenues for reporting can be found at http://www.pugetsound.edu/sexual-misconduct-resource-center/.
Ubiquitous They (UT) is the name of the comedy troupe on campus. It has two different sections, Improv and Sketch. Jacquie Harro is the leader of improv, along with Molly Gregory. Alana Fine­man and Elizabeth (Allie) Lawrence are the leaders of sketch. Their current members for improv are: Liam Schaaf, Michelle Bank, Nalin Richardson, Emma Kelly, Hanna Brumley, Emily Martis, David Raftrey, Molly McClean, Molly Gregory, Jacquie Harro, Adam Chong, Allie Lawrence and John Giltner.

Molly Gregory says that: UT strives to create a supportive, team-driven environment. This year, they’re focusing on building trust within our team as well as finding new ways to engage in the improv community. They are learning several new forms, watching improv performances, and participating in off campus events and competitions. To Molly and Jacquie, the improv leaders, improv means “creating a collaborative environment wherein they can create unique art that exists only in the moment. It also allows them to explore using their imaginations, and to live in worlds that are not our own.”

Alana, a leader of sketch, says: “When I first stumbled upon UT my sophomore year, I was struggling with anxiety and was having a hard time connecting with other people and finding a place I belonged. Not only did the group give me my first home on campus, but it gave me one of the best ways to cope with my anxiety: comedy. Working with such talented comedians to write, direct, and act in our own sketch show every semester is so rewarding every time, and I always walk out feeling great about myself. I love to laugh and to make other people laugh, and UT allows me to literally set aside time every week to devote myself to just that.”

I know UPS would not be the same without this fantastic comedic group, and their amazingly funny reputation will be remembered always.
"Relay For Life has been an important event for me since 2005. I participate in Relay For Life because my family has been affected by cancer several times. My grandmother, grandfather, grandma, and mother have all fought cancer, and I lost my grandmother to breast cancer in 2000. I participate in Relay as my way of fighting back against cancer. I want to help find the cure for cancer so that I am never told and my children never have to hear that I have cancer or that anyone else they love has cancer. I want make cancer a thing of the past. I have also enjoyed being part of the process of making a Relay happen. Leading the planning committee last year was a lot of work but also very fun, and I am looking forward to another great year!"

-Kyle Reinke, President
ODYSSEY: 5 THINGS THAT HAPPEN YOUR FIRST WEEK BACK AT PUGET SOUND

The UPS Odyssey was established in early 2016, to read more visit theodysseyonline.com/@university-of-puget-sound.
Article by Mallory Allen.

Coming back to school after a summer away is always exciting, but I guarantee it's not as interesting as UPS. Here are some occurrences that are only available when returning to our beloved liberal arts college, The Puge.

1. Seeing the two-ish people from your friend group that aren't from the Bay Area
Odds are if you attend Puget Sound, you're probably from the Bay Area along with a majority of your cherished squad. There's nothing better than seeing your friends from the East Coast, Mid-West, and Colorado. Because, let's face it, your 'baes' from the Bay Area are great, but you saw them multiple times this summer eating Dim Sum in San Fran.

2. Realizing that Cellar pizza is not as good as you remembered it
After being home and eating at all your favorite restaurants, its hard to go back to the SUB knowing just exactly how the scrambled eggs taste (are they really eggs? who knows). You'll likely flee to the cellar and be disappointed by the sub-par pizza and the 50 cent ranch cups that are impossible to dip in. But hey, at least you're not eating upstairs right?

3. Trying to fit all of your stuff from last year's dorm into this year's residence, or trying to fill the empty space on your wall.
What people don't tell you about college dorm rooms is that they change every year. Not only will you have to buy an overpriced storage unit over the summer, but your room will either be significantly smaller or larger than it was when you lived in the freshman dorms. Good luck making it work Loggers. 'Hack' those old decorations and 'Chop' everyone's expectations in half.

4. Reliving the dreaded grass shortcut
You're probably going to be late to class when you first arrive for your courses at the Puge, and because the weather is so nice you'll think, "Hey, I can just take a shortcut through one of Puget Sound's lovely green lawns". I hate to break it to you, but the sprinklers make the grass just as muddy as it is in the rainy season. Half of our tuition goes to the lawn, your should have seen this coming.

5. Recognizing that Puget Sound is the place for you
There's a reason you picked this school in the first place and despite it's quirks, you love it all the same. Buckle up for another ride on the Puget Sound roller-coaster and hold on tight. Welcome back to Ta-HOME-a! (SUB eggs and all!)
**SPOON UNIVERSITY: HOMEMADE SOFT PRETZELS**

Soft pretzels are definitely a crowd pleaser, and are certainly one of those things that when you get them right, those who eat them are always impressed. Trust me, the “wow, you actually made these!” and “teach me teach me!” cheers will come. They are definitely worth the wait and the effort.

**Ingredients**
- 5 cup flour
- 1.5 cup warm water
- 0.5 cup warm milk
- 2 teaspoon salt
- 1.5 tablespoon yeast
- 1 teaspoon sugar
- 5 tablespoon baking soda
- Butter (for melting)
- Kosher sea salt

**Prep Time:** 1 hour 30 minutes  
**Cook Time:** 15 minutes  
**Total Time:** 1 hour and 45 minutes  
**Servings:** 9

1. Mix flour and salt together in one bowl, then add warm milk, warm water, and sugar together in another.

2. Add yeast into warm milk/water/sugar mixture and stir slightly, wait until it becomes frothy.

3. Pour yeast mixture into flour and salt, and mix together until a sticky dough forms.

4. Pour the sticky dough onto a floured surface and knead. Add flour if you need to stop it from sticking.

5. Form the dough into a ball once it is smooth and not sticky.

6. Place it in a lightly oiled bowl in warm place, covered in a damp towel until it doubles in size. This takes about an hour.

7. Punch that dough. Just once, but yes, punch it.

8. Cut the dough into 9 even pieces, and then roll them into a log on a lightly floured surface.

9. Twist them into their signature pretzel shape (or not, whatever shape you like) and place them on a baking sheet covered in parchment paper. Let rest for 15 minutes.

10. Add baking soda to boiling water, then carefully boil those puffy pretzel babes for about 1 minute, then put them back on their baking sheet home. While they’re hot, brush butter and sprinkle salt on them. Try not to let any water back on that baking sheet or else when the pretzels bake they will be weirdly gooey.

11. Bake them in a preheated oven at 500°F for 10 minutes.

12. Remove when golden brown, let them cool for 5 minutes. It’s hard to wait, so brush them with a little more butter and a little extra salt if you like ’em salty.

13. Gobble them up before they’re gone.
The 2016-2017 Associated Students of the University of Puget Sound brings an era of inclusivity and diversity along with a new staff of Executive Leaders. This year’s executive team wants people to feel connected with ASUPS. The overall goal is to make ASUPS feel like an accessible resource to all students on campus. This year, ASUPS is hoping that other students to feel like they have peers on their side to help answer questions or concerns they may have with the university, or to help implement their project ideas on campus. In order to make sure students are heard, the team is putting forth the idea of better communication between ASUPS and the UPS community. This year’s main goal is to make sure the campus is trying its hardest to be 100% inclusive. Tony Calabrese-Thomas, Director of Marketing and Outreach says, “I really hope people see that our executive team was excited by the challenge of searching for ways that ASUPS could improve on its fronts of equity, accessibility, community, justice, and inclusion as an institution. I hope that our work lays a groundwork for future programming and shows both students and our administrative bodies that anti-oppressive and actively inclusive work is worth the challenge of breaking away from what we have always done. I hope that we only help in furthering a campus climate of love and inclusion at Puget Sound.” The future of ASUPS is strong and ready for anything the University throws at them.
The ASUPS Executive team is comprised of six major roles: President, Vice President, Director of Marketing and Outreach, Director of Business Services, Director of Technology Services, and Director of Student Interests. This year’s staff: Noah Lum-bantobing, Lydia Bauer, Tony Calabrese-Thomas, Lauren Griffin, Andrew McPherran, and Peyton Anstine. The picture above is the Executive Team in their recent game of baseball with Dean Mike Segawa.
PHI DELTA THETA

Spotlight: President Andrew Dunn

I joined for... The brotherhood. Phi Delts are everywhere on campus whether that be in sports, ASUPS, IFC, Peer Allies, etc. This brotherhood is everywhere. I know if I walk into any room with a Phi Delt I know they have my back.

Being President is... stressful and rewarding. You know everything that is going on with the house, in and out. As president, you make real life choices that affect 100 people, but the beauty of the position is being able to leave behind a legacy that will be remembered as long as the fraternity stands.

My favorite Phi Delt memory is... bid night. When you join this brotherhood, the boys welcome you with open arms and lift you up over the crowd rampaging with excitement. This brotherhood is an experience unlike any other.

BETA THETA PI

Beta devotes energy to developing men of principle, for a principled life. Their philanthropic involvement largely focuses on the Beta Theta Pi foundation, a national organization that promotes the educational mission and goals of the fraternity. However, that is not where involvement ends. Members have volunteered at the Puget Sound Creek Restoration Society, fundraised for Rebuilding Hope Sexual Assault Center in Pierce country, and participated in Walk a Mile in Her Shoes. To members, an integral part of Beta life is taking intentional time to build brotherhoods, foster close relationships and maintain the standards of a Beta man.
SIGMA ALPHA EPSILON

Known as SAE on campus, Sigma Alpha Epsilon prides itself on being a fraternity where bonds and friendships are formed, and boys become men. Their philanthropic partner is Children’s Miracle Network Hospitals, but in the Tacoma community they do many projects with restoration, tree replanting, and the Walk A Mile In Her Shoes campaign. SAE members are heavily involved on campus, from being orientation leaders, to leadership roles within many different clubs on campus, members are hardworking individuals, leaving their mark on the UPS campus, and the Tacoma community.

SIGMA CHI

The Puget Sound chapter of Sigma Chi is focused this year on developing new programming and strengthening the brotherhood within the chapter. This Fall, a significant portion of time will be spent on fundraising for the St. Baldrick’s Foundation for Childhood Cancer Research. In November, the chapter hosted their annual event which involved members shaving their head in front of the campus community. President Matty Specht, asked about his experience with Sigma Chi, explains that he is thankful for “the support that [his] brothers have provided,” adding that they continue to push him towards his goals. He adds that he is “exceptionally proud” of the chapter’s philanthropic, academic and personal growth. “At the end of the day,” he says, “I know Sigma Chi will be there to push me to be the best I can during and after my time at UPS.”
GAMMA PHI BETA

For President Rachel Gillespie, Gamma Phi Beta has served as a tremendous opportunity for growth. She explains that “being surrounded by a ton of brilliant, motivated, and confident women has improved my life tremendously.” This semester, the house has put their efforts into philanthropic work to support Girls on the Run, a foundation aimed at empowering young women and girls. In October, the house hosted a Dance-a-Thon to raise funds for the organization.

Gillespie adds that the women of Gamma Phi Beta “have shown [her] that it’s not only okay to stand up and say what you believe in, but that you have an obligation to yourself to do so.”

ALPHA PHI

Alpha Phi works closely with the Alpha Phi Foundation, which funds investments and research for women’s cardiac care. They host several philanthropic events like the Red Dress Gala and Alpha Phifa throughout the year on campus to raise money for the Alpha Phi Foundation. Alpha Phi prides itself on being a sisterhood of outstanding women who support one another in lifelong achievement. The members of Alpha Phi are excited to be constantly finding lifelong friendships, and being able to take such positive care of themselves and those around them. Their sisterhood is a strong presence in their hearts, and on our campus.
PI BETA PHI

This year, Pi Beta Phi took the Greek Week trophy home as champions, showing how powerful their sisterhood is. As one of their key values, sisterhood really shone through in their victory. They are a very enthusiastic group revolved around friendship. In addition to their victory, Pi Phi decided to increase their service hour goals as a way to show their commitment to philanthropy.

Mikayla Hougan explains, “Pi Phi has defined my college experience completely. I love being a member of an organization full of such strong and incredible women—as cheesy as it sounds, my sisters inspire me every day”.

KAPPA ALPHA THETA

Kappa Alpha Theta nationally and within the Delta Iota chapter, strive to embody their motto: Leading Women! This semester Theta members continued to support each other with events to highlight scholastic achievement, self-care and empowering women. They chapter was ecstatic to welcome 6 new members into Theta through informal recruitment All of campus was invited to Theta’s fall singature philanthropy, Rock the CASA, a benefit concert featuring local and UPS-alumn popular music artists. Theta sisters continue to spread support and encouragement around their community.