



Volume 6, number 25

4 May 1984

STRESS: What to do about it

p. 8

NEWS

UPS well represented in 27th District Caucus

by Jim Benedetto

The 27th Legislative District Caucus was held on Saturday, April 28 in McIntyre Hall. Over two-hundred people, including elected delegates and alternates from the precinct caucuses, important Democratic party figures, and elected office-holders were present. Registration began shortly before 9:00 a.m.; credentials were checked, so that only delegates or their alternates would be able to vote. A check from the credentials committee determined that a number of alternates needed to be seated for absent delegates, and the fun began.

The first order of business was the presentation of speeches of candidate preference. The speeches were to be no longer than sixty seconds, and they progressed smoothly, first a speech by a Mondale supporter, then one by a Hart supporter, etc. Next, delegates were given an opportunity to switch their preference. A number of Jackson supporters and uncommitted delegates, lacking the numbers necessary for delegate representation, switched to the Mondale and Hart camps. The final breakdown was 49 percent for Hart, 43 percent for Mondale—23 delegates to the State Convention for Hart, and 20 for Mondale. The comparatively large number of UPS students present was evident by the number of UPS students and faculty elected as delegates and alternates to the State Convention. Among these elected were: Bill Baarsma, B & PA; Tim Hansen, English; Tim Bradshaw, Bernie Pratt, Jim Benedetto, and others.

In a show of unity, both Mondale and Hart camps elected two Jackson supporters to the Platform Committee, in order to show support for a reform of the controversial 'threshold rule' which sets a 20 percent minimum for candidates to garner delegate support. Not so unified, however, were the election of delegates and alternates to the important Credentials and Rules committees; Hart delegates, outnumbering the Mondale contingent by three votes, managed to elect Hart people to both of those critical posts.

The next step in the process is the Pierce County Convention this Saturday in the UPS Fieldhouse.

Impressions on the Central America Forum

Antoinnette Schwartz:

My impression of the lunch is that it was a very human side of the problem down in Central America, where often times we get caught up in the political side. It was more emphasis on what the church was doing and the role of the church in Central America. Which to me, is more of the solution to the problem: to take more of an emphasis on Faith and look more at the human side. I think that politics can get too cold sometimes.

Chad Haines:

I didn't think it was overall that informative as much as new information coming in, but I felt their impressions helped...came across how I basically felt what was going on down there, especially with Nicaragua. On El Salvador, there wasn't that much information.

Andy Johnsen:

The 2 people from Central America that spoke were not chiefly concerned with the political situation; there was a much more humanistic approach. They were concerned about the welfare of individuals in those countries. They were also obviously concerned with the political situation and the US involvement in that, but they spoke to us as Christians. The individual from El Salvador stated that if US involvement was withdrawn, then the rebel forces—the fight against the government there—would not be. I had reservations about that. They are fighting the government there, not just US involvement.

Bill Hirshman:

I enjoy any chance I can to learn about Central America, from people who actually live there and have gone through the strife of the war there. I guess I hope for more from the Central American Awareness Week in the fall. Even though they call it America's 'backyard', we're so far removed from Central America, I think it's incumbent on all of us to learn as much as we can about what really is going on in Central America. Because the way it looks, it may be a lot of our futures...

An Interview with Bishop Desmond Tutu

by Linda Pope



South Africa has become something of an "issue" on campus as of late. It seems common that when an important subject becomes the focus of large scale concern, real care, understanding, and knowledge about the matter get buried by opinions, simplifications, and debate. There is the danger that this will be, or perhaps has already become, the fate of the university's concern about South Africa. In this regard, Bishop Desmond Tutu's message last week on the development and present state of the South African apartheid came as a fortunate, and quite well timed occurrence.

The Bishop is uniquely qualified to offer insight into the situation within the country. Born, raised, and educated in South Africa, he has spent many of his 52 years working within and without her borders as a lecturer, educator, and prominent figure in world religion. He is general secretary of the South African Council of Churches, Chairman of the Educational Opportunities Council in South Africa, and a Bishop in the Anglican Church. An impressive list of recognitions, including honorary degrees from the likes of Harvard, Kent, and the University of London, speaks loudly for the breadth of his personal accomplishments. Despite all of this, however, the government of his native land does not even grant him the status of citizen. A man who holds more university degrees than you can count on your fingers is not even able to vote.

Almost in defiance of this, however, the Bishop's lecture on campus last week was characterized not by anger and a furious call to action against the white government, but by a spirit of peace. His brand of peace, though, is anything but timid or passive. He can call his oppressors "human beings, just like you and me," and at the same time realize and acknowledge that they "are vicious, capable of a great deal of hate." He can state in national press that his oppressors rival Nazi Germany in their crime against the body of man, and yet still have strength to return to live with them. And he can continue somehow to live and work in an at-

mosphere where his every move is monitored—to always walk the fine line between a kind of freedom and imprisonment.

His personal spirit of quiet strength finds perhaps its most succinct statement in the slogan emblazoned across the T-shirt he sometimes wears under his vestment. It says in bold red letters, "Power to the peaceful."

This is Tutu's message; this is what characterizes his work.

The Bishop has one direct tie to the university. One of the many roles he plays as a leader of the black community is chairman of the organization which coordinates South African black educational programs. He will participate in the selection of the student which UPS will sponsor next year. In this respect, he has a lot to share about the university's decision.

He made it clear in his presentation last Thursday that he does not regard the sponsoring of a student to be a reasonable substitute for divestiture. Although he is not permitted to advocate divestment in any way, he cautioned stock holders to be fully aware of their responsibility in investment decisions. The matter of sponsoring a student, he asserted, should be viewed as entirely independent of any investment concerns. The two are fundamentally different issues with different goals and objectives, and are not, he stressed, interchangeable.

In this light, he offered his perspective, as a black leader, on the program the university has recently undertaken. The following is a brief excerpt from an interview with him. It focuses primarily upon the question of the most appropriate way to educate black South Africa.

Trail: UPS recently decided to sponsor a student through SAEP,

which I know you are quite familiar with. There have been fears voiced lately about the high level of participation in the program by multinational corporations. Is this a legitimate concern?

Tutu: Well, I think the main point of concern is that these corporations must not use their role in the program to justify their presence in South Africa. It is obvious that they aren't doing us a favor. They've made a great deal of money off of South Africa; we're more or less getting back what belongs to us.

Trail: Another concern that has surfaced is that, simply by its nature, the program caters to a white sector of the black population; that it doesn't address the needs of the black community as a whole.

Tutu: The children we get come from a broad spectrum of society. We try to do all we can to insure this. It is true, though, you know, that progress in most societies happens as the result of individuals. A few gifted people will arise who can make a real difference—Martin Luther King, for example, or Gandhi, or Einstein. Perhaps our efforts will reach one gifted individual.

We want to spread the benefits of our programs as widely as possible, but we will not say that just because

we can't assist all we won't assist any. That would be a great shame. It is a similar thing with TB vaccinations. There are those who say, 'If we can only afford to vaccinate a small portion of our people, then it is not fair to do so at all. With that, no one has a chance.'

Trail: Do you see any alternatives to the U.S. education that SAEP offers—perhaps school in neighboring African nations

that might better meet the needs of the greater black community?

Tutu: There are several good things to training in neighboring countries—they are much cheaper, certainly, you don't have the cultural difficulties, alienation, and the problem of students who don't want to return home. However, there are great problems. First, even if students carry a South African passport, you have no guarantee that they would be let into most of the countries. And then, if they carry a homelands passport, they are no more likely to be allowed in. Secondly, it is obvious that many other countries have problems with their own resources. Their own needs are so great that they can hardly take on ours. We have had successful exchanges, however, with, for example, Lesotho, Botswana, Swasiland.

Trail: Do you have any reservations

or apprehensions about sending students to study in the U.S.?

Tutu: Well, there was always the fear that the children would have academic difficulties. Many, you see, have been through only the Bantu system, which is a travesty of an education. Considering this background, though, they have done remarkably well; I hear the average grade is a "B."

There is still some concern that after visiting the U.S., students may not want to return home. I don't think this is a problem. The development of human beings, after all, is key. Wherever they go after this they will make a contribution. My viewpoint, with which many will disagree, is that our basic concern is the development of persons—to develop their potential to the fullest possible extent. Should they go on to Zambia, or wherever, we shouldn't be saddened. They still have contributions to make. Our experience has been, however, that most are far more ready to return. They are idealistic and want to go to work at home.

Trail: A great many of the students that come to the U.S. will be earning degrees in business administration, and such. Do you find that U.S. attitudes, about business, for example, have a great deal of influence on

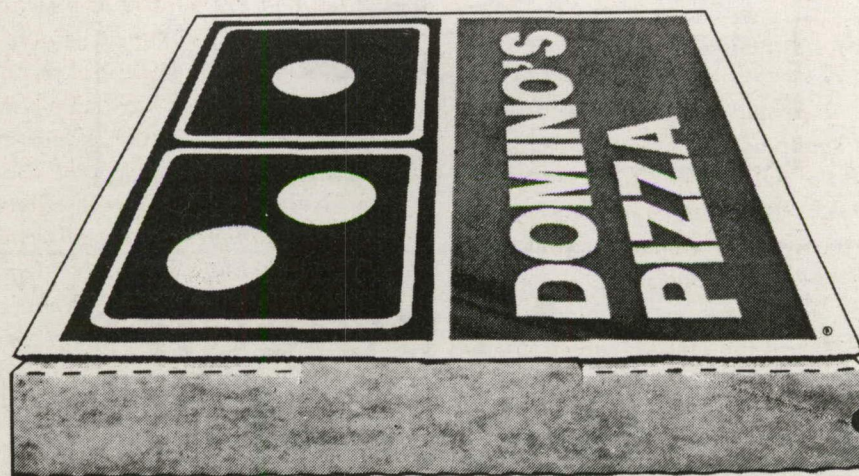
students after they return home?

Tutu: We do have our due suspicions about the free-enterprise system, and are very conscious of any efforts to manipulate us. But I think we also feel that certain skills are transferable to different economic dispensations. They are left to choose the most appropriate one. I don't know, perhaps I am being overly idealistic in saying this.

I will add that the children seem to have been fairly critical and appreciative of the style of teaching here. The attitude is much different, they have found. Teachers are more willing to help and not so standoffish. You realize that most of them have been taught by white South Africans who are not overly friendly—the contrasts have very much impressed them.

Trail: Do you have any apprehensions about the SAEP itself?

Tutu: Well, there is the fact, of course, that much of the funding comes from the U.S. government and this creates some tension between the students and the program. There is always the concern that the Reagan administration is using the program as a window dressing for constructive engagement. Recently the U.S. ambassador wanted to meet with a group of our students formally. There were



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objections to this, but we finally resolved that they can have relations as long as the matter is not used as support for the (U.S.) government's policies. We have more important things to worry about than political dealings.

Trail: Can you offer a perspective on what lies ahead for the development of the black community?

Tutu: Well, you must keep in mind that you cannot separate peace from the issue of justice; there will be no peace unless there is justice first. Sometimes people see them as opposites, but they must go hand in hand.

The struggle for justice is not only an overwhelming concern in my country, it is a global matter. I've just recieved an honorary degree from Claremont University and they have asked a group of the recipients to speak at a forum there. My topic will be, "Third World Development in a State of Instability." We ought to consider the things nations must struggle with as individuals at the world level. I mean, you must ask, what is development? Does it mean simply to modernize? Is a place developed, when (he glances out the car window to the traffic slowing our 4:00 journey to Seattle), to have a city which can not even operate because its highways are clogged? We must continually ask not only what lies ahead for us a groups of people, but for us as a world.

Students of David Dodson's Group Decision Making Process class will be sponsoring a presentation on missing children as a part of their final class project.

Officer Steve Holms from the Tacoma Police Department will be on campus next Thursday to discuss the police force's role in the prevention of child abduction and to offer tips to parents and children about minimizing the risk of kidnapping.

Stacey Etheredge, a spokesman for

the group, stressed that while matters concerning small children might not seem immediately relevant to students, anyone with small siblings or relatives is really affected by the problem. She added that faculty and staff with children are highly encouraged to attend.

The presentation will be held on Thursday, May 10 at 7:00 in the SUB lounge. There is no charge, and members of the community are invited to attend.



SPRING WEEKEND SCHEDULE

THURSDAY, May 3

8:30 p.m. Lip Sync-Snack Bar

FRIDAY, MAY 4

7:00 p.m. Chariots meet behind SUB

8:00p.m. Chariots parade around Jones Fountain

9:00 p.m. Outdoor Movie, A/L Tower

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SATURDAY, MAY 5

11:00 a.m. Volleyball

Discus Frisbee

Keg Put

11:30 a.m. Egg Toss

Greece Pole Climb

12:00 noon Tug-of-War

1:00 p.m. Chariot Races

2:00 p.m. Giant Twister Game

7-9:00 p.m. Pre-dance Party

9:00 p.m. Battle of the Bands

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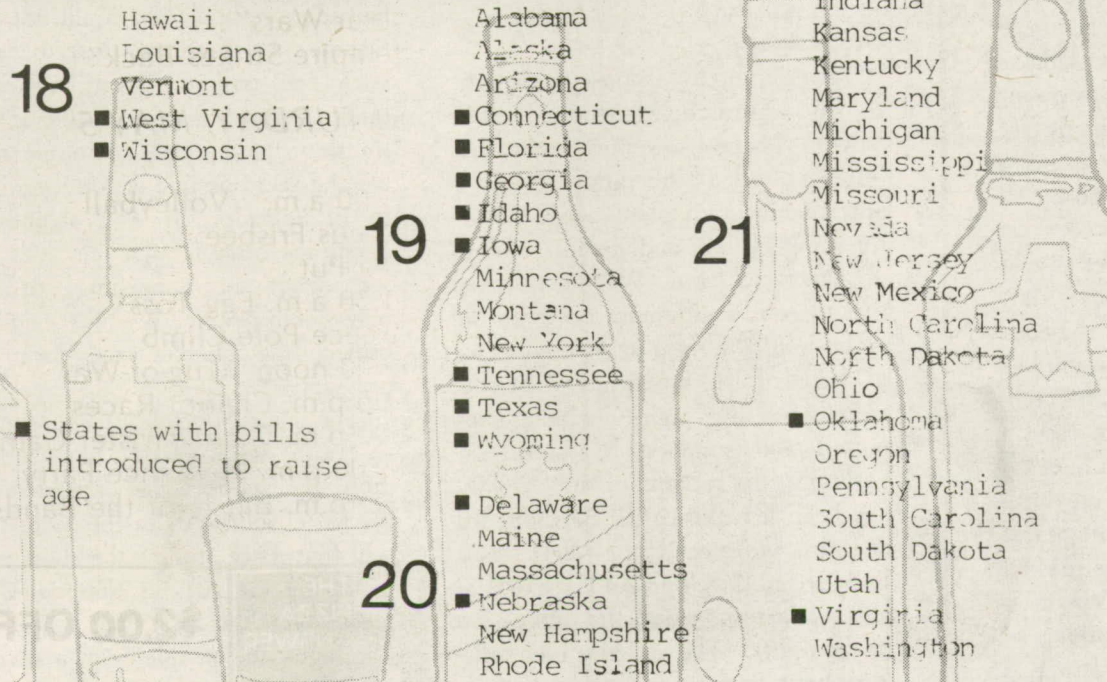
New Library Hours!

The Collins Memorial Library is expanding its hours of operation. Students should be aware that if the new hours are not utilized, the Library will probably once again go to its old schedule.

The new hours are as follows:

Sunday: 10:30 a.m.-Midnight
Mon.-Thurs.: 7:45 a.m.-Midnight
Friday: 7:45 a.m.-10 p.m.
Saturday: 9 a.m.-10 p.m.

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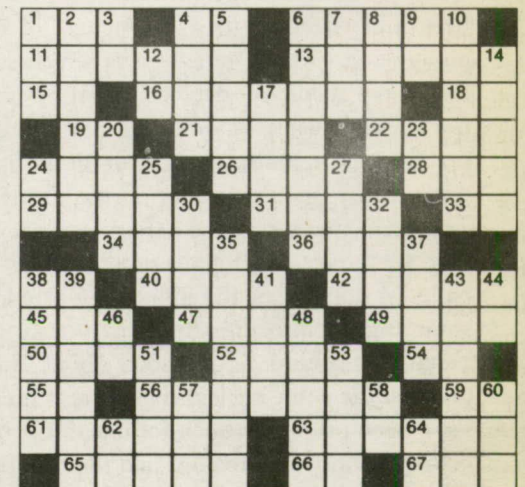
- 1 Sixth sense, for short
- 4 Graduate deg.
- 6 Records
- 11 Steeples
- 13 Click beetle
- 15 Yes, in Madrid
- 16 Accompanied
- 18 Chinese mile
- 19 Artificial language
- 21 German title
- 22 Notices
- 24 Mud
- 26 Gardener's need
- 28 High card
- 29 European land
- 31 Future flower
- 33 26th U.S. Pres.
- 34 Falsehoods
- 36 Paper measure
- 38 Compass pt.
- 40 Seasoning
- 42 Rod
- 45 Number
- 47 Foray
- 49 Century plant
- 50 Loud noise
- 52 Approach
- 54 Teutonic deity
- 55 Printer's measure
- 56 Sifted
- 59 IL's neighbor
- 61 Retreat
- 63 Prepared for print
- 65 Liquid measure
- 66 Abbr. on a ship

DOWN

- 1 Worm
- 2 Enthusiasm
- 3 Greek letter
- 4 Intertwine
- 5 Residues
- 6 Wirehair, for one
- 7 Pub drink
- 8 Cushions
- 9 And: Lat.
- 10 Choose
- 12 Ruthenium symbol
- 14 Step part
- 17 Love god
- 20 Spoken
- 23 Per person: Abbr.
- 24 Scale note
- 25 Yale students
- 27 Grant and Remick
- 30 1812 or 1914
- 32 Facts
- 35 Defame
- 37 Masculine
- 38 Sedate
- 39 Glossy paint
- 41 Bound
- 43 Fashioned
- 44 Santa —
- 46 See 55 Across
- 48 Small valleys
- 51 Fortitude
- 53 Warren Beaty film
- 57 Anger
- 58 501: Rom.
- 60 "The — Couple"
- 62 Scale note
- 64 Bye

CROSS WORD PUZZLE

FROM COLLEGE PRESS SERVICE



A retirement reception in honor of 15 staff and seven faculty members will be held at the residence of Gwen and Philip Phibbs on Wednesday, May 9. The 22 retirees have devoted over 400 combined years to service to the University. They are:

Faculty

Norm Anderson, Geology
 Frank Danes, Physics
 Ed Goman, Mathematics and Computer Science
 LaVerne Goman, Education Librarian
 Renate Hodges, Foreign Language
 Edith Richards, Education
 Harriett Richmond

Staff

Mary Blair, Physical Plant Custodian
 Harry Douglas, Physical Plant Boiler Operator
 Lois Heselerh, Mail and Telephone Services
 Henry Kanzler, Physical Plant Painter
 Janey McConahey, Aerospace Studies Secretary
 Ellen McLaughlin, Mail and Telephone Services
 Pete Paulsen, Physical Plant Maintenance Foreman
 Violet Pentecost, Mail and Telephone Services
 Marian Race, Library Technical Services
 LaVerne Shuckhart, Food Service Supervisor
 Pearl Smith, Library Circulation Assistant
 Mary Stewart, Law School Special Projects
 Mitsi Tanaka, Law School Placement Director
 Aimee Weaver, Tacoma Symphony Director

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Good Luck for the new year!

SOUND VIEWS



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Managing Editor

James J. Benedetto
Glenn W. Chiott

The Trail wholeheartedly supports the efforts of the Chaplain's office and the department of Politics and Government to establish a Central America Information Week. The situation in Central America is crucial by anyone's standards, and most people will support the efforts of those committed to keeping American troops as far from the fighting as possible. The merits of economic aid, negotiations between the different factions in the region and military training and equipment for existing governments are all debatable. These issues should be discussed by all citizens, especially those who may have a personal stake in the conflict, should it escalate beyond its present point. However, these issues should be evaluated on the basis of factual information, not on the basis of impassioned and one-sided pleas which address only one side of the conflict. We would all deplore a trial by jury in which the prosecution was the only adversary heard from. We should likewise be wary of any information which comes to us without an opposing viewpoint. The case in point is the opening volley in the Central America Information Week. The two speakers at the Forum that was held this week were both representatives of religious organizations in El Salvador and Nicaragua. I have no doubt that the input they provided offered the students present some insight into the situation as they perceive it in Central America. What we should be cautious about, however, is the assumption, so prevalent in some circles, that there is no opposing view worth hearing. I have been present at such forums in the past where representatives of the government of El Salvador had their motivations, honesty, and humanity called into question rather brazenly by students who knew almost nothing about Central America; the same students sat doe-eyed through the most obvious fabrication by representatives of the left. I believe that it is impossible to get a truly objective perspective of any event which stirs the emotions and effects the personal lives of so many people; what is possible, and even preferable to an attempt at pure objectivity, is a situation in which the speaker's bias is openly displayed. Such a situation, in which both sides lay their cards on the table and are given a fair hearing, offers a student the possibility to form an opinion of his/her own, rather than making a choice based solely on an emotional response. *The Trail* strongly urges those involved with this Fall's Information Week to make an effort to see that both sides are fairly represented. Speakers and representatives of organizations the caliber of Oxfam America should be preferred over those of other, less palatable organizations. Example: a recent article in *El Mundo* (called by *The Christian Science Monitor* the "only true, free newspaper in El Salvador, despite the policy of self-censorship") lists cancelled speaker Roberto Pineda as one Salvadorean travelling abroad who "gives a deliberate distorted image with a clear purpose of trying to distort our attempts at democracy and change public opinion worldwide to facilitate the activity of the Marxists." How evident, I wonder, would his bias have been?

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Letters

Central America

debate goes on

Dear Editor:

I am writing in response to the article by Francisco Menendez on El Salvador [sic]. I do not doubt that "the so-called 'liberation forces'" are committing violent acts. Unfortunately [sic], war and violence tend to go hand and hand. We must realize that there is a difference between the violence of the right and the violence of the left for us americans. First, the violence of the "right" is being supported and supplied by ourselves. Secondly, the tyranny of the "right" has been a reality in El Salvador for decades; violence of the "left" is a fairly recent development if it exists at all (it is a response to the oppression of the right). (The violence I am talking about here is terrorist [sic] oppression that goes beyond the violence of war and demonstrations, i.e. death squads. Thirdly, the violence of the "right" is being committed to protect the power (and oppression) of the few in power; the violence of the "left" (at least in its foundations) is for the freedom of the people.

For americans there is a difference, for the Salvadoran people there is no difference (violence by any other name is violence). War is a devastating phenomena. We should not continue supporting international violence—by anybody. I do not advocate that we stop supporting the "right" in favor of the "left" in El Salvador, nobody I know does. What I do support is peace. The message of the Salvadoran people in the recent election is that they want peace. Ignoring the concerns of the "left" will not bring peace. The United States must bring the different factions in El Salvador together to work out their differences. By continuing to supply military support we are advocating violence, not peace.

If we continue to push the Salvadoran rebels into the corner they will fight back with any means possible. We have only ourselves to blame for turning the rebels to Nicaragua or Cuba for help (if that is in fact the case). Rebels in El Salvador have been fighting as long they have been oppressed (prior to the Sandinistas in

Nicaragua and Castro in Cuba). Concerning the possible increasing role of Cuba in El Salvador, I do hope the administration's findings are better substantiated than the fabricated materials of past claims of Cuban activity in Central America.

Mr. Menendez is fortunate. He was able to return to his country without worry of being harassed or murdered. He was able to participate in an election that one fifth of the Salvadoran population could not participate in. There are approximately [sic] one million Salvadorans who cannot return to their country. One fourth of these people are in our country and fear possible deportation back to El Salvador. It is a shame we americans cannot open our eyes and see what is happening to the Salvadoran people. We must begin to protect the people, not their oppressors.

The same principle can be applied to South Africa and Nicaragua. The more we support the oppression of blacks in South Africa the more they will fight back (notice the changes in tactics by the African National Congress over the past 20 years). In Nicaragua the people won a revolution. By turning against that revolution only the Nicaraguan people will lose. We can turn the Sandinista government into an oppressive regime if we continue to oppose it. We can also turn the government into a democracy backed by its people—we only need give them a chance and a little support. Let us show what our "true colors" are. Or are we with the bloodshed in Central America?

Sincerely,

Chad Haines

Glenn:

I don't know where to begin. Would you care to respond to this one? If so, please mention "that the so-called 'difference between the violence of the right and the violence of the left for us americans [sic]' is mainly that we have never heard the story of leftist violence in that country. The guerrilla propaganda is effective; most of the people in the U.S. think that the rebels never kill civilians. In truth, some of the same human rights organizations that tabulate the killings of the "death-squads" list the victims of leftist murder as *ajusticiados* (those justifiably killed).

Chad mentions the elections and negotiated settlements with the left in the same breath; why should anyone bother to vote if any opportunist with a machine-gun can engage in power-sharing negotiations? Doesn't he see

the contradiction in this? The final piece of stupidity is his comment about Pancho: "Mr Menendez is fortunate. He was able to return to his country without worry of being harassed or murdered." Pancho takes his chances like everyone else. I can't even list the number of his friends and acquaintances who have been killed or kidnapped by the leftists. My God! the article last week was about one of his co-workers, a "person who supports free enterprise." If the leftists are out to kill everyone in free enterprise, there won't be anyone left in El Salvador at all! And where does he get the 1,000,000 Salvadoreans who cannot return home. That figure is questionable, to say the least.

"We can turn the Sandinista government into an oppressive regime if we continue to oppose it," he says. What is it now? Censored press, no elections, *turbas* beating anyone who speaks out (like Mussolini's 'black shirts'); ration cards aren't even available to anyone who isn't a member of the C.D.S.—so much for plurality. Not that I approve of what Reagan is doing down there—far from it. Nor do I deny that the *Sandinistas* have made some strides in literacy and health care. Help me out with this one, PLEASE! Be nice to him.

—Jim

P.S. Don't put in any more "sics," or the whole letter section will be filled with his letter!

Jim:

This really seems to pretty much sum up the response to Chad's letter. Like an unfortunately large number of people he confuses our support of the moderates in El Salvador with support of the rightists. Undeniably we support the rightists somewhat, but that is an unfortunate and unavoidable part of our support for the moderates and Democracy in El Salvador.

At any rate, I think I'll just print your note.

—Glenn

UPS racism mars performance

To the Editor:

Unabashed bigotry marred an otherwise enjoyable evening of comedy at last Sunday's performance by Byron Allen, Uncle Bonsai, and Dan Holsenback. At one point in his routine, Allen asked members of the audience to take part in the performance by telling their favorite jokes. A potentially humorous moment was ruined by bigotry as the first two audience offerings were racist "jokes." The first treated slavery lightly by implying that the Emancipation Proclamation was a result of Lincoln's drunkenness, and the second played upon stereotypical physical characteristics commonly ascribed to blacks. Both of these attempts at humor came from UPS students, one of whom has held elected office in our student government. Amazingly, these "jokes" were met with neither stunned silence nor mass indignation. Rather, they received applause from the primarily white audience comprised mainly of UPS students.

I was left shocked and bewildered. These "jokes" seemed directed at Allen himself, for the would-be comedians could not help but realize that Allen might be offended by their racism. I wondered if they would have told the same "jokes" had Allen been white.

I felt ashamed for my university. How can a school that stresses the values of a liberal education produce such closed-minded, insensitive, ignorant students? These prejudiced fellow students of ours might try to justify their behavior by pointing out that Allen, too, used racial humor when he spoke of Japanese, native Americans, and blacks in terms of broad stereotypes. However, why should we, as presumably educated, presumably thoughtful adults, feel compelled to rely on the childish defense of, "If he can do it, so can I?" I do not condone Allen's behavior. I have serious questions

concerning the wide-spread acceptance of racism in professional comedy. The purpose of this letter, however, is not to voice those questions, but rather to articulate my concern about the lack of propriety, sensitivity, and rationality shown by certain UPS students.

Students at a school that professes concern about the plight of black South Africans demonstrated a pronounced lack of feeling for black Americans faced with racial prejudice. I was surprised and dismayed as much by the audience's approval as by the actual "jokes" themselves. It seemed as though many people in the crowd were harboring hidden prejudices that came to the surface as soon as an example of public bigotry was set. I hope that the racism exhibited Sunday night represents the views of an ever-dwindling minority of students at this university.

Sincerely,

Brett Parker

Homemaker advocates legal drugs

To the Editor:

There was recently an editorial in a student newspaper concerning the recreational use of drugs and the preposterous current laws outlawing such use. This editorial stated that someday when people consider drug use in a realistic manner it will be legalized. The sign of a mature person is being responsible for his/her own behavior. Laws, police, and jails will not stop drug use or abuse. The taxpayers of this country pay an enormous amount of money chasing drug suppliers and users and jailing a few of them. The situation is much the same as when there was prohibition against the use of alcohol. There was then and is now involvement by vicious mobsters, but also much disdain and flaunting of the laws by otherwise law abiding citizens. The editorial made good sense.

Let's legalize recreational drug use. Marijuana could be grown legally, processed hygienically, and sold under the same laws that apply to selling cigarettes or alcohol. There would probably be a warning label on the marijuana as using it is a health risk, but no more so than is using tobacco,

alcohol or overusing some legal drugs. Users would face similar penalties for abuse as those people do now who drink too much and then try to drive a car or work or study.

Other "harder drugs" might have to be dispensed by a doctor's prescription. Some mind-altering drugs such as LSD or PCP might have to be taken in controlled settings.

This legalization makes so much sense why hasn't it been done before? Simply because our political system cannot do it. Any politician who advocated this would be committing political suicide. This would have to be done by the same procedure used to legalize state run lotteries which is usually by the voters giving their approval in a referendum. This is an election year, why don't we have a nationwide referendum on legalizing recreational drug use? If it's not feasible to do this nationwide perhaps it could be done in some states.

If the voters in a state were given the facts and not bamboozled by scare tactics most would vote for legalized drug use if not in 1984 then someday. This would be a way to raise new tax revenues.

There would be two groups opposed to the referendum. One group would be those who call themselves the "moral majority." Imagine their shock when they realize that the next century will be the 21st and not the 19th. They wouldn't have one politician or political party they could blame for this referendum. All politicians are against drug use. The other group would be the criminals involved in drug distribution who will lose some of their livelihood.

The logical people to start this referendum are college-age students as they have access through their schools to the legal and medical expertise needed. Students are, according to surveys, involved in the recreational use of drugs but are now risking their careers and freedom to do so.

Sincerely,

Emily Isom Foster

P.S. I'm not advocating drug use. I am a middle-aged homemaker who has returned to graduate school. I don't smoke, rarely drink, and have never used any illegal drugs. I'm writing this letter to several universities because it makes sense to me to do so.

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INSIGHT

Stress: Learning to cope

by Susan Grindeland

With finals fast approaching, students are becoming increasingly aware of the stressfulness of academics and are having to deal with the frustration of feeling as if there is no escape from anxiety. The realization that the ultimate escape, suicide, is far from painless does little to ease the burden. Still hurting from the unexpected death of a friend, unanswerable questions seem to overwhelm and leave one with a further feeling of helplessness.

There is hope, however. Tension does not need to lead to the extreme decision to end one's own life prematurely. Anxiety, frustration, and despair can be alleviated. Sometimes we need help to see that options exist; often guidance is welcomed, though less often is it sought. Taught the importance of learning to fend for oneself, people have difficulty asking for that which they so desperately need: reassurance, support, and shared wisdom.

The staff of the counseling center here at UPS has been putting in extra hours in an effort to help students discover methods that will enable them to relax and relate to stressful situations in a calmer, more controlled and productive manner. Bob Stremba has been leading a Thursday night group that has focused on the issue of stress throughout the school year. Stress-management programs are the most effective when they are long-term propositions that confront the problem before it has a chance to build up instead of only at the crucial crisis point. The flaw in the system, of course, is that those students who have not had the benefit of a long-term stress-management program are exactly the people who will now need such techniques as the school year draws to a close and we reach the crunching point synonymous with finals' week.

On Monday, April 30th, Carolyn Hout of the UPS Counseling Center shared some potential solutions to this dilemma with interested students in a seminar sponsored by University Hall. Most of the hour was spent in discussion; a large part of the ability to cope with stressful situations stems from the knowledge that one is not alone. Even if it seems that all around

you are coping admirably with their responsibilities and burdens, the probability is high that they, too, are experiencing difficulty in some way or another. Often, stress reactions that we consider unique to our own personality or situation are really rather common. Students shared their own stress reactions ranging from a feeling of lethargy and tiredness accompanied by the impending sensation that even though one is exhausted, nothing has been accomplished, to procrastination techniques tainted with guilt pangs, a tendency to be withdrawn or feel isolated in a physical or emotional sense when with a group of people, and eating disorders and fluctuations in eating habits.

Hout presented Barbara Brown's assertion (from her book *Between Health and Illness*) that the human response to stress is more focused and specific than the responses inherent in the traditionally conceived "fight or flight" syndrome entail. Brown considers imagery to be one of the most influential factors in our ability to deal with stressful situations. She suggests that immediate results may be obtained by simply shifting our inner image of a situation to one that is more positive, less threatening.

Hout's example concerned a young woman whose description of school centered on an image of war. While verbally sharing her feelings of doom, she used words reminiscent of the battlefield: a barrage of tests, for example, or feelings of bombardment with assignments that continued to pile up. Once the student became aware of the image she had been equating with school, she was able to find a new image that proved to be more positive and less frightening and overwhelming. In this case, the new image was that of school as a tennis pro that one had hired to instruct them in the fine aspects of the game. Instead of seeing school as something that required wariness for survival, she now saw her school work as requiring concentration, perseverance, and mental and physical agility. The dramatic difference between the student's feelings towards academics was a reflection of the way in which she conditioned her mind to perceive the process of higher education. She effectively produced a more positive state of alertness in

herself that is possible for you to obtain in your own life.

Hout led the group through two different exercises that are readily adaptable to individual situations. The first made use of an object upon which you attempt to focus yourself. Start by choosing an object that you like. Maybe it is a plant, or a favorite novel, or your best friend's guitar. It can be *anything*, so long as *you* like it. Once you have chosen your object, concentrate solely upon it. (If you are able to do this, you will probably become aware, after the exercise, that in so doing you were able to effectively block out the rest of the world.) Pretend you are the object you have chosen. How do you feel? What do you feel? Where are you?

Move from the physical into the more personal. You are your object. What is it that you like about yourself? Perhaps it is your strength, your beauty, your endurance, your charm. Explore that which is positive about yourself. Next, concentrate briefly on your weaknesses; remember that you are the object that you have chosen, find its weaknesses. Take the idea of imperfection one step further and ask yourself the question, "If I could make one magical change in my existence, what would it be?" Answer the question, linger on the thought for a moment, and then separate yourself from the object you selected. Think about what you discovered about yourself in the exercise.

I'm not going to claim to understand *why* this exercise helps to make the world seem less forboding, yet, after going through it, I am convinced that for me at least, it does just that. Focusing on an object, especially one that you are attracted to in a positive fashion, seems to make one more attuned to the self. Making sense of the world, finding your place in it—as the object—helps one feel connected, part of the whole.

Before continuing to the second exercise, Hout asked people to share their own intuitive reactions to stress. Self-instructions in stressful circumstances do not need to be desperation or bail out instructions. Methods varied: only taking on one task at a time; breaking large projects down into manageable segments; positive rein-

forcement; the use of lists. The emphasis seemed to be on activity, any activity, to drain away the nervous energy that grows within during times of tension.

Two factors Hout shared from the book *Burnout: The Cost of Caring* were discovered as defensive behavior that leaves a person less likely to suffer the more adverse symptoms of overwork. They are assertive responses that can be incorporated in anyone's life: becoming emotionally expressive and taking the time to resolve conflicts as they arise. Preventing yourself from storing anger or frustration in hidden inner caches with a time-bomb reaction imminent and potentially explosive in an irrevocable, uncontrollable manner can help to keep you sane.

Before divulging the not-so-secret information of Hout's second exercise that may help you to a happier, healthier way in which to end this school year, I'd like to share two more things. One is the simple statement that the counseling center is designed with you in mind. No problem is too trivial if it is bothering you; no problem is so enormous that there is no solution. If you are feeling stressed-out and concerned, stop by the counseling center; someone will try to help you to find the way for you to best help yourself.

So much for the plug. The other thing that I would like to share is a list of books (nowhere near complete) that might be of use to anyone searching for a long-term stress-management/reduction program. They are as follows: *Guide to Stress Reduction* by L. John Mason; *Handbook to Higher Consciousness* by Ken Keyes; *The Relaxation Response* by Herbert Benson; any guidebook to transcendental meditation; *Mind As Healer/Mind As Slayer*, Pellentier; *The Quieting Reflex* by Charles Stroebel; *High Level Wellness* by Donald Ardell; and *Positive Addiction* by William Glasser. Add *The Color Purple* by Alice Walker just because it will make you feel good. Friends or counselors might be able to add to the list if none of the books mentioned sound appealing. Ask around; find a solution. Write the book yourself, but don't give up unless you want to.

Hout's second exercise: Sit in a

Survey compares UPS-PLU students

by Jim Imlay

comfortable place in comfortable position (suggestion: feet should be placed flat on the floor, palms on your thighs, head leaned back). Close your eyes. Concentrate on your breathing. With each inhalation breath deeper; everytime you exhale, try to relax further. Continue focusing on your breathing until it becomes slow, steady, and strong. Imagine a place in nature. Go to that place in your mind. Let your senses explore your surroundings. What sounds can you hear? What do you smell? Continue to explore with your senses until you have recreated the natural environment so fully in your mind that you are there. Now, feel the sunshine on your body, Let it sink in and warm you.

Drift away from your place in nature and imagine yourself setting out to accomplish a task that you need to complete. If you feel tension entering your body, try to mentally return to the state you were in when you were relaxing in your nature setting. See yourself complete the task that you set out to do. Let yourself feel how you will feel when that task is, in actuality, finished. Linger for a moment; bask in your success. Then, drift back to your nature setting. Feel it all over again. Feel the sunshine again. Slowly start to allow yourself to come back to the "here and now." (This returning process should take nearly 30 seconds, more if you need it to.) Open your eyes.

In a peaceful frame of mind, with confidence swelling within you, start to work on those things that seemed so imperative when you found yourself "stressing-out." Realize that very little truly matters other than that you are alive, and therefore, brimming with potential.

Have you ever wondered what it's like to live at other schools? A group of UPS students did just that recently and attempted to analyze the perceptions of students at UPS and at PLU on their personal enjoyment of the college living experience. The students accomplished their analysis by distributing a survey to students found randomly in the dormitories and living areas at both schools. The surveys involved a total of 23 questions that covered the students' own perceptions of their living area, their study habits, their social life, and the feelings that they have about pressure in the campus environment.

The results of the survey proved to be quite interesting. The surveyors found that on the whole, the average student at UPS studies longer hours, takes a harder course load, is involved in fewer activities, perceives more pressure to succeed, and finally, enjoys living in the dorm a lot less than the PLU student.

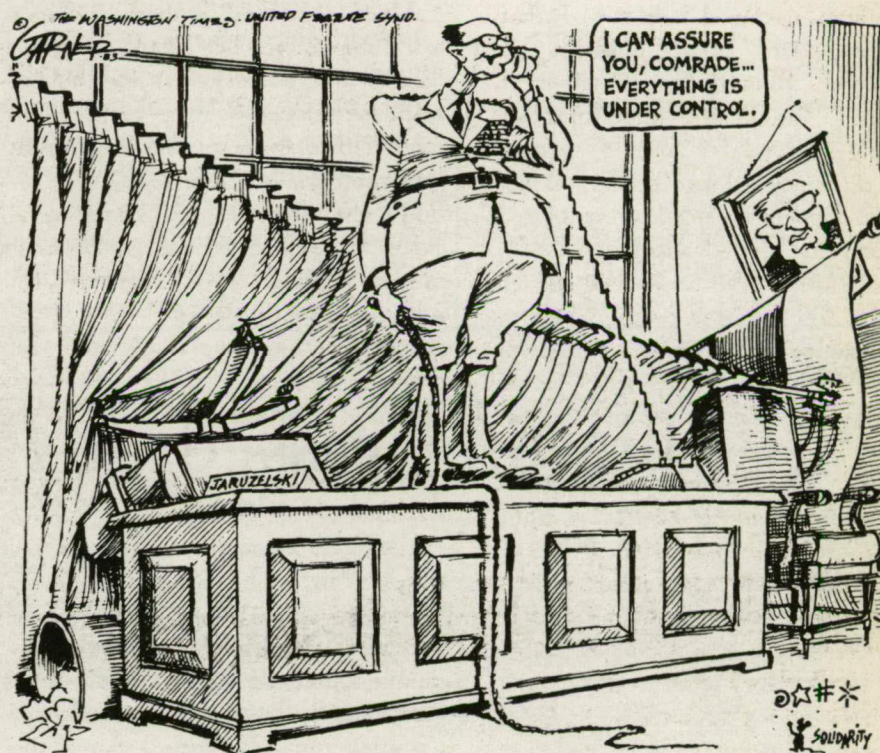
The PLU students are required to live in the dorms until they are twenty-one. While this may not seem to have that great an effect on the way a person enjoys living in a dorm, it can have a great effect on the way that a person perceives the whole experience (i.e. if you plan to live somewhere for 2 plus years, you tend to gloss over a lot more). The PLU dorms are nicely decorated, and designed to abate as much noise as possible. The UPS dorms are pretty dank and dreary in comparison (and

this, from a person who lived there for a full two years). While the survey group could not get a reliable number on the space-per-student ratio at PLU, most reported that the rooms looked larger even though they were paneled and carpeted. This in itself has a great deal to do with the student perceptions of the campus living experience, and whether or not they would be returning to the dorms for their next year of college. A vast majority of PLU students reported that they would be returning to the dorms regardless of their age or financial status. Here at UPS, a dismal 35 percent indicated that they would like to live in the dorms again.

As far as academics were concerned, the average UPS student is convinced that the course load is either high or very high, with 66 percent choosing one of those two categories.

The UPS student also feels that he/she studies harder than the PLU student, which is also proven by the survey. In this case, the average UPS student studies about 22.5 hours per week, while the average PLU student studies only 17 hours per week. An astounding fact was that a full 10 percent of the PLU sample reported that they studied between 1 and 5 hours each week.

On the whole, the UPS student was less satisfied with the social aspects of campus life. The average PLU student spends about 12 hours a week on activities other than schoolwork, while the UPS student spends only 9 hours each week on similar activities. Also, more UPS students reported that they were honestly dissatisfied with their social life.



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ARTSCOPE

UPS Musical Notes

by Susan Grindeland

Thanks to a variety of people, the spring air is soon to be filled with the sound of music. Free performances abound, and those that aren't free are relatively inexpensive. So, set those textbooks aside, take off that Walkman, and enjoy some live music for a change of beat. Here is a list of concerts compiled to help music lovers ease into a positive mood just in time for finals:

The UPS Spring Music Festival continues in full force this week providing several dates for listeners to mark prominently on their calendars. The next scheduled performance in the series is on Friday, May 4th when the UPS Band and Wind Ensemble will be giving a combined concert at 8pm in Kilworth Chapel. Directing both groups, Robert Musser will lead the Wind Ensemble through selections by Brahms, Elliot Del Borgo, Mozart, and Percy Grainger. Works by John Phillips Sousa, Tchaikowsky, John Barnes Chance, and George Gerswin will fill the Band's portion of the program.

Admission is free.

If you are the sort that feels more inclined to get up and move with the music, your best choice is probably the Battle of the Campus Bands on Saturday, May 5th. UPS groups that will venture out of their domiciles to add their own style of swing to your list of favorites include The Currents, The Mark, Joe Rock and the Sidedoors, Dada, and The Cappucino Cats. The fieldhouse is the place to check out your dancin' shoes; rocking is scheduled to start at 9pm and should send you rollin' out the door around 1 in the morning.

On Sunday, May 6th, classical music is closing out all other forms. If you are willing to take a leisurely drive to Auburn you can catch an act that would usually set you back a few bucks. The Seattle Philharmonic Orchestra is performing their annual Children's Concert and rumor has it that this musical experience isn't just for the young, but also for the young at heart. If selections such as "Tubby the Tuba," "Peter and the Wolf," and "Children's Games" sound as if they would provide a needed respite

from the adult concerns of exams and term papers, then the Auburn Performing Arts Center (located in Auburn High School) is the perfect place for you to be at 3pm on Sunday. Admission is free.

Also on Sunday (and closer to home), the 90 members of the UPS/Tacoma Civic Chorus will lift the rafters of Tacoma's First Methodist Church (423 South K Street) as they present Brahms' German Requiem. Brahms' work, a musical breakthrough in 1868, combines a mixed chorus, solo voices and a full orchestra. The text was taken from the Bible and focuses on faith in the Resurrection. Members of the Tacoma Symphony Orchestra will provide accompaniment for the choir which is comprised of both professional and amateur singers. The concert begins at 4pm. Tickets are available at the UPS Info Booth, the Tacoma Bon Marche, and at the door; admission is \$3.

With Thomas Golecke leading the University Chorale and Sylvia Munsen conducting for the UPS Women's Chorus, both groups will be performing on Monday, May 7th

at 8pm in Kilworth Chapel. The scheduled program is interesting in its breadth and rather extensive. Classical, folk, and spiritual music is slated as well as a tribute to Tacoma by the Women's Chorus. The finale will combine The University Chorale, the Women's Chorus, and the UPS Brass Quintet in a number entitled "A Festive Psalm" by Eugene Butler. Admission is free.

Also on Monday, May 7th, the Cellar will host guitarist Paul Barket. Barket's technically superb music synthesizes components of soft rock, folk, jazz, country, blues and classical music. This performance is free and begins at 8pm.

Bringing the UPS Spring Music Festival to an end is the performance of Oliver Messiaen's "Quartet for the End of Time" at 8pm on Thursday, May 10th in UPS's Jacobsen Recital Hall. First performed in 1941, Messiaen composed "Quartet" (a piece for clarinet, violin, cello, and piano) while a prisoner of war in Central Europe. Messiaen himself was the pianist for the work's debut staged before 5000 other prisoners of war.

Getting pissed at *Players and Spectators*by Don Davis, *Gonzo Bar Guide*

"GoodeveningmayIseesomel-I.D. please?" I still can't find that word in my *Webster's New World Dictionary*, but it was that one word that greeted us at the door of *Players and Spectators*. Of course, none of us were 21—I'm 23, Il Duce is 28 and LD is 25. Unfortunately, Il Duce had left his I.D. at home, so back we went to get it. Needless to say, no matter how old you look, if you don't have valid (or otherwise) I.D., you won't get in.

Players and Spectators, located at 3801 S. Union, is best described as an adult amusement center. It's certainly not along the lines of say, Plato's Retreat or even Club Med; but it does offer over 100 video and pinball games, 11 pool tables (10

of which work), one shuffleboard table, three big screen TV's, dartboards, batting cages, and even a miniature golf course. All of this is housed in what appears to be an abandoned aerodrome, but what was in reality a skating rink.

The nice thing about a place like P and S is that you can play video games without some 11-year-old kid who can easily rack up a score thousands of points higher than yours looking over your shoulder (or under your elbow). Most of the machines are also fitted with convenient wire racks to hold your beer while you play. The bad thing about a place like P and S is that the more you drink, the more dollars you feed into the change machine for idiot fun. I ended up blowing at least \$7 on the damned things, and LD lost about three times that much.

And speaking of drink... No hard stuff at P and S, but they do serve an impressive selection of imported and domestic beers. I didn't check out the wine selection, but I understand that they have a good one. Happy Hour is from 3-7 p.m. Monday through Friday, with no specials on weekends. Wine runs from \$1 a glass and seven different beers (domestic, I assume), also \$1 a bottle. Wednesday night is Ladies' Night, with Happy Hour prices and \$.50 "wine cocktails" all night for the fairer sex.

After an hour of video violence, we stormed back to the pool tables to vent our anger in a medium that offered more than two minutes play for a quarter. Walking over to the billiards area, I noticed an astonishing number of half-finished beer bottles and pitchers. An indiscriminating drinker could easily

drink himself into a stupor without spending a cent. Il Duce was buying this time, so I escaped the temptation, but those on a budget might want to keep it in mind. Around 1:15 a.m. the stereo simulcast of MTV was broken by the announcement of last call. We bought two more bottles of Superior, which was on special at \$1 a bottle, and began to weave our way through the video demons, stopping occasionally to blow another quarter. On our way back to the car, we saw some wretch urinating in the parking lot, bidding a fond *adieu* to P and S in his own unique way. LD suggested that we roll him to make up for our losses, but I figured he'd already run down to his last quarter, and wasn't worth the bother. Besides, the STATE PATROL headquarters is right across the street.

Ushers are still needed for the remaining performances of the Inside Theatre's production of *A Doll House*. Sign up sheets are located on the bulletin board outside the theatre office. Ushers should dress nicely and arrive at the theatre at 7:15 p.m. the night of the performance.



photo by Jan Hubert

Adrian Badger, Alph Psi Omega president, jumps with joy at last Sunday's Carnival on the Lawn. Music,

art, and drama students combined their efforts to provide a day full of lively entertainment.

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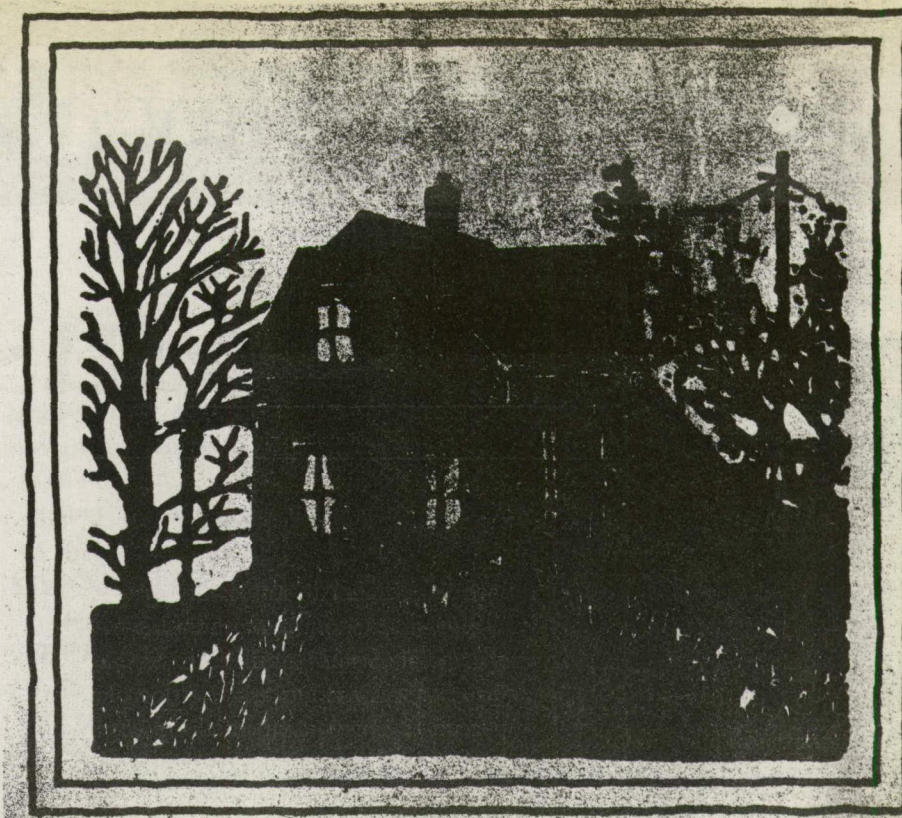


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A life-size Doll House

by Lisa Martinez

The UPS Inside Theatre is currently the setting for *A Doll House*, Henrik Ibsen's play concerning a woman's realization that she has a place in Norway's 1879 society. Ibsen's play, under the direction of John Lutterbie, is amusing, insightful, and entertaining.

The show, which opened last Friday, presents Christine Sloane as Nora Helmer, a woman who is sheltered from the realities of life in a male-dominated society by her husband, Torvald, played by Andrew Knute Johnson. These two actors give first-rate performances as the couple whose marriage undergoes drastic change when Krogstad, a man from Nora's past, (played by Don Davis) appears at the Helmer household.

Also giving fine performances were John Heffron as Helmer's close friend Dr. Rank, Lindsey Stibbard as Nora's old friend Kristine Linde, Susan Grindeland as Anne-Marie, Michelle Egan as Helena, and

Andrea Arones as the porter.

The set is simply furnished, but it nicely represents the traditional home that the Helmers live in. The stage is in 3/4 round to create a more intimate setting. This is a good idea, but it creates a small problem: the chairs that were brought in for the audience are uncomfortable. After sitting in them for nearly three hours, many people looked rather impatient, obviously paying more attention to their discomfort than to the play.

The play is well-done and I did enjoy it (in spite of the chair). It is an impressive production that leaves no question of the importance of *A Doll House* in modern theatre. The show will continue to run May 4, 5, 11, and 12. Dress rehearsals that are open to UPS audiences are scheduled for May 3 and 10. Tickets for the Friday and Saturday night performances are available at the Inside Theatre Box Office or can be reserved by calling 756-3329. Student tickets are \$3, general admission is \$4. Curtain is at 8pm.

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Seniors display talents in Art Show

by Susan Grindeland

Art aficionados have been granted a unique opportunity to view the work of a select group of UPS artists. The Annual Senior B.A. Art Exhibition is now open for gazers and will continue to be featured in Kitteredge Gallery through the 12th of May. Approximately 50 works are on display including prints, drawings, paintings, ceramics, wood and metal sculptures, and several mixed media pieces that are not easily categorized.

Russell Tromley's work dominates the exhibit as each of his pieces conspicuously commands attention. His "Fish Trap" is an engrossing mixed media work utilizing willow wood in an environmentally-oriented style. Tromley's painted steel sculpture, "Weapon," is engaging; his mixed media "Inner Conflict" dramatic in its stark poignancy and power. Tromley created my favorite piece in the exhibit, his zinc, steel, and water sculpture entitled "Raincloud."

Suzanne Givens' work is also highly visible in this collection. Walking through the exhibit one begins to get a feel for which works were done by the same artist, but with Givens' work this feeling is less noticable; one is surprised by each new dimension of her ability. Her art displays a passion that is found wanting in works by others. Givens' "Turkish Delight" is stirring, while her "Threnody-A Song of Lamentation" depicts accurately the turmoil of a man in despair. Givens' work evokes empathy from its audience; art becomes an emotional experience. Also noteworthy is her "Self-

portrait" done in oil on canvas; it provides a colorful glimpse of the artist from yet another angle.

Those whose minds tend to focus on the ordered, scientific realm will revel in the work of Toshiomi Maki. Maki goes beyond the well-ordered to create the original; the work reflects an individuality of perception that is intriguing, amusing, and altogether beguiling. One wonders why no one else had thought to put wood together in just that way before ("Combination I" and "Combination II", wood sculptures), because it seems as if Maki has hit upon exactly the way in which it should. Maki's silkscreen "Roundness" and plexiglass sculpture "Aqua" exhibit the same type of structured reasoning. The etching "Silkroad" comes upon the viewer rather suddenly at this point. Striking in its Eastern influence, the etching confirms that creativity is not bounded by convention as the artist transcends the confines of a single medium.

Micheal Pang has established himself as the master of the silkscreen in this exhibition. His work is deceptively simple in its clean lines and bright colors. Pang's "Sorry Panties Are Not Returnable" is perhaps irreverent, but joyously so. His three serial works, "Sung Wu Kung I (II and III)" are fabulous. Here an Oriental

influence takes on a new shape to the Western world.

Kathryn Cope's "Emotional Dialogue" is a wood sculpture that almost seems to blend into the wall and become a two-dimensional work. The idea leaps out at you, but the piece itself remains subtle. The reflectiveness of the woman portrayed permeates one corner of the exhibit. Cope also displays two watercolors (I especially liked "Window to Massachusetts") and one of those uncatagorizable works entitled "No Preservatives Added."

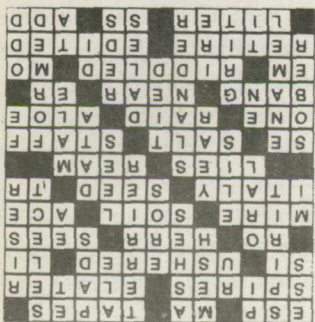
Katie Parish does delightful work with ceramics. Her "Woman 1-7" is playful, yet enlightening. Parish's oil painting "White Woman" is something else entirely, more serious, more reserved. It should perhaps have been placed in the corner near Cope's "Emotional Dialogue" rather than between two of Tromley's three-dimensional works. Tromley takes over the space

and all else pales in comparison leaving the potential impact of "White Woman" unrealized.

"Eye Message," a wood block print by Sandra DiLoreto is worth a trip to Kitteredge on its own; Julie Shipman pokes fun at fashion in her well-executed alligator entitled "Izod's Revenge;" and Janise Nelson has a special gift for bringing humans to life in her technical skill and fine eye for detail. Thomas O'Connor's ceramic work is elegant in its strength of line and earth-toned glazing. His "Tea Pot" combines functionalism with beauty, color with a sense of the subdued.

Kitteredge Gallery is open from 10am-4pm, Monday through Friday. The Senior B.A. Art Exhibition is one you should take advantage of; armed with a degree, these remarkable artists might conceivably be charging you for the privilege of viewing their work in the future.

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SPORTS

Loggers lose leads, drop two Saturday

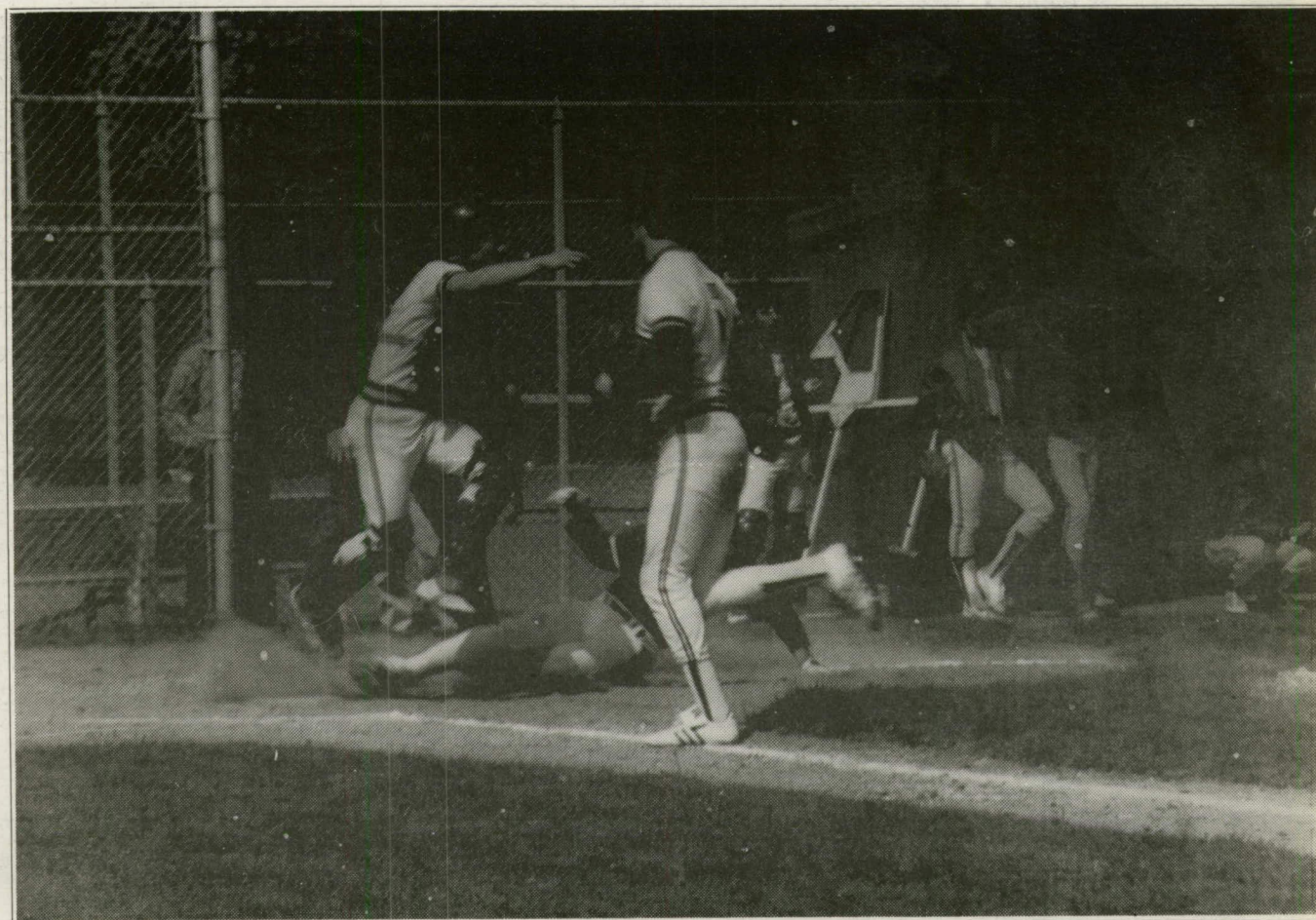
Twenty games after their first and only victory of the season finds the Puget Sound Logger baseball team hunting the brass ring.

Last Saturday afternoon, before a boisterous Parent's Weekend crowd, circumstances looked as though the Loggers' second victory of the spring was imminent. Outfielder Don Moore smashed a two-run double to help stake the Loggers to a 5-2 lead in the second game of a twinbill with visiting Judson Baptist. Teammates Tom Masterson and Ed Lairson hit consecutive run scoring doubles in the second inning and the Loggers enjoyed a 5-2 advantage.

The walls tumbled down, though, and the Royals rallied with seven runs and won the nighcap, 9-5, thus sweeping the double-header and sending the Loggers to their 21st consecutive defeat. Puget Sound lost the opener, 2-1, in a 10 inning heart-breaker.

Holding leads has proven to be a problem for the Loggers recently, as Puget Sound saw a 6-0 advantaged-windle and then disappear in a 14-8 loss to Seattle University last Tuesday. The Loggers lost the evening affair, 15-5.

First year manager Bob Stewart's charges close the season with doubleheaders at Oregon Tech and the University of Washington Sunday and Wednesday, respectively.



Logger catcher Will Hays blocks the path of a Judson Baptist baserunner as pitcher Keith Fugate races to assist in Puget Sound's first game action versus the Royals last Saturday.

Loggers head for WWU following Shotwell win

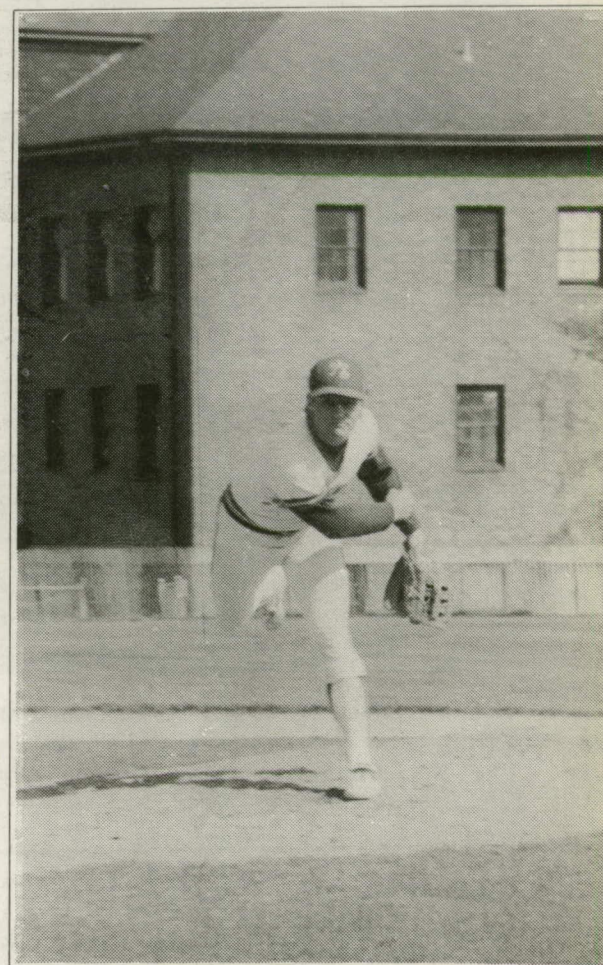
Paced by double winners Patience Harrison, Duffer Heilers and a host of other first place finishes, the UPS Logger track team defeated major opponent Seattle Pacific University in the non-scoring J.D. Shotwell Invitational Saturday.

Harrison raced to victories in the 100 meters and the 100 meter hurdles. Heilers won the discus and shot put competitions. Dependable Lady Logger long distance tandem Heather Sullivan and Cheryl Moores again finished 1-2 in the 1500 meters, with Sullivan's winning time

of 4:40.6 falling just three seconds shy of NCAA Division II qualifying standards.

The Logger men celebrated victories in the 10,000 meters, shot put and javelin, among other events. Eric Dillingham sped to firstplace in the 10,000, Dave Hyytinen claimed the shot and Brian Gotchel staked first for the javelin.

Next, the Loggers will participate in the Western Washington Invitational Friday evening in Bellingham. The district championships will convene in Ellensburg May 11-12.



photos by Jennifer Hegel

Logger hurler John Saegar fires another strike.

SPORTS BEAT

Lacrosse sticks it out

by Neil McCurdy

Well it wasn't what you would call a banner season by any means, but it certainly was fought well. Yes, the UPS Men's Lacrosse season is coming to a close, and with it, the burying of another rugged season. Rugged is right; Hell, what else would you call a bunch of masked men running wild and slashing about with sticks and flying balls?

The season was tough, both physically and mentally. After listening to a few players comment on the season, the biggest obstacle seemed to be the need for a full-time, professional coach and a subsidy from the Athletics Dept. One player, John O'Donnell, commented that, "without a full time professional

coach, its made it hard on the players, especially in organization and skill development."

Despite a few drawbacks, the team fought hard this year. Many of the games were played on the road. Tournaments held all day Saturday and Sunday tested the team's endurance and strength, not to mention late night driving skills and morale.

This past weekend, the boys took part in the biggest lacrosse event of the year, The Pacific Northwest Lacrosse Association Tournament in Portland. Many of the worlds finest teams were on hand to battle out another years title, including the famed Vancouver Seaspays. According to manager and coach Chris

MacRenoylds, "These guys have Lacrosse on the brain." The men played a tough game against the Seaspays, but lost in the end. "It was a hell of a game," said Mac.

The team has three more games to play before the end of the season. Many of this years players will be returning to the acclaimed "Fastest Game on Foot" next year, hopefully with a full time coach.

In the mean time, Coach MacReynolds is going to try and stay in front of the ball, Geoff Allard has abandoned all ideas of becoming a referee, and the rest of the team is going to have a cold beer when the whole thing's over.

Good Luck next year, Chaps.

Week's Events

Friday, May 4

Softball—Lewis and Clark (2), 4:00-5:30
Women's Tennis—NAIA District Championships, UPS Tennis Pav., All Day

Saturday, May 5

Crew—Cascade Sprints, at American Lake
Women's Tennis—NAIA District Championships, UPS Tennis Pavillion

Sunday, May 6

Baseball—at Oregon Tech (2).

Monday, May 7

Softball—Pacific Lutheran, 3:30 and 5:00

Women's tennis—NCAA Division II Nationals, at Chattanooga

Wednesday, May 9

Baseball—at University of Washington, (2)

Sports Beat is sponsored by your local Domino's



photo by Jennifer Hegel

Dave Walzer leads teammate Bhrett Monroe towards the promised land the finishing tape—in the 800 meters portion of the J.D. Shotwell Invitational.

SPENCER'S SPORTS STUMPERS

"Announcing the Sports Stumpers Diamond Jubilee. Yes, answer any of these questions correctly, submit your answers to the Trail, Room 8. UPS Student Union Building by 5 pm Friday. A winner will be determined on the basis of most correct answers. Ties will be broken on basis of a drawing. All decisions of judges are final. Void where prohibited. Taxes are the responsibility of the winner. Oh, yeah, the winner gets two tickets to the Seattle Mariner-California Angel game in the Kingdome May 4, 1984 (that's today!), hence the name Diamond Jubilee."

3. Between them, star baseball pitchers Jim Palmer and Tom Seaver have recorded 20 win seasons how many times: nine, twelve, fourteen? (Circle one)

4. Among active major leaguers, Rod Carew of the Cal Angels has won the most batting crowns (seven). Who ranks second with four crowns?

5. Who are the Buffalo Storm, Houston Dynamos and the New York Nationals?

(Answers next week)

Questions from last week:

1. Who is Bobby Orr?
2. What is the University of Texas?
3. Who are the Oakland Raiders?

IM Note

Exercise your Olympic dreams Wednesday, May 9, at 4:00 PM when Baker Stadium hosts an intramural track and field meet. Prizes include tee shirts for champions in the 100, 200, 400, 800 and 1500 meter runs; the 4x100 meter and 4x400 meter relays; the high, long and triple jump as well as the shot put and discus competitions. Future decathletes, put seven events on the back burner; there is a three event limit. Registration time is 3:45.

TRIVIA

1. How many times has Bjorn Borg won Wimbledon? How many times has Borg won the U.S. Open?
2. Who is the defending Olympic decathlon champion?

SALE

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May 5 & 6

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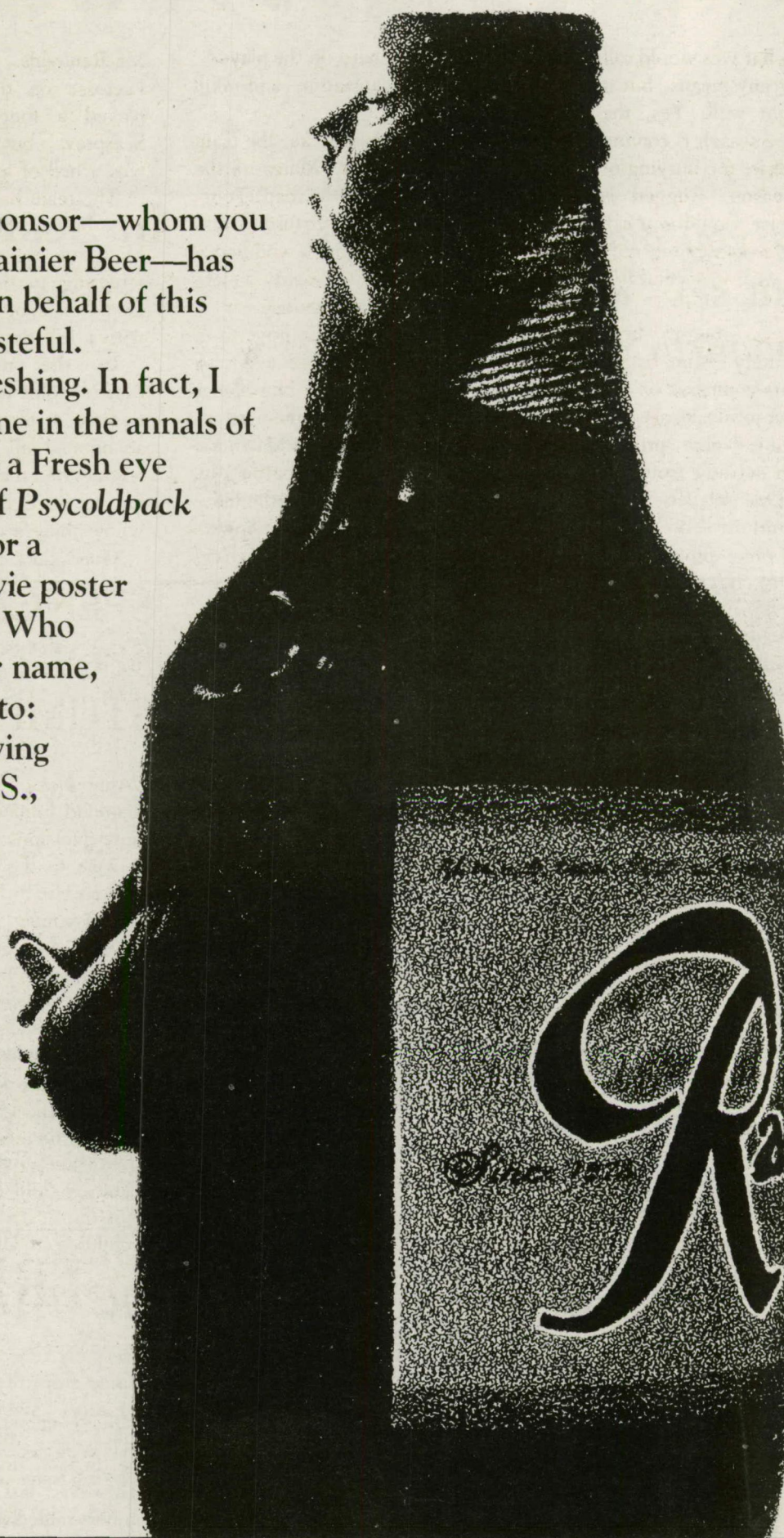
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Good afternoon. The sponsor—whom you may know better as Rainier Beer—has asked me to say a few words in behalf of this latest release. Very well ... Tasteful.

Sophisticated. Intensely reFreshing. In fact, I consider it a veritable milestone in the annals of the brewing industry. So keep a Fresh eye out for Rainier's double bill of *Psycoldpack* with *Beertigo*. (By the way, for a full-sized and Rainierized movie poster showing yours truly, the Man Who Brewed Too Much, send your name, address, and check for \$2.50 to: Beeraphernalia, Rainier Brewing Company, 3100 Airport Way S., Seattle, Washington 98134.)



Rainier Brewing Company, Seattle, Washington

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COMBAT ZONE

THE PAGE

Everything you didn't want to know about sex, and weren't stupid enough to ask

As part of our unceasing effort to keep the University of Puget Sound community well-informed, we present to you, our readers, the Combat Zone's newest feature: Ask Doctor D. Doctor D., like the Combat Zone itself, claims that any references to people, places, things, or anything else is entirely coincidental. Doctor D. is a satiric person, just as the Combat Zone is a satiric work.

Dear Doctor D.:

I am a freshman in Harrington Hall, so I'm very naive about matters concerning sex. Some of my friends have been telling me about a fun practice called auto-eroticism. I'm kind of embarrassed to say, however, that I don't know what auto-eroticism is. I'm afraid to ask my mom, and my roommate, well, I'm afraid she'll just laugh at me. Please Dr. D., will you help me?

Doctor D. responds:

I'm glad you've given me the opportunity to speak out on one of the most misunderstood topics of modern times. Auto-eroticism is certainly a topic that deserves much discussion on our campus.

Auto-eroticism is, of course, the act of having sexual relations with a car. First, let me assure you that this practice has been around for many years, and is perfectly natural. Why, as a student at my alma mater, U. C. Berkeley, I often engaged in this enjoyable pastime.

To be totally satisfying, of course, it must be done correctly. First, foreplay must occur. This is to ensure the subject will be properly lubricated for the actual act. To begin foreplay, rub up against the front fender with your thighs, preferably with your right arm propped against your waist. Be sure to place the car in park before beginning.

Next, stare tenderly at the windshield (some people prefer the antenna) and murmur softly, "I want to ride you forever." (if it's a Toyota, you can say "Ohh what a

feeling.") The auto will lead you from there in an ecstatic celebration of life. Once you become proficient, you may want to try seducing a Renault. This is known in some circles as French.

Dear Doctor D.:

I'm confused. I'm a freshman in Harrington Hall, and I really don't know much about sex. Lately I've heard and read a great deal about the importance of fourplay in a sexual relationship. I don't want to screw up my first sexual relationship (I expect to start it soon). Could you please tell me what fourplay is?

Doctor D. replies:

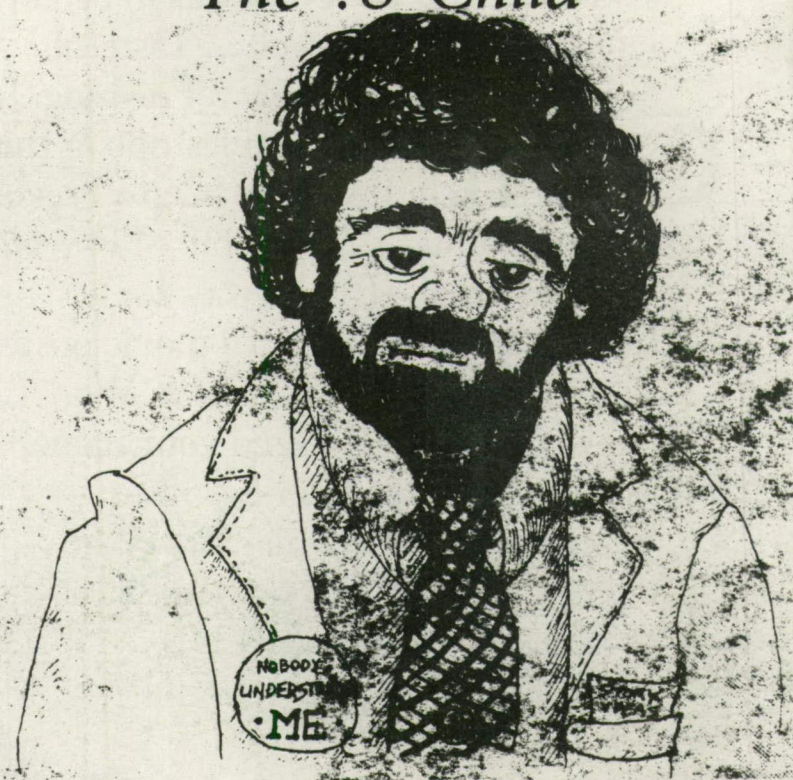
I'm glad you've given me this opportunity to clear up an area of much misunderstanding. The misunderstanding I refer to is, of course, the distinction between *fourplay* and *foreplay*.

Fourplay is the act of sexual intercourse between two numbers. The Church defines it as one of the cardinal sins. Naturally, the only people concerned with this type of sexual action are mathematicians and Jesuits. It is not as many people think, sex between 4 people. This particular act is called a "menage-a-trois plus one."

Foreplay, however, does concern many human beings. It is, of course, the game of golf. Golf is very important to any healthy relationship. Golf gets the name "foreplay" from the traditional call of "fore!" before the ball is hit. As most people know, the game of golf is very relaxing, and often helps relieve tension in married life. The proper use of the golf club can be extremely important in sexual affairs. Hitting the ball incorrectly can cause severe stress and pain. If the ball is often sliced, many experts say a couple's sexual relations may end. Hooking and chipping can also be painful.

In Search Of...

The .8 Child



Many times, when reading statistical surveys of the US population, one finds that the average number of children in the American family is 2.8. Upon pondering this phenomenon, the *Trail* decided to search for the .8 child. After minutes of hard work, we found one.

The .8 child is not as rare as one might think. The *Trail* found several .8 children at UPS. We found four-

teen in the administration, and close to a hundred among the student body in general, including one in the ASUPS Senate. Even the media are not immune. We found three among the media (one in KUPS, one in *Tamanawas*, and one in *Crosscurrents*). The *Trail* at present does not have any .8 children, but there was one during Fall semester (he resigned in December).

TIC TAC and TOE

Recently reports of defections have surfaced from the *Tamanawas* office. Co-Editors Sue Bernauer and Joe Walker both deny any defections have, in fact, taken place.

However, last night two *Trail* staff members raided the *Tamanawas* office to try and ferret out the truth of the matter. Upon entering, the Dynamic Duo discovered a large box which had "Defective Books" written on the outside. Four books were inside. Our two champions of Truth, Justice, and the American way immediately released these victims of cruel and heartless totalitarianism.

The books apparently attempted to defect, but were apprehended by TIC (Tamanawas Internal Constabulary), turned over to TAC (Tamanawas

Autonomous Courts) for trial, then given to TOE (Tamanawas Organizational Enforcement) for punishment. The TIC TAC TOE treatment is feared by many *Tamanawas* citizens. At this point the books were given TIT (Tamanawas Internal Treatment) for TAT (Tamanawas Anti-social Tribulations).

Sue Bernauer, Co-Editor in charge of punishment, was asked about the presence of the four books in the box labeled "Defective Books." Bernauer said, "The sign was mis-labeled. It was supposed to read *Defective*, not *Defected*, Books." Right, Sue.

Note: Most Totalitarian countries claim that defectors are "defective."