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NEW THE TRAIL

**Dear readers,**

I, like many of you, came to this University hoping to become a part of a community. When I transferred to Puget Sound two years ago, I was greeted with open arms into a community full of dreamers, believers, and achievers. We are all here for the same reason: to learn, make mistakes, fall down, get up again, grow, and start anew.

I am thrilled to serve as *The Trail's* Executive Editor-in-Chief. Alongside my incredible Co-Editor, Casey O'Brien, I am proud to lead the staff we've assembled this year. They are a group of people who fill me with awe each and every day, and I hope that by reading the Trail you too can feel their passion manifested through this publication.

It is with an overwhelming sense of gratitude that I release this first issue to you. In these pages you will find a work 106 years in the making. In reflection of the Puget Sound community, *The Trail* makes mistakes and turns them into opportunities. And with an unparalleled dedication, *The Trail* team learns and grows with each and every step.

Writing has been a passion of mine for as long as I can remember. It is within the written word that we can convey new ideas, give new perspectives to old thoughts, shed light on the unknown, and give voice to the voiceless. This is what I hope to accomplish in my time at The Trail. I want to find those sparks of passion in people and give them the platform and resources to make a difference.

It is never an easy time to be "the media." As journalists we have an obligation to pursue accuracy, to enable the exchange of fair and accurate information. We seek fact and report it. We put in long hours for the sake of public enlightenment and justice. And in doing so, we constantly struggle to balance transparency and truth.

So to the readers of *The Trail*, I ask this of you: hold us accountable. Read what we have to offer, contact us with questions, write letters to us, meet me in my office hour. We, as an organization, do not exist to decide what the news is. News happens, and we are there to record. There is no good news, there is no bad news, there is just news. So hold us accountable, but don't expect us to go away.

In my opinion, journalists are, in the words of the late Steve Jobs, "crazy." I'm proud to be a part of this crazy group of people, because I firmly believe in our capacity to incite change.

"Here's to the crazy ones, the misfits, the rebels, the troublemakers, the round pegs in the square holes. The ones who see things differently. They're not fond of rules. And they have no respect for the status quo. You can praise them, quote them, disagree with them, glorify them or vilify them. About the only thing you can't do is ignore them. Because they change things. They push the human race forward. And while some may see them as the crazy ones, we see genius. Because the ones who are crazy enough to think they can change the world, are the ones who do."

— Madeline Brooks, Executive Editor-in-Chief
Puget Sound Trail

**Dear readers,**

Many of you on this campus know me, as an orientation leader, a classmate, a fellow activist, and a friend. I have interviewed some of you as a reporter for this newspaper and written stories about your achievements and your aspirations for Puget Sound. My hope is that I have accurately portrayed what is happening on campus and in our community. I am grateful for the many of you who helped me to write informative and comprehensive stories.

As I embark on a new journey as editorial editor in chief of *The Trail*, and I hope that the relationships I established as a reporter will help me to guide a first rate newspaper, which this community deserves. My inspiring co editor Madeline and I are excited to support *The Trail's* growth and continual improvement.

After attending a Journalism and Leadership seminar in Minneapolis this summer, I feel ready to take on this role and use what I learned there to grow *The Trail's* impact. We will use teamwork, commitment and a determination to seek truth to serve our readers. I believe in the power of student media to create stronger and inclusive communities.

Every week, about 5,000 of you —faculty, staff, parents, students, and fellow Tacoma residents— will read this paper. You will see yourselves, your friends, and your colleagues in these pages, and you will learn about what is happening on our campus, in this city and beyond. Community members are doing interesting and incredible things, and we want to highlight them. We want to share your stories of what you love about Puget Sound and what has alienated you here.

What are you doing? What are you fighting for? This is what we are seeking. We want to provide you with a voice, a platform, and a source of information so that you can be citizens and agents of change on campus and beyond. We also aim to provide a connection and site of dialogue between our campus and our city, a place that is dynamic and fascinating. Part of our role as student media is to engage our wider community and share what is happening beyond the edges of our 92 acres, as well as share the campus news with Tacoma residents.

If we do our job well, *The Trail* can do our part to build a better Puget Sound for all of us—because this campus reflects the world, and that means that oppression and injustice are a part of the fabric of our lives here. Our job as your newspaper is to holistically cover Puget Sound—what we are doing well and what we need to improve, accurately and without judgment or bias.

I will need your help to make that happen. Every reader can help us to be a better paper. Whatever you read—whether it is a trail report in our Sports and Outdoors section, a profile in our feature section, a satire piece in Combat Zone, or an investigative story in News—I want to hear what you think. Come to my coffee hours every Thursday from 12-1 in Diversions, send me an email at trail@pugetsound.edu, or just find on me on campus, and share your thoughts—because we want to hear them.

— Casey O'Brien, Editorial Editor-in-Chief
Puget Sound Trail

President Crawford begins journey at Puget Sound

By Aidan Regan

President Isiah Crawford is like a sponge. Now that he has moved in, he's absorbing everything Puget Sound has to offer. The first year of his administration's work to better the University will be spent listening to its community.

"This year will be one of listening and learning while continuing to keep the positive momentum of the university," he said.

To him, that means "Getting out, meeting with students, meeting with faculty, staff, alumni, learning our culture, learning our place here in Tacoma... I'm a student just like you are, doing all sorts of learning about my new academic home."

It certainly seems that way when talking to President Crawford. He's also loving his new home.

"Campus is beautiful," he said. "It's idyllic. It's picturesque. Every time I turn my head I feel like I'm looking at a postcard. It's just immaculate."

But the President is even more excited about the campus experience than he is about the campus itself.

"I want to be out and about as much as I can," he said. "I'm looking to go to plays, concerts, athletic events, and lectures."

It's connecting with the campus community in that way that's most important to him. President Crawford will continue the tradition of Fireside Dinners as well as office hours in Diversions Café from 1:30 to 2:30 p.m.

on Thursdays.

"I've always benefitted from...having informal gatherings with just regular students to hear what their experiences are, and what they want me to know...and to provide me with an opportunity to float some ideas out to them and to get their feedback," he said.

President Crawford attributes his aptitude for active listening and learning to his background in psychology. According to him, it taught him to be present with people.

"I want to be helpful," he emphasized. "If I can create a path towards something or remove an obstacle or help people identify a strategy...so they can be their best selves, at the end of the day, that's what makes me happy in my work."

In talking to him, this helpfulness comes across. President Crawford's desire to help is reflected in his first year plan to listen and learn, which poses a unique opportunity for students.

"People can bring their voice, their ideas, their hopes, [their] aspirations, and their wisdom forward," he said. "Then we can really get about that work [to] finish academic year '17-'18 with a strategic plan that we can present to the Board of Trustees."

He plans to use all he learns this year to build upon President Ronald Thomas' standing strategic plan. That plan sought to innovate through the Puget Sound

experience, to inspire students, to engage them with lifelong relationships, and to invest in the university financially. President Crawford hopes to continue that upward trajectory in several ways.

Puget Sound has been through quite a bit since its founding in 1888, and President Crawford wants to make its rich history better known.

"I think we need to be able to tell our story in the most vibrant ways possible, and not feel as though we're [bragging]... it's a great story here," he said.

The President also mentioned "environmental justice and sustainability," as well as "cultural integration — [so] everyone can feel welcome here and have a sense of agency and place."

"We have a very clear commitment to further diversifying our student body, to help our student body further resemble the community in which it is based," he said. "People can feel and be their whole selves here."

He also welcomes student activism.

"I look forward to being able to promote...academic freedom, freedom of expression, and active, engaged civil discourse," he said. "We have a tradition here of engaging one another in respectful and civil ways."

"I'll...make sure people feel that they have the appropriate and necessary voice. We all want the same thing, we all want



PHOTO CREDITS BY CHRIS ROACH

what's best for the university."

It's that sense of community that President Crawford values the most, and wants to emphasize with his administration. That's where all his active listening comes in.

"I'm a 'we' person...It's not just me, it's all of us. We are a 'we!'" he said of Puget Sound. "The future of the university rests on all shoulders, not just yours truly."

New ASUPS Cultural Consciousness Programmers

By Nayra Halajian

Big changes are being made on campus. This is a phrase that has been thrown around abundantly in the first month of school. But what exactly do these changes entail and why are they happening?

There have been noticeable physical changes like the newly built Center for Intercultural Engagement (CICE), Student Diversity Center (SDC), and Social Justice Center (SJC). However, there are also changes being made behind the scenes to make the University more inclusive.

Under the new ASUPS President Noah Lumbantobing, a programming initiative was drafted to allow for two new Cultural Consciousness Programmers. Two students, Julia Lin and Naomi Schroeter, fill the position.

"The position was built off a number of demands. There was an increasing demand for institutional change in a number of different ways. Whether it be calling attention to access of mental health resources, or whether it be talking about providing more support, particularly financial support for certain identity-based groups on campus," Lin said. "The goal is not necessarily to solve the demands, but to address them institutionally in an

effective way that will continue to grow for years to come."

The Cultural Consciousness Programmers serve as a link between students and the institution as an accessible form of support. They facilitate and financially support events for clubs and organizations on campus.

"We have a number of identity based groups like Black Student Union (BSU) and Asian Pacific American Student Union (APASU). This position wasn't drafted for specifically supporting ethnicity based groups, but it's just anything surrounding multiculturalism, whether it be art, lectures, workshops," Lin said.

Not only do they help put on events for other groups, but they are also planning two of their own events for this semester: an interactive workshop about the Black Lives Matter movement and a workshop about what it means to be white and having conversations about race. While the dates are not set for these events, Schroeter and Lin have made significant progress on the planning.

Despite being a new position, many students and faculty know about and have begun to take advantage of this new service. There even seems to be a great deal of excitement.

"We've had a lot of students message us, email us, asking if they could use some of our funds. We've also had teachers ask us for funds. People are utilizing this resource, which is really exciting because we're only four weeks in. Even within the first two weeks, there were people trying to get ahold of us," Schroeter said.

When discussing the changes, Schroeter said, "I think that there have both been a lot of changes and none at all. Certain people's minds seem stuck in certain groups of thinking. But I think for a lot of students at this school, there is a little bit more sense of urgency when it comes to the issues."

The "issues" Schroeter is referring to is the lack of racial diversity in the campus population.

"The institution does recognize that there was a real lack of a certain demographic which is good. It's pretty cool that the school is acknowledging," Lin said.

In discussing her personal feelings as a first-generation Asian-American, Lin said, "In my first year to my third year, I feel polar changes. I feel better. I feel like some of my needs have been recognized. I can't say that they've been solved, but they've been acknowledged. And they are working toward making it better, and that's something I appreciate."



ASUPS Cultural Consciousness Programmers: Naomi Schroeter (left) and Julia Lin (right)

PHOTO CREDITS BY GABRIEL NEWMAN

Change in progress for campus Sexual Assault Policy

By Keely Coxwell

"Based on the feedback received from members of our community, as well as practical experience and federal guidance on Title IX, we have learned that our Campus Policy Prohibiting Harassment and Sexual Misconduct is incomplete, and at times ill-defined or confusing," Assistant Dean of Students, Sarah Shives and Director of Student Conduct, Frank Cirioni, said in an email statement.

The last revision of the campus policy was in 2008. Since then Title IX has been revised seven times. Title IX is a federal law that states that no person shall be excluded or be subject to any discrimination in any education program based on their sex.

As of about 18 months ago, a subcommittee of the sexual and gender violence committee has been rewriting our policy. Although we aren't going to see any changes to the policy for another year.

"This academic year is not realistic, but beyond that, it is really our goal to get it implemented as soon as possible," History Professor Poppy Fry said.

Fry is on the policy and procedure subcommittee; she also serves on sexual misconduct boards on campus.

The subcommittee is focusing on reorganizing the policy and making it more readable.

"For clarity and accessibility, we are separating the policy document from the procedures for enforcing the policy," Shives and Cirioni said. "Furthermore, we are separating the student procedures from those for faculty and staff members."

Shives and Cirioni said they are also "iterating various kinds of sexual misconduct covered by campus policy," as well as "including language explicitly prohibiting intimate relationships between students and faculty or staff members and introducing gender inclusive language throughout the campus policy."

"I think what we are really looking at is being able to make some procedural changes that really help both the respondent and the

claimant to have a balanced and fair process, as well as following Title IX," Associate Dean of Students Marta Cady said.

Cady is also the Director of Student Activities and chairs the Sexual and Gender Violence Committee.

"We really want to get to a place where people, particularly students, feel like the procedures are pretty transparent, and that they can read [the policy] and know what's going to happen," Cady said.

"Language is probably the biggest thing," said Cady when asked what, in the policy, needs to be changed the most. "We need to make sure we are not using language that in anyway implies consent or implies sex. This is a crime that is about power and control. We really need to focus on that."

Fry stressed that the current policy is not broken. "I think that it is important to frame this not as a response to crises," Fry said. "While this policy represents something new, it is not a change of course, it is a continuation of the course we have been on."

The conversation surrounding sexual violence is not limited to the people involved with rewriting the policy.

The committee is involving other groups of people in this revision process.

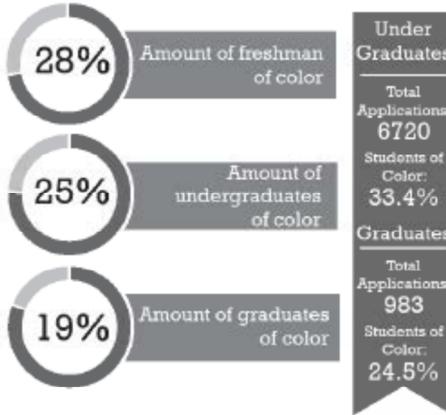
"Peer Allies has been represented on this committee for the entire year and a half it has existed," said Emily Katz, a senior and the president of Peer Allies. "The committee has dedicated time to hear my feedback as a student advocate and has made actual changes I've suggested to make wording more clear to the average student."

On Sept. 23, University President Crawford sent out an e-mail to the Puget Sound community that addressed sexual violence.

"It is clear that this is a campus that takes prevention, reporting, and investigations of sexual misconduct very seriously," Crawford said. "I write today to voice my strong support of this work, and to emphasize the important role that we all play to ensure the safety of everyone who lives, works, and learns on our campus."

University launches new Diversity Strategic Plan

By Aneyceia Brim



Recent % of first year students of color

2014	24.1%
2015	20.4%
2016	28.0%

GRAPHIC BY GORDON ZHANG

The University has launched a new Diversity Strategic Plan for the fall, aimed at making the school a more diverse community.

"Diversity includes attention to identity characteristics such as age, disability, sex, race, ethnicity, religion/spiritual tradition, gender identity and expression, sexual identity, veteran status, job status or socioeconomic class, nation of origin, language spoken, documentation status, personal appearance and political beliefs," as the University defines it within the plan.

The plan is broken into four goals that the institution hopes to focus on: recruitment and retention, a more inclusive and diverse climate, community connections and engagement as well as alumni connections and outreach.

The student body is currently overwhelmingly dominated by Caucasians and the school has only seen a four percent increase rate of students of color since 2014. Students of color are defined as anyone who identifies as American Indian, Asian, black, Hispanic or Pacific Islander.

According to Christine Mica, Interim Vice President of Enrollment, the University is working hard to fix that. "The University continues to pursue steps to make the school a more inclusive environment for all students, including students of color, those identifying with the LGBT community, and those from a variety of socioeconomic, religious, political, cultural, and other backgrounds," Mica said. "This is truly critical to our liberal arts mission. These changes are taking place both in ways that students may or may not always see."

Currently, students of color make up 33.4 percent of

the 6,720 applicants who apply to be undergraduates at Puget Sound.

According to Mica, the school has planned to combat the lack of diversity by partnering with Tacoma Public Schools (TPS). The Tacoma community is more diverse than the student body on campus, and Mica states that since the plan was implemented last year, the enrollment of students from TPS has more than doubled.

The plan has introduced several new workshops on sexual assault, violence, sexual orientation and diversity, diversity training for faculty, new staff and faculty members of color, a Diversity Summit and a new mandatory academic requirement that teaches students about inequalities among various groups.

Mike Segawa, Dean of Students, has worked with the University for the past 12 years.

He describes the plan as "ongoing work" that was first conceptualized about three or four years ago and closely monitored by Chief Diversity Officer, Michael Benitez.

While Segawa does not believe that any plan can be perfect and there is always room for improvement, he thinks the main focus should be on operationalizing the plan, the timeline for the goals, the benchmarks of success, and execution.

"Student groups, faculty, staff — all have been involved at some level, creating this and providing feedback on it," Segawa said. "When it's such a collaborative effort, it also makes it really hard for it to be a perfect document from any perspective." The entire plan can be found on the University's website.

SECURITY UPDATES

The following incidents occurred on campus and were reported to Security Services between August 29, 2016 and September 26, 2016:

- (3) Bicycles were reported stolen from campus. One from a Union Ave. residence, one from the east side of Seward Hall, and the other from the storage racks outside the Wheelock Student Center.
- (1) Bias/Hate incident: A student reported the driver of a passing ve-

hicle yelled a homophobic slur at him and his roommate as they walked near Schiff Hall.

(1) Malignous Mischief to Vehicle: A student reported discovering deep scratches in his vehicle. The vehicle was parked on a public street outside his campus residence on Union Ave.

Crime Prevention

Be mindful of personal and university property by keeping it secured or with you at all times. This includes

office areas and residential spaces.

- Secure your residence and/or room — especially at night while sleeping.
- Good quality "U-Bolt" style locks are highly recommended. Use additional locks to secure high end components (wheels, etc.) to the bicycle when stored.
- Always immediately report suspicious activity to Security Services (253.879.3311 or ext. 3311) or Tacoma Police (911).

Security Services

- Security is open and staffed 24/7 to serve the university community.
- Utilize the Security Courtesy Escort Service if you find yourself walking alone on campus — especially at night. This service is also available to some areas off-campus.
- Please update the university with your cellular telephone number. We need it to send you important Security Alert messages. Do this at my-PugetSound.

Visit our website and check us out on Facebook to learn more about our services and stay up to date on campus security.

Let us know if you have information about any of the incidents described above.

Please review the training video: Shots Fired on Campus located at www.pugetsound.edu/emergency (Puget Sound username and password required).

THE PUGET SOUND TRAIL

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The Trail is an independent, student-run organization funded by ASUPS. The Trail seeks to produce a credible weekly newspaper that serves as a comprehensive source of information relevant to its readership. The Trail acts as an archival record for the university, serves as a link between University of Puget Sound and the greater Tacoma community and provides an open forum for student opinion and discourse.

Visit trail.pugetsound.edu for the full mission statement.

Opinions contained herein do not necessarily reflect the views of The Trail staff, ASUPS, the University or its Board of Trustees. Articles and letters in the Opinions section are printed at the discretion of the Trail editorial staff. The Trail reserves the right to refuse any letters submitted for publication. Letters to the editor will not be edited for grammar, spelling, or content, except in the case of material that is considered to be offensive, as determined by the Trail style guide. All letters to the editor must be signed and must have an email address or phone number. Letters for publication the following Friday are due no later than Monday at noon and may be sent to: The Puget Sound Trail, 1095 Wheelock Student Center, Tacoma, WA 98416 or trail@pugetsound.edu.

Democratic party in need of compromise

By Morey Lipsett

*If we really want to help
America's disadvantaged,
we need Hillary and Bernie*



Bernie Sanders rallies in Vallejo, CA on May 18, 2016.

PHOTO COURTESY OF SHELLY PROVOST



Hillary Clinton accepts nomination for Democratic presidential nominee in Philadelphia on July 28, 2016. Her nomination marks the first time a woman has been a major party nominee.

PHOTO COURTESY OF A. SHAKER

Not many people were happy at the end of the Democratic National Convention. Despite comparatively flawless showmanship and some amazing speeches from Michelle Obama, Cory Booker and others, one couldn't help but feel the disappointment in the room.

For Hillary Clinton supporters, her well earned victory was marred by the insolence of Bernie Sanders supporters who refused to face facts.

For Bernie supporters, their disappointment went far beyond the normal frustration faced by the supporters of a losing candidate. For them, Sanders wasn't just any other candidate. He was a man who could fundamentally change American politics. After all, Sanders was the first self-described socialist to make a mark in American politics since Eugene Debs in 1920.

But when Sanders took the stage, he aimed to assuage the fears of his supporters.

"Election days come and go, but the struggle of the people to create a government which represents all of us and not just the one percent, a government based on the principles of economic, social, racial and environmental justice, that struggle continues!" Sanders said.

Nonetheless, many Sanders supporters just couldn't bring themselves to endorse Clinton. After all, Sanders has called his campaign "a political revolution to transform America" and in doing so has implied that Clinton could never bring such a revolution.

The Sanders movement's primary goal was to end inequality and improve standards of living for America's worst off. Does his defeat mean this nation's working class won't be able to climb the ladder of opportunity for another generation?

Professor Lisa Nunn, from the Economics

department here at Puget Sound, would emphatically answer no. Nunn studies the history of the American economy and the political and social factors that have led us to become the wealthiest nation on earth.

Nunn says that there is a major misunderstanding among many Sanders supporters who believe that the American free-market system only benefits the wealthy. Rather, Nunn argues that it is only because America has chosen free-market capitalism that we have obtained the wealth, and therefore the flexibility, to implement the wealth redistribution programs we have.

"The activists are always there, and that's necessary... It's what has kept our country improving over time. They push the envelope. They push the edges and they create change."

-Prof. Lisa Nunn

"As the whole world gets more money, we end up having the excess wealth, the excess freedom to choose fairness, freedom to choose redistribution," Nunn said. "We have enough money to tax only the bottom fifty percent of income earners. That is what the United States has chosen to do."

"Growth is what gives us the flexibility to be moral and to prioritize social goals over our individual financial goals. As economies grow, they tend to move towards a more equitable and more moral organizational structure," Nunn said.

So was the Bernie Sanders candidacy completely pointless? Did all of his supporters who were voting for marginalized groups pick the wrong horse?

After all, Nunn says that as countries get wealthier, they begin to redistribute more. However, this does not happen naturally or inevitably. Pressure needs to be put on the economic and political decision makers in order for this new wealth to be directed at solving social problems.

"The activists are always there," Nunn said, "And that's necessary...It's what has kept our country improving over time. They push

the envelope. They push the edges and they create change."

Nunn argues that we need growth-focused capitalism to gain the prosperity and flexibility needed to solve social problems. In addition, we need active and progressive insurgents to force our leaders to care about these problems.

Neither Clinton's nor Sanders's candidacies alone could truly address the social problems facing our nation. Without populists like Sanders to pressure Clinton to care about inequality, her campaign would likely be devoid of policies like free public college and overturning Citizens United that she

has recently embraced.

On the other hand, without the pragmatic growth-oriented centrism of Clinton, Sanders's redistribution programs would have had nothing to redistribute.

Instead of getting angry over who sided with whom during this primary, we should celebrate that this debate created a synthesis of progressive social concerns with level-headed pragmatism in the new Democratic Party platform. To create real change in history, we need both activists and pragmatists. We cannot disparage or dismiss either one.

HOW TO KEEP UP with the 2016 presidential election

- OCT. 4** The first vice presidential debate will take place on Tuesday, Oct. 4 at Longwood University in Farmwood, VA. CBS News correspondent Elaine Quijano will moderate the debate.
- OCT. 9** The second presidential debate will take place on Sunday, Oct. 9 at Washington University in St. Louis, MO. CNN's Anderson Cooper will moderate the debate. This debate will be in the form of a town meeting, where half of the questions are posed by a moderator, and half are posed directly by citizen participants.
- OCT. 19** The third presidential debate will take place on Wednesday, Oct. 19 at the University of Nevada, Las Vegas. This debate will take the same form as the first, and will be moderated by Fox News anchor Chris Wallace.
- NOV. 8** Election day. Get out and vote!

The Happy Trail is The Trail's weekly sex column that seeks to inform the community on issues related to sexuality and gender by addressing these topics in an education-based way. Our mission is to make the campus a safer place by normalizing and demystifying topics like safer sex practices, sexualities, kinks and polyamory, while shedding light on topics like trans rights, sexual and domestic violence, gender inequalities and intersectionality. Happy Trail correspondents are not medical professionals; if you have a medical concern contact CHWS or a local clinic. Otherwise, direct your sexuality and gender questions to trailbeyyou@pugetsound.edu. Respond to Happy Trail articles in the form of a letter to the editor sent to trail@pugetsound.edu.

Maintaining personal hygiene on the trail By Emma Holmes

Having a vagina while camping or backpacking is a bit like taking care of a baby. You do your best, keeping it warm and dry and swaddled in soft clothing. Yet, when it inevitably becomes upset, as babies and vaginas do, you're left with two options: colorful distraction and Advil.

There are enough barriers to entry when it comes to outdoor recreation, be it the high cost of equipment, the stigma of experience, or the sheer capacity of details to track. Half the time you're brushing your teeth with your finger or eating with a stick, since your toothbrush was with your spoon and both are conveniently on the radiator at home. So, when all essentials are accounted for, the feet are taped, and the adventure calls, a UTI or poorly timed period is the last thing you need to worry about.

"My first experience getting my period while backpacking was on Passages, actually, which I was totally terrified about," sophomore Delaney Rudy shared with me. Her fear was soon mitigated by a peer with handy tips and tricks. "I do feel like there is a lot of shame associated with periods overall, and, like, no tools available for women to deal with this in the backcountry, which is really hard."

I decided to ask Pinterest for their plethora of DIY camping hacks on the matter. Much of what I found was about how to conceal the fact that you had your period on trail. Because, logically, while it's acceptable to dutch-oven a tent after a dried bean dinner, you sure

as heck have to hide your tampons in a spray painted plastic bag.

So, my fellow proud owners of vaginas, here are some ways to stay unashamedly clean and dry on your next trip.

As far as layering goes, treat your vagina much like your feet. A couple pairs of underwear for hiking, and a separate pair to change into once you get to camp. I've found that simple silk briefs with a cotton lining are really breathable, light, and dry quickly. A safe bet is two pairs for every three days. If you're out longer than five days, consider some biodegradable soap and backcountry laundry time.

While I salute those of you who have mastered the pack-on pee, drip drying should be a fun and occasionally necessary indulgence, nothing more. Tying a bandana to the outside of your pack and using it as a pee rag means less discomfort and less toilet paper to pack out. It's also very sanitary, as the sun dries and sterilizes it in between uses.

Now, for the big one. How on earth do you deal with a near-constant discharge of blood and uterine lining when you're sleeping on the ground and eating with a handy stick-spoon? If you're using a menstrual cup, which is a great, reusable alternative wherever you are, the key is keeping it sanitary. Bring hand sanitizer, camp soap, water, spade, and pee-rag with you whenever you change it. Use hand sanitizer before touching anything. Dig your usual 6-8 inch cat hole, and empty the blood into it. Rinse the cup

with some water, once again depositing it into the hole. Suds up your cup and then dry with the rag. Finally, refill both the holes, with menstrual cup and dirt, respectively.

This is quite the process, but the advantage to menstrual cups is the ability to leave them in for up to 12 hours, making this ritual a twice-daily affair. If you're opting for disposable tampons (just say no to pads out there- chaffing is real), then leave the applicators behind. This limits the amount of waste for you to pack out. Make sure to have a labeled "bio-bag" to carry any toilet paper and used tampons out. Spray paint it if you want. That's up to you.

Finally, if you're staying warm at night through more intimate methods, make sure to pack out any condoms you use. If you're safely not using condoms, wiggle yourself out of that sleeping bag and make sure to pee after. This is not the time to tempt chance with a UTI. Squat- peeing actually works exquisitely in this circumstance, and who knows, maybe you'll catch a few shooting stars in the process.

To conclude, let me share a cautionary tale. At about 12 years old, I was out for 11 days on a canoe trip in Minnesota. I'm sad to say that I had almost no concept for my anatomy at this point, and when three days of non-stop swimsuit wearing caught up with me, I thought the sharp, stinging pain must be a dry rash. The only relief came in the water, and I remember throwing

down my pack to lay in a stream, and swimming in every lake we paddled. I rubbed aloe and Neosporin and vaseline on the area and every step stung to the point of tears. Finally, I said something to my leader. She promptly sent me to the tent to change into a clean pair of cotton underwear and take a nap, and I emerged jubilant.

So, no matter where your next excursion takes you and your vagina, always remember to stay vigilant about sanitation, pack out your products, and splurge weight on extra underwear. Let the sun burn, the rain soak, morning air chill, and your vagina be free of it all.



Sexism permeates reporting on Clinton's health By Nayla Lee

Concerns about the health of presidential candidates is nothing new. However, Hillary Clinton's campaign has been haunted by gendered accusations of the Democratic nominee being medically unfit to serve as president.

Stereotypes of menstruation and PMS have been the basis of dismissive jokes about Clinton and other female politicians for ages, never mind the fact that, at her age, Clinton likely hasn't had a menstrual period in well over a decade. If it were actually about her health rather than just about her being a woman, this wouldn't be on anyone's radar.

Age-based speculation about frailty and fragility have followed her from before her campaign was announced; In a 2013 Conservative Political Action Conference (CPAC) interview, Sen. Mitch McConnell (R-KY) said that the Democratic ticket was "shaping up to look like a rerun of the Golden Girls." These concerns have not been voiced about the Republican nominee, Donald Trump, despite the fact that he is two years older than Clinton. Nobody is joking about him breaking a hip or wondering about his bone density.

During Bernie Sanders' campaign, he was fondly nicknamed "America's grandpa," which made him seem more

relatable. Clinton, on the other hand, has been careful to avoid being portrayed grandmotherly. Being pigeonholed as nurturing, which is outdated but pervasively considered a "feminine" trait, is often associated with weakness, and Hillary Clinton is nothing if not resilient. This has pushed public perception of her to seem colder and calculating-- traits that are seen as highly negative in women, yet often positive in men. If she were portrayed as grandmotherly, she would likely be trivialized as doddering and senile.

During a televised 1984 debate with Arthur Mondale, Ronald Reagan managed to turn criticisms about his age (he was a week shy of his seventieth birthday) into a humorous advantage, saying "I want you to know that also I will not make age an issue of this campaign. I am not going to exploit, for political purposes, my opponent's youth and inexperience."

Media attention about Clinton's health stepped up a notch when her physician revealed that pneumonia and dehydration caused her to leave a 9/11 memorial service early. Social media has been all twitter about her personal health as well; the hashtag #HillarysStools is not, in fact, musings on the contents of her

BMs. Rather, it sprung about when viewers pointed out that Hillary can often be seen sitting on a stool during long press activities.

However, when people talk about Franklin Roosevelt, who hid the fact that he was in a wheelchair for the entirety of his presidency, he is usually to commend him for his stamina. And while there's a big difference between pneumonia and polio, the fact that Clinton has prioritized self-care is used to disparage her.

Trump himself made a remark during Monday night's presidential debate that Hillary lacked the stamina required to be president, based on her recent health issues. She likely would not face this criticism and in fact would likely be commended for her perseverance if she were a man.

Women have always been told they cannot do or be certain things because of their bodies, because of inherent perceived weaknesses, from voting to working in factories to becoming astronauts. Yet, all of those have been disproved. A person's body has no bearing on their fitness as a political leader, whether it's health or gender or both on the line. It's time to stop discounting and dismissing people because of those.

Term of the Week

polyamory

noun

The desire to have or the practice of having multiple relationships at once, where all persons involved are aware of and consent to the situation.

This can include open relationships, triads (three people all mutually involved), "constellations" (in which not all people are necessarily connected to one another but are connected through mutual partners), and many more situations. Some people have primary and secondary relationships which indicate different priorities or levels of commitment.

Polyamory is sometimes confounded with polygamy and the negative connotations that come with the idea of men with multiple wives; however, with healthy and honest polyamory this is not the case. Polyamory is not inherently unethical or problematic, though, like any other kind of relationship, there is always potential for negative aspects.

What's next for ASUPS?

A President's charge for change

By Madeline Brown

The Associated Students of Puget Sound (ASUPS) is the student government at Puget Sound, and has two main purposes: to serve the students and give them resources at their disposal, and to connect the students with the University, giving them the opportunity to have their voices heard. ASUPS provides ORCA cards for free public transportation to any student, funds media for Puget Sound, and runs events for the University. And those are just a few of the services ASUPS provides. All of these services make campus life enjoyable and interactive.

This year's ASUPS President is Noah Lumbantobing. Being a minoritized student, Lumbantobing knows personally what it's like to be discriminated against in a newfound home.

"On the one hand, I feel a lot of love for the University. But on the other hand, I also feel a frustration with the University, a hurt with the University. And I don't think that that's something that's unique to me, and it's something that other students have talked about for years," Lumbantobing said. "At times the University can be not particularly welcoming to particular folks and I certainly felt that, since I was coming here a queer student of color. It was difficult to settle in."

And yet, Lumbantobing appreciates the striking difference that distinguishes Puget Sound from other establishments nationwide.

"The University also means love for me, hope, and willingness to grow and to accept criticisms with grace. And I think a lot of other institutions are just institutions and don't take criticisms with the same level of empathy and understanding that this University does, and I'm thankful for that."

Through adjusting to a society that disheartened him, Lumbantobing found his inspiration to make a change and a difference to this place that he loves.

"The pieces that hurt me and hurt the people that I love on campus frustrated me, and it frustrated me that things were slow to change. And I wanted to be a part of that [change]," Lumbantobing said.

Fueled by the foundation of progress and aspirations laid by the previous ASUPS president, Nakisha Renee Jones, and the announcement of Isiah Crawford being named president of the University, Lumbantobing was inspired to campaign for 2016-2017 ASUPS president so that he could continue and build upon Jones' legacy. Lumbantobing felt determined to be a part of the change already being implemented.

"I would feel guilty for being complicit in the oppressions

that continue to occur because I chose not to act," he said. To fulfill the change Lumbantobing desperately seeks, he will build off of what ASUPS already does as a service to the students, and introduce all-inclusive opportunities for the entire student population. All of these plans gravitate around his key principles of equity, inclusivity, and justice.

"What we're trying to do is disrupt business as usual and try to think of ways in which we can do all of the things that we have been doing, but in a way that's more equitable and a way that's more inclusive and a way that is cognizant of justice and injustice presently and historically," Lumbantobing said. Such changes will occur through prioritizing funding toward minority clubs and organizations, and providing scholarships for them. ASUPS, thorough Lumbantobing's leadership, plan to continue supporting Green Fund, a project that began in 2013 to work toward improving campus sustainability. ASUPS also plans on continuing to fund Counseling, Health & Wellness Services (CHWS) to hire more positions in the hopes of reducing the wait time for students to be treated. Awaiting approval is a new and improved structure of the entire financial code that will ultimately allow ASUPS and the University in general to provide more resources for all students.

Lumbantobing is well qualified to achieve all of these objectives and more, considering he has been a very involved member of Puget Sound's community. He was an Art Director for Elements, writer for the Wetlands, a Resident Assistant, a Passages Leader, a Trail Editor, a Senator and Director of Marketing and Outreach for ASUPS.

However, Lumbantobing cannot achieve these aspirations alone. "I want [the students of Puget Sound] to know that I



don't want to do this work alone. I hope that they feel comfortable enough to engage with me and to push me. Call me into conversation and be willing to join me on the push towards equity and inclusion and justice," Lumbantobing said. "I really want to engage with students and I really want their voices to be heard, and I want all of us to play a big and critical role in shaping what equity, inclusion, and justice looks like for Puget Sound because it has to be a group effort. It can't just be from me, it can't just be from the Board; it really has to be from all of us."

More than anything, Lumbantobing is passionate about the well-being of every single student on campus. If he leaves an impression on the Puget Sound community, he wants it to be one of transformation.

"I want my lasting legacy to be the turning point. I want this year, I want me as President to be the person that flicks the switch and that finally pushes us over the edge towards becoming radically inclusive to the point where we can't turn back anymore, we can't slow down, and we're chugging forward to where it's really true inclusivity and justice and equity."

Simply put, Lumbantobing is not waiting for change to come to the University; he is making the change.

New ASUPS Program: Expressions Fund

By Charlotte Fron

The Collins Memorial Library archivists are starting a campus project that focuses on inclusivity, social justice, and equity. Project ideas have the freedom to vary.

"[The project] could be an event put on campus, a workshop series someone wants to put on, bringing a speaker to campus, or it could be an art project," ASUPS Director of Student Interests, Peyton Anstine said.

Projects should focus on identity and community, but the fund is not exclusive to helping minoritized students express themselves on campus.

This is the first semester that ASUPS is implementing the fund; two current ASUPS administrators, President Noah Lumbantobing and Vice President Lydia Bauer, designed the fund last semester. Anstine currently manages the fund, and it will remain a director of Student Interests responsibility in the future.

The fund has two cycles, one in October and one in February. "Each semester, students will have the chance to access the \$2,000 that's available for the 2016-2017 academic year," Anstine said.

Two dollars from each student's student government fee goes towards the \$2,000 for each project.

This program will allow the campus to move in the direction that is more reflective of who the student population is. "I don't think that ASUPS is necessarily going to radically alter the campus climate on our own. I think that it's really the students, through individual movements and projects, [through] students taking initiative," Anstine said.

The fund gives students another opportunity to have their voices heard.

The Expressions Fund is modeled after The Green Fund, another ASUPS program that funds student projects related to sustainability and keeping the campus green.

"I have no doubt that people can bring ideas to the table; I'm just glad that we now have opened it up beyond sustainability to really branch out into some of these identity-focused projects...I can't wait to see what my peers and classmates bring to the Expressions Fund." Like The Green Fund, successful Expressions Fund applicants are "highly motivated people wanting to make a difference" in the community, Anstine said.

Any student can submit an application, which can be found on the ASUPS website. This semester's applications are

due October 24 at 5 p.m., and students must meet with Anstine to discuss their project before submitting their application. Any questions can be sent to Anstine at asupsdsi@pugetsound.edu.

"The fund gives students another opportunity to have their voices heard."

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Celebrating 75 Years of Bowling in the Proctor District

Community Leader Shalisa Hayes to Speak at Puget Sound

By Molly Wampler



In the past year, the University of Puget Sound has made a conscious effort to unify the Tacoma community with our campus, and have set specific goals with this objective in mind.

Kaitlyn Vallance, lecture programmer for the Associate Students of the University of Puget Sound (ASUPS), has put much thought into this year's lecture series, and, in efforts to tie in this goal of community partnerships, wanted to start her series with Tacoma local Shalisa Hayes.

"I've decided to do a lecture series centered around narrative and action, and how our personal narrative impacts the way we navigate the world and influence our own communities," Vallance said. "When we think about lectures, we always think of bringing someone from the outside in, but there is already so much in our community that we're not tapping into. I thought it was very important to preference Tacoma first."

Shalisa Hayes, a Tacoma activist and community organizer, lost her teenage son, Billy Ray Shirley III, to gun violence five years ago. In response, she began work to build an East Side Tacoma community center, something Shirley believed would have had a positive influence on their community. In her son's memory, Hayes has raised over \$19 million, with \$10 million still needed to break ground in 2018.

"She really started founding and bringing people together and being that one person that people can rally around, even though it was unexpected and something she didn't see herself doing," Vallance said. "She doesn't talk a lot at public places about this. It's so nice that people at the University not

only want Tacoma people to come in, but Tacoma people still feel comfortable coming to our campus."

Hayes's story aligns with the narrative and action theme of this year's lecture series, and bringing her to campus begins to bridge the gap between the Tacoma community and our university.

"I felt it was very important to bring her in and show just despite tragedy on a local and global scale, we can really come together and affect positive change as one person who is motivating an area," Vallance said.

"Talking to Shalisa, she feels that she is going to draw a lot of people from the community to this talk, not because it's something they haven't heard before but because it's something that they find very important," Vallance said. "I know people from the community will be there and I think it'll be important for them to see students there."

Vallance expressed disappointment in our weakened relationship with the Tacoma community, but agreed that hosting community heroes like Hayes on campus is one way of closing this divide.

Shalisa Hayes will be speaking on October 6 at 7 p.m. in the Rasmussen Rotunda. This event is free, but there are only 160 seats available.

"This is not only a lecture; she will also be dialoguing a lot with people," Vallance said. "I found it very important for us to make this completely free for anyone who wants to come and really invite the community onto the campus. Shalisa is becoming recognized on a much broader scale and we're really lucky to have her."

Logger Basketball Experiences the International Stage at Rio Olympics

By Emma Brice



Even though summer is over and classes and homework are now in full swing, for some Loggers the memories of vacation are still alive and well. This is especially true for a few of the Puget Sound women's basketball members who had the privilege of going on tour in Brazil this past summer.

Puget Sound's women's basketball coach Loree Payne, along with two of her student-athletes, Alexis Noren and Samone Jackson, had the amazing opportunity to represent Puget Sound with USA Division III women's basketball team in Brazil this past summer. Despite the tour only lasting a duration of 10 days, these Loggers had the experience of a lifetime.

"We were chosen by the director of Team USA, Ron Smith. He contacted our coach Loree Payne here at the school and had her speak to us. After we agreed to participate, it

was just getting all our affairs together and planning! It was really fun to be able to do it with a teammate and my coach," sophomore Samone Jackson said.

The majority of the tour took place in Rio, where they played competitive basketball and saw the Olympic facilities and popular sites such as the Christ the Redeemer statue.

Although this trip was fun, it was also an educational one, filled with challenges and eye-opening experiences. Even though difficult and exhausting times accompanied the excursion, it is a trip that these Loggers would not trade for anything. Jackson elaborates on how exhausting the trip was, despite it being the adventure of a lifetime.

"Most days we were up by 7 a.m. and sightseeing by 10 a.m., then, after being out all day, played a game at 7 or 8 p.m. Really hard to stay competitive when you're tired," Jackson

said. Between the competition their time was spent exploring the city, meeting new people and experiencing the culture of Rio.

"I think meeting the people and especially the youth was my favorite experience. It taught me so much about the culture and was really eye-opening for me," Jackson said.

The trip taught these Puget Sound students what it was like to be immersed in another culture, but it also exposed them to different levels of basketball. The opportunity for the University of Puget Sound to be represented in another country is rare and Jackson and Noren are grateful to have been part of it.

OAR Northwest Offers Students Experimental Learning

By Emily Harman and Will Keyse

The Ocean Adventure Rowing (OAR) Northwest team is currently in their sixth week on the Mississippi River and approximately 45 percent of the way from the northern headwaters to the Gulf. The team hopes to finish strong and to establish accredited experiential learning on the Puget Sound campus.



OAR Northwest is a not-for-profit outdoor education program founded by Alumni Jordan Hanssen. Hanssen was a member of the Logger rowing team during his time at the university. Following graduation, Hanssen and several friends competed in and won a transatlantic rowing race. Hanssen was inspired to share what he learned in the race with other rowers and members of the community, so he founded OAR Northwest.

OAR Northwest is focused on experiential learning and outdoor adventure education. The program leads expeditions through America's waterways, teaching and learning along the way.

Through OAR Northwest, eight Puget Sound students participated in an independent study course centered around adventure education and expeditionary management in the spring of 2016.

"We took a class last semester that had to do with adventure education that not only had to do with the Mississippi River but also about rowing and the OAR Northwest model of human adventure. We went on several overnight trips on boats, wrote a couple papers on the Mississippi River, and we did outreach within Tacoma itself," senior Bennett Roper, the program's Outreach Coordinator, said.

This semester, four of those students are rowing down the Mississippi River, gathering scientific data. The team does microbial ecology, takes river samples, analyzes plastic levels in fish, and looks for evidence to help understand the problem of algae plumes in the Gulf of Mexico.

The remaining four students are on campus this semester as the Shore Team. These students facilitate the technical elements of the program and manage the logistics of a semester on the Mississippi. The Shore Team operates the social media for the trip, analyzes the scientific data gathered by the rowers and communicates daily with the Boat Team on the river.

As the Boat Team travels down the Mississippi, they stop at schools and classrooms to educate young students about the environment and outdoor education.

"They give 15-20 minute presentations to elementary and middle school-level kids, and have them do mini experiments based on rivers. Then they have time for questions at the end where the kids will ask really cute stuff," Shore Team Engagement Coordinator Chris Eichler said.

"It's one of the most rewarding parts of my job knowing that I got one kid or a few kids really interested in science or adventure, and it's so cool that I'm doing it from 1500 miles away."

This is the real mission of OAR Northwest, to get children exposed to and excited about the outdoors.

Nationally, Puget Sound is a pioneer in adopting the OAR Northwest model of combining community outreach and data collection with the personal development aspect of the trip.

The Mississippi River trip this year has also formed a partnership with Google; the boat team is collecting visual data to submit to the Google Earth Program that will be incorporated into a panoramic tour down the Mississippi as viewed from a boat. The two boats are mounted with a \$50,000, 360-degree camera that sends data to Google

headquarters as they row. The data should be uploaded sometime in the eight months following the group's completion of the journey.

After this year's test run, the program hopes to become an established part of the Puget Sound curriculum. The OAR Northwest outdoor adventure class will be offered as a Connections course in Spring 2017. The Shore Team is currently earning an independent study credit for their work on campus. The Boat Team is not earning any academic credit. As the program grows, Program Coordinator Beatrix Evans hopes the river rowing experience will become an accredited course as well.

"We are really hoping that this program becomes the next [Pacific Rim], or the next Southwest Semester," Evans said. "The hands-on learning that I have had from this has been so influential on my life."

The program is also making a push to get people involved from all walks of Puget Sound life.

"All of the people involved in this year's trip are or were either Crew or PSO [Puget Sound Outdoors], but that is by no means the only criteria for being involved," Ryder Marsden, the trip's STEM Coordinator, said. "By no means is it necessary to be either a rowing person or a super outdoorsy person, this program is for anyone interested."

Evans echoes this point: "we really want to specify that anyone from any group can do this, any major can do this. I'm a business major, two of us are history majors, and Ryder is a science major. Going down the river there's a communications major, an economics major, a exercise science major and a politics major, so it's really a very diverse group of students," she said.

The Boat Team began their journey at the headwaters of the Mississippi in Itasca, Minnesota on Aug. 15th, and they hope to finish in Louisiana on Thanksgiving Day. To stay up to date on their experience, go to www.rowboatclassroom.org.

For students looking to get connected with the program, there are several options. Jordan Hanssen will be on campus and hosting several events this Oct. to talk about the OAR Northwest program. Beatrix Evans is the best student point of contact. She is reachable at bevans@pugetsound.edu. Faculty members associated with the program are Nancy Bristow (History Department, connections course teacher), and Lynette Claire (Business Program).



PHOTO COURTESY OF BEATRIX EVANS

Athletic Department Reaffirms Students' Right to Protest

By Kevin White

On Aug. 26th San Francisco 49ers Quarterback Colin Kaepernick sat during the National Anthem that preceded a preseason game. When asked about the action, Kaepernick explained that he sat in order to protest the killings of African-American men by police officers.

The protest has caused controversy. Many have attacked Kaepernick, accusing him of disrespecting American soldiers and the sacrifice they have made. According to a CBS Sports Poll, Kaepernick is now the least popular football player in the league.

Despite this backlash, the protests have spread amongst throughout all levels of the sports world. Many other football players have joined the protests, as has Megan Rapinoe, a midfielder on the US National Women's Soccer Team. While the protests haven't spread to the Puget Sound campus, any students who do protest would be protected.

Both the Head Coach of the University's football team and the University's Athletic Director have commented on the protests. When asked if any students that protest would face discipline, the Athletic Director, Amy Hackett, stated "I don't envision students facing disciplinary action for a silent protest."

Both the Head Coach and Athletic Director refer to the American ideal of free exchange of ideas. Jeff Thomas, the Head Coach of the Football team, commented "We all should be grateful we live in a democratic society which values free speech and allows us to participate in

conversations and enjoy opportunities." Hackett appealed more to the University's history with encouraging free speech. "We all should be grateful we live in a democratic society which values free speech and allows us to participate in conversations and enjoy opportunities," Hackett said in her comment.

Students on campus have expressed support for Kaepernick's protest. President of the Black Student Union Shannon Woods approves of the quarterbacks use of his position as a professional athlete to spread his beliefs. "I completely support Kaepernick's decision, as well as everyone else who is following that decision in kneeling during the National Anthem," Woods said.

While the University supports the right to protest as an institution, it does not seem that such protests are on the way, at least by any members of the football team. Both Coach Thomas and Todd Blakely '19 (Oakland, CA) identify the National Anthem as an important part of the team's pregame ritual. According to Blakely, no members of the team have announced any intention to protest.

Blakely, a starting defensive lineman, ultimately supports the right to protest, saying that people "can stand for what they want." However, the pregame rituals are "definitely" important, and Todd worries a protest would disrupt the focus of other team members. Thomas echoes the importance of the pregame rituals,

stating, "our team considers our pre-game activities important moments to unify our team which includes the national anthem."

Overall, while the right to protest is protected here at the University, the football team has instead focused on team cohesiveness. While the protests will continue to be debated, especially with the start of the NBA season upcoming, the Puget Sound football team will continue to focus on its goal of a Northwest Conference Championship.



PHOTO COURTESY OF WIKIMEDIA COMMONS

SPORTS RECAPS

By Will Keyse

WOMEN'S VOLLEYBALL:

Puget Sound squared off in a crosstown matchup with Pacific Lutheran on Wednesday, Sept. 21 and emerged victorious 3-0. In their second matchup this season against the Lutes, Puget Sound took the first set 25-19, second set 25-21, and the third set 25-23. Hannah Stinson led all players with 14 kills, and the Loggers put up a .271 hitting percentage, bettering Pacific Lutheran's .123 percentage. Puget Sound improved to 8-3 overall, 3-0 in conference, and extended their win streak to seven. The Loggers notched their seventh consecutive victory Friday

Sept. 23 over Pacific, blanking the Boxers 3-0. The set scores were 25-21, 25-18, and 25-12, with Puget Sound pulling further away as the match went on. The Loggers held Pacific to a .019 hitting percentage while putting up a .240 percentage, and Rachel Garrison led all players with 16 digs. Puget Sound climbed to 9-3 overall, 4-0 NWC.wv

CROSS COUNTRY:

On Saturday, Sept. 17, Puget Sound was one of 28 schools on the men's side and 29 schools on the women's side to participate in the Sundodger Invitational Meet. The women's team took 22nd place and the men took 20th place. The fastest Loggers were Tori Klein (22:40.10, 48th overall) in the women's race, and Geremia Lizier-Zmudzinski (25:30.60, 38th overall) in the men's race.

WOMEN'S SOCCER:

Since dropping their first match, the Loggers have now won six games in a row after edging out George Fox on Saturday, Sept. 24, in a 1-0 contest. Senior Bailey Edwards was responsible for the game winning shot, a header off of a corner kick in the 48th minute. Puget Sound outshot the Bruins 17-9, and bolstered their record to 6-1, 3-0 in NWC play. The Loggers seventh consecutive victory came against the Pacific Boxers Sunday, Sept. 26 in a 1-0 shutout. Grayson Williams-Krebs hit the game-winning shot late into the second half, and the Loggers outshot the Boxers 9-5. With the victory, Puget Sound improved to 7-1, 4-0 NWC, and look to continue their hot streak next weekend versus Willamette.

MEN'S SOCCER:

On Saturday, Sept. 25, men's soccer took on the Whitworth Pirates. After regulation time and two overtime periods, the contest between Puget Sound and the Whitworth ended in a 2-2 draw. Tristan Stevenson ricocheted a shot off the head of a Whitworth defender for the Loggers' first goal, and then added a goal of his own in the 64th minute. The Loggers now hold a record of 4-2-1 overall and a 1-1-1 NWC record. Puget Sound's second consecutive draw of the weekend was the result from their clash with the Whitman Missionaries. After Whitman took an early lead in the first half, Zac Lokay hit the equalizer in the 87th minute of the match and forcing the draw. The Loggers now hold a 4-2-2 record, 1-1-2 in conference.

Logger Soccer Thriving

By Ally Benko

The University of Puget Sound's men's and women's soccer teams are enjoying success for the first part of their respective seasons. The women's team has a record of 7-1 while the men's team is 4-2-2.

Over the weekend the men's team was at home, playing Whitworth University on Saturday and Whitman College on Sunday, while the women's team traveled to George Fox University (Oregon) on Saturday and then to Pacific University (Oregon) on Sunday.

The men's team had more offensive possessions than defensive in the game against the

Whitworth Pirates, which led to them being up 2-0 in the first half. The Pirates battled back in the last 20 minutes of the second half to make the game 2-2, but neither team was able to score in the two overtime periods, resulting in a tie.

The game against Whitman also ended up in a tie as each team had one goal. The Loggers single goal was scored by number fourteen, junior Zac Lokay (Boulder, Colorado), with two minutes left in the second half. Unfortunately, the two overtime periods ended with no score changes, though there was a last-second shot by the Loggers that

nearly went into the net. The women's team won both of their weekend games, marking a now seven-game win streak.

In their first game of the weekend against George Fox they won 1-0. The goal came in the beginning of the second half and was off of a corner kick that first-year Tess Peppis (Eugene, Oregon) inbounded and sophomore Bailey Edwards (Tacoma, Washington) headed into the goal.

On Sunday the women's team beat Pacific 1-0, the goal coming late in the second half and unassisted from senior Grayson Williams-Krebs (Lake Oswego, Oregon).

The Women's Soccer coach, Joseph Vari, was very optimistic going into the games versus George Fox and Pacific and he believes that the team is learning and growing with each other. He stated that "the senior class has been our rock for when times get rough" and that they are doing a great job of leading the team.

With a now seven-game winning streak, Vari is looking forward to a good season. The University plays each team twice, though, and as he said, "it is difficult to be successful with that type of schedule, so we will have to continue to improve."

Logger Football Rolling through Competition

By Gabi Marrese

The University of Puget Sound football team is off to a rolling start with an 2-0 record in their first two games of the season. Both games were nonconference against strong Southern California teams.

Their first game was against the defending Southern California Intercollegiate Athletic Conference (SCIAC) champions, the La Verne Leopards. The Logger offense came out strong with senior Hans Fortune (Kenmore, Washington) passing for 228 yards, senior Austin Wagner (Tacoma, Washington) rushing for 183 yards, and senior Brennan Schon (Spokane, Washington) receiving for 90 yards.

Head Coach Jeff Thomas stated, "our defense played great for spurts of it. Then the last nine minutes of the fourth quarter we gave up over 200 yards of offense and 21 points, but it was good to see us finish and win."

Game two of the season was record breaking in many ways. Fortune broke the school record for total yards with 702 [Fortune with 587 yards passing, Wagner

with 42 yards rushing, and Schon with 159 total yards in a game with 601. The team also broke a program record for total yards of offense yard receiving].

"It was good to see a semblance of balance start to take hold of the program. It's not so much that I'm excited we broke the record. I'm excited we are moving more and more toward being able to run the ball more, pass the ball more, or whatever we need," Thomas said.

The Loggers are preparing for their first conference game against Willamette with a two-week BYE.

"Going into conference play at 2-0 feels great and our team is doing a good job of not letting it go to our heads. We know that our conference record is 0-0 just like every other team and we are preparing ourselves every day to put us in the best position possible for the conference opener," Fortune said.

Willamette's first three games were all fourth-quarter comebacks. They are starting off sluggish but at the end really making it a game.

"We have to do a really good job in conditioning these two BYE weeks. We just fell off on the conditioning side of things at the end of our two games. We have to be more prepared than they are for that fourth quarter surge that they are going to have," Thomas said.

We wish the Loggers luck as they take on Willamette here at the University of Puget Sound on Saturday, Oct. 1 at 1 p.m.

Looking at the 25 seniors and their progress from their first year until now says a lot about the growth of the program. In 2013 their overall record was 1-8, followed by 4-5 the next year and finally 6-3 last season.

If the Loggers end the season with another winning record, it will be the first time since 1986 to have back to back winning seasons. "We are working toward being 1-0 against Willamette but certainly our long term goal is getting that winning record," Thomas said.

We look forward to seeing what the Loggers can do this season.

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I infiltrated the local scooter gang

Here's the exclusive story of what happened...

By Pagliaccio



You have seen them before. Shouting mild cuss words, pulling pranks, yelling nonsensical words. These are only a few of the heinous crimes the Scooter Boys are in hiding for. These boys (aged eleven or twelve years old) haunt Puget Sound's campus, inciting ruckus. After rumors of their involvement in ASUPS corruption, *The Flail* assigned me to permeate their ranks. Urban legends contend that there is no way in or out without invitation, but I managed to get an in. I wanted to know what lied beyond their cruel and rugged exteriors. I found out much more than what I expected.

In order to approach them, I needed

to make some changes to my appearance. I noticed trends in their attire. They often wear tight denim, advantageous for frequent scootering. They also often wear nonsensical graphic t-shirts. One example is a shirt that one of the kids, Brendan, wears most often: it is emblazoned with the phrase "Just Spew It," with a bunch of vomit in the shape of the Nike symbol. This sort of high-level, intellectual art is typical of the Scooter Boys. Further analysis indicates a likeness for subversive, anti-consumerist messaging. Later, when they trusted me enough, I could ask them questions. I asked Brendan what his t-shirt meant to him. He said,

Undercover investigator: Writer/undercover investigator Paliaccio goes undercover in order to infiltrate the elite and exclusive local Tacoma scooter gang. Featured in the photos is the disguise that fooled them all.

PHOTOS BY MADD PUNZ

"I guess it's pretty cool because I like sports and stuff. I love playing football, basketball. But it's also pretty funny." Brendan got distracted because he saw a half of a cigarette on the pavement and went to grab it. Clearly, their dress is what unifies them as the coolest kids on campus.

One evening when I was sitting outside the SUB, they caught me off guard. A prepubescent voice squealed, "hey doo-doo head!" I twisted around, knowing that my time to shine arrived. "I am rubber, you are glue, whatever you say bounces off me and sticks on you," I replied. The Scooter Boys assembled in a half-circle, aghast. The one who heckled me, clearly the leader, gave me a nod.

The next time I saw them was when I knew I was in for good. I rode my scooter one afternoon to class to increase my visible commitment to the group. All of a sudden the ground rushed towards my head. They blindfolded me and asked me a series of grueling questions. "You ever kissed a girl?" I had only one chance to make this right, and my heart was beating like a ton of bricks. "Yeah I definitely have. She just goes to a different school." Audible sounds of jealousy echoed in the enclosed space of a broom closet in Thompson.

In order to gain cultural capital, I watched Vines for hours every day. This came in handy the last

time I did a scooter ollie and sang the phrase "about a week ago." The boys began some sort of dancing ritual, as a method of reinforcing group ties.

I was the largest member of the group by far, so I was the 'muscle.' The leader, Kyle, would make me perform the grunt work. For example, when Josh refused to pay his \$4.30 debt from bulk hauls at the minimart, I gave Josh wet willies, wedgies, and even wrote "Kick me" on a post-it note. I take a moment here to remember the Stanford Prison Experiment. Innocent souls, given the opportunity, can become horrific torturers. Only this gives me solace for the things I have done.

These boys' shared symbols, beliefs, and practices are quite fascinating. But I felt that I could no longer morally stay a part of the group. I told them my dad got a new job and we had to move. They said "oh that's too bad. We'll miss you." I acknowledge that their construction of adolescent masculinity did not allow them to shed tears.

In interests of journalistic ethics, I showed the Scooter Boys this article. Yet, they got bored because it is "too long." Looks like I will remain anonymous for now.

60% of college students are above average

By Linnea Stoll

It is not uncommon, nowadays, to hear elder generations woefully remark upon the plague of lazy, self-centered millennials currently sully the face of our modern world. Commonly cited complaints include egocentrism, a general disrespect for authority, and an unhealthy dependence on the newfangled "cellular phone." Yet new research suggests these grievances may be unfounded. According to a recent study, 60% of college students are "above average."

Published last May, the study tracked students across multiple universities, measuring performance in a variety of disciplines. The criteria included, though were not limited to, mathematical reasoning, athletic ability, and usage of the word "juxtaposition" in class discussions. Overall, the research concluded that 60% of the participants outperformed a majority of their peers.

These findings present an optimistic vision for the future. As the data clearly displays, more people are better than other people than ever before. Not only were they more likely to receive higher scores on academic testing, a majority of students also ranked higher in areas such as "possession of desirable qualities" and "ability to assess social situations."

"I always suspected this was the case,"

remarked one senior. "I've always had this general sense that I was more talented and intelligent than my friends. I just never had the proof."

Fortunately, after many years of discontentment and blind guessing, proof has arrived. Students may now rest assured that they will most likely surpass a majority of their classmates.

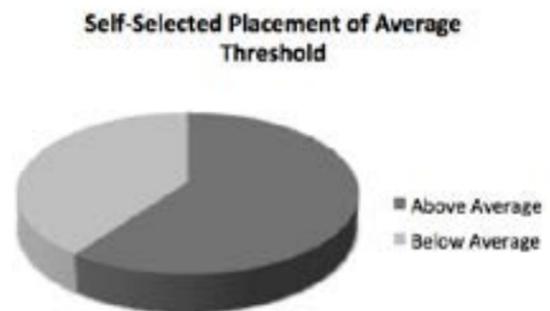
"You know, it's nice to learn that I rank higher than most people. It really solidifies one of the paramount things I've learned in college: that performance is relative. You're only as bad as the person sitting next to you," said a psych major.

The study also found that these students' stunning performances was not limited to academic criteria. According to a clear trend in the data, researchers concluded that a majority of students outranked the majority in taste in music, fashion sense, and general hipster vibe.

Junior Ashley Turnip described her strategy to get ahead, which involved actively participating in two clubs and wearing Birkenstocks and Patagonia year round. When asked why she chose those specific methods, Turnip explained that she really wanted to "distance herself from the crowd."

For senior Crisco O'Harris, the study points towards a promising new decade.

"No one knows what the coming years will bring. But so long as the human race keeps improving, so will our world. And in light of this study," he said, with a faraway look in his eyes, "we can easily imagine a future where we're all better than everyone else."



GRAPHIC BY MADD PUNZ

Just your average pie chart: A visual representation depicting an above average amount of students who think of themselves as "above average" (on average, that is).

Town Crier starts off October with ghosts and would-be presidents

By Georgia Diamond Gustavson

As the University of Puget Sound's theatre productions begin to draw near, Michelle Bank, junior and director of the Town Crier production "Happy B-Earth Day," has been working hard to find Al Gore.

"He's like the missing man of 2016, he really is," Bank said. The play, written by Allie Lawrence, is one of six ten-minute pieces that will be performed in this year's 15th annual Town Crier Festival. She is hesitant to reveal too much about the play, or to pinpoint its exact style, but considering it involves Al Gore showing up to someone's birthday party, it's bound to be fun and absurd. What is more important to her than actualizing her perfect artistic vision for the play, however, is to find out who she is as a director, and how she can positively engage with the theater community within the director's role.

"I have more of an image of who I want to be as a director. I want to be caring. I want to be free. I want people to have their own artistic freedom," Bank said.

Produced by our student-run Bare Bones Collective, Town Crier is the first of our yearly productions written, directed, produced and acted exclusively by students. The selection and rehearsal process is only about a month long; the pace is quick and the obligation level is manageable. It provides students who want opportunities in theatre with more space for exploration and artistic freedom than anything else produced

on campus.

"Town Crier has been very kind to me," junior Alice Hudson said.

She is acting in one Town Crier play this year and has written the script for another. Her involvement with Town Crier over the past few years has been overwhelmingly positive, leading to

you are putting your heart and soul into these few actors, for these few parts," Bank said.

Ganley cannot emphasize enough how important this opportunity can be for theatre-minded people to express themselves in ways they would not be able to otherwise. Students

This year's year's student-run festival provides a great opportunity for creative connections for student writers, actors and audience.

close friendships and the opportunity to be in roles, such as writing, that would be hard to find otherwise. Junior Erin Ganley, producer and member of the Bare Bones executive team, considers herself an actor and is now discovering the stresses and joys of being in charge of a theater production for the first time. Bank is also using Town Crier to try out directing, as well as to get experience and empathize more with positions in the theatre world that are unfamiliar to her.

"I always thought that [during the casting process] being an actor was harder. You are being judged this whole time. Now I think being on the casting side is really stressful because

can be involved without the stress and competition of a professional production; they can try something new. Though the production still has to go through the theatrical selection process, Ganley still wants to make the experience as inclusive as possible, in classic Town Crier spirit.

"Town Crier allows students who are perhaps too nervous to do [main stage productions], or perhaps didn't get into the main stage production, to feel like they are part of the theatre community...to engage in theater, to engage in the department and to engage with each other," Hudson said.

She also thinks the level of freedom and creativity that is allowed for the

festival is vital. This year, Hudson's script "Ghost Play" is a sex comedy involving a lesbian couple and a ghost that balances lewd humor with more serious moral lessons about consent. It is a relatable story for LGBT youth that aren't catered to by mainstream productions.

Many of the other plays this year follow a similar tone, with high levels of LGBT representation and several relationship themes. There are also lots of comedies this year, with a drama or two to offer a break between laughs. Bank thinks that, though there is never a theme for Town Crier, there is usually some sort of "nucleus thought" that the production gravitates around because we are all students in the same community.

"In Town Crier, we get a lot of real problems that we see here on campus," Ganley said. "We get to see what [the students] want to see on stage."

Since the plays are written by students, and there are as few guidelines as possible, the result is raw, direct, personal, and more relatable for the student body than anything else many will be able to find. Even the absurdist brand of comedy the plays use feels modern, and perhaps most understood and appreciated by those in the same social pocket as those who created the plays. This isn't Shakespeare; it's something so much more close to our hearts.

"Forced Existence" by Dr. Ruchama Marton

By Courtney Seyl

This article discusses the position of Swope Lecturer Ruchama Marton on the Israel-Palestine Conflict. It does not represent the official position of The Trail or The University on these complex issues. We encourage those who wish to learn more about the conflict to do so utilizing a variety of other sources.

On Thursday, September 22nd, Dr. Ruchama Marton came to campus as a part of the Swope Endowed Lectureship on Ethics, Religion, Faith, and Values. Her talk, "Forced Existence," started as a demographic examination of the Jewish and Palestinian populations living in Israel; the population is split along racial lines. Dr. Marton described the state of the conflict in Israel with the phrase "active blindness", saying that "most of the Jewish Israelis are blind to this issue, there is a reason for this active blindness...they don't want to share the power with Palestinians."

Americans are blind to this issue as well, according to Dr. Marton. She said that the reason Americans are not aware of this problem is because it is supported by our taxes and foreign policies.

Dr. Marton's organization, Physicians for Human Rights, was created as a way to protect the integrity of the human body and mind because she believes that these are basic human rights. She felt that if she didn't take action, her convictions would be lacking, and she would be isolated in her own backyard.

Human rights were not introduced into Israeli political discourse until about 30 years ago. Marton describes the need for human rights as a guideline, as it is the ability to show respect for the other. Respect is what monitors the rights on both sides and shows "the readiness to share power."

The reason, Marton believes, for the conflict between the Israelis and the Palestinians stems from the Zionist Israeli Collective, or ZIC. Dr. Marton describes the ZIC, and the state of Israel, using psychological diagnoses;

she believes the ZIC suffer from PTSD because of what happened in the holocaust. In her view, there was no opportunity for them to overcome the trauma and so there is a resistance that they have now and a need to stay in and seek power.

According to Dr. Marton, through seeking power the ZIC have become what they used to fear most. Marton believes the ZIC has been central to the Israeli occupation of Palestinian territory for the last 49 years, and described her concerns over human rights issues such as destruction of homes and physical torture.

According to Amnesty International, "The Israeli occupation of Palestinian territory (the West Bank including East Jerusalem and the Gaza Strip) is in its fifth decade and the undercurrent of violence and inherent abuses of fundamental human rights and disregard for international law inherent in any long standing military occupation is presented by both sides."

Marton believes the ZIC see themselves as the victim: "being a victim in one's own eyes can serve as justification of one's own doing," she said. The ZIC fear invasion and war, and views Jews as being a minority. They believe they want peace, but Marton believes that if they had peace, the peace would destroy the ZIC, since it is an organization dependent on conflict.

It's not just violence against Palestine that has increased. According to Marton, violence against women, the elderly, the poor, homosexuals, and refugees has increased significantly. Dr. Marton said that Israel is "neglecting and avoiding looking at its past and its

true self in the mirror."

The definition of Forced Existence didn't come to until the end of the talk, but it is what resonated most: "[f]orced existence is a soft term, not well defined... it is a sound, coherent, meaningful part of [the] human condition." Marton believes that the majority of our existence is forced upon us: sex, race, skin color, etc. These are forced onto us from birth and they shape us as we grow and learn. She said that "most aspects of human life are subjected to forced existence" and that it "exists in prisons, jails, and schools."

How can the student body facilitate change?

"[I]f you use power you don't use brains. It's either or," she said.

Critical thinking should be combined with social political activity to promote the change both in Israel and in the United States.

When asked about bringing Marton to campus, Dave Wright, the University Chaplain, said that the Swope committee wanted someone who would be able to look at the situation with experience.

"We wanted to think about who are the voices that can be very honest and [have a] located viewpoint that will push us, but that can also speak from a personal and academic and professional stance," Wright said.

They tried to avoid American activists because they want those who have experienced firsthand what is happening in Israel.

"As a feminist, as a former defense soldier, [Dr. Marton] has a unique resume that goes beyond a typical activist," Wright said.

Wright also said that the lecture

could apply to what is happening in America with the Black Lives Matter movement and with the Northwest Detention Center here in Tacoma.

"I would love to see someone do a similar analysis of a constructive ego identity of America," Wright said, while also adding that Americans have had a different lens on situations regarding terrorism, people of color, and Muslims since 9/11.

How can students be more involved? Wright says it starts with education. Learn the history of the Israeli conflict, how it connects to the Holocaust and WWII, and how these things have shaped Jews around the world. Foster conversations, volunteer at service organizations, form groups to raise awareness. Most importantly, go look at the detention center, Wright emphasized. Wright described the first time he saw it as a "visceral experience." By exposing yourself to these topics, you are allowing for conversations to start.

For more information about Dr. Ruchama Marton visit: phr.org.il/phr



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The Mystery Behind Seattle’s Murals Unveiled

By Anya Otterson

Across various spaces in Seattle, from warehouses to new apartment buildings, there are murals. Some are full of color, some are minimalistic, but they all have a commonality. Each mural has a backstory and an artist—or team of artists—who made it happen and are now giving it to the rest of the world to see and think about.

Sitting down at a coffee shop in Seattle’s University District, where artist Philipp Aurand is based, it’s easy to hear the passion in his voice as he describes his art.

Raised on hip hop and dance music, Aurand found his own niche within that community through graffiti. From there, with constant sketching and practicing both on canvas and abandoned buildings, he is now finding new ways to look at street art.

Aurand draws inspiration from the passion of local artists he met while living in Mexico, the racism he saw growing up, and his perception of the human experience. Combining that with his fascination with proportions, shading and the human body, Aurand creates striking murals that he uses as a tool to reach people and get them to think about

the world around them.

In response to the current events and political turmoil of recent years, Aurand plans to use art as a response.

“We all have our own ways of contributing to humanity,” he said. “I know there are people out there that will understand.”

Jonathan Fischer, another Seattle-based street artist, feels similarly. He grew up now knowing much about his Japanese heritage. Reflecting on his multicultural background, Fischer now combines “Japanese and American aesthetics” to better understand what it means to be biracial.

“Muralism is the most powerful art form,” Fischer said. “It affects so many people, and everyone experiences it in their own way.”

When an explosion destroyed a pair of buildings in Greenwood, Seattle, last March, a group of street artists, including Fischer, got together to paint on the wood panels that covered the buildings’ windows. It allowed them to illustrate voices within their own community.

Fischer also uses murals as a way to connect people from a range of backgrounds. They can make the world

a little brighter for the homeless, the middle class, and the upper class, not to mention the residents who have the murals on their homes. Art, particularly murals, can bridge gaps between socioeconomic groups.

Los Angeles street artist Bumblebee uses his art as a way to portray “childhood nostalgia” and remind people of the feelings and memories they may have forgotten in the process of growing up. His work features children, nature, and vibrant colors. He keeps his murals fun and upbeat while still drawing attention to the problem of homeless youth.

As a child, Bumblebee—a nickname from high school—knew he wanted art to be a prominent part of his life, but it wasn’t until he was an adult that his childhood dream became a reality.

“Society steers you,” Bumblebee said. “I finally decided to do whatever I want to do and not care what other people say.”

Bumblebee’s process varies depending on each mural and situation, but it begins with visiting and learning about the building, followed by one to two weeks of sketching, first on paper and then on a computer. Once the sketch is finalized, he spends a week or so actually

painting it onto the building, using spray paint, enamel and latex paint. From this process emerges art that is very distinct and captivating.

The next time you’re in Seattle, take a tour of the murals, including those by Aurand, Fischer and Bumblebee. Murals are an art form that are gaining momentum and popularity in Seattle, and for good reason; they stick with you long after you’ve walked away.

Check out the artists and other murals at seattlemurals.org

Philipp Aurand

Catch his work in Café Pettirosso in the Capitol Hill Art Walk until October 10!

Instagram: [@philippaurand](https://www.instagram.com/philippaurand)

Jonathan Fischer
www.wakudastudio.com

Bumblebee
bumblebeelovesyou.com (New prints coming soon!)

Instagram: [@bumblebeelovesyou](https://www.instagram.com/bumblebeelovesyou)

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