The University has undergone a few big changes recently, including the change in presidency, renewed focus on the Strategic Plan and a smaller freshman class than normal. In light of some of these changes, the Board of Trustees conducted their fall visit to campus.

An email went out to the campus community on Monday, Nov. 6 outlining the main issues discussed by the Board during their visit, and the new students and faculty members appointed to policy committees.

"Since this is my first year serving as a faculty representative on a Trustee committee, I don’t have much of a baseline to assess the relative productiveness of this meeting, furthermore, I was only involved with selected moments of the trustees’ visit, so I don’t have a sense of the utility of the entire retreat. With those caveats in mind, I did feel that there were some great discussions among faculty, administration, trustees and students around some of the big issues facing our campus," Monica DeHart, a Sociology and Anthropology Professor, said. DeHart was appointed to the Academic and Student Affairs policy committee as a faculty representative during this year’s Board visit. In addition to DeHart, Jae Bates ’19 was appointed by the Associated Students of the University of Puget Sound (ASUPS) as the student representative to this committee. Bates is the Student Diversity Center Coordinator, and is closely tied to the student body due to his multiple positions in student affairs.

"I’ve always worked here at the University with issues of diversity and inclusion. I also sit on the Trans Advocacy and Inclusion Committee … because I want to work in student affairs after I graduate. And I’ve also worked with Res Life, so I work in two student affairs positions currently, which I think plays into why Amanda wanted me on the committee," Bates said. Amanda Diaz is the current president of ASUPS.

Bates’ perception of the Board’s recent visit was that the Board might not be understanding what the student body actually wants from this school. "I think that the Board is very anxious because of enrollment. The new first-year class is very small and I think that causes a lot of anxiety. I don’t think that President Crawford is anxious; I think he’s very calm about it because it’s only one year. And some of the Trustee members actually brought up the fact that they weren’t anxious. … What if we adjust the budget so that we just are a smaller school? … A larger school doesn’t ensure the quality of our education and we can be just as good if a school with less students," Bates said.

The Board of Trustees were very concerned with enrollment numbers and boudzed around many solutions during the meetings. DeHart is hopeful that the University and the Board can work together on this issue.

“Clearly we’re at a moment defined by a lot of fears about enrollment numbers, student debt burdens and the relevance of a liberal arts education to a productive career. Therefore, I was pleased to see not only the trustees’ commitment to the school (they clearly love the place and want other people to be able to appreciate that as well), but also their willingness to question and critique what’s not working and to push back against efforts to think purely economically about the future,” DeHart said.

"In other words, I know many people think of the trustees as the folks who are concerned with the ‘business’ of the school and I’ll confess to having similar thoughts. Nonetheless, I was really impressed by the way that they insisted on putting the mission of our University at the center of our conversations and thinking about how we could continue to move forward and improve with that mission in mind, rather than just seeking more profitable strategies. In this moment, I think we need that kind of combined approach that is both idealistic … and pragmatic … so I found the trustee conversations quite productive in that regard,” DeHart continued.

Although on the same policy committee as DeHart, Bates seems to think that some of the anxieties that the Board Members have are not rooted in a real perception of the student body and how the new first-years are functioning at the school.

"From my personal view the current first year class, although they’re very small, are some of the most engaged students that I’ve seen in a very long time. A lot of the programs we put on, a lot of the first-years are showing up. A lot of the conferences I’ve been to in the past few weeks, mostly first-years are going. I went to two student conferences and most of the people who signed up to go were first-years. Just from my personal view I think the first-year class right now are being very engaged, thoughtful students, so I don’t think that the size of their class indicates anything about the school," Bates said. "I don’t think it was necessarily productive; I think it was mostly them getting their anxiety out," Bates continued, referring to the board meeting.

Bates expressed a desire to use his qualifications on campus and his voice as a student to better inform the Board of what the University actually needs during their next visit this upcoming spring. He responded to questions about new projects that the Board discussed with apprehension of the real value they would bring to the University.

"In the new strategic plan/fin funding right now they are building a new welcome center. It would be where the new admissions stuff is. But the frustrating part about that is that they just re-did the admissions area … And I think that Jones is a nice building to have a welcome center. It’s the main, and the oldest, building on campus; it’s a fine area. I personally feel like, as someone visiting the school, it would feel cooler to walk into Jones rather than being diverted to this welcome center. That’s just me," Bates said. "I’m not sure of the exact number, but they’re spending a ton of money to build this new welcome center. They have already spent money drawing up the plans and staff. We spent all this money but that was just to draw blueprints and they still haven’t settled on a design. I think the sense from all the students on the committee was that we don’t need a welcome center," Bates continued.

Bates thought that there were more pressing projects that needed funding, projects that would potentially increase enrollment or student retention more than a new welcome center.

“Students who served on the board, at least students that I talked to, thought that funding a new CHWS center would be much more needed. … They handle 25 percent or more of our student body," Bates said. The current Counseling, Health, and Wellness Center is located in Upper Marshall, the top floor of Wheelock Student Center. CHWS has 12 staff members listed on the University website. Bates feels that students would support a new building for CHWS, or even more staff, in order that they may better serve the campus community.

"So I think people were really hoping that they would consider building a new health center. Or even fund more full-time staff," Bates said.

The Board is returning to campus in February and students are permitted to attend meetings for the first 30 minutes. If students have ideas for projects that the University should fund, they are encouraged to attend.
Addressing homelessness in Tacoma

By Ayden Belin

The City of Tacoma has recently started addressing the issue of homelessness after a state of public health emergency was declared earlier in 2017. The city's website, www.cityoftacoma.org, contains lots of information regarding the plan. It states, "On May 9, 2017, the Tacoma City Council passed Ordinance 28430, declaring a state of public health emergency. The declaration was in response to the growing concentrations of people living in encampments in Tacoma. Encampments pose safety and health concerns for people living in them and around them as they create concerns about human waste, garbage, exposure to communicable diseases, exposure to violence and other human health concerns."

The plan set forth is called the "Emergency Temporary Aid and Shelter Plan," and it is divided into three phases: mitigation, temporary transitional centers and short-term transitional housing options. The phases are meant to deploy rapid resources to homeless encampments, provide social and health services to establish transitional center locations and then to move people to more permanent housing situations. The city is investing $3.4 million in this project, but as of the extension to 2018, the cost could approach $7 million, according to the City of Tacoma.

The city of Seattle proposed a similar plan in 2015, inspiring the change in Tacoma. The city of Seattle proposed the "A Home Home," an organization designed to mitigate homelessness in the City of Seattle. Of that, 47 percent experienced unsheltered living, while 53 percent were in transitional homes or an emergency shelter.

In Tacoma, there were 1,321 people counted that were experiencing homelessness as of January 2017. Of that, 62 percent were sheltered, while 38 percent were not, according to the Pierce County Point-In-Time Count. Demographics are also important to note on the causes of this issue: 72 percent of the homeless population reported physical disability or mental illness, while 18 percent reported substance abuse and 9 percent reported a developmental disability. Tacoma's new mayor-elect, Victoria Woodards, has cited homelessness as a key issue for the city.

"I think first of all, it's becoming more of a pervasive issue in our country, and also, when you compound homelessness with other issues that people face, homeless people have such a complex set of issues that they face. This is for issues such as addiction, crime, access to education, are entirely different when you look at homeless populations. A lot of the inequities and injustices in our society are reflected in homeless individuals," Kayla Lovett, a senior who has worked extensively with the homeless population in the Tacoma area, said.

Lovert recommended that students at the university get involved in the community: The Tacoma Rescue Mission is an organization that provides food, shelter and services to "homeless and hurting," people, according to their website. Project Homeless Connect is another organization run through Pierce County that provides "services that address the basic needs; basic medical and dental care, access to education, employment and benefits systems, chemical dependency assessments, flu shots, haircuts and much more," according to the Sound Outreach website. For volunteer work on the food, justice side, Hilltop Urban Gardens (HUG) in Tacoma is a good place to get involved. "It's a community-based urban agriculture, justice and equity organization in Tacoma, WA. HUG partners with the community to grow healthy food, young people and neighbors," according to the Hilltop Urban Gardens website.

Homelessness in the Pierce and King Counties is far from being solved, but the cities of Tacoma and Seattle are investing time and money on a large scale into the issue.

SECURITY UPDATES

The following is a summary of incidents reported to Security Services occurring on campus between November 13 and 20, 2017:

November 13, 2017:

• Security staff responded to two alcohol violations in the residence halls. In each case students under the legal drinking age consumed alcohol.

November 14, 2017:

• Security staff responded to a theft.

November 15, 2017:

• A Theft Advisory was issued to the campus over an attempted theft.

November 16, 2017:

• A Theft Advisory was issued to the campus over an attempted theft.

November 17, 2017:

• A Theft Advisory was issued to the campus over an attempted theft.

November 20, 2017:

• Security staff responded to a suspicious incident.

The Trail is an independent, student-run organization funded by ASUPS.

The Trail seeks to produce a credible weekly newspaper that serves as a comprehensive source of information relevant to its readership. The Trail acts as an archivist for the university, serves as a link between University of Puget Sound and the greater Tacoma community and provides an open forum for student expression of opinion and discourse.

Visittrail.pugetsound.edu for the full mission statement.
Students shift Take Back the Night tradition

By Arcelia Salado Alvarado

At the University of Puget Sound, there are various organizations focused on giving voices and support to survivors of sexual violence as well as bringing awareness to the issues of rape culture. These organizations include Peer Allies, Green Dot, Sexual and Gender Violence Committee, Students Against Sexual Assault and Bystander Revolution Against Violence (BRAVe).

According to the Department of Justice and Human Rights Campaign, every 98 seconds someone is sexually assaulted in the United States. One in four women and one in six men will be sexually assaulted in their lifetimes and those numbers tend to be even higher in the LGBTQ+ community. Over two-thirds of sexual assaults go unreported.

Rape culture refers to “a society or environment whose prevailing social attitudes have the effect of normalizing or trivializing sexual assault and abuse,” as defined by Oxford Living Dictionaries. Take Back the Night is one event focused on ending rape culture. Started in the 1960s by protesters in England and Belgium, Take Back the Night has included various events such as musical performances, speeches, community dialogues, and marches.

This year, Take Back the Night was a 45-minute march of silent reflection going all the way through and around campus with candles and protest signs. The only thing you could hear was the marching of rain boots on wet sidewalks.

Carol Dryden, Student Advisory Committee member of It’s On Us, explained that the reason for the change was that students in previous semesters voiced that the chanting from the event was triggering for them and that they shouldn’t have to leave the comfort and safety of their homes to avoid the noise every evening. Dryden said it was these students who brought the idea of a silent vigil instead of the usual shouting-based event.

Dryden also offered speculation as to why the crowd was so much smaller this year than in previous Take Back the Night events on campus.

“My freshman year was the largest I’ve ever seen. There was about 200 people if I remember correctly. It was huge. It was crazy. And I truly think that one thing that has changed is just the weather. I feel like the weather is just getting colder, so it’s being started to snow. People just don’t feel like they want to go out and participate in that or just having a lot more programming around campus now that people feel like they can get involved in that versus just having a silent march and watching that was really empowering. But if the purpose is to raise awareness, we have to do it in another way that isn’t violating a person’s sense of security. I think what Take Back the Night did really well this year with the silent protest was that, because it was in silence, I was able to reflect a lot on the anger of these situations and also that universities handle these situations and that it is like taking ownership through silence,” senior and Take Back the Night attendee Pamela Lara Perez said.

Alex Keysselitz, program coordinator of BRAVe, spoke to the reasons that there was no speaker this year before the event.

“This year we had a survivors-only space, it wasn’t a traditional event out so we decided against having a speaker for the march,” Keysselitz said.

“We’ve had, in the past, discussions before and discussions after, which I thought were very powerful because this isn’t just for women, it’s for everyone and non-binary identifying people. So having those conversations and giving a voice to people, that’s what raises awareness. The silence is powerful for the survivor, but it has to be preceded with something that sets the tone. … You don’t have a set mentality or a set focus on what to think about before you’re even on the walking the walk besides your own experiences,” Lara Perez said.

Lara Perez ended the interview with “My frustration at the end of the night is that I thought to myself, ‘is this really Take Back the Night? Did one really hear me walk, so was my presence even known? Were all the presenters around back home?’ Those were the kind of lingering questions that ended up staying with me because how are we going to change people’s minds on these things?” Lara Perez said.

Emily Katz, president of Peer Allies, also attended Take Back the Night to show her support of other events on campus focused around raising awareness about sexual assault on college campuses.

“I think it’s really a empowering event and a really important way to raise awareness about this issue and how it’s affected those on our campus. … I think it really great that we’re working to accommodate, but at the same time I do fear that it lost some of its impact. There often isn’t a voice for survivors of sexual assault who are also having the space to yell and scream about it and raise awareness, I think is really empowering. I wonder if in the future we could find some sort of kind of hybrid event maybe that doesn’t isolate the folks that this is really important for and a really hard experience for, but also still allows empowerment for those who are seeking it,” Katz said.
The Echo Nest, a music intelligence platform recently acquired by Spotify for $100 million, conducted a study in 2016 with the aim of analyzing and understanding gender roles in music. The study found that 73 of 365 Top 40 songs were performed by male artists, while 262 were performed by female artists. This indicates that the music industry is predominantly male-dominated, with women being underrepresented in the industry. The study also revealed that women are more likely to be represented in the Top 40 when they perform with male artists. This suggests that collaboration with male artists can help women gain exposure and increase their representation in the industry. However, the study also highlights the underrepresentation of non-binary and transgender artists in the music industry. To address this issue, it is essential to promote and support diversity and inclusivity in the music industry. This can be achieved by creating more opportunities for non-binary and transgender artists to showcase their talent and by providing equal opportunities for all artists, regardless of their gender identity.
Cycle method:
A personal experience with alternative birth control

By Emma Holmes

This summer, I went off birth control and had unprotected sex … on purpose. The immediate reactions to my over-sharing, in no particular order: “What?! We cannot have a baby in this house,” and, my favorite, “Don’t you write for the sex education section?” While I’m not great at taking my own advice, I am neither stupid nor knowingly reckless. Instead, I began an experiment with a new (and old) form of fertility awareness: basal temperature tracking. Last Spring, while I sat in a hormone-jumbled slump, folded over a hot pad and popping Midol, it occurred to me that maybe it was time for a birth control reality check.

Like many people, I’ve been on hormonal birth control since before my senior year of high school. I’ve tried both oral birth control pills and Skyla, a hormonal intrauterine device (IUD). Since graduating high school and moving westward, I’ve experienced side effects including depression and weight gain. While I was unsure whether hormones were necessarily to blame, I gained. While I was unsure whether hormones were necessarily to blame, I want to gauge their relative impact and understand what my uninhibited body has been trying to tell me. Starting my day with a basal temperature tracking, which is a free, convenient alternative to a notebook and pen.

Before you buy a basal thermometer and jump on board, be warned that there are several more factors to consider. While I choose to use the app for my primary birth control, it does not protect against STDs and takes several months to achieve full accuracy if you’ve recently off hormonal birth control. I found that the app has also helped me increase mindfulness and understanding of my body. Starting my day with a literal check-in grounds me and offers a sense of productivity and awareness. If you’re hoping to learn more about your body, basal temperature tracking can be a useful addition to your morning routine.

This is a picture of some of the medication I had to take; this does not include the dental painkillers or antibiotics. It was a molar that I had gotten a root canal on five years ago. I ignored it diligently for a few weeks, chewing all of my food on the left side of my mouth and avoiding gum- and ice-chewing almost completely. A friend came to visit Tacoma for a few days and I started complaining about it. She told me to see a dentist, but I said I would just wait until I went home to see my regular one. I had no real plans to do this; I just wanted her to get off my back. That was until about 4 a.m. on her second-to-last day here. I woke up in tears, the throbbing in my gum too painful to ignore. Once I’d calmed down, I used my computer to look up the earliest-opening dentist that accepted my insurance. I found one that opened at 7 a.m. and did not sleep for the next three hours. I called the number, and they offered an emergency number for existing clients only. It turned out that my root canal had gotten infected, which had abcessed to a point where it could not be numbed. After four days of heavy medication and immense pain, I learned that the abscess was too big to be numbed completely. I bawled through the entire procedure, dizzy with pain, for something that could have been solved by some cheap antibiotics if I’d seen the dentist weeks or even days earlier.
Northwest Chocolate Festival displays chocolate industry's sustainability and growth

By Molly McLean

Thousands of people crammed themselves into a warehouse in Seattle this past weekend in order to sample, purchase and learn about the art of chocolate. The Northwest Chocolate Festival was founded in 2006 and has grown, to the acclaim of people allushing to see the proverbial big top in town for the weekend. The festival is held in nearby Elliott Bay, where old gandarrangian ships surrounded the huge building, which justs out onto Elliott Bay. The calian of the balconies overlooking the water allowed for some respite from the huge crowds, offering cool energy and excitement.

Do not fret, gentle reader, if you feel ignorant on the topic of artisan chocolate, for the chocolate makers interviewed remarked that the art of artisanal chocolate is education.

In the United States there has been a recent surge of emphasis on ethical consumption. Cacao is a sensible place to improve its ethics, since it historically has offered very low wages to its workers worldwide. The website for the Make Chocolate Fair organization writes that: "Farmers receive only 6.6 percent of the value of a ton of chocolate sold. Martin Zorrilla specified that his company, Marou, is attempting to keep cacao production healthy within Vietnam. The effects of climate change on agriculture and over-development are omnipresent. Zorrilla bemoaned the "saltwater intrusion happening a little bit in the Mekong region, so that's related to climate change. We've actually lost origins," Zorrilla said, connecting the loss of farmland to climate change. 'Origin' refers to the location where the cacao plants are sourced. Similar to wine experts, chocolate experts maintain that what they think will appeal to their brand lies in the consumer's ethic integrity. Another company that attempts to make the growth of cacao more beneficial to the farmers is Euliven, a non-profit organization from Minneapolis. Euliven helps connect farmers in rural Nicaragua to tools, resources and networking that allow them to create more economic activity in an impoverished community in rural Nicaragua. Ben Dollins from Euliven stated that part of their mission is to "engage in mutually beneficial relationships that are sustainable" with the small village they work with. The farmers grow cacao and partner with small chocolate-makers in order to make more economically healthy connections between farmers and chocolate producers. Wendy Brown writes in her book "Undoing the Demos" that modern businesses base many of their marketing practices off of what they think will appeal to their consumers' morality. Part of their branding lies in the consumer's attraction to their ethic integrity. The success of artisan chocolate, therefore, is dependent on the current neoliberal framework of business as moral guide. The instability of chocolate as a commodity will also impacts the flavors of the chocolate and have four different flavors.

Another company that attempts to make the growth of cacao more beneficial to the farmers is Euliven, a non-profit organization from Minneapolis. Euliven helps connect farmers in rural Nicaragua to tools, resources and networking that allow them to create more economic activity in an impoverished community in rural Nicaragua. Ben Dollins from Euliven stated that part of their mission is to "engage in mutually beneficial relationships that are sustainable" with the small village they work with. The farmers grow cacao and partner with small chocolate-makers in order to make more economically healthy connections between farmers and chocolate producers.

In the early 1990s, the United States encouraged growth of cacao plants in Vietnam. According to Zorrilla, this project never really came to fruition, yet his company, Marou, is attempting to keep cacao production healthy within Vietnam. The effects of climate change on agriculture and over-development are omnipresent. Zorrilla bemoaned the "saltwater intrusion happening a little bit in the Mekong region, so that's related to climate change. We've actually lost origins," Zorrilla said, connecting the loss of farmland to climate change. 'Origin' refers to the location where the cacao plants are sourced. Similar to wine experts, chocolate experts maintain that what they think will appeal to their brand lies in the consumer's ethic integrity.

The Northwest Chocolate Festival, one of the first artisanal chocolate makers in the United States, encourages a culture of craft coffee and wine over the current neoliberal framework of business as moral guide. The instability of chocolate as a commodity will also impacts the flavors of the chocolate and have four different flavors.

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‘Topics on Tap’ discusses Title IX’s possible effect on University policy

By Angela Cookston

The second monthly “Topics on Tap,” hosted by Associated Students of the University of Puget Sound (ASUPS) president Amanda Diaz on Nov. 9, discussed how the recent changes to Title IX will influence how educational institutions like the University of Puget Sound deal with sexual assault and harassment, as well as how the University plans to deal with these policy changes.

Many individuals and groups on campus that advocate for sexual assault survivors believe this new policy will negatively affect victims. Many think that the changes to Title IX will make the process to come forward as a victim much harder and much more frightening.

The overall purpose of “Topics on Tap” is to facilitate important conversations concerning the University. “One of the biggest challenges we have on campus is that we have a lot of grievances, but we fail to actually talk about them bluntly and honestly in a space where we can actually move forward from this conversation,” Diaz said.

The first speaker, Tiffany Davis, the Deputy Title IX Coordinator at the University of Puget Sound, discussed the policy changes from the in-place 2011 Title IX policy to the new 2017 policy. Davis explained that there were four main changes to Title IX, regarding sexual harassment and sexual violence in educational settings: schools now have more options in the type of evidence used, the 60-day time limit for investigations has been removed, the ban on the use of mediators has been lifted, and appeal requests are not required to be allowed by schools.

The University of Puget Sound, Davis explained, currently uses the preponderance of evidence standard, which means the evidence must show more than 50 percent probability of guilt. This standard requires less evidence than the clear and convincing evidence standard, which is the other standard that schools are allowed to use, according to the Cornell Law School Legal Information Institute. The University will continue to use this less-stringent standard in the future even though the new Title IX gives schools the option to use either.

Additionally, Davis responded to possible concerns about the removed 60-day limit for investigations: “We actually have a legal obligation to make sure we’re giving a good faith effort. We are not going to drag our feet. However, I will tell you that a 60-day limit can be brutal; you do not want to sacrifice being thorough for speed.”

Mediation, which is an informal way to settle an issue with both parties meeting with a neutral third party, according to HG Legal Resources, was previously banned, but has been allowed in the new Title IX.

“I have yet to see a case where I am okay with mediation,” Davis said, citing concerns over the mediator’s lack of knowledge regarding power dynamics involved in intimate partner settings. “A mediator who is outside of this [relationship] wouldn’t necessarily recognize what’s going on,” Davis said.

Next, Alisa Kessel, professor and chair of the Politics and Government department discussed the culture behind “feminist Title IX” and her decision to make these changes to Title IX during the current interim period between policies.

Kessel said a possible reason that schools were given the option to use more rigorous evidence standard is because students, faculty, and staff may feel that inappropriate actions had occurred. She added that this may not be wrong but may not have been allowed in the new Title IX.

Kessel explained that there has been a large amount of discussion about the power dynamics of who should be protected, as some over the mediator’s lack of knowledge with mediation,” Davis said, citing concern over the mediator’s lack of knowledge regarding power dynamics involved in intimate partner settings. “A mediator who is outside of this [relationship] wouldn’t necessarily recognize what’s going on,” Davis said.

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Kessel explained that there has been a large amount of discussion about the power dynamics of who should be protected, as well as a large amount of discussion about the power dynamics involved in sexual assault and harassment cases. “Who’s likely to be a victim? Whose bodies deserve protection and when? All of those things are sort of at work in this complex narrative,” Kessel said.

Following Professor Kessel, Mariah Prinsen, a student involved in Peer Allies spoke to clarify how Title IX would affect the Peer Allies support network.

“Our job for this specifically is to understand (the peer allies) and if we have somebody who wants to go through the investigation process … we have to be able to help them through that in,” Prinsen said. “But necessarily following Title IX, we don’t have to do that because we are a student-run and student-operated group for the student body.”

Lastly, Carly Dryden, president of the Students Against Sexual Assault (SASA) and a member of the student advisory committee It’s On Us spoke on behalf of her organization.

“It’s On Us has already taken the stance that we are going to do everything in our power to fight this.” Dryden said. “We see this new guidance basically just making it harder for victims or survivors to come forward and knowing that the process will be much harder. It makes it much longer. It makes them scarier, just in like the most plain and simple terms, and that’s not what we want.”

Since the University is still in interim guidance and the new Title IX policy has not officially been put in place, President Crawford has said in two emails to the campus community that he will continue to follow the current campus policy until further guidance is received.

In the meantime, as a culture and as individuals, critical conversations must take place in order for change to occur. “Here’s the first question we should be asking ourselves … around sexual assault or harassment. What is my complicity? When have I failed to take action?” Dryden said.

“I think that’s a really, really important thing for us to be willing to do as a culture, because that’s how we change a community; and if not as a community, then definitely as just individual humans.”

No car? No problem.

Tacoma bus lines make off-campus travel a breeze for students

By Christyana Pelletier

Bus Route 11

Route 11, also known as the Point Defiance route, goes down 11th Street and stops in front of Memorial Fieldhouse. It also stops on 13th and Alder and 15th and Alder.

Take it to go to Point Defiance, Downtown Tacoma, Proctor District.

Bus Route 16

Route 16 travels from Downtown Tacoma to Tacoma Community College. The closest stop is on 6th Avenue, Downtown Tacoma, Proctor District.

Take it to go to 6th Avenue, Downtown Tacoma, Proctor District.

Bus Route 1

Route 1 travels from 6th Avenue to Pacific Avenue. The closest stop to campus is on 6th Avenue, Downtown Tacoma, Proctor District.

Take it to go to: Downtown Tacoma, Proctor District, Tacoma Dome, Downtown Tacoma Transit Center, Pacific Lutheran University.

An ORCA Card (Regional Card for All) card is a “smart” card that can be used as a form of payment to use public transportation around Tacoma. The card can be used to commute by bus, train and ferry and can be used throughout the Puget Sound region of Washington, including Everett Transit, King County Metro Transit, Kintpu Transit, Pierce Transit, Sound Transit and Washington State Ferries.

Students can rent ORCA cards for free in the Associated Students of the University of Puget Sound office.

I visited the Trinitatis Church in Copenhagen today. The church was built in the 15th century. One of the things that stuck out to me was that he “doesn’t care about religion,” a statement familiar to me as I come from a liberal arts college on the west coast of the U.S. I asked him if he thought religion was stigmatized in Denmark and he said no. I asked him if he went to church every Sunday, would he think they were weird? He said he probably would, and that it isn’t normal at all for Danes to be very involved with religion.

He said he was registered as a Protestant Lutheran when he was a child, but canceled his membership because “he doesn’t mind paying taxes to build bridges and educate Danes, but [he] does mind paying taxes for the church.”

Every citizen of Denmark is born a member of the Lutheran church, yet they are not very religious at all. Most Danes are atheist — it’s interesting, though, that their image is so profoundly built upon this one unifying religion. What makes the welfare state of Denmark work is the extraordinarily high level of trust and good will. Most Danes are atheist — it’s interesting, though, that their image is so profoundly built upon this one unifying religion. What makes the welfare state of Denmark work is the extraordinarily high level of trust and good will.

The unifying religion of Lutheranism helps contribute to this. Denmark has the oldest monarchy in the world; it has lasted around 1,000 years. The royals of Denmark legally have to practice Lutheranism — it’s written in the constitution yet they have a large amount of freedom as to how they practice it. They would say that Denmark is primarily atheist. This phenomena adds to the view of the Danish image.
Diving into the green and gold era at Puget Sound

By Gaby Marrese

This year, during halftime of our homecoming game, the Logger football team from 1967 was honored by the city of Tacoma. This was a remarkable moment for their excellent achievements including 41 program records. Team captain of the 1967 team, Don Pulisivich, mentioned that when he was accepted into the university, with a few of his teammates, they were stopped by students and asked why some of them were wearing green and gold jackets. “I thought we were just going to school. I didn’t know we were going to tell students, ‘You need to wear Maroon and White’ until now,” senior Bailey Honda (Hilo, Hawaii) said.

The green and gold year dates back to 1968. Gary Linsey, a Mr. Ward, who was the innkeeper for the football games in 1968 that became the cover of the Alumnus.

“COVER — Dan Thurston, junior end who set numerous passes. In 1969, he was shown making another great catch at [Puget Sound’s] Baker Stadium. Note the new colors.” The next meeting on Jan. 29, 1998, new business states “Docket #9734, Resolution on School Colors, passed with President Pierce regarding school colors.” The next meeting on Jan. 29, 1998, new business states “Docket #9734, Resolution on School Colors, passed with Senator Cossery abstaining.”

The switch back to maroon and white occurred in the fall of 1999. The Tacoma News Tribune wrote an article about the different color changes that the University had gone through in its history since its founding. David Wichert’s article “Forget blue, forget red; [Puget Sound] is maroon and white” was published in the Tuesday, Aug. 11, 1998 issue of The News Tribune. Wichert received comments from the football team’s manager Susan Bladhborn and from the Mike Oman, vice president of University relations at the time.

“Although the faculty was indifferent, a staff meeting found overwhelming support for maroon and white. The alumni board unanimously supported the change, and the Board of Trustees made it official in May,” Wichert said in his article.

No matter what happened in the past, whether good or bad, the history of the school should be known to the students.

“During Orientation sessions, I often bring up our eclectic and colorful history to recruits, new students, and parents. We also had teams wear blue which was the academic color of Puget Sound so those uniforms are only a piece of our athletic puzzle as we’ve also shifted our membership affiliation several times,” current athletic director Mike McArthur said.

Alumni Frank Washburn and Don Pulisivich have talked with many athletes of the green and gold era and have come up with ideas to commemorate that aspect of our athletic history.

“We are in the process of finishing the installation of the Hall of Fame Room which will succinctly depict our 116 years of athletic accomplishments and sports. The green and gold era will be included in this display. Our Hall of Fame plaques also show many former student-athletes (and two teams) from that era. The Hall of Fame Room in the fieldhouse also highlight the national championships during the era. We are in the process of displaying some of which will be from the green and gold era,” Hackett said.
By Kevin White

FOOTBALL

It was a bittersweet end to the season for the Loggers, who lost a tough loss on senior day. Despite tying the game against George Fox early in the second half, the Loggers were unable to respond to George Fox's 14 unanswered points, and lost the game 21-7. Despite an underwhelming season, six Loggers were awarded NWC honors. Senior Dustin Harrison (Orange, CA), junior Zach Losack (Oceanside, CA) and sophomores Zach Miller (Portland), Reimers (Burlington), and seniors Todd People (Oakland, CA) and Blakely Miller (Oakland, CA) were honorable mentions.

SPORTS & OUTDOORS

Back in 1994, Logger Swim Coach Chris Myhre was completing his Masters of Education at Pacific Lutheran University coming off a swim season with the University of Hawaii-Manoa Warriors. It was that same year that Coach Myhre took control of the Puget Sound swim team, and 26 seasons later Myhre and the Loggers are continuing the swim program at a high level of success that has led Myhre throughout his lifetime in the water. “I grew up in Tacoma and one of the places I learned to swim was in the old Wallace Pool. Swimming always came relatively easy for me. I enjoyed the friendships, and quite possibly that is where my love for the sport began,” Myhre said.

Myhre’s success as a swimmer began from an early age, and his drive for success started him on the path as an athlete, and now as a coach of the sport he grew to love. “The development of skill and the process of that pursuit are two related parallels that have always been with me, both as swimmer and now as coach,” Myhre said. Myhre expresses an immense amount of gratitude for his swimmers, and the process of that pursuit at a high level of excellence among them.

“My coach had high school and private USA club teams previously, and while there are many similarities, I think the biggest difference are the student-athletes themselves,” Myhre said. “The daily interactive opportunities and the process of that pursuit are two related parallels that have always been with me, both as swimmer and now as coach.” Myhre expresses an immense amount of gratitude for his swimmers, and the process of that pursuit at a high level of excellence among them.

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“Coach Kushiyama says to his expectations for this season. “Right now, I have been having them focus on today and taking it day by day. Everything else will take care of itself.” All I can ask is hard work today and focus on what you can control today,” Kushiyama said.

ULTIMATE

Both the Postmen and Clearcut had successful tournaments over the previous weeks. The Postmen managed wins against Seattle University, Gonzaga University and University of Washington at the Sundogger tournament in Burlington. Clearcut had a successful OFJUDG tournament down in Eugene, Oregon. The women defeated Portland State, Oregon State and the University of Portland, showcasing their national-level talent.

The team lost seven players and most of their coaching staff from the past season. However, the team gained two first-year students, a new coaching staff and retained the same foundation of players from the previous season.

Even with the loss of seven players, the team is still able to maintain a high level of team culture. Returning junior Summer Bolbol (Millarni, Hawaii) explains the excitement for the new team dynamic. “It’s a new team, new coach, new mentality. A lot of us are still getting used to playing with each other, but everyday we make each other better and work on developing our game.”

The new head coach for Puget Sound, Casey Kushiyama, was previously the assistant coach for Whitman College (Wallula, Washington). He is extremely excited to start fresh with the Loggers.

Coach Kushiyama was the first three weeks of practice. “With it being early and having a new coach and new culture the enthusiasm is there. Everyone has been working their butts off, which is all I can ask for,” Kushiyama said.

Last season the Loggers were 16-6 in conference and won the Northwest Conference, meaning that the basketball community has high expectations for the Loggers to compete and do well this upcoming season.

Women’s basketball ready to face challenges alongside new coach

By Tayla MacPherson

It is that time of year again: basketball season. The women’s basketball team has been working hard on the court for the past three weeks preparing for their season. The team is extremely confident in their abilities to achieve their goals and improve from last season.

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The blood-stained Lisa Frank-bedecked smartphone with an image of avatars avow that our social media is more than a collection of pictures and moments. "I spent literal years on my media account showcases the best rules, but we were quickly reassured by Grizz that "as long on the Puget Sound website states. The outline defines the selective programs. Although this is still in the developmental phase, there will get in." French Revolution-style beheadings are also quickly gaining in popularity. French Revolution-style beheadings are also quickly gaining in popularity. Millennials just don't care about things that aren't immediately beneficial to them. "You'd think we'd just kill them off in a series of medieval beheadings that actually sit down and learn something." The Flail neighborhood resident Lola Peterson disagrees. "Millennials are simply faster to change than the rest of us. Just because we don't like it when they kill our relatives doesn't mean that we should criticize them. We think we should pay attention to the statistics and jump on trend if we don't want to get left behind." It appears that this debate will not be solved anytime soon. In order to honor the opinions of our readers, we at "The Flail" have decided to pose the question directly to you. What do you think about this recent development? Is it dangerous? Is it progress? Please post in the comments section below! If you are reading this in print like a dinosaur (Editor's note: you may be a millennial if you are reading this on a screen. Please get that checked!)...
Blues music played as students danced in pairs and alone at the Fireside Blues Social. Some students worked to pull of more complex blue moves and others worked on just learning the basics. All the students there had a similarity in their desire to socialize and to dance. This was the third social held by DownBeat this semester. It gave students of all dance levels the opportunity to come and participate in social dance. With the switching of partners, blues music and the open environment, there was an opportunity for students to explore social dance in a fun, judgement-free zone on campus.

“For me, it’s revolutionary, if I had to pick just one word, because it’s a space for people to play with gender, sexuality, to play with human connection and to practice human connection in safe ways,” DownBeat Dance club president Kat Cunningham said.

Since its creation as a swing club in 2004, DownBeat Dance has grown to accommodate the dance and social needs of its students. In terms of dance, DownBeat is not exclusive to swing and is very focused on meeting the interests of its participants, from swing, tango, contact improvisation and more.

 Additionally, DownBeat is a club that focuses a lot on inclusivity. This extends to the way they challenge the historical gendered norms in dance and work as a club to promote a gender-free dance environment, based on partner roles in dance rather than gender roles.

“We really try to be … welcoming and friendly and non-judgmental. … We don't use gendered language, and we use the language of ‘lead’ and ‘follows’ in dances rather than ‘women’ or ‘men.’ We try to not use gender roles to encourage people to kind of mess with human connection and to practice human connection in safe ways,” DownBeat Dance club president Kat Cunningham said.

In addition to promoting gender inclusivity, DownBeat Dance is also very focused on consent. In a social dance space, personal comfort is very important. DownBeat explores consent in human interactions of any nature, both in their dancing and in the consent workshops they hold.

“We really try to emphasize consent and we are working with Sarah Shives and Marta Cady and all the resources that are involved with sexual misconduct. But even more than that we try to use the language of consent,” Cunningham said.

DownBeat Dance is focused on being a club for those of all dance levels. It caters to complete beginners and to those who have more dance experience. The club does not have weekly meetings and instead hosts lesson series and social dance events. Through a dance lesson series, which usually spans four dance lessons, students learn a specific type of dance in a welcoming environment. Each series of dance lessons and workshops is focused towards a specific level of dancer, although many are available to beginner dancers. The dance lessons cost a small fee, though it is still much cheaper than similar off-campus lessons would be.

“As a central tenet of our club, we try to make everything inclusive and accessible to everybody. That's another thing that we continuously work on … every semester we do have beginner-level dance lessons and that's kind of our bread and butter. We really cater to beginners,” Cunningham said.

The Fireside Blues Social came after DownBeat held an intermediate blues intensive. The club brought in Andrew Smith, an internationally-known blues instructor, to teach. The Fireside Blues Social was an important event for students who wanted to practice what they learned and for other community members to come and get involved in social dance.

“Social dance can be very intimidating. I know that when I first came to it I was so worried about how I looked and if I was doing it right and what other people thought of me. Now getting more into it I’ve realized than that's not at all what social dance is about and that's the biggest difference between RDG, performative dance and this, improved social dance. It's about how you feel in your body and connection with your partner,” Cunningham said.

Whether you are an incredible dancer, someone who is just getting into dance or someone who has never even danced before, DownBeat Dance wants you to feel comfortable in their social dance space, especially because to them social dance is much more than just the act of dancing.

To get involved follow the club's Facebook page, DownBeat Dance, as it has the most information on how to get involved. It also features specific information about dance lesson series and social dances. You can also join the email list by contacting DownBeatDance@pugetsound.edu. Additionally, if you need help paying for DownBeat events or lessons, you can contact the club by email for more information on possible scholarships.

‘Lettuce 253’: Shaping the Tacoma art community

By Matthew Gulick

People do not produce art in a vacuum. Community helps inspire creativity and provides connection for realizing new projects. With this in mind, Monique Simkova created “Lettuce 253,” a series of events where local Tacoma artists come together to showcase their creative processes.

Over the course of a few hours, each artist produces an original piece, which they raffle off at the end of the evening. Already-completed works are also available for purchase. Attendees pay $15 to mill about a room drinking only-slightly-overpriced craft alcohol, watching night settle over Commencement Bay and socializing with the artists and other art enthusiasts.

“Lettuce 253” held its sixth session since their first one in January on Nov. 10. “Lettuce Part Six” took place downtown at the Union Club, a work, arts and events space in what looks to be the old home of a member of the Tacoma aristocracy. Complete with hardwood floors, black-and-white framed photos and a commanding view of the Thea Foss Waterway, the get-together begged for an intimacy that still allowed an individual to keep to themselves while they watched the artists work. Luckily, my Alaskan Amber Ale proved an excellent talisman for social anxiety.

“Lettuce Part Six” featured clay throwing, photography, graffiti-inspired painting, sculpture assemblage. Heather Cornelius, a Pacific Lutheran University graduate who works with ceramics, crafted a massive three-piece pot in one corner. In another, Vikram Madan, a Seattle-area artist and poet who creates pop-surrealist art, painted a whimsical grim reaper. A third corner housed self-taught media specialist Sarah Casto who assembled her miscellaneous sculptures.

Northwest native SuzAnne Staben ran a costume-rich photo booth in the adjacent room. In the center of the room sat a rock-covered table at which attendees could make a little art of their own with paint pens and sharpies. One man parked himself at this station and drew disturbingly realistic drawings of stones. I drew a window on my own small rock. Unfortunately, I lacked the artistic capabilities to actually draw something that resembled a window.

For musical ambition, “Lettuce” bumped the clean version of SZA's album “Ctrl” through a speaker stack. I found this a compelling yet bold move considering that “Doors in the Wind” ended up being a much half-exposed.

I spoke briefly with event creator Monique Simkova, a University of British Columbia graduate who now works as a social worker and wears golden, wire-framed hexagonal glasses. (Continued on page 12...)
My idea behind it is I had so many artists who were saying, ‘I need to either move to Seattle or Portland to be able to make it as an artist’ and so wanting to have a place where we could show there’s so many artists who are in Tacoma who are amazing and spectacular, having a place where we could showcase the talent that’s here. Sometimes I do have other artists — Vikarz’s from Seattle — so I will every now and again pull in an artist who’s not from Tacoma, but my idea with bringing that artist in is so that other artists will come and be able to connect and share,” Simkova said.

“I love creating events because of the fact that I get to make the rules and so when people walk in it’s a ‘welcome to my world’ type of thing, and I want it to be something different, something out of the norm that you normally don’t experience.”

“You should come out to the event if you’re an artist, if you’re interested in art, if you’re interested in community, if you’re interested in having an experience that’s different than what you’ve experienced before,” she said.

Simkova also mentioned that she does the Spaceworks program, a joint initiative of the City of Tacoma and the Tacoma-Pierce County Chamber of Commerce that supports the transformative work of local creative entrepreneurs and artists.

“Lettuce 253 Part Seven” will take place from 5 p.m. to 8 p.m. Dec. 21 at the Tacoma Art Museum. More information is available on their Facebook page, “Lettuce 253.”

Local album reviews
Evan Welsh takes us through some new releases from brilliant acts in the Seattle-Tacoma area

Fang Chia: “Above Ground” (Tacoma, WA)
Released Sept. 16
For Fans Of: Flying Lotus; BADBADNOTGOOD; John Zorn

“Above Ground” opens with a jazz-influenced groove and from there it never lets go. The newest album from Tacoma experimental rock band Fang Chia leads the listener through swirling tracks that fluctuate from straightforward grooves to moments of spontaneous experimentation and back again. One of this album’s greatest strengths is never letting the listener quite know where they will be taken next. At only 36 minutes, this album appears as though it might lack grandeur, but the six rollercoaster tracks fit about as much excitement as possible into the time given.

Fang Chia’s influences — free jazz, math rock and modern electronic artists such as Flying Lotus — make “Above Ground” an exciting album for all those interested in anything with a more experimental flavor.

“Above Ground” is available now at media.fangchia.com

Familiars: “Digest Self” (Seattle, WA)
Released Oct. 10
For Fans Of: Phil Collins; The Chameleons; Craft Spells, Future Islands

Recent years have seen a revival of newwave/synthpop-influenced artists, a nostalgia from twenty-somethings for the music of the late ’80s and early ’90s. Albums steeped in these sounds can often come off to listeners as vapid and artificial. Fortunately, “Digest Self,” the debut album from Seattle-based group Familiars, avoids these missteps by focusing on a return to the self instead of a simple return to a sound. Familiars’ leading man Ian McCutcheon recorded and produced this album while he was in a time of transition. He had graduated college and old projects had reached their climax and ends. The final product, “Digest Self,” represents that transition well and is an album centered by the theme of the changing and solidification of self in trying times. While this album is based in synth-heavy influences, the full band of instruments, especially the live drums, give the music a genuinely human feel that is often lacking from other new-wave revivalist groups. “Digest Self” is a beautiful set of tracks that oozes with the wonderful pastel introspection and fun of all the best new-wave and synthpop.

“Digest Self” is available now at familiars.bandcamp.com

Tomo Nakayama: “Pieces of Sky” (Seattle, WA)
Released Sept. 8
For Fans Of: (early) Paul Simon; (folkly) Sufjan Stevens; Iron & Wine

Over the years, Tomo Nakayama has become a prominent figure in the Seattle music scene. “Pieces of Sky,” his second solo album, is a soft and bright offering that will serve as a perfect point of light in the upcoming fall and winter darkness in the Pacific Northwest. If listeners want to know what they will feel by listening to this album, they need look no further than the album’s gorgeous floral cover art by Frida Clements.

The album sees Nakayama playing with chamber-pop elements that breathe extra life into an already emotionally resonant guitar-based project. Pianos and strings on tracks like “Roma” wouldn’t have felt out of place on Radiohead’s most recent record. The title track serves as the album’s soaring centerpiece.

Released Sept. 8

For Fans Of: Flying Lotus; BADBADNOTGOOD; John Zorn

“Pieces of Sky” is available now at tomomusic.bandcamp.com.