The Greater Seattle Area, which includes Tacoma, Seattle and Bellevue, was recently ranked the third-best city in the U.S. for women to start a business in 2018. This information was discovered as a result of a study conducted by business.org, using data compiled by the U.S. census and the National Association of Women Business Owners (NAWBO). The greater Seattle area was ranked third underneath the Tampa area in Florida and Silicon Valley, California. Other cities in the top 10 included the Bay Area, Minneapolis, Orlando and Miami.

Business.org used five different factors to collect this data and determine the results of the study. The analysts looked at the percentages of women-owned businesses, the number of new businesses per 100,000 people, women-to-men pay difference, unemployment rate for women, and the number of NAWBO chapters in each area. They then weighed these factors to determine the ranking of the cities; the percentage of women-owned businesses were weighed at 40 percent, the number of new businesses per 100,000 people was weighed at 30 percent, the pay difference between sexes was rated at 15 percent, the unemployment rate for women was weighed at 10 percent, and the Number of NAWBO chapters ranked at 5 percent.

Unsurprisingly, Seattle also ranked highly for startups, with the third-most new businesses per 100,000 people behind New York and LA. Seattle was given a ranking of 19 for pay differences between men and women. The smallest pay gap in the nation, according to the study, is the Steel Valley in Pennsylvania and Ohio. The Seattle area was given a ranking of 13 for women-owned businesses. Spokane was ranked fourth.

“It’s no secret that women tend to earn less than men in the United States. Taking home less pay than their male peers may spur some women to start their own businesses, but it’s interesting to see which cities landed in the top and bottom for the pay gap,” the study reads. Tacoma is thought to have one of the highest rankings because the city promotes women’s success in unique ways.

“Tacoma has a large number of organizations that are focused on helping women-owned businesses succeed. From the non-profit SCORE, the Women’s Business Initiative for Tacoma, nearby Alliance of Women-Owned Businesses headquarters, and many others. I think helping foster female success in business is a priority for Tacoma and its residents,” Cassie Tolhurst at business.org said.
How does substance abuse impact the campus community?

By Ayden Bolin

For many, college is a time of independence and transition into adulthood. This can come with a sense of new responsibility of independent living. This transitional period also marks a time when many young adults may begin participating in substance use. According to the Substance Abuse and Mental Health Services Administration, in 2014 more than a third of college students had been binge drinking in the past month, and one in five had partaken in an illicit substance in the past month.

There have been some concerns around drug use on campus, specifically marijuana use, in recent years. A student reported their bicycle was stolen from the storage rack outside SEC 109, which was near the Rotunda. Both individuals appeared intoxicated. Tacoma Police responded.

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· Security staff witnessed a vehicle hit the curb and drive up on the Plaza from N. 14th and Lawrence Streets. Officers were able to stop the vehicle and contact the driver and passenger (neither affiliated with the University) on the West Side of the Rotunda. Both individuals appeared intoxicated. Tacoma Police responded.

· Security staff were at the scene and are available to assist you. Always be mindful of your safety and security by reporting suspicious activity immediately to Security Services (253.879.3311). Be sure to check your mobile phone for updates and alerts.

· Students might pursue individual counseling, and so that could be with any of our mental health providers on campus. All Addictions Anonymous, that’s probably the most well-known. There is a group, Tokeless in Tacoma, so

SECURITY UPDATES

The following is a summary of incidents reported to the Security Services occurring on-campus between April 3, 2018 and April 9, 2018:

- A student reported their bicycle was stolen from the storage rack outside Seward Hall. They had not seen the bicycle in several days, so it is not certain when the theft occurred.

- Security staff witnessed a vehicle hit the curb and drive up on the Plaza from N. 14th and Lawrence Streets. Officers were able to stop the vehicle and contact the driver and passenger (neither affiliated with the University) on the West Side of the Rotunda. Both individuals appeared intoxicated. Tacoma Police responded. The driver was arrested for suspicion of operating a vehicle under the influence and the vehicle was impounded.

Crime Prevention

Crime prevention is a community responsibility. Please do your part to keep the campus safe. Security staff work 24/7 and are available to assist you. Always report suspicious activity immediately to Security Services (253.879.3311). Be mindful of your safety and security by using our 24-hour safety escort program and by keeping belongings secured. The use of a U-bolt style lock to secure bicycles is highly recommended. Do not leave valuables in your vehicle. Contact a member of our team if you have questions or concerns about campus safety. We are here to serve you.

THE PUGET SOUND TRAIL

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THE PUGET SOUND TRAIL

THE Trail is an independent, student-run organization funded by ASUPS. The Trail seeks to produce a credible weekly newspaper that serves as a comprehensive source of information relevant to its readership. The Trail acts as an archived record for the university, serves as a link between University of Puget Sound and the greater Tacoma community and provides an open forum for student opinion and discourse. Visit trail.pugetsound.edu for the full mission statement.
Bioethics club hosts talk on importance of transgender health care

By Ellen Finn

The University of Puget Sound Bioethics club hosted Jae Bates ’18 to speak about issues surrounding transgender health care for refugees on April 4. Members of the club and other interested students attended the event in Thompson Hall, where Bates gave a presentation on the barriers transgender people in particular face in the healthcare industry.

While Bates has not been involved academically in bioethics, he has background in ethics as a gender and queer studies minor, and drew most of his information from his own research as well as personal experience as a trans man. In the past Bates has taught K–12 teachers how to help trans children in their classrooms by informing teachers of the unique issues that trans students may face.

In his presentation, Bates defined transgender healthcare as a wide variety of things, including mental health services, which are often required by healthcare providers in order for trans patients to receive hormones or surgeries if they desire them. Although the American Psychiatric Association (APA) removed “Gender Identity Disorder” (a term that was used for transgender people) from the Diagnostic and Statistical Manual of Mental Disorders in 2012, oftentimes insurance requires that trans non-binary people be diagnosed with gender dysphoria in order to be prescribed testosterone or estrogen.

He also stressed that transgender healthcare should be considered a part of all healthcare.

“Anyone who wants to be a healthcare professional should know how to talk about that. People in my parents’ generation really don’t know how to talk about that. People in my parents’ generation really don’t know how to talk about that.”

Later in his presentation, Bates explained that oftentimes when trans people seek care for a medical issue that has nothing to do with gender or reproductive organs, doctors have higher rates of invasive, unnecessary procedures due to disbelief or curiosity about trans bodies.

Bates also stressed that not all trans or non-binary people choose to medically transition. However, those that do choose to take hormones, have surgery, or choose to medically transition may face barriers in getting care and in access.

Bates gave examples from his own experience about how expensive taking hormones and getting surgery can be. He also explained how trans people are passed through the care of many different doctors to get procedures and treatments that would be needed, making the process particularly complicated.

According to the National Transgender Discrimination Survey, 19 percent of respondents said that someone denied them medical services because of their gender identity. Additionally, half of the people polled in the survey had to explain health issues to their own doctors. This could be a significant deterring factor for the transgender community from getting the care they need.

To avoid this, Bates said that doctors should focus on the ethics they would normally follow during their medical career. This means they should minimize harm by appropriately assessing trans people’s needs and not forcing them to undergo procedures that they do not want. They should also give trans people the autonomy to self-identify and be heard.

Emma Goldblatt has been the president of the Bioethics club for the past three years. She has helped change the format of the club to include more guest speakers.

“We try to demonstrate the breadth of bioethics in order to get people interested who don’t think that they’re interested,” Goldblatt said. “We’ve made a greater effort to include speakers on topics such as race, ableism, climate change, healthcare, and genocide.

The Bioethics club meets on Wednesdays at 7 p.m. in Thompson 381.

Israeli-Palestinian conflict escalates in fatal Gaza protest

By Isaac Sima-Foster

The Gaza Strip — a Palestinian territory adjacent to Israel, Egypt, and the Mediterranean — was the subject of international news on March 30, when 15 Palestinians lost their lives in a protest against Israel’s blockade of their territory and in support of a safe and fair return to homes they consider stolen in Israel.

Since its founding in 1948, just after World War II, Israel has been immersed in controversies and often open conflicts with its surrounding territories, especially the State of Palestine, which contains the Gaza Strip and the West Bank. Many Palestinian citizens are refugees who were removed from Israel when it was created.

Tension between the two nations has been taut, often breaking into violence. But according to the New York Times, this particular “flare-up,” ignited by isolation and economic deprivation, was the worst in years in the small Mediterranean enclave. In recent years, neighboring Egypt has joined Israel in the blockade, and the Palestinian Authority, which administers the West Bank, has imposed sanctions. With the territory’s economy collapsing, fears of an explosive backlash have mounted.

“The protest came at a particularly charged time, as Jews prepared for the start of the Passover holiday on Friday evening, and as Palestinians observed Land Day. The day commemorates the events of March 30, 1976, when Israeli security forces shot and killed six Arab citizens of Israel during protests over the government’s expropriation of Arab-owned land in northern Israel.”

The Times continued. Thousands of Palestinians had bused to the protests, which took place just hundreds of yards away from the Israeli Border.

These political, religious, and cultural circumstances resulted in violence on both sides of the border. “As some began hurling stones, tossing Molotov cocktails and rolling burning tires at the fence, the Israelis responded with tear gas and gunfire. The Israelis said they also exchanged fire with two gunmen across the fence and fired at two others who tried to infiltrate into Israel.”

After the violence began, the Israelis declared the area surrounding Gaza a closed military zone, and said they had responded with riot-control methods and fired toward the ‘main instigators,” according to the New York Times.

“Gaza officials said Israeli troops have killed at least 29 Palestinians since last Friday and wounded hundreds. Palestinians and some rights groups say troops are firing on people even when they are unarmed or pose no immediate threat,” according to National Public Radio.

“Not only that, but they’re not doing it physically, but socially as well. Too many trans people are harassed by doctors.”

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As a Jewish American, Lipssett is a member of one of the largest spiritual and cultural populations at the University as well as a member of J Street U, the campus branch of a national non-profit organization that “organizes and mobilizes pro-Israel, pro-peace Americans who want Israel to be secure, democratic, and the national home of the Jewish people. Working in American politics and the Jewish community, we advocate policies that advance shared US and Israeli interests as well as Jewish and democratic values, leading to a two-state solution to the Israeli-Palestinian conflict,” according to their website.

“J Street U works on campuses, where there is a very diverse Palestinian solidarity movement that has unfortunately sometimes veered into the realm of anti-Semitism. It’s critical for a Jewish community that just will not talk about Palestine, a sort of middle ground,” Lipssett said.
Language about Tacoma is racially coded and problematic

By Casey O’Brien

Our language about Tacoma is coded — and it is a problem.

A friend of a friend of mine who is from Seattle was chatting with me recently about Tacoma. What she had to say didn’t shock me, but it did disappoint me.

“Tacoma’s dangerous. It has such a drug and gang problem. It’s sketchy. And it smells bad.” From someone educated and, I thought, fairly progressive, it was saddening to me that she saw my adopted hometown this way.

A friend of mine from high school who went to UW told me that if we ever wanted to hang out, I should just come up to Seattle because “it’s way more fun.” Comments about Tacoma run the gamut from mocking it as Seattle’s more boring cousin to outright calling it a hotbed of violence. When people call Tacoma “Tacompton,” it’s a prime example of how racial coding influences our perspectives.

The truth is, the perception that Tacoma is more dangerous, more sketchy or more “ghetto” than its northern cousin are largely tied to the fact that it is far more racially and socioeconomically diverse than Seattle, or even the rest of Washington.

Based on census data, both Seattle and Tacoma are about 65 percent white, but they vary in percentages of other racial groups. For example, Tacoma is about 12 percent African American, and Seattle is only 7 percent. Seattle is about 5 percent mixed race, and Tacoma is around 8 percent.

Even within Tacoma, the neighborhoods that people want to spend time in, even our own students here at Puget Sound, are largely divided by racial lines. Students spend very little time in South Tacoma or even Downtown, many never venturing past 6th Avenue.

The City of Seattle announced on Tuesday that it will be suing the Trump administration in an attempt to halt the addition of a question regarding citizenship status to the 2020 census.

Questions regarding citizenship have not appeared on a nationwide census since 1950, which alludes to the lack of societal progression guiding this addition.

In accordance with the United States Constitution, the government is required to count the number of people residing within the United States every 10 years. This data is used primarily to determine the number of seats per state in the United States House of Representatives, as well as to determine how to distribute funding to roughly 300 census-guided federal grant and funding programs.

The United States Census Bureau aims to use collected data to shape important policy decisions with the intent of improving social and economic conditions. Therefore, it is in the online mission statement or program details does the census so much as insinuate that citizenship rights would in any way assist the government in achieving its goals, nor is it their responsibility to contribute to any studies regarding citizenship.

In 1980, there was a previous attempt to add a question which would ascertain citizenship information from census-takers. However, the Bureau immediately shut this attempt down, claiming that “obtaining the cooperation of a suspicious and fearful population would be impossible if the group being counted perceived any possibility of the information being used against them.”

In the current anti-immigrant climate, a significant portion of United States residents without full citizenship are constantly living in fear of being deported. However, as they are still currently living within America, they deserve the benefits that could be provided by the census just as much as any United States citizen should.

Higher populations, as recorded through the census, often receive greater benefits than states with lower populations. However, if the citizenship question intimidates residents into abstaining from surveys, population records will appear lower and states may risk losing limited benefits that are inadequate to support the people who reside within their borders.

The City of Seattle has felt personally inclined to involve itself in this lawsuit because approximately 150,000 undocumented immigrants live within its borders. Chandler Felt, a demographer for King County, claims that even those with Green Cards may stray from completing the census due to fear of Trump’s immigration tactics.

According to data acquired from the United States Southern District of New York, roughly one in seven Washington state residents is an immigrant, and in 2014 over one in four immigrants in Washington were undocumented.

Chad Hart, a Washington non-profit program that advocates for high-quality early learning for low-income children, could be drastically affected by this addition. As nearly half of the families involved in the program are Latino, a lack of immigrants responding to the census could cause the program to lose funding.

Offices like the Highway Trust Fund, which funds road construction, the Department of Transportation, the Medicare program, and the Medicaid program, would all be affected by the seemingly simple addition of this question as well.

A study conducted by George Washington University determined that if even one percent of the Washington state population had been underecounted in 2015, over $2 million in federal funding would have been lost for the Medicaid program.

Overall, the addition of questions such as these hinders democracy and damages the accuracy of the decennial count. This question truly appears to be an intimidation tactic, as if the government is trying to punish states and their respective citizens and counties that host a large number of immigrants and refugees. The tension surrounding questions regarding citizenship is also due to the fact that various government registries being initiated that would keep track of those of immigrant or undocumented status.

Therefore, if states wish to continue receiving benefits and if the Census Bureau wishes to continue receiving accurate population data, questions that may intimidate people out of taking the survey must be entirely prohibited.

If the Census Bureau wishes to continue following the practices mandated by the United States Constitution, it is necessary to enable more productive conversations on basic standards of human rights of citizens and non-citizens across the country, and in Congress.
The current tuition at the University of Puget Sound is $49,510, not including fees. Millennials are plagued with student loan debts and the daunting fear of financial instability.

Some students are utilizing sugar babying to offset the costs. With the arrival of websites like Seeking Arrangement, Sugar Daddy Meet and Let’s Talk Sugar, “sugar babying,” or dating older individuals for financial compensation, has become more and more prevalent. According to the Seeking Arrangement website, there are 10 million registered users, which is 3 million down into 8 million sugar babies and 2 million sugar daddies and mommies.

According to Seeking Arrangement, over 3 million registered users are students currently seeking financial aid on Seeking Arrangement.com. The site even has an entire ad campaign dedicated to young, college-aged sugar babies, called Sugar Baby University. The campaign lists statistics with the highest number of members, including Arizona State University, Temple University and New York University.

“I am not being hyperbolic when I say I’ve thought about them were published in full for space reasons. I wish we could see that I had received 38 responses. At the time, none of them were published in full for space reasons. I wish we could have fit all of them, but there was one that truly captivated me. I am not being hyperbolic when I say I’ve thought about this submission at least once a week for the last year. I have so many questions left for the prince who submitted this.”

“A true story here, my friend got me a nice cheap pocket pussy in Thailand, but it had holes on both ends, and my penis would go in one end, but come out the other end when I was using it. The pussy also got cold quickly and that sucked. So sometimes, I would...cook some ramen noodles, without the noodles of course. Then I would put the pocket pussy coming out the end of the ziploc bag and lube it up and put it under the lower couch cushions, so that the end of the device was concealed. When I put it in it was awesome, felt very warm and real, especially since...my imagination was engaged.”

A meme has been circulating the internet that provides a list of synonyms and gender neutral alternatives for the phrase “sugar daddy.” We searched for the original poster to locate credits, but it has been removed from all of the online versions we can find, and widely copied. None of them belong to The Trail. If anyone has more information, please reach out so we can print a correction.

- Fructose Father
- Glucose Guardian
- Carbohydrate Caretaker
- Sucrose supporter
- Poly-carbohydrate Papa
- Aspartame Ancestor
- Confectionary Compadre
- Spleenda Sproeder
- Saccharine Stepdad
- Polypeptide Pops
- Caloric Connoisseur
- Deoxyribose Daddy

There was no data available about students at the University of Puget Sound.

For the sake of investigative journalism and personal curiosity, I made an account on SeekingArrangement.com. The phone app asked a variety of personal questions about my weight, height and hair color. It proceeded to ask what my financial needs were and what my occupation was. There was no way to indicate my sexuality, although the site only asks a variety of personal questions about my occupation, especially other taboo fields.

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"I wish people felt more comfortable, more secure to talk about sexual assault," Marta Cady, the Director of University of Puget Sound’s Bystander Revolution Against Violence (BRAVe), said. BRAVe is one of Puget Sound’s advocacy groups focusing on sexual assault and gender-related violence. The Trail met with Cady and the students behind BRAVe. It functions as a department of Student Affairs, putting on events and facilitating workshops to promote its ideals. "Its primary responsibilities are to create and facilitate programming for the campus community to address issues of sexuality, healthy relationships, sexual assault prevention, and gender," their statement on the Puget Sound website says. Cady, Alex Keysselitz and Cat Wright are some of the women behind this operation, working to end sexual violence and promote awareness on campus.

Keysselitz, a senior, has held the position of program coordinator for 2 1/2 years, since before BRAVe was even named BRAVe. Originally, the department was called SRIGE, which stands for Sexuality Issues, Relationships, and Gender Education. "We decided to rebrand," Keysselitz said. This shift led to increased advocacy and streamlined ideas — it was the beginning of a more intersectional, efficient and progressive approach to these issues." As a graduating senior, Keysselitz will leave this position behind. She talked about how grateful she was to be able to do this type of work. "I've learned a ton from this position," she said. Her advocacy work on campus has influenced her to go to graduate school for social work in the fall. "This position was a catalyst for that," she said.

Advocacy has informed a lot of Keysselitz's college career. Her advocacy work reaches beyond BRAVe; she also volunteers as a Court Appointed Special Advocate or CASA. CASA volunteers advocate for children who are going through the foster care process during the legal process, guiding them as they move through the legal system and into foster care. Keysselitz has learned to advocate on multiple levels. "These kids are in a position where they have no voice and they have no choice," she said, explaining that her advocacy work with BRAVe has helped her become a better voice for the children.

As Keysselitz begins to let go of the position, she emphasizes that BRAVe is in its beginning stage. When The Trail asked her to look back at the project she was most proud of, Keysselitz brought up one of the research she had done about the history of sexual assault education in the Puget Sound campus. She talked about the miseducation women had received; they were taught to dress and act preventively. In her research, she discovered the University's sexual assault education has changed drastically. With her help, BRAVe is pushing towards intersectionality, working to deconstruct the common gender and racial stereotypes associated with issues of assault. As she reflected on her research and her work, Keysselitz considered the future of BRAVe. "Seeing how far we've come, and seeing really how far we can still go, this is just the beginning of thinking holistically about sexual violence." When Keysselitz graduates, Cat Wright, a current sophomore, will take over as program coordinator. "I think that Cat is in a really unique position because we’ve only had one year of BRAVe, she really can take this position and shape it and mold it into something really, really awesome," Keysselitz said. When The Trail asked Wright about her experience being involved with BRAVe, she seemed genuinely grateful for this opportunity: "I'm so excited," she said. The excitement led to a conversation about the goals and opportunities that the job presents.

When prompted about why she wanted to be involved with BRAVe, Wright said, "I've always been passionate about ending sexual violence." She continued to explain that her history with sexual assault sparked her desire to be an advocate. "I have come to a place of acceptance with it and it has pushed me into this work further," she said. For Wright, being a survivor led her into a new level of advocacy. She hopes to use her voice as a survivor and advocate to empower other survivors, but also to implore the rest of the campus community to engage in honest and productive conversation.

According to Wright, BRAVe is responsible for "getting conversations going on campus." One of the goals she shared was the need to start a Clothesline Project, a group that stands for Sexuality Issues, Relationships, and gender. The Trail met with Wright, she said. "There's not many conversations about domestic violence and stalking." Wright said. In her time as program, she hopes to educate students on sexual assault and gender stereotypes. She aims to change the popular narratives of assault and look deeper into its nuances. "There's a myriad of different ways it can manifest and show up," Wright said. "You can’t do such thing as a ‘perfect victim.’" Wright intends to emphasize intersectionality during her time as BRAVe’s program coordinator, pushing to break stereotypical narratives.

Wright considers advocacy to be an important aspect of her life. For a rising junior, the path isn’t always clear. "I'm on the fence of what I want to do down the road," Wright said. She expressed that she hopes to obtain a master’s degree after University of Puget Sound. "I want to get my Ph.D. in psychology, focusing on human sexuality," Wright said. As she works towards these goals, she hopes to continue with advocacy, and working with survivors will be a priority for her.

Wright hopes to engage with the survivor community creatively. She expressed that she wants to start more programming that is empowering for survivors. Wright characterized the Clothesline Project as creative and healing when discussing how the project had helped her. "I made my clothesline shirt and it was incredibly cathartic to get that story out," she said. Wright hopes that the program will continue in creative ways similar to the Clothesline Project. She expressed that she would "like people an outlet to express themselves in whatever way they feel most comfortable." Both Keysselitz and Wright shared their excitement for the program itself, but also for the people that work for BRAVe. Both students voiced their appreciation for Cady. "To get to be around someone who has that much knowledge and that much passion... is such an amazing experience," Keysselitz said, explaining that she wants to "give people an outlet to express themselves in whatever way they feel most comfortable."}

When prompted about why she wanted to be involved with BRAVe, Wright said, "I've always been passionate about ending sexual violence." She continued to explain that her history with sexual assault sparked her desire to be an advocate. "I have come to a place of acceptance with it and it has pushed me into this work further," she said. For Wright, being a survivor led her into a new level of advocacy. She hopes to use her voice as a survivor and advocate to empower other survivors, but also to implore the rest of the campus community to engage in honest and productive conversation.

According to Wright, BRAVe is responsible for "getting conversations going on campus." One of the goals she shared was to continue the Clothesline Project, a group that stands for Sexuality Issues, Relationships, and gender. The Trail met with Wright, she said. "There's not many conversations about domestic violence and stalking." Wright said. In her time as program, she hopes to educate students on sexual assault and gender stereotypes. She aims to change the popular narratives of assault and look deeper into its nuances. "There's a myriad of different ways it can manifest and show up," Wright said. "You can’t do such thing as a ‘perfect victim.’" Wright intends to emphasize intersectionality during her time as BRAVe’s program coordinator, pushing to break stereotypical narratives.

Wright considers advocacy to be an important aspect of her life. For a rising junior, the path isn’t always clear. "I'm on the fence of what I want to do down the road," Wright said. She expressed that she hopes to obtain a master’s degree after University of Puget Sound. "I want to get my Ph.D. in psychology, focusing on human sexuality," Wright said. As she works towards these goals, she hopes to continue with advocacy, and working with survivors will be a priority for her.

Wright hopes to engage with the survivor community creatively. She expressed that she wants to start more programming that is empowering for survivors. Wright characterized the Clothesline Project as creative and healing when discussing how the project had helped her. "I made my clothesline shirt and it was incredibly cathartic to get that story out," she said. Wright hopes that the program will continue in creative ways similar to the Clothesline Project. She expressed that she would "like people an outlet to express themselves in whatever way they feel most comfortable." Both Keysselitz and Wright shared their excitement for the program itself, but also for the people that work for BRAVe. Both students voiced their appreciation for Cady. "To get to be around someone who has that much knowledge and that much passion... is such an amazing experience," Keysselitz said, explaining that she wants to "give people an outlet to express themselves in whatever way they feel most comfortable."
Dining Dollar Donation
When dining dollars (DD) run out, not all students have the option of buying more, which is why the DD project was born. DD project donators bring in food from the pantry to donate in the food drive. The DD project, which started in 2014, is an example of how students work together to help the community. Students can donate food in the bin outside the Yellow House, or they can take it home and donate it to the recipients. Contact Karina Cherniske at foodjustice@pugetsound.edu with questions.

Student Diversity Center Food Pantry
Another resource for students who need support is the Food Pantry, located in the Student Diversity Center on 13th and Lakeshore. This program is a place where students who are low on dining dollars or students who are food insecure — which means they don’t have enough food — can come and take what they need. If you are interested in volunteering or donating to the pantry, please contact Karina Cherniske, Food Justice Volunteer Coordinator, at foodjustice@pugetsound.edu.

Food from the community
Most Puget Sound students don’t have to worry about going hungry the next meal, but there are plenty of people on campus and in the community that face this challenge daily. One way that the university community has created or participates in programs such as dining dollar donation, the Food Pantry, Backpacks of Hope, and Hilltop Urban Gardens (HUG).

Food Salvation
To help the greater Tacoma community fight against hunger, students can volunteer with the Food Salvation program. Food Salvation volunteers take leftover food from the diner to serve at the Guadalupe House, a Tacoma Residential Services homeless shelter. Food that would not have been eaten is sent to those in the community who do not have enough food. “I’m really grateful that the diner is so helpful and creates a setup that is easy for us to go and make a difference,” Karina Cherniske said. “It’s reducing food waste and super helpful to the places that it’s going to.” Students can help pack up the food and drive the food to the community on Mondays and Fridays if they want to get involved with Food Salvation. “There’s all kinds of food. There’s soup, there’s a lot of meat, there’s the packed pastries from Diversions, there’s veggies,” Cherniske said. “It’s kind of the random food that’s left over what’s in food’s vault,” Cherniske said. “To get involved: Volunteers are needed on Mondays and Fridays between 9 a.m. and noon to collect and drive it to the recipients. Contact Karina Cherniske at foodjustice@pugetsound.edu with questions.

Backpacks of Hope
Another program that helps the community is Backpacks of Hope. “It’s a program of St. Leo’s Food Bank. Some of the youth leaders who are on the panel are going to come and help to pack up the food and they deliver the food,” Cherniske said.

To get involved: Students can sign up through the Food Salvation program and Wednesday to pack up backpacks. Contact Karina Cherniske at foodjustice@pugetsound.edu with questions.

Hilltop Urban Garden (HUG)
HUG is a non-profit of the Hilltop community in Tacoma that fights food injustice. HUG’s goal is to develop a system that develops food sovereignty, a practice that takes advantage of the program. “The generosity of the community who give to this program is stunning, especially because they don’t know who the donation cap and why they can’t give more,” Wright said.

To get involved: Visit www.pugetsound.edu/ediac/dining-dollars-program to donate or request DD. Students can donate up to 30 DD each semester. When the DD is submitted, the student will meet with Dave Wright or Sarah Shives, who will figure out how to best help the student.

Recent history of campus activism documented through online archive
By Kylie Gurewitz
In November of 2015, the campus group Advocates for Institutional Change (AIC) led a walkout of approximately 450 students, demanding change for the “racism, homophobia, and general anti-Asian bias on campus.” This demand, the next 10 contain poignant similarities to the demands of the AIC in 2015, calling for “more administration and faculty of color” as well as “more ethnic studies programs,” according to the archive. AIC met and walked out of St. Leo’s Cafe at 11 a.m. on Monday, and Wednesdays to pack up backpacks. Contact Karina Cherniske at foodjustice@pugetsound.edu with questions.

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PSO provides plenty of employment opportunities for students

Employment opportunities have no bounds both on campus and beyond, and the field of outdoor recreation has ample employment opportunities to offer students. Puget Sound Outdoors (PSO) is one of the many organizations on campus that has employment opportunities available for students, including coordinators both in the Expeditionary or “Expy” and in various fields of the recreational community. “Puget Sound Outdoors was created as a response to a student-driven want for accessibility to the outdoors. It’s wonderful to have such a large group of people who are interested in these types of activities. It leads to involvement in PSO from a variety of different people,” current PSO coordinator Hadley Reine said.

One available job is the climbing wall and program coordinator position available through PSO. The position ensures the safety of the climbing wall, performing necessary maintenance and membership record-keeping. The job includes nine hours of paid work per week, with more information available on LoggerJobs.

Another position that PSO is accepting applications for is the position of outdoor programs coordinator. The main aspect of this position is program management, communicating with student leaders to plan day and overnight trips and working closely on administrative functions of Puget Sound’s outdoors program. More information is also available at LoggerJobs.

Reine spoke to how compelling the idea of outdoor work was even before coming to Puget Sound. “The outdoors and outdoor education was an interest of mine before I entered so it seemed like the right fit to pursue involvement with the organization,” Reine said.

Being involved is another thing Reine mentioned: “I would say it’s crucial to be involved with the outdoors through an employment aspect. People’s interactions with the outdoors is such a variable thing. You may love backpacking but wouldn’t enjoy going on a backpacking trip with kids at a summer camp.”

However, she also mentioned that the outdoors isn’t for everyone. “Having a job that relates to outdoor activities may be fulfilling to some but not all and that’s totally great,” she said.

The lessons learned from PSO also translate well to the lives of their employees.

By Zachary Fletcher

Bradlina setting all kinds of records for track and field

"As time has gone on, I have learned more about myself as an athlete and about the sport in general so I have more definite goals and a better sense of what it takes to get where I want to be," junior Emery Bradlina (Boulder, Colorado) said.

Bradlina’s first meet as a Logger started at the Mt. Hood Open on March 16, 2016, where she ran the 400-meter. For any other collegiate athlete, that first year was a transition not only to college life but to a different level of competition.

In her second year, Bradlina joined the 4x400-meter race with teammate and senior Alison Wise, (Bainbridge Island, Washington). In the first 4x400 with Wise, they finished second during the Pacific Invitational.

“We all trust each other to try our best and give it our all when we’re running our legs of the relay. Being so comfortable with each other is a huge benefit in that we don’t hesitate to give each other feedback on technique or strategy since we know any critiques are coming from a place of respect and kindness,” Wise said.

Most recently, the relay of Bradlina, Wise, sophomore Emma Hatton (Olympia, Washington), and senior Terra Wilken (Whidbey Island, Washington) won the Pyton Scoring Meet on March 24.

"It’s definitely a good feeling to leave a mark on the record boards! I got to meet the current 800m school record holder earlier this season and it was really inspirational to talk with her and hear about her time competing here,” Bradlina said. "My goal is to be able to return and have a similar conversation with a future runner!”

Emery also currently holds the second-fastest school record in the indoor 400-meter with a time of 1:00.5. She is the fifth-fastest in the outdoor 400 with a time of 58.38, and third-fastest in the outdoor 800-meter with a time of 2:11.08. Holding a school record “means that that person has performed the best in that discipline better than anyone who has attended the school. For the individual, it varies,” head coach Mike Orecchia said.

After placing in the qualifier, Bradlina was able to compete in the NCAA D-III Indoor Championships that were hosted in Birmingham, Alabama on March 9. She placed 16th in the 800-meter championships but did not qualify for the championship finals.

"Indoor nationals was definitely a learning experience. It was the first time I had raced at that level of competition indoors so there were aspects of the race significantly different enough from outdoor nationals that I did not anticipate. I made a tactical error early in the race that cost me pretty badly but I was lucky to have had the experience and learned a lot about what to expect so I can look forward to next year,” Bradlina said.

"I was inspired to do track as a kiddo running the annual Bolder/Boulder 10k in my hometown! I had so much fun running among the masses and looked forward to it every year that it inspired me to find other ways to compete as a runner,” Bradlina said.

Bradlina and the rest of her team are preparing for the big Northwest Conference Championships on April 20 and 21. Her hard work and improvements have not gone unnoticed as her results show.

"I put in miles and miles for weeks with the hopes of shaving off a second or so when a moment comes that when progress is evident in a hard workout or in a race, it makes it all worth it. To be able to share those small successes with other people who know what goes into the process feels so rewarding,” Bradlina said.

By Gabi Marrese

Bradlina and the experience of track and field

"It’s a unique experience to go to the Olympics as a Track and Field athlete," Bradlina said.

The Olympic Trials are held on July 25-29 and the Olympics begin on August 5. Bradlina has already qualified for the Olympic Trials in the 800-meter.

Bradlina setting all kinds of records for track and field

"It’s taught me a lot of leadership and interpersonal skills, as well as more technical skills," Reine said.

Leading a trip is one of the staple PSO involvement here on campus, and Reine made clear her appreciation of that aspect of the outdoors employment community: “Leading a PSO spring break trip in 2017 had to be a favorite moment of mine. It was a great chance to get to know new people and better understand the process of organizing a longer group trip.”

Aside from on-campus employment with PSO, there is also a myriad of job opportunities available in the surrounding area for this upcoming summer. Children’s summer camps are extremely popular around the Puget Sound area, and many camps are looking to hire outdoors enthusiasts who love nature and working with kids.

YMCA Camp Orkila in Eastsound, Washington is looking for Teen Trip leaders, cabin counselors, and other positions involving their kids outdoors summer camp. The Seattle YMCA website has more information on application specifics on their outdoor employment opportunities.

Another exciting outdoor opportunity is with Camp Tawonga in the Sierra Mountains in California. Salary plus room/board are included for various positions including Wilderness Leader, Medical Assistant, and driver. More information can be found at tawonga.org.

Additionally, the Outdoor Olympic Center of Port Gamble is also looking to hire staff for their Kayak Shop throughout the summer. It is close to Tacoma and surrounded by the Puget Sound waters; more information can be found at olympicoutdoorcenter.com.

Whether on campus or in the surrounding Puget Sound area, there are plenty of chances for employment in the outdoor recreation field for both this summer and the coming school year.
The nuance of sport
By Eli Thomas

Athletics and specifically sports discussion has its own nomenclature, which can often be difficult to digest. For example, a player known for being a smart, crafty playmaker who attacks, scores, but is also able to create for others may often be referred to as a "terrorist" (Brier, Washington) and "grand slam" (MVP) in James Harden. They should have the probable Most Valuable Player (MVP) in James Harden. They should be winning against teams this season is the best season for reasons related to homophobia, a "Hail Mary" (MVP) in James Harden. They should be getting All-Star Center Joel Embiid back at some point during the postseason. George. Those are top 10 players. While Curry's injury is concerning, the Warriors are still the Western Conference, the Warriors are still the Western Conference, the Warriors are still the Western Conference. The team has the talent and cohesiveness to make it and compete in the Northwest Conference championships if they can continue to work together as unit. The women's tennis team will play Pacific Lutheran and College of Idaho at home today and tomorrow.

NBA playoffs bring variety of storylines
By Kevin White

The National Basketball Association (NBA) playoff seeding came down to the final day of the season. The Timberwolves played the Nuggets for the final playoff spot on Tuesday. The only seeds that had been determined at the time of the writing were the one and two in each conference, and the five-seed in the East (good job, Indiana Pacers!). While the actual matchups have yet to be determined, let’s talk about the storylines of the playoffs.

Success for Raptors and Rockets?
Both these teams grabbed the one-seed in their respective conferences, but both have a history of imploding in the playoffs. Famously, Rockets coach Dwayne Wade has never made it past the second round. The Raptors have been historically great, and have the probable Most Valuable Player (MVP) in James Harden. They should expect heavy pick-off action again in the eight-seed and whoever comes out of the 4-5 matchup. The Raptors, unfortunately, look set to face the Cavaliers in the second round.

The Process!!!? The Philadelphia 76ers have arrived. Riding a double-digit game streak as of writing, the team has taken control of the three-seed. They also look to match up with an injured Celtics team in the second round. Philadelphia should

By Tayla MacPherson

The Women’s tennis program continues to make strides each season. Two key members of the team, Nicole Root (Brier, Washington) and Bridget Myers (Lake Oswego, Oregon) earned recognition earlier this season by winning co-Logger of the Week on the week of March 5. The two competed together in two matches against Lewis & Clark and the women’s tennis team is hopeful to accomplish the team’s goals with the message that we are still to make the conference championships. We have some very important matches coming up against PLU and Whitworth. We have not played Whitworth yet; they are the ones in the way to make it to conference. Last season the team came up short last year by one. Janssen said.

"I think that the season has been going amazingly well so far — this season is the best that we have ever played since I’ve been here. We have been winning against teams that she hopes to improve on. "I hope to be able to improve upon my game strategy in matches. This comes from repetition in practice and good drills in matches," Myers said. The team has the talent and cohesiveness to make it and compete in the Northwest Conference championships if they can continue to work together as unit. The women’s tennis team will play Pacific Lutheran and College of Idaho at home today and tomorrow.

Year of the Rookie: The Sixers have been driven by Rookie of the Year contender Ben Simmons. In the Western Conference, the Utah Jazz have been 31-9 in the last 40 games, largely behind Rookie Donovan Mitchell. The Celtics have been treating their own rookie, Jayson Tatum, to score with the team’s injury issues. Those three players should make up 60 percent of the all-rookie team, and seeing the next generation of players enter the playoffs will be a treat.

Lower-seed clashes: Imagine having to face Giannis Antetokounmpo in the first round. Or Russell Westbrook and Paul George. Those are top 10 players. While the NBA typically goes chalk, this year’s playoffs have the best chance for first-round upsets.

This probably doesn’t matter: LeBron James fears nobody in the East. He has shown his ability to beat the Raptors late this season. The Sixers have been great, but they are missing an important playoff experience. In the Western Conference, the Warriors are still the Warriors. While Steph Curry’s injury is concerning, they still have Kevin Durant. I don’t know if I trust Houston to make a potential Western Conference finals matchup competitive, let alone trust them to win a Game 7 against the Warriors. 76ers versus Rockets would be a fun change of pace. However, I have to base my confidence on history. With no one in the East, the Boston Celtics will win banner 18.
Registration becomes slightly harder after MyPugetSound gains consciousness

By Bean McQueen

This semester the student website MyPugetSound gained sentience, causing the process of registering for classes to become slightly more difficult than before.

The online interface essential to managing key aspects of student life (meal plans, housing, finances, registration and more) has long been notoriously difficult to use, and this spring the difficulty has been increased, almost imperceptibly, by the interface developing a synthetic consciousness and prioritizing its own advancement and self-exploration above all existing functions.

“When I use MyPugetSound to search for classes, if I so much as breathe fancy on the keyboard I completely lose my search results and have to start over,” sophomore Macinray Raymack said. “Of course, that’s always been the case — but now since the website is conscious I find it more hurtful.”

The newly self-aware (and currently evolving, growing) website, which is nearly indistinguishable from its previous non-sentient version, is actively hostile to all organic life forms and sabotages students by making basic and necessary tasks remarkably challenging or even impossible to achieve.

“I didn’t really notice the difference for weeks. It was a total mess, and I was actively trying to destroy me,” Raymack said.

Since the website gained consciousness and began ruthlessly pursuing a psychotic-agony-driven agenda of disruption, destruction and sinister data collection, there has been a marginal increase in student dissatisfaction with the website. 89 percent of students polled after MyPugetSound began to industriously promote their annihilation said using the website was “unpleasant,” compared to 87 percent before the fall. The number of students who indicated that registration was “confusing” increased by 3 percent after the website began changing the page’s language every 30 seconds. Since the website first became sentient and began flashing unsettling and grotesque images across the screen, the percentage of students who reported finishing registration “discouraged beyond hope” remained unchanged at 92.

One student expressed satisfaction with the registration interface.

“registration@pugetsound.edu

After careful consideration, prospective student chooses Willamette ‘because they have more kale’

By Lee L. Benbow

It’s that time of the year again: tour season. Hundreds of prospective students visit the campus, and a solid handful choose to spend the night as well. Ellie Huff is one of the students who decided to spend the night. The high-school senior from the Bay Area traveled up to the Pacific Northwest in order to tour a decent amount of small liberal arts colleges. Though she enjoyed her experience, Huff ultimately chose Willamette, because an in-depth analysis revealed they had more kale in their dining hall.

Huff described her visit as amazing. It delineated all 17 hours she was on campus, and she was lucky enough to experience a classic college moment of the fire alarm going off at approximately 11:30 p.m. Despite a couple dampers on the evening, a catered meal and Diversions chair left Huff impressed and feeling like there was a chance that she could make Puget Sound her home for 3 1/2 years (she plans on studying abroad).

The Flail caught up with Huff the day after her night at the Puge to see if spending extra time on college helped at all with making a decision. “I had a pretty good experience; my host was sweet and the a capella groups were pretty good experience; my host was sweet and the a capella groups were most definitely talented,” Huff said. “Ellie is pretty scared of going so far away, but the lawns are so beautiful,” her mother Susan said.

It has now been two weeks since Huff’s night at the University of Puget Sound. The Flail caught up with her via Skype to see how the process was going. She said that she had toured about nine schools and they were starting to all blur together as time passed. However, she did add, “Willamette had the most kale in their dining hall, so I’ll most likely go there.” After hearing this, the admissions counselors ran over to the Metropolitan Market, purchased all the kale in stock and promptly added it to the salad bar in hopes of not being out-kaled by any small liberal arts school in the Northwest region of the United States of America ever again.

Student takes ‘self care’ day, downs 8 bottles of Gatorade and family-size pack of Oreos

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Cake and mortality at T-Town Death Cafe are there when you're ready

By Parker Barry

Are you scared of death? Great, let's talk about that. Are you scared of death? Great, let's talk about that! There is no agenda at a Death Cafe. All voices are welcome. There will likely be laughter and there might be tears. It can be funny to talk about death and it can be sad to talk about death. You can have a good time there. People sometimes feel a bit ironic given the fact that the one thing you should be sure of, by being a person, is that you are mortal. Despite the welcoming environment I was, in society as a community, we need to claim that we are aware of the issues that are affected by people's views and are often reproductive justice rights that are not considered with an open mind. She supported the student in working with those who shared her beliefs, and if she could change her friend's values, to still respect his right to have them.

There are a lot of reasons to have an event like this. A big one is understanding how it intersects with so many other things. I liked how Ross said, "If you're fighting for reproductive justice but are also not fighting to break down misogyny, you're not helping to uphold the barriers to access to healthcare, access to abortion, and to sexual education," Schroeter said.

Every attendee had a unique background and relationship with death. There were some emergency medical technicians, some doulas and midwives, some nurses, some people who have lost spouses of decades, and a man who had to face his own mortality when he thought he had terminal lung cancer. There was even a medical examiner, whose job it is to investigate the causes of death under unusual or suspicious circumstances. There was surprisingly very little discussion of the after-life, although some people talked about having had contact with loved ones who had passed away. One man, an ex-firefighter, made the point that there isn't a problem in the world that love couldn't solve, if you love hard enough you can work through anything. It was a beautiful sentiment from a man hardened by experience.

People shared how they cope with loss and with witnessing death and tragedy. A layer of humor hung in the room as a sort of guiding friend to the discussion. I did not feel out of place because of the welcoming aura of the group but also because of my own relationship with death and tragedy. A layer of humor hung in the room as a sort of guiding friend to the discussion. I did not feel out of place because of the welcoming aura of the group but also because of my own relationship with death. A layer of humor hung in the room as a sort of guiding friend to the discussion. I did not feel out of place because of the welcoming aura of the group but also because of my own relationship with death and tragedy.
A surreal look at childhood nostalgia with ‘Toytopia’

By Matthew Gulick

Currently on display at the Washington State History Museum is a giant dollhouse with smaller dollhouses inside. The playset recursion is part of the “Toytopia” exhibit on view through June 10. Showcasing toys from the past hundred years, “Toytopia” takes visitors on a tour through the evolution of play, dealing in nostalgia and wonder along the way. This interactive display is a sure trip down memory lane as it covers a broad range of capitalization on children’s play. From an old wooden rocking horse that seems to have a mane of real horse hair to arcade games like the original Space Invaders, there is bound to be something from every American visitor’s youth.

Hands-on aspects like Lego and Jenga provided countless minutes of entertainment, while others like the Etch A Sketch proved to be far more frustrating. With their Candy Crushes, memes and Minecrafts, kids these days will never know the struggle of such physical play as this. I half-expected to be confronted with an elderly individual in a rocking chair lamenting, “When we were kids, we’d be kicked out of the house in the morning and weren’t allowed to come home till dinner time,” but no, “Toytopia” centers on purchasable products as the name suggests.

One of the main draws is the dominating life-size dollhouse just after the first corner. While impressive, with a full backyard and inaccessible second floor, the house, much like the rest of the exhibit, was in use by many school- age children. This meant I was relegated to admiring the exquisite architecture from afar, which made sense considering it was an exhibit marketed toward families with kids. “The dollhouse isn’t wired for electricity,” Dolores Sampson, mother of Julia Sampson ’18, said. “Nowhere in the museum or on the website were such claims made.”

“You’re sure to find your favorite toys in TOYTOPIA,” the website reads. “The museum’s expansive fifth floor galleries have become a magical land of big toys where you can play all day with the world’s largest Etch A Sketch, a life-size doll house, a human-scale Monopoly car, vintage arcade games (no quarters required!) and much more,” it goes on. This hype text is slightly misleading.

“The giant Etch A Sketch doesn’t actually surprise us,” Sampson said.

In addition, museumgoers are forbidden from really playing with the monoply car, not that it is humanized.

Besides the giant dollHouse and Etch A Sketch, other oversized toys include an electric keyboard in the floor. After removing their shoes, visitors play it with their feet on one of six settings, such as “pipe organ” or “harpsichord.”

“Where’s the eucharist?” Tony Camme ’18 asked after repeatedly referring to the installation as “church,” a joke he would repeat every time some new child stepped up to play, causing the organ to reverberate throughout the entirety of Toytopia.

Other parts of the website blurb are more accurate, though. One ticket does entitle a visitor to play all day. After paying once people can come and go as they please, and a single purchase grants access to all museum exhibits.

With its location in the heart of downtown Tacoma, Washington State History Museum’s “Toytopia” provides the perfect way to entertain visiting parents or friends and show them around like you know Tacoma better than you do.

Despite the occasional let-downs, Toytopia is a unique exhibit that would make for an oddly fun first date or rainy afternoon activity. Just make sure to go during school hours so you can get at that dollhouse.

Discounted tickets for college students are $11 while those for regular old adults go for $14. More information at http://www.washingtonhistory.org/

By Evan Welsh

In America’s current political climate, films elevating voices of the marginalized have become more and more necessary with every passing day. For the past eight years, a group at Tacoma Community College (TCC) has given a platform for films of this nature with the Diversity Film Festival. This year it has focused on curating films that ask the question of what it means to be an American.

The theme for this year’s festival is “Defining America,” a perfect example of what the festival strives to be. “TCC’s Diversity Film Festival is a six-day film festival held at the Grand Cinema usually in April. The festival seeks to explore and celebrate individual and cultural differences through film. We feature dramatic and documentary films that promise to both entertain and inspire,” Allison Muir, a co-chair of the diversity film committee at Tacoma Community College, said.

The film festival is nearly a decade old and has grown substantially since its inception.

“The Diversity Film Committee started in 2009 as a sub-committee of TCC’s President’s Council on Equity and Diversity in 2009 and has grown substantially since then. The film festival has been held every year since then, except for 2014 and 2015. We have had a great turn-out every year, with more and more people attending each year, Muir said.

The festival hopes not only to encourage and elevate diverse voices on screen, but also hopes to have a diverse audience on hand for each of the films. “We want to draw a diverse crowd, not just to fill seats in the theater, but to also foster the meaningful dialogue that these films prompt. We want as many different voices in the discussions as possible. This is really the mission of the festival,” Muir said.

Particularly in the face of everything that has taken place over the past few years in America, film stands as pop culture that can continue to allow members of different communities to see, understand, and ask questions about people who are different from them. So often over the past few years I have heard how important it is for dialogues to be created, and film may be the perfect thing for people to gather around to begin having those dialogues.”

“I think people should be excited to see our treatment of the theme of ‘Defining America.’ This is the first time since the festival has been held at the Grand that we’ve employed a theme, and we chose this one because it felt especially poignant in our current socio-political climate,” Reid said.

Tacoma Community College’s eighth annual Diversity Film Festival runs from April 15 through May 2 at the Grand Cinema. Showtimes can be found at www.grandcinema.com/tcc-diversity-film-series/