

# THE PUGET SOUND TRAIL

THE STUDENT NEWSPAPER OF THE UNIVERSITY OF PUGET SOUND

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## VP NOMINEE, JOE BIDEN VISITS TACOMA



# 'WE ARE ALL America'

Campaigning at Cheney Stadium, in Tacoma, Democratic V.P. nominee, Sen. Joe Biden, blasts the Republican ticket for the 'politics of division' rather than inclusion. 'We can change it,' Biden said.

BY MATT ANDERSON  
NEWS EDITOR

Addressing a crowd of approximately 12,000, Democratic Vice Presidential candidate, Sen. Joe Biden (D-Del.), pledged that an Obama-Biden administration would work to restore America's place in the world and to restore the middle class.

"We can get through these times and be better for it," Biden said of the economic recession. "I've never seen so many Americans knocked down. It's time for us to get up."

Biden, in the roughly 42 minute speech at Cheney Stadium, Oct. 19, likened the Republican presidential ticket's economic policies to that of President George Bush's, responding to presidential candidate Sen. John McCain's (R-Ariz.) accusation that Sen. Barack Obama (D-Ill.), the democratic presidential nominee, is attempt-



**Introduction:** Gov. Christine Gregoire introduced Biden before a crowd of more than 12,000. Gregoire (D), is seeking reelection against her 2004 rival, Dino Rossi (R).

ing to "redistribute wealth." "John McCain has been party to the most significant redistribution of wealth in American history and it has been all the wrong way," Biden said. "There's not one fundamental economic issue that John McCain disagrees with George Bush on."

Biden also promised that an Obama-Biden administration would expand the definition of service to the country beyond military service. If citizens served their country via the military, Biden said, or in some other form, such as under-served rural areas, hospitals and schools,

"We will get you to college." A large portion of the rally was spent speaking on, what Biden called, the "importance" of electing other democratic candidates at the state level, as well. Biden specifically referenced

SEE BIDEN PAGE 3

## Asbestos discovered in fieldhouse

BY MIKE KNAPE  
NEWS WRITER

Workers in the Memorial fieldhouse discovered asbestos contained in the mastic used behind acoustic panels earlier this month during scheduled roof maintenance unrelated to the current truss repairs, according to Bob Kief, Director of Facilities Services. The asbestos is mixed into the mastic, which is used as an adhesive to keep the sound-dampening panels on the roof.

Kief, stressed that the asbestos poses absolutely no danger.

"The asbestos is not dangerous because it is mixed into the non-friable mastic. Basically, that means that the asbestos is solidly contained within the mastic and cannot get into the air in order to cause health risks," Kief said.

Asbestos is a mineral fiber that was commonly added to insulation and other construction materials until it was banned in 1989 for safety reasons. When inhaled, asbestos can cause various respiratory illnesses as well as cancer.

"The asbestos has most likely been between the ceiling and

SEE ASBESTOS PAGE 3

## ASUPS to hold elections for Senate

BY LIZZY STAHL  
NEWS WRITER

General elections for seven ASUPS Senator positions is set for Oct. 23-26. The Senate holds elections once each semester, generally in October and March, with seven seats available in the fall and five in the spring for a total of twelve active Senators at any given time. Junior Senator and Club Liaison Director Emmett Stanton anticipates an exciting round of elections.

"We're hoping for a good turnout and competitive, well-run elections this semester," Stanton said.

Of the seven positions up for election, two are for Senator At-Large, one for the freshman class, and one each to represent Residence Halls, Greek Life and the On-Campus and Off-Campus housing constituencies. In addition to these full-year terms, one Senator At-Large will be elected to serve between the upcoming elections and the spring 2009 elections, to replace a senator who will be resigning.

SEE ASUPS PAGE 3



# International foreign relations expert offers perspectives on global affairs

Robert W. Kagan, a senior associate for the Carnegie Endowment for International Peace and a columnist for the Washington Post, spoke in a conference call to UPS foreign relations students on foreign policy.

BY JESSICA SPEVAK  
NEWS WRITER

On Oct. 16, University of Puget Sound and the Council on Foreign Relations and Foreign Affairs attempted to shine some light on what some experts consider is a complicated mess: foreign policy. As part of its Academic Conference Call series, students had the chance to listen to Robert W. Kagan, a senior associate at the Carnegie Endowment for International Peace speak about his work in international politics.

In addition to as being a part of the Carnegie Endowment

for International Peace, Kagan writes a monthly column on world affairs for the Washington Post and is a contributing editor at two additional newspapers. He has authored several books on international relations and foreign policy, winning a prominent literary prize for his book *Dangerous Nation: America's Place in the World from its Earliest Days to the Dawn of the 20<sup>th</sup> Century*. He also served in the U.S. State Department from 1984-1988 as the primary speechwriter for Secretary of State George P. Schulz, followed by a position as a dep-

uty for policy in the bureau of Inter-American affairs.

In the conference call, Kagan discussed his article, "The September 12 Paradigm" first published in Foreign Affairs Magazine. In the article, Kagan discusses the fact that the world was unhappy with America before current President, George Bush, came into office; this, of course, negating the almost common perspective that the United States's unpopularity in world politics occurred because of President Bush.

"He makes the point that as long as we are so power-

ful [especially since the end of the Cold War] there will always be discontent, dissatisfaction, and disappointment with a powerful country," said Seth Weinberger, an International Relations professor, said in an interview after the conference call.

Many international relations experts, Kagan included, propose that we are neither an empire nor a hegemony [dominant power], but a 'bifurcated hegemony'.

"These experts bring up the idea that we focus on spheres of influence, and they say that although our military strength will be unmatched probably for another fifty years, we are not overreaching. These experts zero in on the fact that the world is an extremely complicated place and it is exceedingly difficult to classify the United States

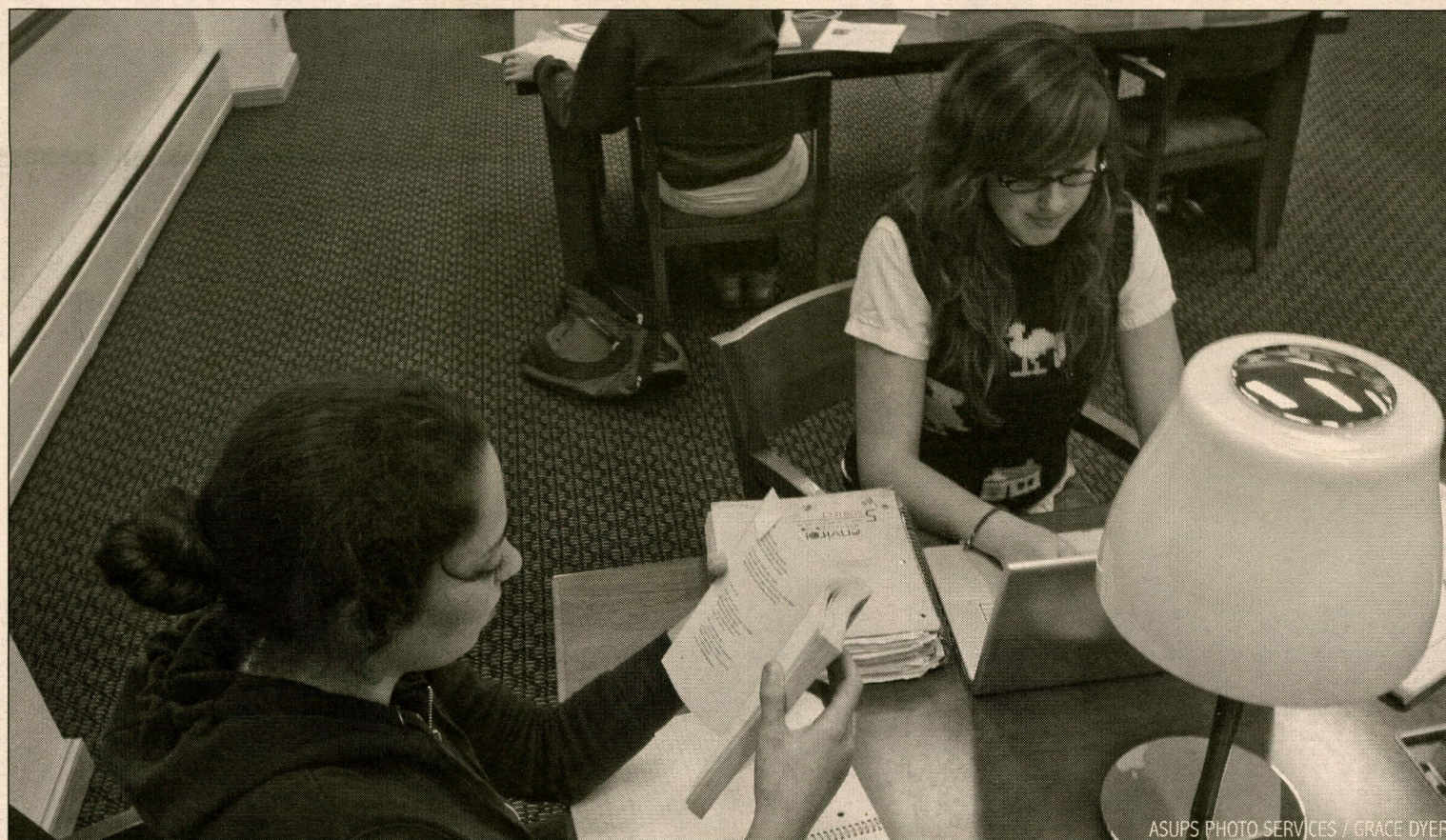
of America into one category or another," Weinberger said.

Near the end of his article, Kagan focuses on the fact that we can and should promote our American values around the world. This illustrates another complication in the foreign policy puzzle, because many are curious as to whether U.S. policy is based on strategy or on ideology.

"Once again, like everything else in International Relations, it's very complicated. United States foreign policy will always be based somewhat on ideology, with a guiding 'moral compass' if you will, but there will always be a tension trying to discover what the right balance of soft power is," Weinberger said.

Kagan's presentation came just a few weeks before the upcoming general election where a record turnout is expected.

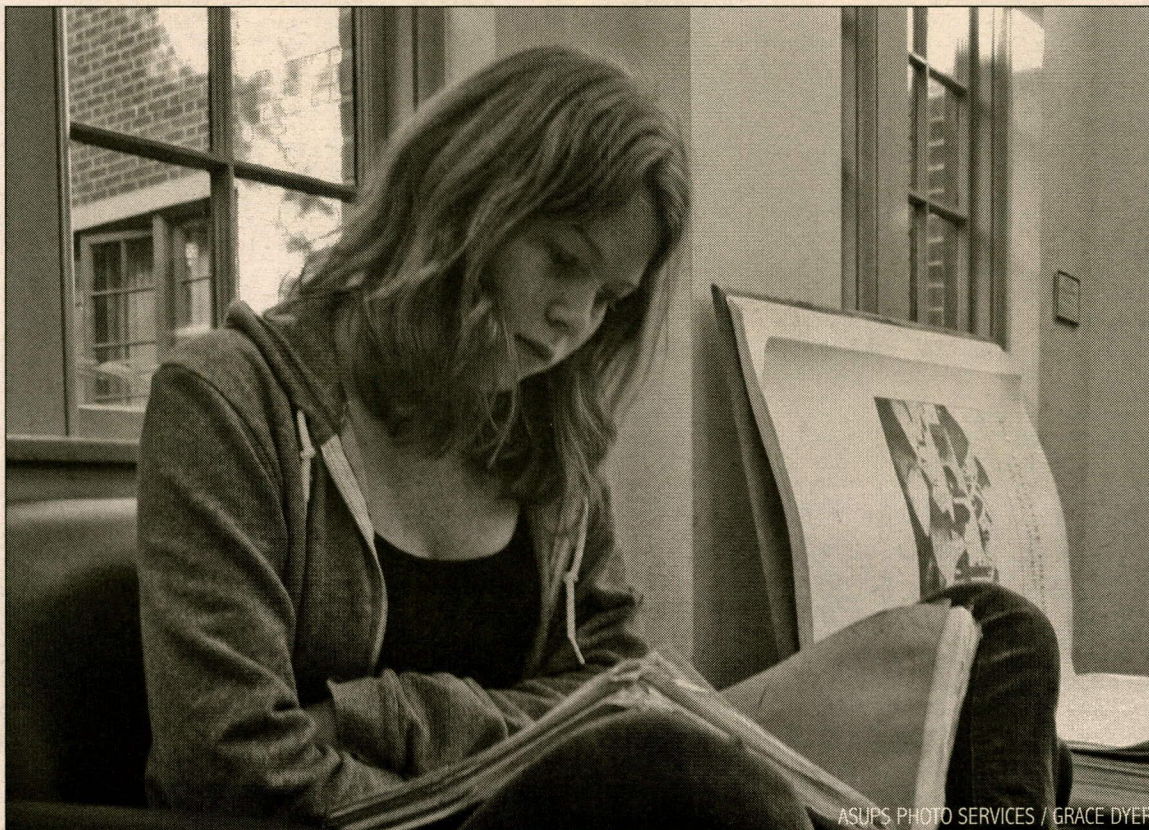
## MIDTERMS WEEK



ASUPS PHOTO SERVICES / GRACE DYER

### Midterms:

For students at UPS, midterms week just ended. Along with it, went much stress from students' lives. During midterms week, Collins Memorial Library was opened for 24 hours per day and held late-night contests for students studying in the library. Additionally, students like Freshman Adia White (right) and Sophomore Halle Bateman (above), could be found studying for exams in the library. Midterm grades were posted last Wednesday on Cascade.



ASUPS PHOTO SERVICES / GRACE DYER

## VOX sponsors discussions on sex, pregnancy

BY JENI OPPENHEIMER  
NEWS WRITER

Over the last several weeks there have been lectures on the nature of choice regarding sex and pregnancy. These events have ranged from movies to discussions and have so far been a success. The events are being put on by VOX (Voices for Planned Parenthood), "a program designed to educate and mobilize students and youth in support of reproductive rights" Sara Adkins, president of VOX said.

VOX's duties include organizing events that support the Tacoma chapter. In the spirit of their main goal which is "to educate and inform" said Sara, they designed the 40 Days for Choice lecture series. This was put on at the same time as the 40 Days for Life campaign in order to "challenge the ideas, beliefs and motives," Adkins said, of that protest.

"We planned events on campus every week for 40 days which discussed a multitude of issues surrounding choice, sex, abortion and the stigma that surround these issues," Adkins said. These events have included a "how-to" night, a lecture from the Planned Parenthood state Chaplain, a discussion on the abortion debate as well as a screening and discussion of the movie "Juno."

"We have been very pleased with how our events have gone so far," the VOX officers said.

They said their best event was the lecture by Planned Parenthood's State Chaplain, Vincent Lachia. He spoke about contraception and the history of Clergy involvement. "We had many people who did not regularly come to VOX meetings attend and participate, and



## ASUPS

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Stanton explained the purpose of each position in the Senate.

"The duties and responsibilities are basically the same for all senators. The different titles mean that they each represent a different constituency," Stanton said.

ASUPS bylaws stipulate that candidate nominations must be completed no later than two weeks before the election date. All potential candidates must submit a petition with signatures of their constituents, in addition to being full-time stu-

dents with a cumulative grade point average of at least 2.0, or better. Once approved, the candidates will have a limited campaign budget and timeline. Bylaws also state that general elections should be held during the sixth week of the fall semester, but the elections scheduled for this October fall during the eighth week of the semester.

Stanton commented on the issues these new Senators will be expected to address during their time in office.

"The Governance Committee is in the process of making some changes to the Bylaws and the Financial Code; one of the duties of the Senate is to confirm that these changes will go into effect, and this is something the new Senators will be involved in," Stanton said.

Another issue surrounding the upcoming elections is the replacement of two seats filled by interim Senators. Last spring, two students were elected to the Senate and subsequently

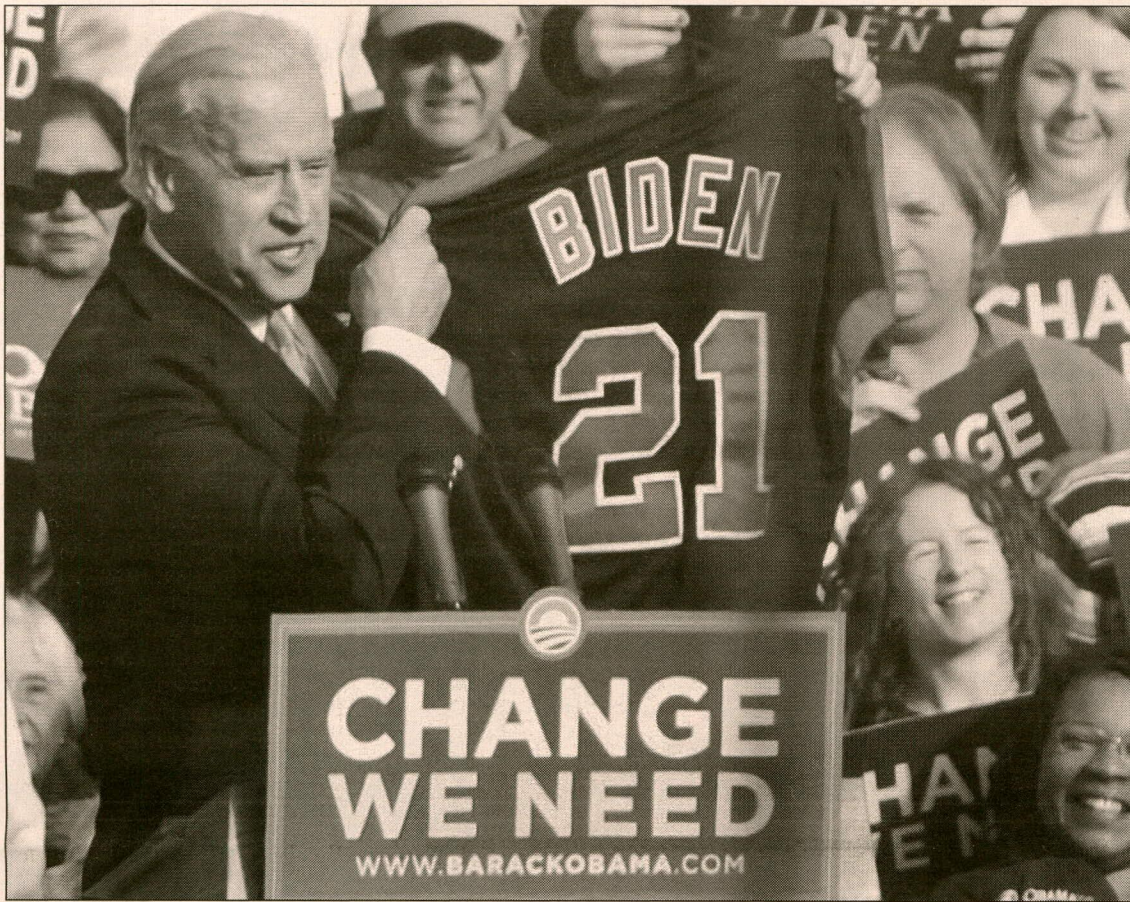
went abroad this fall, leaving their positions vacant and necessitating the appointment of temporary replacements. This is an issue that the Senate has already largely resolved, but it does represent an inconsistency in election practices.

"It is a violation of the ASUPS election laws to knowingly run for an office without actually being able to commit to the full term," Stanton said.

The results of the election are to be announced to can-

didates, KUPS, and The Trail within thirty-six hours of the end of the polling period, according to ASUPS bylaws. Overall, the elections are expected to run efficiently and successfully. Stanton concluded by commenting on the importance of the Senate as a component of ASUPS.

"The Senate is the most direct form of student representation. We are looking forward to a good round of elections," Stanton said.



**Jersey:** Biden was given a jersey with his name on it. "Put me in, coach. I'm ready," he said.

## BIDEN

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Gov. Christine Gregoire, who is locked in a rematch with Republican candidate Dino Rossi for the Governor's mansion, and Darcy Burner, who is running for a seat in congress against Republican Dave Reichert.

"The change that Barack and I will bring to this country will be lost, will be lost here in the state of Washington, if you don't reelect Gov. Gregoire," Biden said. "I'm here with the simple message that the governor has already begun to deliver, and it's change — change the right way."

Biden, who was introduced by Gregoire, noted that "every vote counts" and that Gregoire "knows that better than anyone."

Additionally, Biden delivered some of he and Obama's well-known talking points

at the rally. Biden repeatedly linked McCain to President Bush, regarding several policy issues like Iraq, Iran, foreign oil, and energy independence.

Addressing the final debate between Obama and McCain when the Arizona senator reminded Obama that he is "not George Bush," Biden quoted Shakespeare: "He doth protest too loudly."

"I know we're not running against George Bush," Biden said. "But if it walks like a duck, quacks like a duck and looks like a duck, it's a duck... They're [the Republican presidential ticket] walking, talking and quacking like George Bush."

Further, Biden was critical of Republican V.P. candidate Alaskan Gov. Sarah Palin's comments regarding "Pro-Ameri-

can" areas of the United States.

"One-Hundred-and-one of this state's soldiers have given their lives, have died for their country, so don't let anyone, not even indirectly, imply that there's one more patriotic part of this country than another," Biden said. "It doesn't matter where you live, it doesn't matter your color, it doesn't matter your religion; we are all America."

Biden also touched on the endorsement by former Secretary of State Republican Colin Powell for Obama.

"Barack Obama will be a commander-in-chief we can all respect," Biden said.

Obama has a significant lead in several state-wide polls. Washington has voted democratic several times in previous elections.

## ASBESTOS

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the roof since the building was constructed in 1945," Gayle McIntosh, Executive Director of Communications, said.

FS and GS Services Inc., an air-monitoring and asbestos removal company based in Puyallup, is working to safely remove the asbestos. They are working together with the other construction efforts in order to get both projects done on time. For example, while the repair team works on one beam, FS and GS Services will set up containment in a different area before sandblasting away the asbestos-laden mastic.

"We have to do it right, we have to contain it. We're do-

ing this now because we don't want to have to come back and do it later," Kief said.

Both McIntosh and Kief acknowledge that asbestos probably exists in other locations around campus, but are not worried due to its non-friable nature.

Kief does not expect the removal process to slow down the repairs at all, and says the removal should be done by the beginning of November. In the meantime, the roof repair continues in a similarly thorough manner.

"We're making sure every single truss and joint gets inspected. Most of it looks good, the wood is in great shape," Kief said.

## WANT TO WRITE FOR THE TRAIL

We are still hiring writers for the semester. If you are interested, please e-mail us at [trail@ups.edu](mailto:trail@ups.edu)

## Launch your career on an international playing field! Make a difference at a grassroots level.



## PEACE CORPS

Alumni Sharing Knowledge Night

Thursday, Nov. 6

7 - 8:30 p.m.

University of Puget Sound

Wheelock Student Center (Rotunda)

1500 N. Warner St.

Tacoma, WA 98416

800.424.8580 | [peacecorps.gov](http://peacecorps.gov)

**Erin Carlson, a graduate of the University of Puget Sound and a returned Peace Corps Volunteer, will be speaking at this event.**

## VOX

CONT. FROM PAGE 2

heard a lot of great feedback afterwards," Adkins said.

"This is the first time we've tried anything like this" Adkins said, going on to say that there was "good participation from the campus community" and that "people ... Are now planning on getting more involved."

The finale of the series was Thursday at 7:00 in McIntyre 103; Babeland was brought back to conduct another workshop called Sex 101.

"Babeland is a sex-positive, male and female-positive sex shop in Seattle... the workshop is... always educational and highly entertaining" Adkins said.

## Security Report

The following incidents occurred on campus between October 14, 2009 and October 27, 2008 and were reported to Security Services:

- Facilities staff discovered someone had damaged the door lock and dead-bolt on the south roof access door in Todd/Phibbs hall. It appears as if someone attempted, unsuccessfully, to gain access to the roof area.
- A faculty member reported her wallet was stolen from her purse which she had left unsecured and unattended momentarily in her office in McIntyre Hall. Some credit cards and a small amount of cash were in the wallet.
- Two Resident Assistants used fire extinguishers to extinguish a small leaf fire on the north east corner of Anderson Langdon Hall. It is not know how the fire started.
- A resident in the Beta Theta Pi house reported some personal property taken from his room during fall break. Other residents in the house found and reported the room door forced open.
- A contractor working for the university reported his vehicle was broken into while it was parked in the FH lot. A cellular telephone was taken.
- Security staff contacted several students on campus on two separate occasions for their suspected violations of the university and state drug policies/laws.
- A student reported his vehicle was broken into while it was parked in a university lot on Union Ave. A travel bag containing several expensive articles of clothing was reported taken.

Courtesy Todd Badham, Director of Security



## Pagan roots of holidays today *Halloween not only one with mixed history*

LAUREN BAGBY  
OPINIONS WRITER

For most of us, Halloween holds a special place in our hearts. At the end of every October, the nostalgia for days past spent trick-or-treating and eating copious amounts of candy comes flooding back, leaving most of us with no choice but to celebrate in our very adult manner: by frequenting Halloween house parties.

It all seems like fun and games and silly pranks, but for many people in this country and around the world, Halloween festivities are no laughing matter. More people are threatened by this consumer holiday than one might expect, pointing to its lesser known religious origins.

In Coppell, Texas a few years ago, many parents came together to convince the public schools to not promote Halloween in the classroom. They felt that based on its ancient religious roots, it was unfair to allow Halloween celebrations to enter the classrooms while Christmas or other religious holidays are excluded.

It is not solely Christians who are in opposition to Halloween: "Conservative Muslims consider Halloween haram [forbidden], since they believe it represents the 'shaytan,' or devil, and also because it is a non-Muslim holiday. Likewise, religiously observant Jews discourage Halloween celebrations because of the holiday's Christian and pagan roots."

Although Halloween today is a strictly secular holiday, it is important to note that like most mainstream holidays, it has evolved from a pagan, pre-Christian holiday to a Christian holiday and finally to the commercial and non-threatening holiday we know it as today.

Halloween's origins date back to pre-Christian times, when the Celts (peoples that inhabited what is present day Ireland, the United Kingdom and northern France) celebrated their new year on November 1st. October 31st, referred to then as Samhain (pronounced SOW-en), was believed to be the night when the veil between worlds was thinnest and the spirits of the dead returned to earth.

By the time Christianity began growing in power and at-



PHOTO COURTESY/MYREADABLEFEAST.COM

**Jack o' Lanterns:** Originally jack o'lanterns referred to lights seen flickering over peat bogs; now merely a craft.

tempting to gather followers, Pope Boniface IV, during the seventh century, officially established All Saints Day on November 1st, a move which most historians believe was an attempt to incorporate non-Christian holidays and traditions into the Catholic Church to make the transition to Catholicism easier for pagans.

This incorporation of pre-Christian traditions is not strictly limited to Halloween.

"The Catholic Church had a long-standing policy of incorporating non-Christian traditions into its holidays in order to bring people into the Catholic faith. This included moving the dates of Christian holidays to those of established non-Christian occasions. Many historians believe, for example, that the church set Christmas on December 25 so that it would correspond with pagan winter solstice festivals."

The same people who complain about the dangers of Halloween's religious past probably do not realize that most of our Christmas traditions such as the Christmas tree, Yule log and exchanging presents, are actually taken from the pagan winter solstice holiday.

If those who oppose Halloween based on its pagan roots were to realize that most of the traditions we associate with Christmas are also pagan, I would expect an equally large outcry and a complete re-vamping of Yuletide activities.

The fact of the matter is that traditions from many religions, past and present, have always been mingled together and they become difficult, if not impossible, to distinguish from one another after such a long period of time.

Avid opponents of Halloween and its popular place as a mainstream secular holiday are correct when they point out the historical ties Halloween has to ancient pagan religious practices, but the actual holiday

today is considered completely secular, a commercial distortion of what past and present pagans celebrate as Samhain.

All Saints Day and All Souls Day (Dia de Los Muertos) share the same basic concept of respecting the dead with the old traditions of honoring ancestors. If similarities between religious practices are emphasized over differences, perhaps less people will feel threatened by Halloween and realize that varying traditions and religious practices have intermingled over time.

Furthermore, Halloween today is all about costumes, candy and scary ghost stories rather than religion: in short, it's about commercialism.

If people are offended by Halloween's pagan roots, then they should also be offended by Christmas, which ironically started out as the pagan winter solstice celebration until Christmas was placed around the same time. Now it too also evolved into a commercial holiday celebrated by Christians and non-Christians alike.

People need to realize that time has blurred clear cut lines between religions and cultural traditions, and the holidays we celebrate today are an amalgamation of many different practices. To be threatened by Halloween on religious grounds is to also be threatened by every other holiday which can inevitably be traced back to a celebration millennia ago.

We should all just relax and practice whatever holidays and traditions as we individually see fit. If some people cannot condone Halloween, then the ancient roots of all other holidays should be thoroughly researched as well.

If the proper research is done, it becomes clear that no one holiday is exempt from multiple religious influences, so we should just relax and enjoy Halloween for what it is: a whole lot of fun.

• *Lauren thinks any tradition that gets her free candy is a good thing.*

### Letter to the Editor:

Dear Trail Associates,

I have some constructive criticism regarding the article published in the 10/17/08 issue of the Trail entitled "Fat, calories hidden amongst SUB dishes". As a recent graduate of UPS who has now worked in the SUB for over 4 years, I am in a unique position of knowledge about what it's like to be a student eating here and what the SUB is like behind the scenes. I do not intend for this critique to be insulting in any way, I simply want to provide you with some information that I do not believe the author of this article had.

While I did my best to overlook the 8 typos/spelling errors and grammatical issues I could not overlook the blatant false statements, the worst of which being the nutritional information given about the burrito example. When I added up the total caloric value for the burrito containing refried beans, chicken, rice, cheddar, lettuce & tomato example in the top right corner of page 11 based on the information posted online (<http://www.ups.edu/x16190.xml>) I calculated 1045 calories (I checked this calculation 4 times), while 1345 is printed as the total. On this same topic, the protein included in the burrito example is listed at 1g, while the correct total is 52 grams of protein (the amount that a college female requires in 1 day!). Also in this example, Salsa has 0g of fat, but the article lists 4.5g - I can not help but wonder, what is the source was the information printed gathered from?

We no longer serve the sweet & sour pork at Full Fare. There are a few items on the website which need to

be removed as they are not longer on the menu rotation (we are replacing this item with more healthful choices) and some new items which need to be added, and we are hoping to find the time to get this done in the near future. The sweet & sour pork served at Pacific Rim actually contains 240 calories and 5g saturated fat, which is quite reasonable.

In addition, I believe the number of calories from fat as grams of fat when presenting the nutritional information for chocolate chunk cookies, New York Cheesecake, and whipped cream. I checked the nutritional information for these three items on the website and found that the numbers used for grams of fat in the article are in fact the number of calories from fat for each item.

Out of the hundreds of choices within the Diner the Trail isolated less than 1% of what we offer and many of those were unhealthful choices. However, many options prove to be quite healthful and even the higher calorie foods can be healthful with the right balance and portion. Overall, the Diner provides high quality healthful foods compared to fast food restaurants and/or sit-down venues. If you plan to write an article regarding the SUB again, I encourage you to get in touch with as many managers as possible as far ahead in advance as possible (as we are all very busy individuals) in order for you to accumulate the necessary information to write an informative and accurate article. I would be happy to answer any questions you may have in the future.

• Diana Duthie

Please direct further dietary questions to the registered campus dietitian, Eve Vadden-Thornton at [evoddenthornton@ups.edu](mailto:evoddenthornton@ups.edu)

Dear Editor:

Nathan Moorman's recent opinion piece on handicapped accessibility contains a number of inaccuracies that paint a misleading picture of UPS's commitment and on-going efforts to make the campus accessible. The University of Puget Sound is genuinely committed to complying with the Americans with Disabilities Act and Section 504 of the Rehab Act, and we have disability compliance statements in the Logger, the Bulletin, and on Disabilities Services literature and website.

The cartoon referring to access in Jones Hall is especially puzzling as there is an elevator in Jones; there is no need to hobble painfully up and down the stairs. True, the elevator does not serve the third floor, but if a

student with a mobility issue has a class on the third floor, the class is moved to another location. Such a change occurs anytime a class or activity is not accessible, which actually is rare. All academic buildings on campus have elevators. So do other major buildings including the gym, chapel, library, theater, concert hall, and student center. Furthermore, there are other errors in Mr. Moorman's article. The Student Diversity Center does have an accessible bathroom, as does the main floor of the President's House, which is the space used for public events.

As for our residence halls, newer buildings such as Todd/Phibbs and Trimble Hall are built to be accessible. When older buildings are remodeled, entryways

SEE LETTERS PAGE 5

### References...

"Banning Halloween" [www.beliefnet.com/Love-Family/Holidays/Banning-Halloween.aspx?p=2](http://www.beliefnet.com/Love-Family/Holidays/Banning-Halloween.aspx?p=2)  
"How Halloween Works" <http://people.howstuffworks.com/halloween.htm>  
"Halloween Superstitions" [www.history.com/minisite.do?content\\_type=Minisite\\_Generic&content\\_type\\_id=56057&display\\_order=1&sub\\_display\\_order=5&mini\\_id=1076](http://www.history.com/minisite.do?content_type=Minisite_Generic&content_type_id=56057&display_order=1&sub_display_order=5&mini_id=1076)

1914

Reporter Marion Maxham writes of UPS Men's Basketball progress: "The University Basketball team has played three games losing to Whitworth, Parkland Athletic Club, but winning against the Stadium High School seniors 23 to 18."

1947

Art Gravatt complains in a letter to the Editor: "Without apology or explanation the administration decides to cancel one week of instruction. Time equivalent to 16 hours of instruction, or about 30 chapels is thrown to the winds without any hint of excuse or reason."



## Diet obsessed America

*A quest for the superdiet, acai berries, and Special K*

LAUREN MOUAT  
OPINIONS EDITOR

America has become obsessed with weight loss programs. Nearly every magazine you see promises perfect abs in ten minutes, or how to lose five pounds in a week (i.e. starvation), or the special fat loss pill that will speed fat off in thirty seconds flat.

Just last week I discovered, "Lose Weight While You Eat!" Pretty soon we will be reading articles about how to think away the pounds, or tone your body while sleeping.

I have a better idea. Why don't we just combine as many diet and weight loss plans as we can find to create the Super Duper Weight Subtractor, Fat Megablast Instant Beauty Diet (SDWSFMIB Diet for short). That title should sufficiently convey the brilliance of a diet sure to solve all your fitness concerns.

Obesity is a problem in America today and this diet is guaranteed to solve it. People of south east central America: Alabama, Kentucky, Mississippi, and Tennessee (all the states with difficult spellings) listen up because with an obesity prevalence rate of 23.05% (up from 13.1% in 1991) you

have the highest percentage of obese people in the country. Folks in the Pacific Region (Alaska, California, Hawaii, Nevada, Oregon, and Washington) are comparatively at a stunning 19.1%, up from 10.2% in 1991 and 17% in 1998. No matter where you live in the country, obesity is on the rise.

If you want to look at some more disturbing statistics go to [www.obesityinamerica.org](http://www.obesityinamerica.org) and peruse maps of the United States showing obesity levels rising in every state as the years progress.

But enough of this "obesity" issue. You can be any size to use the Super Duper Weight Subtractor, Fat Megablast Instant Beauty Diet (SDWSFMIB Diet for short).

Without further babbling, here is my very own SDWSFMIB Diet, customized for students of the University of Puget Sound:

Meal 1: Breakfast. Derived from the Special K diet of replacing two meals a day with cereal, your breakfast will consist of 1 cup Special K cereal and 2/3 cup skim milk for those too weak to forego milk entirely and eat the crisped rice flakes plain. Special K Boxes available at the SUB.

Snack 1: Magical Amazonian

Berries. According to supporters of the Acai Berry Diet eating Acai berries combats premature aging, boosts your metabolism, increases energy, fights disease, and, like everything sold in health food stores, is a good source of fiber. I am sure that these wild harvested berries are easier to swallow than the price, whether you take them in pill form or as juice.

(One 32 oz. bottle of juice is \$24.95.)

Exercise 1: Scale appeasement. It is important to stay fit but hectic class schedules and extra-curriculars often get in the way of losing those extra pounds. Do not lose hope. Walking for just three minutes after each meal is worth two kilos less body fat annually according to [www.thenaturalhealthdirectory.com](http://www.thenaturalhealthdirectory.com). That is almost four and a half pounds, my friend. Take a walk around campus on your way to class. For toned arms, hold textbooks in each arm and power walk it. See, fitness is easy!

Meal 2: Lunch. Lunch is unimportant. Skip. The SUB is too crowded at noon anyway. If you are concerned about getting

SEE DIETS PAGE 6

## Have a neighborly Halloween

LISA GRISWOLD  
OPINIONS WRITER

Trick or treating has become a lost art form. So long are the days of getting to know your neighbor through October 31st merriment. Now it is just an excuse to indulge in meaningless revelry and attain stupendous amounts of candy.

Halloween's fondest activity has become more and more impersonal as the years go by. Trick-or-treating is now a strict opportunity for individuals to participate in commercialized fanfare.

Back in the day, trick-or-treating was made for the purpose of getting to know your neighbors. Going from house to house, kids would stay within their neighborhoods to build community by visiting amongst each other. Homemade treats such as caramel apples and lollipops were distributed as a common practice that was never questioned.

The distrust of unwrapped items and the danger of unknown persons coming to the door were never concerns. Trick-or-treating was a slower process, where there was not such an extravagant emphasis on the collection of candy.

The former ways of trick-or-treating are considered a complete contrast to the festivities of the present. Our parents' generation in comparison to today is a plain indication of the vast shift of meaning behind trick-or-treating.

For as long as we college students were children, trick-or-treating has been nothing but a

reason to collect unprecedented amounts of candy. Gallivanting from house to house and screaming "trick-or-treat" to little known or completely unfamiliar individuals is a commonality of our generation's trick-or-treating.

People inherently know to purchase candy to provide treats to strangers that come to their doors. On occasion, the two counterparts may know each other, but in general, there is no sense of community or positive connection made between the givers and getters of candy.

In fact, quite often neighbors become absurdly angry as trick-or-treaters consistently trample across lawns and trample beloved flower gardens.

Even more so, trick-or-treating has become an extended excuse for crime. Within the proceeding day, news reports often read "alert: stolen garden gnomes!" and "pumpkin pelting cause for concern!" Trick-or-treating is not a community building opportunity as it used to be.

Trick-or-treating is no longer personable or individualistically motivated; it is simply a transaction between the givers and getters of candy. Trick-or-treating is a youngster's introduction to the market system we live in.

Kids do not even realize their promotion of the concept of efficiency to maximize gain. The quicker you are at each location the more candy you can stuff into your bag. Youngsters may even opt to specialize in the task at hand, placing the speedy kids in the front and the laggards in the back of the group.

After the rampage is over,

the real business takes place. Many UPS students recount their experiences of taking a candy inventory and bartering for their favorites with friends and family. Depending on supply and demand, different candies are assigned varying "prices." Since when did a youthful pastime turn into a reflection of our capitalistic society?

It is troubling to realize that society's culture of commodification has gone so far as to infiltrate children's pastimes. As society continues to push the notion of individual success, it seems any fun activity turns into a competitive and commercialized practice.

A junior student, who prefers to remain anonymous, says an introduction of this capitalistic mindset upon children presents us with social problems because it is "an encroachment of adult ideology at too early of an age."

The cutthroat nature of capitalism imposed upon youngsters enforces an absence of creativity, which leeches enjoyment from activities that are meant to be fun.

Even though hearing the phrase "hey you kids, get off my lawn!" is quite amusing, it is a clear indication of the disconnected nature of trick-or-treating and provides an example of the overall collapse of values in popular American pastimes. Instead, take a stance for the old ways of trick-or-treating by sticking to your own locality. Do more than the classic "candy grab and dash" and get to know your neighbors.

• Lisa would choose "trick" if it were less of a rhetorical question.

### LETTERS

CONT. FROM PAGE 5

and interior spaces such as laundry and kitchen facilities are modified to make them accessible. In addition, several bathrooms are also modernized and modified to create more rooms for students with mobility impairments. Thus students with such impairments are not segregated to a particular residence hall, but rather, have many housing choices. Furthermore, it is not unusual for the University to respond quickly to a sudden need for an accessible room. For example, a student with a broken leg suddenly needed an accessible living space. In response, facilities' services retrofitted a bathroom for an available empty room in Trimble Hall in just 48 hours. Another student requested traction strips on the front steps to her campus house; facilities installed them in less than a day from the time of the request.

Are improvements still needed? Yes, and there is a long-range plan to make more spaces accessible. Each year the University spends an average of \$150,000 for accessibility improvements. For example, an elevator was added to Howarth Hall during the summer of 2005 at a cost of over half a million dollars. Last summer, the Student Diversity Center bathroom was upgraded, and the Thompson remodel was completed, bringing that building up to ADA accessibility standards. The University is committed to such upgrades. More could happen faster if tuition was higher or if other programs were cut, but neither option seems viable.

If Mr. Moorman or any other student with a mobility impairment has a problem

getting to a space on campus, please contact the Disabilities Services Office at X3395. Also, the campus Access Guide is available online at the DSS website. It provides detailed information about every building on campus, including location of elevators and accessible restrooms. Lastly, an Accessibility Work Group began meeting earlier this fall to address faculty, staff and student attitudes about disability as well as physical accessibility needs. The Accessibility Work Group is planning several upcoming events including a wheelchair challenge and a major speaker for our campus. Watch for further publicity. In the meantime, all members of the campus community are welcome to attend the Accessibility Work Group's meetings. The next meeting is at 10 AM on Friday, November 7 in Wheelock 101.

If you have a problem getting to a space, please let us know. There certainly is no need to painfully hobble up and down stairs.

• The Accessibility Work Group:  
Ivey West, Coordinator of Disabilities Services  
Donn Marshall, Associate Dean of Students (Work Group Chair)  
John Hickey, Associate Vice-President of Business Services  
Jackie Pearce-Droge, Director of CLAC  
Dave Wright, Director of SSSJ  
Yoshiko Matsui, Director of MCSS  
Shane Daetwiler, Director of Residence Life  
Bob Kief, Director of Facilities Services  
Marge Luthman, OT/PT faculty  
Ryan Honick, Class of '09

Dear Editor,

The "Tapestry of Learning Master Plan" indicates that our university wants to expand on-campus housing to 75%. To achieve this goal, the university needs to explore options to reduce the cost of living on campus. A room on campus costs \$4890 plus the \$2854 REQUIRED operating cost for an on-campus meal plan. Assuming a medium meal plan, that's \$8252 for seven and a half months, or \$1100 a month. In contrast, I pay

\$400 a month to live in a spacious off-campus house, \$200 a month for groceries, and about \$95 a month for utilities and internet, which is less than two thirds of the cost of living on campus. Unless the university lowers their on-campus housing costs, starting by eliminating the requirement to pay a hidden exorbitant "operating cost" for the diner, living off-campus will remain the popular option for economically-concerned students.

• Liam Rosen '09

# crosscurrents

# SUBMIT

STUDENT LITERATURE AND ARTS MAGAZINE

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1961

Former Vice President Richard Nixon speaks before a crowd of 3000 in the Collins Memorial Fieldhouse on Oct. 31. Nixon warned that unless the U.S. adopted a policy of victory in the Cold War, it would be quite susceptible to Communist domination.

1984

Three students team up to present a letter to the Editor entitled "University should allow marijuana." The letter continues on to state that "Marijuana is fast gaining acceptance throughout our society...and is no longer for the poor, the left, and the unpatriotic." Federal Laws are without mention.



## Rethinking finances in crisis

### Decreasing Dow results in smarter spending

ISABELLE EYRE  
OPINIONS WRITER

The early fall movie season is not known for being the pick of the year's films. Which is why I was not surprised when a little Disney flick by the name of "Beverly Hills Chihuahua" was number one at the box office for the first two weekends of October.

The movie, infamous for its highly irritating trailers, received average to poor reviews. After the second weekend of large box office draw, I actually read a blurb online that surmised that the reason for the movie's success was the current U.S. financial crisis.

The inevitable recession

apparently makes people want to watch light, mindless comedy. Chuck Viane, Disney's head of distribution, even thinks so—saying that movie theaters are "telling us we're getting more unaccompanied-by-children adults coming on their own. They are looking for a little entertainment."

Initially after I read this, I thought that Viane and the rest of the Disney crew should give themselves a little more credit.

It is not the stock market that is causing their movie to do well, American audiences would have taken their children to the peppy dog movie regardless of what was going on in Wall Street.

However, I cannot contest that the immense coverage of the financial crisis in the news and with regards to the election has begun shaping American fiscal priorities and the general mood of the country, re-

gardless of our taste in movies.

I read an article in the Seattle Post Intelligencer recently about how to shop for the holidays economically—by only getting presents with features that you think the person will use. Again, the lead-in for the article was the premise that the financial crisis is making everyone cut back. Gadget spending is at a low—Blu-Ray players in particular are suffering.

The question I have to ask is: what came first, the crisis or the symptoms?

The problem has actually been taking its toll since before the stock market dove and everyone started talking about the financial situation.

Eviction of renters, a rise in home-related crime (which is believed to be self-inflicted arson committed by those who cannot pay off their mortgages) and estimates that show that over 65,000 jobs in the financial sector have been lost since August 2007, all show that this financial problem has been a sleeping giant.

However the widespread affects were not well publicized until after the big crash earlier this month and subsequent media circus. When the fact that there was a problem became clear, people as a whole began reacting to it.

Perception is very important in the stock market. What Americans perceive affects their monetary decisions as much as what is actually going on. Just as the Dow Jones dropped when the Bailout Bill failed to pass the first time, so did the public's faith in their own abil-

ity to spend excessive amounts.

Since then, articles about frugality have come out in the newspapers, and numbers show that people really are cutting back on 'unnecessary' spending. This dive in commercialism is, honestly, refreshing.

If there is a 'positive' to the very visible financial crisis it is that Americans are becoming less excessive spenders. Of course, not all people think that is a positive thing but I believe a decrease in commercialism is refreshing. Even I am thinking more carefully about the way that I spend my money, and the Dow Jones does not directly affect me at all.

The American consciousness about the crisis, from how much money we spend to (apparently) what movies we go to see, has increased exponentially since the major stock crisis. While the anxiety over a recession has made the stock market shaky, I actually believe it has had a (relatively) positive effect on individual American values.

Which is why I decided to skip "Beverly Hills Chihuahua". Somehow I see that nine dollars being better spent somewhere else.

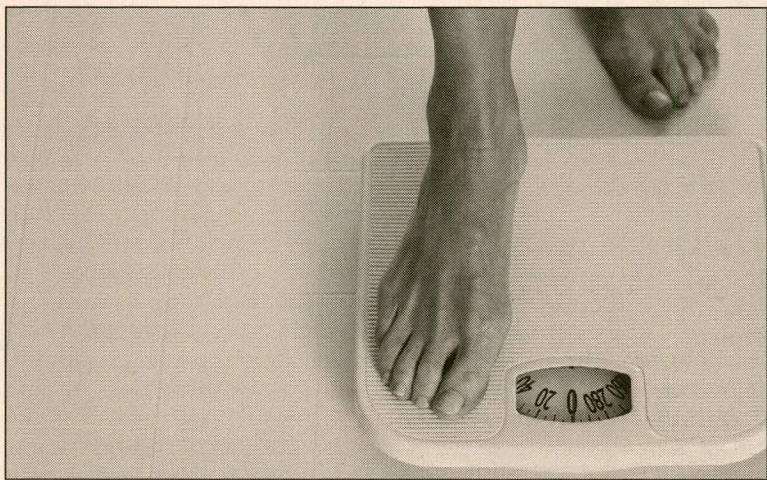
• Isabelle saw "High School Musical 3" instead.

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## DIETS — CONT. FROM PAGE 5



PHOTOCOURTESY/CREATINGHEALTHINAMERICA.WORDPRESS.COM

**Lose, lose, lose:** Weight loss diets, pills, and meals are everywhere but Americans still can't keep off the pounds.

the right nutrients head down to Bartell's. I am sure you can find all the pills you need for those pesky dietary needs. (If you are feeling weak and light-headed at this point, go ahead and have a snack. A nice glass of ice water should do the trick.)

Exercise 2: The hardest part of the day. I have heard that running is good for you but it is hard to work up to a good solid run. Integrate two minutes of jogging with ten minutes of walking, followed by one minute of running and twenty minutes of shuffling, then three minutes of running, five minutes resting, and finally thirty seconds sprinting and eight minutes sleeping. Pretty soon you will be able to run for ten minutes!

Meal 3: Dinner. Seeing as you have eaten nothing but some cereal and a few pills all day, dinner is the crucial time to get the food you need to keep you alive. It is also a hazard. Avoid carbohydrates and processed sugars. No bagels, pasta, juice or breaded sandwiches. Avoid fatty or fried food. Nothing from the grill or full fare. Avoid foreign food. Avoid meat. Maybe have a bowl of lettuce. No dressing of course, just leaves. Dessert: NO! Drop that

cookie! Just one bite will set you back weeks. Any ounce of sugar in your system will be so foreign at this point that should your body encounter anything remotely natural to its previous functions fat will most likely explode all over you and you will be forced to have your stomach stapled. (For more advanced weight loss addicts, I suggest a steady use of cocaine.)

Avoid all enticements to enter a regimen of healthy eating and regular physical exercise. Although it is the healthiest way to lose weight, get fit, and stay that way, this kind of active and enjoyable lifestyle is time consuming and requires brain function. I do not want you to over exert yourself. Just stick to the plan.

• Lauren had a cookie earlier today, but don't tell anyone.

### References...

"The Special K Challenge" [www.specialk.com](http://www.specialk.com)  
"Geographic Breakdown" [www.obesityinamerica.org/geographic.html](http://www.obesityinamerica.org/geographic.html)  
"The Total Health Shop" [www.thetotalhealthshop.com](http://www.thetotalhealthshop.com)

## Airport security going too far, not making us safer

M. LAWRENCE  
OPINIONS WRITER

Anyone else think that airport security is on a power trip? The guy who drove me to the airport from the rental car drop off after Fall Break said it best: "All those crazies need is one little vial to blow up a plane." Why, then, does TSA force anyone who wants to fly to jump through such elaborate hoops in the name of safety?

I am not suggesting that there isn't a tremendous need for airport security, but I do think that certain aspects of airport security that have been selected, and are subsequently blindly enforced, are perhaps somewhat irrational.

Let me first consider the most recent liquid regulations. You may bring through security as many three ounce containers of liquid or gel that you can fit in one quart zip-lock bag. While this may sound generous, this does not amount to much.

Additionally, because of recent stipulations that passengers must pay to check luggage many people are motivated to pack only in carry-on baggage to avoid extra costs. This makes



PHOTO COURTESY/MUC.IN/AIRPORT

**Some precautions unnecessary:** Although airport security is important, you have to wonder just how much is too much.

the quart bag limitation seem absurd. The traveler is forced to prioritize, such essential items as shampoo and deodorant.

However, where did the quart zip-lock stipulation come from? If the rental car man was right, and I think he is, the scant number of bottles that we can bring on a plane is more than enough to blow up several planes.

I do not see that the quart zip-lock is an effective limit, in terms of safety, and it is certainly impractical and vastly inconvenient on the part of the traveler. If someone who wants to blow up a plane is not stopped by the liquid stipulation, and the travelers are inconvenienced, what exactly is the point of that damn zip-lock bag?

I would next like to consider the absurdity of items that constitute "liquid" or "gel." Last spring, my mother had a package of cream cheese confiscated by airport security under the assertion by them that it was a "gel," it, of course, being likely that my five foot five, sixty-year-old mother had in fact concealed an explosive substance in her cream cheese.

Needless to say, since that incident, I have stopped car-

rying yogurt onto planes.

I would expect that anyone serious about blowing up a plane would not be attempting to hide the explosive in cream cheese, and would go the more practical route of something smaller, and non-descript.

The final absurdity to the liquid limitations is how easy it is to get liquids that are not in the quart zip-lock bag through security scanners. I have personally done this by accident on several occasions.

If liquids can get through security unnoticed, then the airports should not be concerned with limiting the amount of liquids, but rather with limiting the location of these liquids in luggage, and more importantly with the quality of their scanners.

I think it is more important that all liquids be in one place in baggage, for an easy search, rather than concerning ourselves with how many liquids are in the baggage. Likewise, what is the point of these liquid rules, if I can accidentally get liquid through the scanners?

• Meredith is realizing the positives of 2-in-1 shampoo: only one bottle needed.



# Victory eludes UPS men's football in second half

## *Tough season continues for Loggers, now 0-3 in Northwest Conference*

KYRA FRIEDEL  
SPORTS WRITER

The Puget Sound Loggers suffered a close loss to Pacific Lutheran University Saturday, Oct. 26 by a score of 14-7.

Tacoma is home to students and faculty at both PLU and UPS, and last Saturday when the Lutes and the Loggers battled for bragging rights of their home city, PLU narrowly beat out UPS for the city championship.

The Loggers and Lutes fought tooth and nail on Saturday, ending after two hours and thirty eight minutes on the field. Despite close contests in their previous five games against PLU, UPS has lost four and will not get another chance at revenge until next season.

UPS took a 7-0 lead in the second quarter with twelve minutes remaining in the half when senior quarterback Gavin Williams (Ocean Shores, Wash.) threw a 42-yard touchdown pass to senior wide receiver Darrel Stewart (Long Beach, Calif.). Stewart made a spectacular catch on the run and headed untouched into the endzone.

The field looked more like a ping-pong match than a football game as the two teams struggled for control. PLU's Kyle Whitford scored on a 65-yard pass from the senior Quarterback Michael Byrne, but PLU place kicker Nikolas Frid failed to make the subsequent field goal, keeping the Lutes one point behind the Loggers.

Ten minutes into the fourth quarter, PLU took the lead for good when they went for two after a touchdown thrown by Byrne and caught by sophomore tight end Blake Gorle. Byrne's conversion was dropped, translating into a failed conversion for the Lutes.

The action continued until the last minute of the fourth quarter when Tony Slater tackled Williams for a safety, which gave the Lutes two additional points, bringing the game to a finish and a final score of 14-7.

On Saturday Oct. 18, the Logger football team lost to the Whitworth Pirates 35-7. The two teams battled it out at an away game in Spokane, Wash.

Whitworth junior running back Adam Anderson scored the first touchdown of the game in the eleventh minute of the first quarter. Their advancement was quickly rivaled by Gavin Williams who threw a fifteen yard pass to Senior Wide Receiver Richard Bigelow (Auburn, Wash.).

Anderson proceeded to score four of the Pirates' touchdowns: one in the first quarter, two in the third, and a fourth in the last quarter. Whitworth freshman running back Shenon Moore also scored a touchdown in the fourth quarter with a minute to go in the game. The game against Whitworth was a Northwest Conference matchup. The teams were evenly matched, but the Loggers now stand 0-3 in conference with the Pirates at 1-2.

Based on the Loggers' season stats, 56 of their first downs are from rushing, in contrast to 43 of their opponents'. Additionally, 33 of their first downs are from passing compared to the Loggers' opponents' 63. Looking forward, Logger football will try to improve upon their passing statistics and step up their aerial game.

The Loggers hope to win back some respect when they play Linfield College next Saturday, Nov. 1 at home in Baker Stadium.

• Kyra Friedell is a "Gold Digger" for Halloween



**Brought Down:** Senior Safety Demetri Huffman (Lynnwood, Wash.) started Saturday's game despite having a broken hand.

ASUPS PHOTO SERVICES/ANDREW SHERIDAN

# Lutes come out on top in rematch with Loggers

## *PLU needs five sets to beat UPS, now second in Conference play*

DAVID SKOLNIK  
SPORTS WRITER

The fierce rivalry between UPS and PLU came to a head on Wednesday, Oct. 22 when the two schools clashed in a critical women's volleyball match. Both teams were nationally ranked and tied for first place in the Northwest Conference. Unfortunately the #19 Lutes left with a hard-fought victory over the #15 Loggers at Stadium High School.

Both teams struggled for control in the first set but it was the Loggers who were able to overcome their mistakes to prevail 27-25. The Loggers rode the momentum of the early win and looked in control of the match after a come-from-behind 25-23 victory in the second set.

Despite being down two sets to none the Lutes refused to fold. After falling behind 7-3 early in the third set, PLU

caught fire and rolled to a momentum shifting 25-21 win. They continued to dominate play in the fourth set, scoring 16 kills and just two errors,

The Loggers' four-set victory over the Willamette Bearcats was the 500th career victory for Coach Mark Massey.

pulling away from the Loggers and scoring a 25-23 victory.

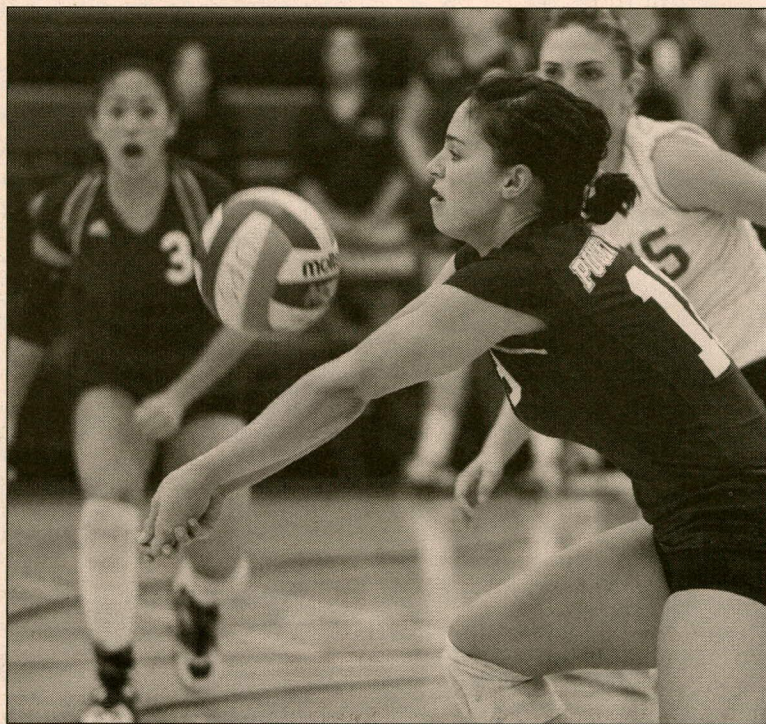
With the score tied at two sets apiece the fifth and deciding set was gut-check time for both teams. Unfortunately the Lutes rode the momentum they built in sets three and four to a 15-10 set victory and the bragging rights that come with a win in this always hard-fought rivalry.

"We just were unable execute the game plan to pull it together and put them away. It was a game that we would have really loved

to have won, but now that its behind us, we need to focus on our upcoming matches and finishing out the rest of conference play strong," Sophomore Molly Gibson (Seattle, Wash.) said.

Friday Oct. 24 was a historic night for one member of the UPS Volleyball team. The Loggers' four set victory over the Willamette Bearcats was the 500th career victory for Coach Mark Massey. The #15 ranked Loggers defeated the Bearcats 25-17, 21-25, 25-20, 25-14 as they bounced back from a tough loss against PLU and kept their postseason hopes alive.

The Loggers wasted no time in the match, jumping out to a 15-6 lead in the first set before settling in for the 25-17 win. UPS had a .297 hitting percentage in the opening period compared to Willamette's .033. The Bearcats weren't going down



**Passed:** Sophomore Outside Hitter Natalie Monro (Eagle, Idaho) had six kills last week against the #19 Pacific Lutheran Lutes.

ASUPS PHOTO SERVICES/ANDREW SHERIDAN

SEE VOLLEYBALL PG 8



## VOLLEYBALL

CONT. FROM PAGE 7

without a fight, and they proved it in the second set. They played a tremendous game, with 16 kills and committing only three errors to pull out the 25-21 victory.

Despite the loss in the second game, the Loggers were not rattled. They ran out to a 12-4 lead early in the third set and held off a late rally by the Bearcats for a 25-20 victory. The third set victory seemed to deflate Willamette's hopes and the Loggers took advantage. UPS scored 13 kills with just three errors while the Bearcats committed eight errors and scored only seven kills.

The announcement of his 500<sup>th</sup> win came as a surprise to Coach Massey. He has been coaching volleyball for 33 years, including 29 as a head coach. His career started with 55 wins during three seasons at Syracuse University spanning from 1980-82. He coached at Northeastern University and Cal State Los Angeles before joining the Logger family in 1996. With Friday's win, Massey's record at UPS is 229-104.

"Mark is a volleyball wizard so playing for him in general is an honor. I feel completely privileged to have helped our team achieve his 500th career win," Junior Lindsey Denman (Kenmore, Wash.) said.

The Loggers next game is Friay, Oct. 31, when they will play host to the Whitworth Pirates at Stadium High School.

• David Skolnik is a kosher bottle of wine for Halloween



ASUPS PHOTO SERVICES/ANDREW SHERIDAN

**Service:** Freshman Brynn Blickenstaff (Eagle, Idaho) sends off a jump serve. Blickenstaff is second for the Loggers in points scored.

## Champions again

### Women grab seventh straight NWC title with pair of wins

CHRIS DUGOVICH  
SPORTS WRITER

The women's soccer team clinched their seventh NWC championship in row last Sunday, living up to what has become one of the most well regarded soccer programs in the country.

The ladies are on a twelve game winning streak as they head into their final four conference match-ups. Over the last few weeks, they have dominated their opponents, even crushing PLU eight to zero on Oct. 15. The momentum shows no sign of slowing as the team takes on four more opponents before heading into the post-season.

The eight goals scored in the PLU match are the most put up by a Logger team since a 2001 season-opening 9-0 win over Morningside. Scores came from everywhere as the team triumphed over their rivals.

Returners Janece Levien (Beaverton, Ore.), Melissa Abellanida (Pukalani, Hawaii), Fiona Gornick (Portland, Ore.), Kallie Wolfer (Salt Lake City, Utah) had impact performances in the victory, but it was the young faces that dominated the pitch. Freshmen Jenny Moore (Kent, Wash.), Abby Goss (Spokane, Wash./University), and Mikaela Freeman (Alameda, Calif.) each put scores on the board with Sophomore Molly Winterrowd (Tigard,

Ore.) adding one of her own.

Last Saturday the Loggers beat George Fox for the second time this season, breezing by with a four to zero victory at home on Peyton Field. Strong performances came again from the NWC's leading scorer Janece Levien, who scored a pair of goals to increase her season total to 17.

Fiona Gornick established a 2-0 UPS lead in the seventh minute after firing a beautiful shot from the upper right corner of the box to the upper left corner of the goal. The Loggers' final goal came off the foot of Freshman Theresa Henle (Issaquah, Wash.), following a pass from Winterrowd in the 89th minute.

The big game came last Sunday where, on the East Athletic Field,

The eight goals scored in the PLU match are the most put up by a Logger team since a 2001 season-opening 9-0 win over Morningside.

the Loggers clinched the NWC Championship against the 16<sup>th</sup>-ranked Whitworth Pirates. The Loggers were on the board

early in the first half when Fiona Gornick found Janece Levien on the right side to put the score at a one to zero Logger lead. A long feed from Nikki Graff (Corvallis, Ore.) found freshman Jenny Moore in the 28<sup>th</sup> minute, who booted the ball into the goal for the final score of the match. Kallie Wolfer made three saves to ensure the shutout.

The Loggers get into the last leg of the regular season resting on a fourteen and one record. The win over

SEE CHAMPS PG 9



ASUPS PHOTO SERVICES/ANDREW SHERIDAN

**Denied:** Senior Midfielder Fiona Gornick (Portland, Ore.) evades Whitworth trying to steal the ball.

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# After bittersweet weekend, UPS men's soccer still holds out hope for shot at the playoffs

BRIAN WALKER  
SPORTS EDITOR

Last Saturday, the UPS men's soccer team came away with a victory against the Whitman Missionaries in an overtime stalemate 1-0. On Oct. 26, the Whitworth Pirates came to the Puget Sound to try their luck against the Loggers and won 3-2. The Loggers trailed in the Northwest Conference standings and saw the weekend's games as a chance to catch up with the top two teams. A pair of wins would have catapulted UPS to first place in the NWC with only three games remaining in the regular season.

Saturday's contest proved to be a close fight as two teams battled each other for sole possession of second place in the conference. More importantly, with only a few remaining conference games, each victory or loss could potentially affect who secures the conference championship and, consequently, a play-off berth.

Whitman dominated the offensive side of the game, outshooting UPS 9-3 in regulation. Despite their many scoring opportunities, the Missionaries were unable to turn their efforts into points on the scoreboard. Junior Goalkeeper Greg Saetrum (Boise, Idaho) was a large part of the Logger defense that held Whitman at bay. Saetrum finished the day with six saves, four of which came in the first period.

The second period passed much the same way—a number of unsuccessful shots. With

the game tied at 0-0, the two teams prepared for overtime.

Defense remained the focus in the first overtime period. UPS and Whitman took turns

on-goal. The first overtime passed without a score by either squad, and the game was prolonged into a second overtime. Then, in minute 108, Ju-

assist by Taylor Hyde (Sandy, Utah), his third of the year. Peterson's game-winning goal was his first of the season. On Sunday Oct. 26, the con-

man, the Loggers led the day in number of shots with 17 to the Pirates 15. The first goal was scored by the Pirates 32 minutes into the contest on a corner kick and was followed by another only seven minutes later. Down 2-0 to the NWC leaders, the Loggers found themselves desperately needing a score.

Their relief came when Freshman Midfielder Ameer Mohit (Olienda, Calif.) scored on an assist from teammate Freshman Midfielder Michael Dooley (Portland, Ore.). The Loggers were able to finish out the period trailing Whitworth 2-1.

With only a one-goal deficit to overcome for the tie, the Loggers set out to do just that. However, the scoring ability of Whitworth was too much for UPS who gave up another score to Whitworth's Eddy Prugh (Bozeman, Mont.).

Now down by two, and with only 15 minutes left in the game, UPS tried to catch-up. Whitworth played tough defense and refused to the Loggers creep back into contention. When Taylor Hyde scored another UPS goal with less than three minutes remaining in the game it was too little, too late. As time expired, Whitworth still held a 3-2 lead and their position atop the NWC standings.

UPS continues their quest for a playoff berth Nov. 1 on the road against the Pacific Boxers and on Nov. 2 against the Linfield Wildcats.

• Brian Walker is Shrek for Halloween



ASUPS PHOTO SERVICES/ANDREW SHERIDAN

**High Kick:** Sophomore Daniel Lee (Seattle, Wash.) has started in 14 of 16 games this season for UPS.

attempting shots, with Whitman Keeper Brett Axelrod (Union, N.J.) getting saves on both of the Logger's shots-

nior Cole Peterson (Great Falls, Mont.) of UPS ended the stalemate and scored the game-winning goal from an

ference-leading Whitworth Pirates came to East Field to fend off the upstart Loggers. Unlike Saturday's game against Whit-

Whitworth gave the Loggers a 12-point advantage over second-place Willamette in the NWC standings.

With just four games to go, the Loggers can clinch sole possession of the conference title with a win or a tie in any of their remaining games. The way the season has gone so far, it looks like the ladies should not have a problem.

The Loggers' next appear-

ance is set for tomorrow, Nov. 1 at noon in Forest Grove, where they will take on the Pacific Boxers. The Loggers then travel to McMinneville, home of the Linfield Wildcats to finish out their Oregon road-trip.

• Chris Dugovich is a pirate for Halloween

## Women's Soccer Statistics

Goals Per Shot  
Attempt: 47-285

Shot  
Percentage: .165

Logger Shots Per  
Game: 19.0

Opponents Shots Per  
Game: 7.3

Logger Assists: 35

Opponents  
Assists: 3

Average  
Attendance At Logger Home  
Games: 257

## Trail Featured Athlete - Nikki Graff, Women's Soccer

• Welcome everyone, to the first "Trail Featured Athlete." Each week for the rest of this year, The Trail sports section will be highlighting the achievements of one outstanding UPS Athlete. As always, we welcome reader recommendations for featured athletes which can be submitted to [trailsports@ups.edu](mailto:trailsports@ups.edu).

• Senior Nikki Graff (Corvallis, Ore.) has provided solid senior leadership for the Loggers this season. Graff is part of a defense that has played ten shut-outs and held four teams to a single goal.

Such strong defensive play is undoubtedly a major factor in the conference championship recently guaranteed by the Loggers' latest win on Oct. 25 and 26.

Graff has started every game this year and her dedication earned her the honor of Northwest Conference Defensive Player of the Week for Oct. 27.

In addition to her skills on defense, Graff has spent some time in the past on the offensive side of the field. This season, Graff has been credited with an assist on five shots, but last season she had three goals for UPS on 22 shots.

Come watch the Logger defense featuring Nikki Graff and the rest of the Women's soccer team in their final two games of the regular season Oct. 7 and 8 on Peyton Field.

Congratulations to Nikki Graff on her NWC Player of the week



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Hey You...

Wanna submit a Hey You? Email trailheyyou@ups.edu or put one in the box in the cellar.

Rules:

- No reference to drug or alcohol use
- No references to identifiable people
- No excessive use of foul language

"HEY YOU," sexy Irish bugboarder, we can do it on your board anytime.

"HEY YOU," res life people! You are SO under appreciated. Thanks for all that you do.

"HEY YOU," they attacked me and followed me here, I did NOT bring them.

"HEY YOU," CWT tutor, you're so cute and awkward. If I did badly on my paper, its because I was staring at you the whole time.

"HEY YOU," sempai, I totally have a crush on you.

"HEY YOU," high school friend, next time I see you in the library lets cut the crap and get down to business.

"HEY YOU," table boy, lay off the graffiti.

"HEY YOU," Oppenheimer Café, you make my day.

"HEY YOU," basketball star, stop pretending you have a girlfriend and ask me out.

"HEY YOU," outdoorsy man holding the camera, YOU ROCK!

"HEY YOU," awkward shuttle express rides, why won't anyone talk?

"HEY YOU," Brave hat-wearer at the Cellar, you sexy thang.

"HEY YOU," she has reached her peak.

"HEY YOU," Smith RA, I want you to write me up then take me down.

"HEY YOU," ASUPS guy, you're so goofy cute it makes me smile.

"HEY YOU," newspaper crew, good job!

"HEY YOU," large guy with tight t-shirts, get bigger ones.

"HEY YOU," sexy violin girl, if my mom would let me borrow her car I would take you to the library.

"HEY YOU," I'm sorry and I hope we can really be friends again. I miss you and you're too awesome not to hang out with.

"HEY YOU," buff chix in the cellar, I love it when you're super saucy.

"HEY YOU," I'll give you bona fide lovin' oh, oh, oh, oh.

"HEY YOU," hottest girl on the team, I'm so in love with your green eyes. Look at me every once in a while?

"HEY YOU," I'm sorry, but staying away from each other is the only choice we have.

"HEY YOU," we should make out again sometime.

"HEY YOU," I don't want to hurt either of you, so for now I am going to keep my distance.

"HEY YOU," its scary how alike we are.

"HEY YOU," Chaiyya dancers, you're the best! Big Bollywood love!

"HEY YOU," I think the ancient Greek legend that women were created as a punishment for mankind might actually hold some merit.

"HEY YOU," super sexy girly-girl, you're a friend on whom I can depend.

"HEY YOU," house of hotties, how much toilet paper can we steal from the sub before we break down and buy our own?

"HEY YOU," housemate, sorry for making my girlfriend orgasm so hard that we kept you up all night.

"HEY YOU," sexy Cel-lar workers...no, not you. I mean the girls. You're Bangin'.

"HEY YOU," midterms suck.

"HEY YOU," Smith girl, you are worth any dental pain that comes my way.

"HEY YOU," crew boy with big pearly whites, can I get those muscles on eBay?

"HEY YOU," really really short girl, stop staring at me.

"HEY YOU," sexy crew boy with the molester stash, come by and you can have some free candy.

"HEY YOU," freshman, try showing a little respect.

"HEY YOU," Whitworth, you are the luckiest pieces of shit.

"HEY YOU," super cute RA who almost busted me for beer last year, I love your eyes.

"HEY YOU," Diversions worker, why not put your number on my next extra whip caramel macciato?

"HEY YOU," an eyeliner nose does not make you an animal!

"HEY YOU," stop being such an egotistical jerk! You talk about yourself ALL THE TIME! STOP!!

"HEY YOU," sexy crew boy, can we make out in the closet, or did you come out already?

"HEY YOU," buttplay, my house, Friday night.

"HEY YOU," once is tolerable, twice is annoying, and three times makes you a stalker. Get out of my bizness!

"HEY YOU," Irish Princess... do me now!

"HEY YOU," cute guy I smile at whenever we cross paths. Make a move!

"HEY YOU," Just because I live in the basement of Trimble doesn't mean I don't like natural light and fresh air. Yeah, you can see in my room, get over it. I did.

"HEY YOU," crew girl, thank you for the meh-eeh in Thompson--it brightened my day and made me smile.

"HEY YOU," SUB, stop weighing EVERYTHING!

"HEY YOU," ginger, I think it's best that we're dating on the regular.

"HEY YOU," Chill. I only walked in on you twice...lock your door.

"HEY YOU," girl in history class, stop showing all of us how well you can pick your nose. It's really not that sexy.

"HEY YOU," Sorry to be a PR risk but our sorority does love condoms.

"HEY YOU," sorry to all the hey yous that we didn't have space for this week.



## SUMMER SESSION

Register for Spring with Summer In Mind!

The schedule for Summer Session 2009 is now available through Course Offerings in Cascade.  
<http://cascade.ups.edu/>

The schedule for Summer Session 2009 includes a number of Connections core courses, as well as other courses that will meet the Upper Division requirement.

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## The art of impromptu costumes

BY AMBER CATFORD  
FEATURES WRITER

Good golly, it is Halloween already? Some people have been anticipating the day for ages, others dreading it, and then perhaps a few have simply been putting it off. But it is upon us now, and even if you thought you weren't going to be dressing up, maybe you have been preemptively lamenting your missed opportunity.

Do not be sad, though. Halloween costumes do not have to take a lot of planning, nor do they have to cost a lot. There are many things you can do. Here are a few ideas for anyone who needs some last-minute inspiration:

Duct tape. Yes, the good-for everything tape actually is exactly that – good for everything! This includes Halloween costumes. You can design pretty much any kind of costume out of it, and if you get a few different colors, you practically have the world at your sticky fingertips. A Rubik's cube, a roll of toothpaste, the tin man. You can instantly transform clothing with this magical creation.

Another great thing you can use to design your costume: Cardboard. The cardboard and colored duct tape combo actually provides you with a lot of options. With some colored tape or a little more time and some paint, you can come up with a simple costume for just about anything.

Another simple one you can always go for is a toga. Grab your sheet off your bed and suddenly you are a Greek god or goddess. If you are going to be heading over to a thrift store last minute, there are also some other pretty simple costumes you could go for: nerd, old man/woman and hippie are just a few ideas you might come up with in the wonderful world of thrift stores. It is also easy to dress for one of the decades when you're looking for costumes at secondhand stores. One small find can be the start of an amazing costume idea.

Feeling political? It does not take much to impersonate a politician. For example, to be Sarah Palin all you really need are a pair of cheap drugstore glasses, a pair of slacks (unless you happen to have a nice magenta pantsuit lying around) and some red lipstick. Throughout the night throw in some of her lingo (you know. Start leaving off the g's in words ending with "ing," and a few "mavericks" or a "ya" here and there would not hurt either.

For people who simply have been lazy but do not mind putting down a bit of money, the costume shop on 6th Avenue will be open until 6 p.m. on Halloween night with a great selection of wigs, jewelry, accessories and costumes.

The Tacoma mall also provides a large selection at stores like Spencer's and Hot Topic, among many others. And you can always head to the Spirit Halloween superstore on the Tacoma Mall Boulevard.

The opportunity to dress up like this only comes once a year, and it is so easy that there really is no excuse not to.

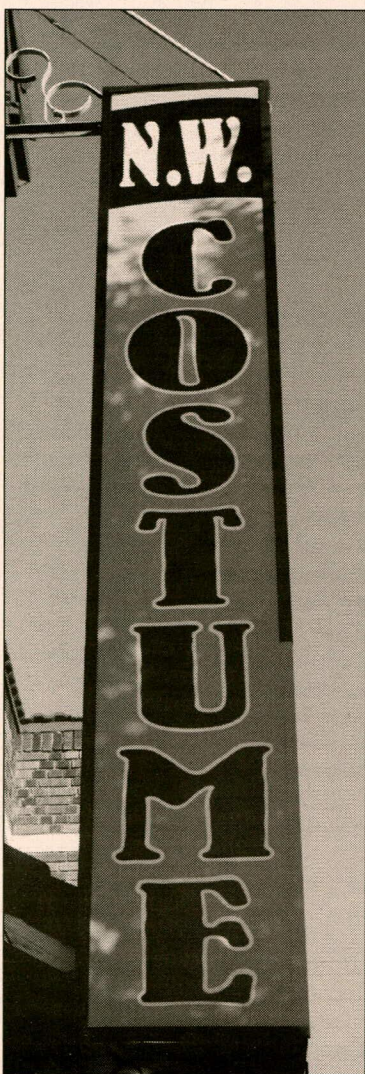
# Hello, Halloween



ASUPS PHOTO SERVICES/SPENCER WADNIZAK



PHOTO COURTESY / THE HONORS PROGRAM



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**Costume time:** Top: The Langlow House, located on N. Alder, is putting on its annual haunted house. Middle: The cast of the 2007 Langlow Haunted House. Directly above: The NW Costume shop on 6th Avenue offers many costumes and accessories for Halloween.

## Welcome to Langlow asylum

BY MARY KRAUSZER  
FEATURES WRITER

What is scarier than a house full of nerds? A haunted house full of nerds! Jokes aside, the Langlow Freshman Honors House is once again putting on its annual haunted house. Each year the eight-bedroom Victorian-style house is converted into a haven of horrors and hostile happenings. Indeed, Langlow has a reputation of being successfully spooky.

"[It is] a legitimately scary haunted house," said former Langlow resident and RA Peter Ott.

Past themes include "Haunted Victorian" and "Phobias: What Are You Afraid Of," featuring everything from torture scenes to possessed dolls, and, of course, creepy clowns. This year's theme "The Madhouse: Haunted Asylum" is guaranteed to be a fright factory to uphold the legendary Langlow tradition. After all, what could be more mad than a house full of over-achievers?

The Langlow residents and members of the Honors Advisory Committee (HAC) have been planning the event for nearly two months and are anxious to put on their petrifying show.

"I'm so excited [for the haunted house], I peed myself three times today!" said current Langlow resident Claire Schaffer.

Similar attitudes of animated awaiting prevail throughout the honorus houses as Halloween nears.

The haunted house actually occurs on Halloween, Friday, October 31. The evening begins with a Children's Hour from 6:00-7:00 p.m. For this first hour, all the frightening fanfare is toned down to a level of creepy that your eight-year-old brother could handle. Children from the Tacoma area and even children of UPS professors frequent the freaky function. At the end of Children's Hour, there is a thirty-minute break for Langlow to crank up the creepy, usually adding a bit more blood and turning up the scary music and subsequent screaming. "We don't look down on you if you're an adult and you come to Children's Hour," Ott said of this intimidating intensity increase.

The Honors Program sponsors this annual event as a fundraiser. There is a suggested two-dollar donation at the door which benefits the Pierce County AIDS Foundation (PCAF). In the past, the funds have gone to organizations such as Kids Can Do, but, knowing that so many UPS students are already involved or interested in supporting PCAF, the Honors Program is joining in that support.

So, if you're still making plans for your Halloween evening, consider making the short walk across campus to 1218 N. Alder, directly across from the media house, at the bottom of the hill from Seward dormitory. There you will find the majestic monstrosity made from an honors house to a horror house for just one night.

*The Madhouse will be open October 31. The children's hour is from 6 -7 p.m. and the adult version will be open from 7:30 to 10 p.m. The Langlow House is located at 1218 N. Alder.*



## Students volunteer at MetroPark's Monster Mash Bash



**Monster Mash Bash:** Above: A crew of UPS students volunteered at the MetroPark function. Below: Spooky scenes and Halloween festivities were provided for Tacoma's children.

BY SHELBY TAYLOR  
FEATURES WRITER

"I forgot my eyeballs," the Flower Child said.

With princess headgear that one could purchase at any Renaissance Fair and a train of stick-on flowers running from blouse to jeans, the Coordinator of MetroParks' Monster Mash Bash was dressed for the part.

At this point, six UPS students from Phi Eta Sigma and Rotaract Club found themselves in a dimly lit room with two tables. It looked as if the two tablecloths had been paintballed with red paint, and on top of the "bloodied" linens were spiders, bones and ear lobes.

The Flower Child flitted about the room and turned on sets of eyes that were mounted on the wall. She called for all pirates and witches and suggested that they make themselves at home.

This was junior Alyx Buffum's and sophomore Alice Haele's domain on October 24 at the South Park Community Center.

Buffum first heard about the Halloween carnival/haunted house service opportunity through sophomore Lisa Griswold, Phi Eta Sigma Co-Activities Chair. Buffum's reasoning for volunteering was twofold: it would be a fun way to get more involved and work with young ones.

Buffum dressed in an age-appropriate pirate get-up and was thus assigned to the witches' kitchen.

"Mostly we sat and passed out candy and told kids how much we liked their costumes and tried to be friendly," said Buffum. "Sometimes the haunted house was a little too scary for the really little kids, but they always seemed okay once they realized they got more candy from us. Parents escorted their kids through the entire event so if there was a scary part they were always there to give comfort."

Haele did her time in the witches' kitchen, as well. "I helped pass out can-

dy to the children as they came by to observe all of the creepy goods we were 'brewing' on the tables."

A highlight of the night for Buffum was seeing the different costumes the children paraded around in.

"There were a few little girls dressed up as Princess Leia from Star Wars, and they had cute little hats with the big cinnamon roll looking buns on the sides," Buffum said.

The night continued to be entertaining. "Any particularly funny moments, you ask... Well, there were too many! The manager in a hippie costume, a volunteer acting as a scary homeless man, sweeping [after the event] was pretty epic and a pair of boys dressed as Power Rangers refusing to enter the haunted graveyard parts-- so much for Power... Ranger!" said Griswold.

Griswold and sophomore Shannon Leftwich helped with the haunted house end of things.

"Some people were in the haunted house with different scary roles, but I was 'docent-ing' which basically means I was in charge of leading kids through the haunted house," Leftwich said.

Griswold added, "The kids got to knock on the doors of little houses and trick-or-treat. Then we led them into the haunted graveyard which entailed a great deal of screaming, but the witches' kitchen calmed them down, where they found more candy to eat!"

Leftwich commented, too, on the creativity of the kiddie costumes. Her favorite was the mummy princess.

Unlike Buffum, Leftwich heard of the Bash through Rotaract Club, a "community service organization... which hosts a lot of volunteer opportunities like these."

The volunteers agreed that they would come back the following year, if given the chance.

"I certainly would volunteer again. The event seemed well put together, and if I was a kid, I would enjoy the Monster Mash Bash. In my opinion, that is a really good reason to volunteer," Haele concluded.

## The history behind the horrors and haunts

BY CASEY WHITLATCH  
FEATURES WRITER

Halloween is one of my favorite holidays, but it wasn't even considered an American holiday until the mid-19th century due to the Puritanical beliefs of our nation's founders. Though today it is viewed as another day of debauchery, it is a holiday full of symbol and ritual; and its origins are mythical and often controversial.

The best accepted theory for the origin and history of Halloween is that it started with the festival of Samhain. This ancient Celtic festival celebrated the last night of the year (their year began on November 1). For them, this time of year marked the harvest, but the coming cold also represented human death. On October 31, the souls of the dead were allowed to return to Earth because the breaking of the two

years made the line between the world of the living and the world of the dead hazy for that one night. This blending of the worlds, the Celts believed, made it easier for their priests to make predictions about the people's welfare in the upcoming year.

Unfortunately, the presence of the ghouls impacted the lives of those still living in a negative way, as well. Often, crops and other types property were damaged on this night. The Celts wore costumes, built bonfires, and read each other's fortunes during the festivities. At the end of the night, they lit their fireplaces with torches from the bonfires as a symbol to protect them from the oncoming winter.

Later, the influence of Roman imperialism and then of Christianity changed this celebration by fusing it with their own. Remember dunking your face in a bucket of freezing October water to grab that apple as a kid? The tradition of bobbing for apples

comes from the Roman's end-of-October festival celebrating the Goddess of fruit bearing trees, Pomona. The name Halloween (or All-Hallows Eve) comes from All Saints Day (Middle English Alholowmesse meaning "All Saints Day").

Pope Gregory IV moved the holiday from May 13 to November first in the 800s. Though All Saints Day is celebrated in early November today, they were at the time of the move celebrated together in a joint recognition of the dead. This holiday added the demons, angels and devils aspects to our modern holiday.

When All Souls Day was designated as November 2 two-hundred years later, the three holidays made up a festival called Hallowmas.

In the States, when we think of Halloween, we generally think of pumpkin carving (jack-o-lanterns were originally used to ward off bad spirits), trick-or-treating (from the tradition of

begging for "soul cakes" at All Souls Day parades) and costume parties (costumes were worn in Celtic and European traditions to keep the ghosts from recognizing them as human).

But what about other countries? In Ireland, where some of the Celtic tradition is still present bonfires, carnivals and fireworks are commonly used to celebrate the time of year. In England, some children participate in American-style trick-or-treating. Another important fall night in England is Mischief Night (there are variations of this all over Northern England).

On this night, October 30 according to most sources, kids and teens participate in "tricks" on adults in their neighborhoods. These include egging, ding-dong ditch and some more vicious forms of vandalism.

In Mexico people have three days of festivals to celebrate this time of year: Halloween (Noche de Brujas) followed by All Saints

Day (the first part of the two-day celebration of Dia de los Muertos). These festivals include rituals to honor the dead including parades, offerings and the making of "sugar skulls" to give respect to a deceased loved one.

So, have plans for tonight's multi-faceted holiday? Not yet? There are a few last minute options in the area. If I were you, I'd check out the Black Lake Haunted Asylum at the Freight-house Square near the Tacoma Dome. The website warns that this event is not for those with weak constitutions, so it has to be good. Not your cup of gummy eyeball punch? Check out the Fright Fest at Wild Waves and Enchanted Village. It doesn't get any better than a cheesy theme park covered in Halloween Décor. Of course, you could always throw a costume party of your own, just locate your devil horns, make up some "poisonous" punch and voila!



# Student's attempt to cross Todd Field on foot ends in tragedy

BY BARRY GOODS  
COMBAT ZONE FELLOW

As the cool air grows sharper and the yellowed leaves around campus begin to dance in the wind, few students at the University of Puget Sound can fully enjoy the weather as their thoughts turn to the tragedy that took place on Todd Field late last night. Sometime shortly after midnight, a grave loss of judgment and misfortune caused one of the most serious incidents in recent history.

It was a night like any other, yet (as some who were there now claim) somewhat different. Several witnesses recall that the sky was "darker" and "decidedly more ominous than usual." The usual campus aroma contained a bitter quality, peculiar for this time of year. While it might have been the flush of excitement for the next day's Halloween festivities or perhaps a simple miscalculation,

no one is quite certain what compelled four freshmen to attempt to cross Todd Field that night.

Cathy Arlsburo, a close friend of the victims, says she was there when the whole thing went down.

"We were all hanging out in the parking lot by Seward and Register when a few of us decided to walk to The Met. I said we should walk around the field to get to Union, but [the four students] didn't listen. I don't know exactly what happened, it was so dark...but I saw them run off into the grass and then I heard them start yelling something. I thought they were joking around but then they began screaming. I couldn't see anything, but in a few minutes the screaming stopped and we all thought they just ran off somewhere."

As police confirmed early this morning, the field had "swallowed them up completely."

Said Deputy Jim Trenton, "This

is hardly a unique case. Every year we get reports of missing folks who try to cross the grassy fields during the colder seasons like this. I don't know why they do it. That mud is like quicksand this time of year. We usually don't get there in time to do anything but fish the dead bodies out of the muck."

Not all students were sympathetic to the situation. Said one senior walking to a class in Wyatt, "They deserve it. I walk around that field everyday. Anyone who's been in the Pacific Northwest for more than a few days knows not to cross a field after mid-September and before April. They were impatient and reckless, and maybe everyone else can learn something from it. But, seriously? How cool is it that this happened on the night before Halloween? Awesome."

• Barry Goods is reportedly "freakin' scared outta my goddamn mind! We gotta get out of here!"



ASUPS PHOTO SERVICES / PAUL WICKS

Kablooe (left) proposing plan to disgruntled suitemates (right)

## Student to wash sheets

BY BIGG CHAMPAGNA  
TREND WATCHER

This week, a resident of Trimble Hall announced her plans to wash her bed sheets. Suitemates and hallmates alike had looks of concern on their face as the UPS junior classwoman Diamond Kablooe attempted to draft their support in the form of advice and quarters.

Kablooe's Resident Community Coordinator told The Trail that he was, "...impressed with Diamond's initiative," and "can not believe she is taking on more projects."

Kablooe is known around Trimble for being a go-getter. "She is known around these halls as the 'Lazy Moses,'" said her suitemate Cathy. "Trimble residents will follow her anywhere. She was the one that started our tradition of hanging out in the common room, watching ironic movies and then going to the cellar until close. If she starts washing her sheets, that means everyone will soon be doing it."

The more people we spoke to about Kablooe's announcement the more we began to understand the social impact of her decision, why it was worthy of an announcement at all, one might say. One hallmate that asked to remain anonymous admitted to "kind of freaking out."

"Those quarters add up," she whispered with anxiety. The Trimble Residence Hall Association (RHA) said they were preparing to take a significant hit financially. Hall representatives have been having an infamously tough year managing the microeconomy that is Trimble. The association is known for its unregulated microloans to assist hardworking students with their cable and Cellar needs. Since Kablooe's developing a new plan to borrow \$700 from Register to support the laundry deficit, the young women of Register are excited about gaining interest on campus.

• Champagna is gonna need some change STAT.

## Roommate probably going to party

BY THALAMI THANDWICH  
COMBAT ZONE BRO

According to his Facebook comment on Lana's friend Paul's wall, Keith Guntheron's roommate Mike Tompkins might go to the party scheduled for Saturday night. While he hasn't given his full commitment to the event, he is quoted as saying, "Yeah, I think I'll probably stop by for a while. I doubt I'll be doing anything super important that night."

When pressured further about the event Mike admitted, "I am pretty sure Katie is going to be there, so that should be pretty cool."

The party, known around campus as, "The Big Party" or "That One Party," will reportedly be the largest of the weekend, and be host to such attendees as members of the soccer and rugby teams, as well as the presidents and ranking members of many on-campus groups, including the Bubbles Up Chemistry Club, Get the Point Fencing and Assorted Nuts Improv.

Though he heard about the event on Tuesday, he has held off on making a decision until he could fully mull it over, or, "in case anything else comes up." Reminded that the party was jungle-themed, Mike seemed somewhat skittish.

"I don't really have any jungle clothes," he complained during a bathroom conversation with his hallmate, Brandon.

An avid partygoer himself, Brandon reassured Mike that not that many people would be in jungle-themed clothes; he could just wear a green shirt or something. Or maybe no shirt. But it didn't really matter and he shouldn't worry about it.

Several acquaintances seem hopeful that Mike will attend, including the girl who invited him through Facebook. "He RSVP'd 'maybe attending' about

two days ago so I mean... I think he'll probably show up. Right?"

A group of skeptics, mostly his critical female hallmates, think that maybe he'll just do whatever comes up that night.

"He doesn't really plan for stuff usually. Maybe once or twice."

One of them wrote on his white board reminding him of the party, but she admitted, "There's really no telling... He might just not go."

Past party experience evidences his unpredictability. Last weekend he claimed he was "probably" going to Laura's 21<sup>st</sup> Birthday Party and then failed to attend. When asked about the event the next day, he responded with mild surprise, "Oh, was that last night?"

Keith, when asked about the situation, reminded us that, "maybe" and "probably" are completely different things" and, "Mike is actually a fairly complex guy."

• Thandwich may go too. We'll see.

I hear Billy is going to be there.

## Flabbergasted janitor discovers solid gold statue, presumed Professor of Alchemy missing since 1893

BY TODD GOODHAM  
WOMANIZER

This past week has held a life changing series of events for one of UPS' custodial handymen, Marcus Tuggs. As most of us reach deeper and deeper into our pockets during this time of economic uncertainty, Tuggs, a Joe-Janitor that nobody cared about before last Friday, is laughing from his position of heightened wealth after discovering what is possibly one of the largest solid gold sculptures ever made in the lower vaults last Friday. Tuggs said he found the figure in the back of one of the dungeon-like storage vaults beneath our very own Thompson Hall containing miscellaneous objects from the university's previous locations that were crated over when the current location at North

Warner St. became its home.

Having locked himself in a giant safe at an undisclosed local bank, Tuggs has been unreachable beyond a few cell phone calls, one of which he received from the Combat Zone.

Tuggs explained via cell phone, "I was just doing a routine inspection for vermin and whatnot down there when I happened to shine my flashlight in the back corner of that room and saw a little glint of light bounce off sumthin'. I went back there and sure enough there's something shiny, a man's hand sticking out from a white sheet draped over something bigger. It was just the tip of the iceberg, ya see. I knew I'd found sumthin' good. I knew I'd struck it big, and wouldn't never be po' no mo'."

On further inspection, Tuggs found out that iceberg was a gilded figure of a man toting goggles

and a mustache, seated at a desk that had been mostly eaten away by termites. Weighing in at nearly six-hundred pounds, Tuggs had to call in his buddy Greg, a poor forklift owner, to haul it out with him around midnight last Friday.

Tuggs went on to say, "Yeah, Greg's here in the vault with me. We are gonna ride out this storm until it dies down."

Apparently UPS officials have been calling him repeatedly trying to coax him out with help from the Tacoma Police all week, claiming that the statue is UPS property and that if he won't give it back, he should at least donate a golden arm or leg through Donor Relations, and thus become a school benefactor.

So far, Tuggs has refused, until the school leaves him alone or offers to etch his name in the marble ledges of Benefactor Plaza

in "a really, really big crazy font."

Beyond the university's claims to the statue on a material level, some faculty have been trying to get it back for very different reasons. There are rumors afloat that the statue could in fact be a certain Jonathan "Midas" Touch, Professor of Alchemical Studies and Dutch Cuisine that disappeared sometime around 1893.

One faculty member, Mickey Deese, University Historian and Archivist, says that the piecemeal description of the statue found matches the only photograph of Professor Touch, taken in 1890. Besides physical descriptors, there is an uncanny correlation between the composition of the statue and Professor Touch's work.

"Really, the most peculiar bit of evidence is a carving in the termite-infested desk Tuggs left behind when he stole the statue. I'm not

sure what he used to carve it, but it looks like he was writing something along the lines of, 'Igor, tell... wife... won't be home for supp!'"

Now, Mr. Deese was hesitant to overtly state his theories, and we at the Combat Zone want, as always, to avoid controversy, so we won't get carried away here. However, we can't help but suggest the natural inference this evidence supplies. For it seems this elusive Professor Touch might have had just a little bit too much success, if you catch our drift. Obviously, we can't claim any man actually had the power to change objects, let alone his body, into gold, but it makes one wonder.

Either way, we'll never know until janitor Tuggs comes out of hiding or dies of dehydration and the SWAT team blasts down the door of his hideout.

• Todd Goodham has gold rash.



# Avoiding Halloween boredom should prove easy

BY COLIN WALLACE  
A&E WRITER

**T**onight is the night, dear readers: Halloween. This chance to dress up in crazy costumes and go wild only comes once a year, so you had better make it a night worth remembering.

But what is there to do on Halloween, you may ask, besides go to some sketchy house party? For the imaginative UPS student, Tacoma offers a wealth of interesting options.

## Trick-or-Treating:

Come on, free candy and a chance to get to know your neighborhood a little better? You know you want to. But if you go, you have to commit, because let's face it, you are not as cute as you used to be.

College students have to earn their candy the old-fashioned way. That means full costume, the more elaborate and clever the better.

Try to be polite to whoever answers the door. For most suburban parents, the sight of \$50 worth of Milk duds and king-size Snickers going to waste on a herd of blissed-out co-eds is not their idea of money well spent.

So remember to say "please" and "thank you" and, most importantly, take it seriously. Even the most jaded homeowner cannot resist a genuine display of the Halloween spirit.

Done properly, a Trick-or-Treat outing is a surefire way to get your night off to a rousing, sugar-enhanced start.

## See a Movie:

Even more than the changing leaves and brisk air, the surest sign that Halloween is nigh is the glut of horror movies currently flooding the cinemas. You can likely catch fare like *Quarantine*, *Saw V* and *The Haunting of Molly Hartley* at Galaxy 6 near Target or AMC Theatres 8 in Narrows Plaza.

Who would want to miss the fifth installment in the *Saw* series? What will they saw next? (Confession: I have never seen, nor do I have any desire to see, any movie in the *Saw* franchise. They are about a dude who saws things, right?)

If you prefer your scares in the comfort of your own home, you can always stay in and rent a horror classic like *Nightmare on Elm Street*, *The Ring* or, natch, *Halloween*.

In fact, why not make it a Jamie Lee Curtis double-feature and start off the night with the



ASUPS PHOTO SERVICES/ MARIA SOKOVA

**Boo!:** With a costume like this, you are guaranteed a good 31<sup>st</sup>.

frightening fare that launched her career (*Halloween*, *Prom Night*, *The Fog*) followed by the frightening fare that will end it (I am looking at you, *Beverly Hills Chihuahua*!).

## Haunt your House:

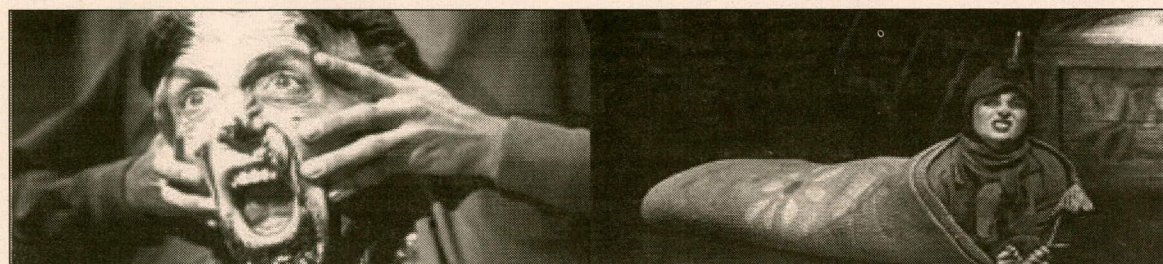
Sure, the Langlow Haunted House is tonight at 7:30 p.m. But why not give the Honors kids a run for their money for best haunted house on or around the UPS campus? Now I know what you are thinking, and yes, the Langlow house is a tough act to compete with, but there is no reason that a resourceful student cannot pull together something equally as awesome.

The most important element to a successful haunted house is ambience. Spooky music is a must, so get out your iTunes and find some selections guaranteed to unsettle your guests, without being too cheesy.

Lyrics usually spoil the mood, so a great place to start is film sound tracks. My personal favorites are the sound tracks to *The Sixth Sense* and *The Exorcist*; they are both suitably eerie, without trying too hard. And if you like your scary with a side of whimsy, you cannot go wrong with the score from a classic Tim Burton/Danny Elfman collaboration, like *Edward Scissorhands*.

Of course, if you really want

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PHOTOS COURTESY CRACKED.COM

**Humor:** Strangely entertaining photos accompany all of the hilarious lists found on Cracked.com

## Cracked, procrastinator's dream

BY DAVID LEV  
A&E WRITER

If you are like me, procrastinating and wasting whatever precious time you could be spending hanging out with friends, improving yourself, or hell, even homework, is a big priority. Meandering about on Wikipedia, editing your Facebook page, watching weird or funny videos on YouTube: it doesn't matter what you are doing, just as long as it is both fun and not constructive.

Thus, I would like to propose a new website to investigate: Cracked.com. An offshoot of *Cracked* magazine, a now-defunct *Mad Magazine* rip-off, Cracked.com is a website full of humorous content.

Of particular interest are its lists, which make up most of the aforementioned content. These are lists on some bizarre topic with a catchy title, such

as "7 Terrible Early Versions of Great Movies," or "9 Foreign Rip-Offs Cooler than the Hollywood Originals."

For extra addictiveness, at the end of each list are links to other related lists, often with an intriguingly strange title. All of the lists contain funny pictures and videos to help illustrate what they're talking about.

As I am both a trivia lover and someone who likes funny stuff, I find myself spending hours going through the lists, learning about the truly horrible ways people go about making money.

Some of these include putting out fires only after you've bought the property for a ridiculously cheap sum, killing the people living in your hotel or boarding house to sell their corpses for medical experiments and pretending to solicit a way for Jews to get out of Nazi-occupied France so you can kill them and sell their belongings.

If that isn't your style, check

out the most disturbing restaurants in the world: one specializes in animal penises, another is on a crane several stories above ground, a third is inside a prison with the inmates as waiters.

In addition to the lists, I particularly like the two "Internet Party" videos, which involve people representing various websites (ebaumsworld, Google, Craigslist, MySpace, etc.) personifying those websites.

For instance, in the original "Internet Party," Google spends most of the video trying to find people, Flickr snaps pictures of people while they aren't paying attention and eBay tries to sell people stuff.

There are also funny non-list articles, message boards, a caption contest and a blog. It is one of those websites that seems to expand the lon-

SEE CRACKED PAGE 16

## Pho Bac offers good, cheap meal options

*Vietnamese café wins a place in the hearts of UPS students*

BY NAZIR OLANGIAN  
A&E WRITER

Surprise: I have decided to review yet another restaurant from Tacoma's pool of restaurants. Sure, the SUB offers the occasional option for those of us looking for something other than Hot Pockets and Easy Mac. But every once in a while it is nice to get off campus and mix things up. As I have seen through reviewing restaurants on the outskirts of our campus, there is plenty of cultural diversity nearby for students to discover.

I cannot remember if I have ever eaten Vietnamese food, so I will say this was my first experience with the cuisine and was an impulsive decision inspired by senior Isolde Chae-Lawrence. For those of you, like me, who wish I could just sum up Pho Bac Café in a few words, the place is simple, good and cheap. You walk in and immediately you see the minimalist décor.

The basic approach to tableau displayed-menu and aesthetics was my favorite part: Pho Noodle Soup: small (\$5.50) or large bowl (\$6.50), tofu, shrimp, chicken or beef (or both). For the beef lovers out there, the beef is cooked into the broth upon ordering. They also offer two egg rolls or spring rolls

("The best in Tacoma," said Chae-Lawrence) for \$3, that are served with a peanut sauce.

The most complicated aspect of the experience is properly eating Noodle Soup, using a Vietnamese soup spoon and chopsticks and feeling confident that you have added the proper amount of garnish (Sriracha hot sauce, Hoisin sauce and lime).

The service is extremely friendly. I had left my phone at Pho Bac Café over the weekend and I have never seen any restaurant management so happy to see the owner of a lost cell phone.

Like most of my favorite restaurants, you pay when you are ready. Every visit to Pho Bac Café is also greeted with complimentary green tea.

On the drive to the restaurant, Chae-Lawrence, a Pho Bac Café regular, glowingly prepared me for the experience.

"It's great," she said. "Really. I'm serious. It's the best restaurant in Tacoma. I'm serious. I was even at the point last year of considering buying the owners Christmas gifts — like a potted plant. They have a lot of those in there and they're all really healthy. When I was working in Tacoma for the summer I went there about five times a week, occasionally twice a day, and

SEE PHO BAC PAGE 15



# Technology changing face of music industry

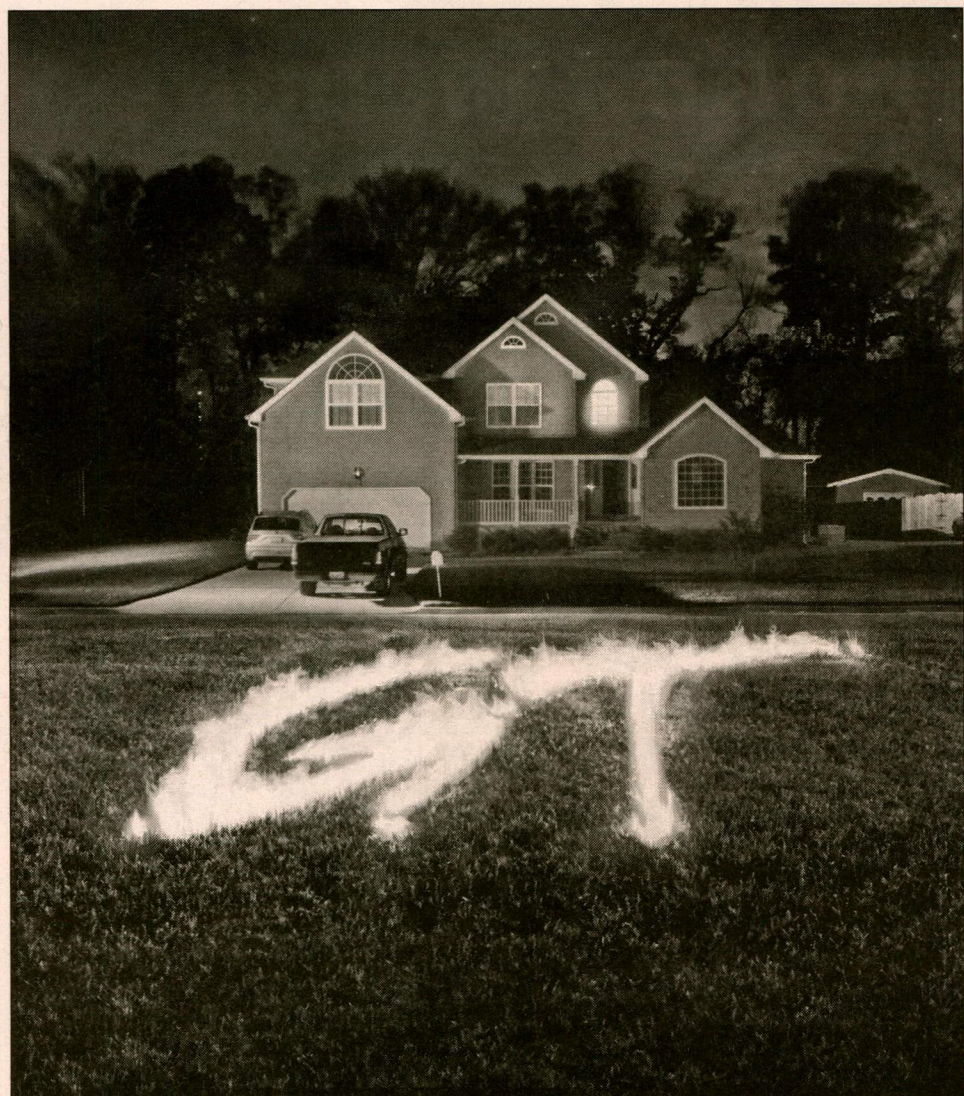


PHOTO COURTESY MISSIONFREAK.COM

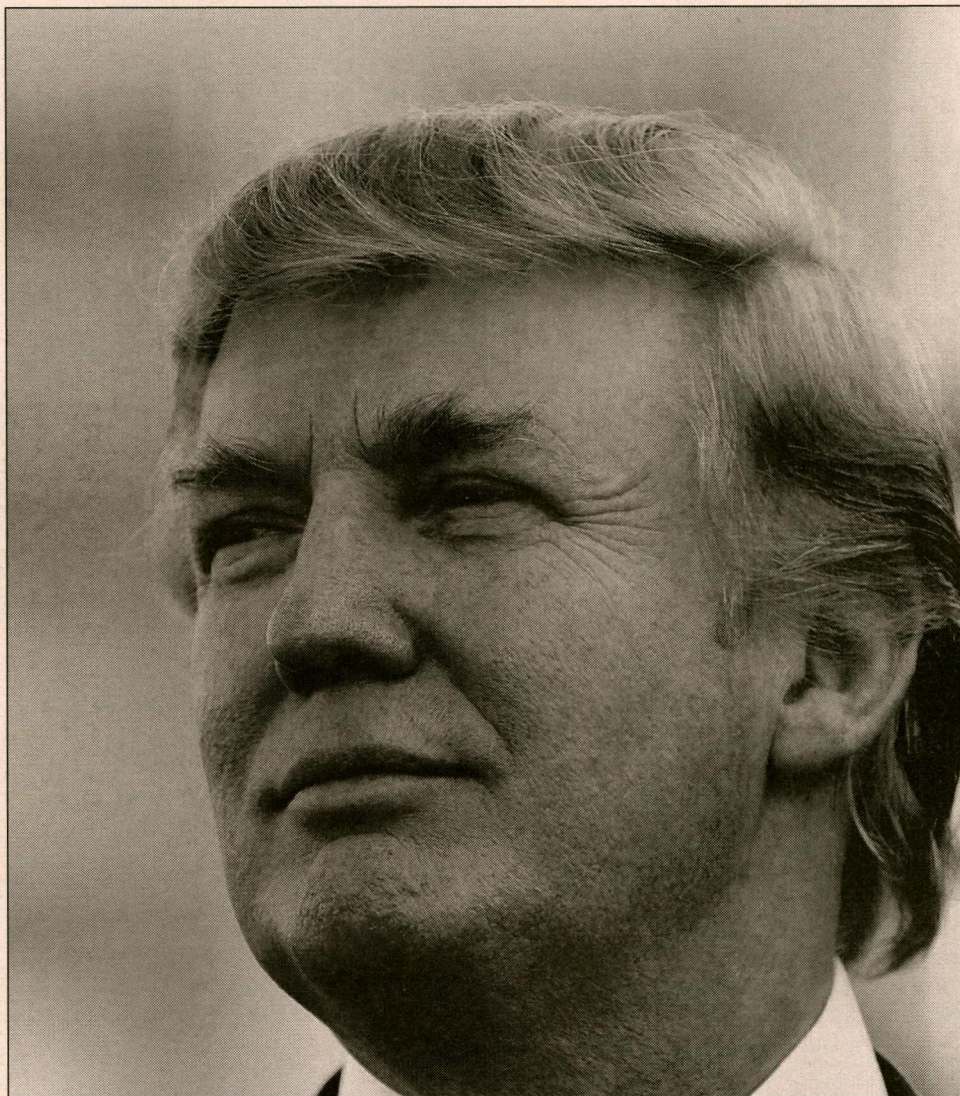


PHOTO COURTESY FREEWEBS.COM/MOVIEGRAPHS

**Revolution:** Donald Trump may encompass all that modern capitalism holds dear, but artists like Girl Talk are stickin' it to the man and redefining musical success.

BY JEN DAVIS  
A&E WRITER

Capitalism's beauty lies in the equality of access it provides to truly superfluous things. A bum can find eighty cents in the street and buy a soda from his local convenience store. Donald Trump, if feeling a bit parched, might also seek to procure such a beverage, and, while Trump may not overexert himself by actually walking to said convenience store, the soda that eventually reaches his hand would bear a strikingly resemblance to that of the bum's.

For many years in the music

industry, this basic principle was skewed by the almighty powers of record labels and the inability of artists to retain sole rights to their music. Aside from the odd pilfering of master tapes, musicians often found themselves at an impasse of consequence: too powerless to be granted access to the tools of production, too essential as money-making machines to detach from the industry itself.

But times, they are a' changing, as everyone knows, and as we progress into an age where technology drags everything else in society by its shirt collar, so too are we beginning

to see a reunion of artists with their art and of others with the ability to create it.

One could say that digital music was the first domino to fall in a long line of inevitabilities. The idea that music was no longer the property of those who strategically marketed it to places of greatest financial gain, that music was indeed something created to be public, caught like a wildfire.

After the obligatory surge of theft indictments, many artists actually ran with the concept of free music. The most famous examples are bands like Radiohead with their album *In*

*Rainbows*, or Girl Talk with his latest release, *Feed the Animals*, both available for download on the Internet for whatever price the buyer saw fit. What the musicians may have lost monetarily, they more than made up for in fan adoration.

The Internet itself has become a regular platform for fame. YouTube has made possible the creation and sharing of both absurdity and innovation, and if ordinary citizens can gain fame through their own videos, why not musicians? In the past five years there has been a tidal wave of self-produced, self-purported acts both

creating their own material and sharing it with the world via the Web, one of the most famous examples being the band OK Go with their self-envisioned/choreographed video for "Here it Goes Again," a lively dance on treadmills, which exponentially increased their fan base.

With quirkiness as their most enchanting asset, musicians may be revealed to the general public outside of music videos and public appearances, drunkenly singing Grizzly Bear songs in foreign countries, or merely gathering with friends to con-

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## PHO BAC

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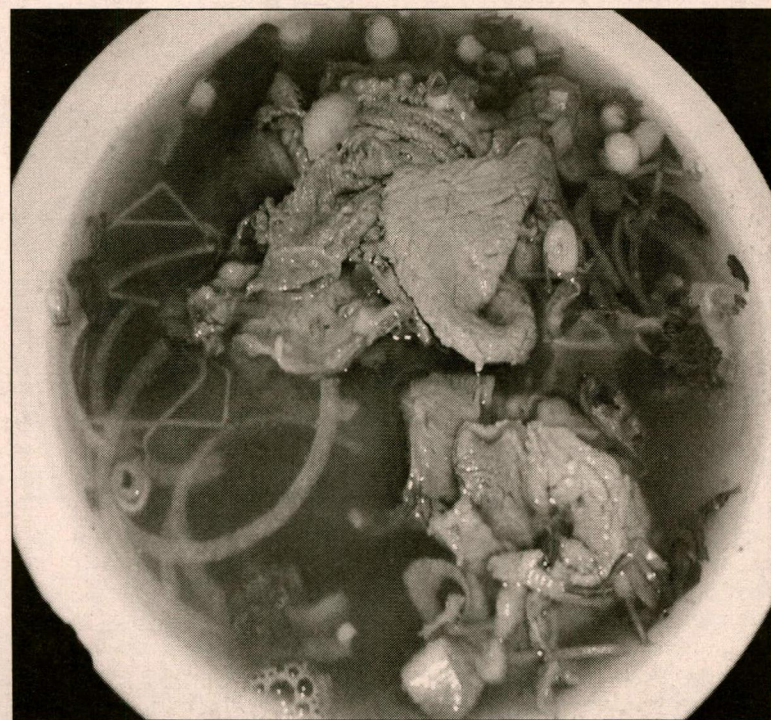


PHOTO COURTESY EATVANCOUVER.NET

**Pho:** A steaming hot bowl of this delicious Vietnamese soup may be just the thing to soothe any of your school-borne worries.

my best friend and I would just eat in silence, completely absorbed. It may have been MSG. I don't know. It didn't matter.

"It's also pretty gritty, the actual space I mean, and the people. There are always families with too many children,

but they seem to get along, like they all share their food really well and then occasionally you'll see some GI in uniform get really excited about getting 'the regular,' which is just a funny thing to see.

"One time I saw an old Vietnamese man wearing high heels, like he reached into the closet and just picked the wrong ones. I don't know, it's good people-watching to accompany good food.

"The family who owns it is really great too. They're sweet and after awhile, like two years, and a lot of over-tipping they would give me sliced fruit for free. It's also right by Planned Parenthood and an overpriced pawnshop, if you ever need to hit two birds with one stone, like fix last night and find your friend's iPod."

Pho's broth, noodles and spices (Saigon cinnamon, star anise, ginger, cloves) made me think that this Vietnamese nourishment could have won over the hearts and minds of Lyndon B. Johnson and Rich-

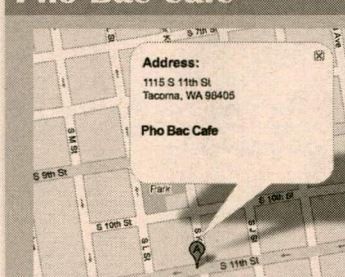
ard Nixon before their administration committed to spreading their "ideals" in Vietnam and the greater "Orient."

Seriously, though, that this café has the potential to completely change the face of world politics is pretty telling.

Pho Bac Café's hot soup would be the perfect remedy when the Tacoma weather gets too depressing, so I would recommend checking it out. You, like Chae-Lawrence, may just become unofficial Pho Bac family.

• Nazir Olangian is *Sierra Whiskey Echo Lima Lima*.

## Pho Bac Café



1115 S. 11th St.  
Tacoma, WA 98405  
(253) 272-7270

Hours:

Everyday, 9 a.m. - 7 p.m.

Prices:

For a regular-sized bowl of pho, expect to pay \$5.50



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## Local vintage record stores worth a visit



PHOTO COURTESY MARK DELBRUECK

**Vinyl:** Drastic Plastic on 6th may not look as glamorous as Tower Records, but its vintage charm and low prices make it a lot of fun.

BY THEA TRINDLE  
A&E WRITER

Coming from San Francisco where I find myself surrounded by small and large record stores, I was counting on my savings account to grow when I decided to attend a school in a primarily suburban area. Of course, I found my theory false, for the day I moved in I drove up Sixth Avenue only to see a cluster of intriguing music stores that were sure to acquire a fraction of my hard earned monies.

For all music connoisseurs, despite feeling isolated from the hustle and bustle of the music community found in the fast-paced urban jungle, Tacoma does have a commendable music scene, including a multitude of record stores that exist right here on our very own Sixth Avenue. Drastic Plastic Records, Rocket Records, House of Records, Hi-Voltage Records and Golden Oldies are all great spots to take your time and flip through vinyl, tapes, CDs and

make exciting new discoveries. Each location has fun and unique finds, but next time you think your speakers or headphones are bored and need some new tunes, head on over to these three prime musical havens of LPs, CDs and more!

Begin your Sixth Avenue record store pilgrimage at Hi-Voltage Records. This store has a wide selection of over 20,000 vinyl, tapes and CDs from an array of genres. You'll find everything from alternative to hip-hop and jazz. Specifically they concentrate on jazz, soul, garage, indie, blues and rock.

The new arrivals of used CDs are so fantastic that you will most definitely find stacks of them worth buying. Interestingly, Hi-Voltage Records also carries notebooks that are made from album covers, and at this store you can find much-needed plastic vinyl covers. Although prices here for new and used items unfortunately seem to run high, sometimes a great find is worth that grow-

ing hole in your wallet. Learn more about Hi-Voltage Records at [www.hivoltagerrecords.com](http://www.hivoltagerrecords.com).

Next, mosey on down to Golden Oldies. Stop at the front door and take a moment to look through all the crates of dollar records. The covers are priceless to view and you never know, maybe you'll find just what you're looking for.

The selection within the storefront is immense. Boxes of vinyl sit underneath the racks that sort tons of records by artist and genre. The largest assortments come from rock and jazz.

Other popular categories, although not as large, include alternative, folk and an array of television and film sound tracks. For only three buckaroos I found the score to *Jaws* and *Dark Shadows*. Not only are these finds fun to listen to, they also provide one-of-a-kind wall decorations. And that is not all: on your way out you may find a well-priced VHS or DVD, not to mention a few 25-cent vintage postcards.

Stepping into Golden Oldies

is definitely like walking into a time machine. You won't find new records or CDs but you're destined to find a classic, vintage piece of melodic artwork.

Your voyage will conclude at Rocket Records. Here you will find another extensive range of genres, including everything from funk to electronica to blues. LPs and CDs fill the store along with some DVDs and 7" singles.

In addition to stocking a massive selection of recorded music, Rocket Records also hosts live in-store performances, so check the schedule at [www.myspace.com/rocketrecords](http://www.myspace.com/rocketrecords). Rocket Records also acts as a ticket vendor for local music venue Hell's Kitchen.

So while we still have this brisk fall weather with crisp golden leaves blanketing the concrete, take a stroll or bicycle ride down to Sixth Avenue and pick up some cool new tunes to boogie to in the coming winter months.

*Thea Trindle is a-missin' her turntable right about now!*

## DIY

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verse and make art. Through our access to the reality of their lives, these people are manifested not merely as faces on the cover of an LP, but as humans worthy of investigation and money spent buying albums.

The important fact, though, is not that these already-famous artists are regaining street cred through quaint films shot in Super 8, but that it is no longer only these artists who may create such things. The torch has been passed to the everyman, equipped with just as much creativity and innovation and ready to demonstrate that fact. It is no longer uncommon for a band or artist to rise merely out of the hype formed by what they have created and chosen to share.

That great equality of production enables not just the fame and fortune of the common man, but also the inspiration in art of every person...that, and a Diet Coke.

*Jen Davis doesn't actually drink soda.*



PHOTO COURTESY MUSICSHOTGLASS.FILES.WORDPRESS.COM

**D.I.Y.:** In 2007, Radiohead famously put their fans in control with the epic release of *In Rainbows*.

## HALLOWEEN

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to impress your guests, a fog machine is a huge bonus. Last year my housemates purchased a fog machine at Target for about \$20, which is a pretty good deal, especially because you can keep using it at parties all year round.

Take my word for it, Loggers. Halloween at UPS does not have to be just like any other Friday night. With good planning and proper sense of mischief, tonight can be one for the ages.

*Colin Wallace prefers Flag Day over most holidays anyway.*

## CRACKED

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ger you spend time there.

When I was a teenager, I admit, ashamedly, that I read the original *Cracked* magazine. It truly was not a great (or even good) magazine.

It was basically Mad but with worse jokes, and the paper used in the magazine made it smell funny, making me even more ashamed that I owned any copies.

Compared to the magazine, the website is a significant improvement. The people who write the lists and other articles actually seem to have put some thought and effort into what they have written.

I can honestly say that I have learned something from this stuff, which makes it much more interesting to read. Because the lists are often so ridiculous, the humor comes naturally, and rarely seems forced.

And since it is all online, there is no weird smell, which is a definite bonus.

So, if you want to waste a huge chunk of your precious spare time, head over to [Cracked.com](http://Cracked.com) and watch the hours bleed away while you read about Captain Killdozer, the guy who turned his bulldozer into a tank and went on a killing spree through a small Colorado town, or the Italian porn film featuring an alien Batman (on a bicycle, no less).

As a time waster, it's as good an option as any.

*David Lev enjoys trivia more than is healthy for anyone.*

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Mon-Thurs: 2:40, 6:35

BOOGIE MAN: THE LEE  
ATWATER STORY (NR)

Fri-Thurs: \*4:35, 8:30  
\* a discussion will follow Saturday's 4:35p show

RELIGULOUS (R)

Fri: 2:30, 4:45, 7:00, 9:10  
Sat/Sun: 12:15, 2:30, 4:45, 7:00, 9:10  
Mon-Thurs: 2:30, 4:45, 7:00, 9:10

THE SECRET LIFE OF BEES (PG-13)

Fri-Thurs: 1:30, 4:00, 6:25, 8:50

WWW.GRANDCINEMA.COM